

**ST SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



~ ~ ~ ~ ~

**WEEKLY BULLETIN
SUNDAY, MARCH 28, 2021
SUNDAY OF ST. GREGORY PALAMAS**

~ ~ ~ ~ ~



METROPOLIS
OF DETROIT

Sunday of St. Gregory Palamas

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode 1.
Psalm 32.22,1

Let your mercy, O Lord, be upon us.
Verse: Rejoice in the Lord, O ye righteous.



The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

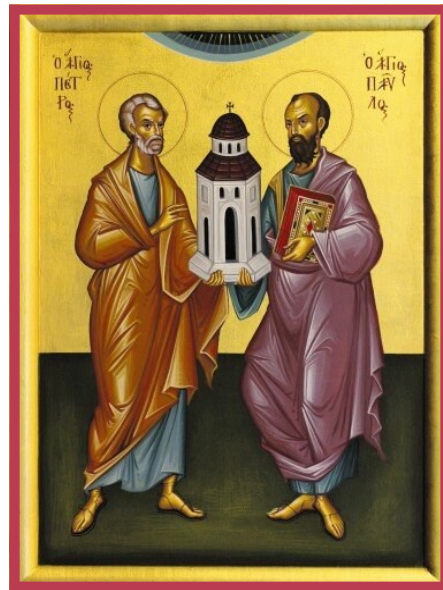
Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Πρὸς Ἑβραίους 1:10-14, 2:1-3

Προκείμενον. Ἦχος α'.
ΨΑΛΜΟΙ 32.22,1

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.

Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ

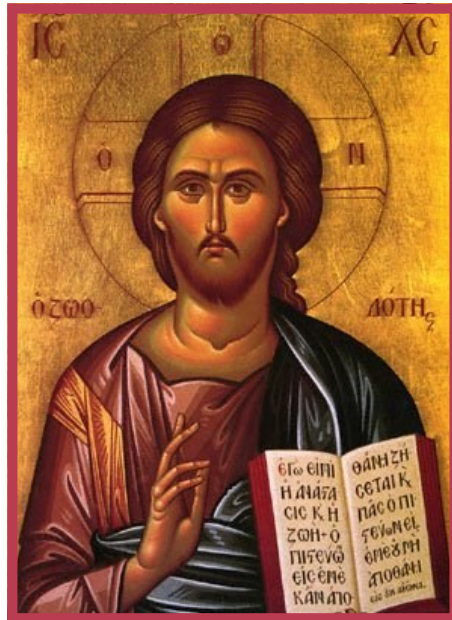


Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἰρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοή ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

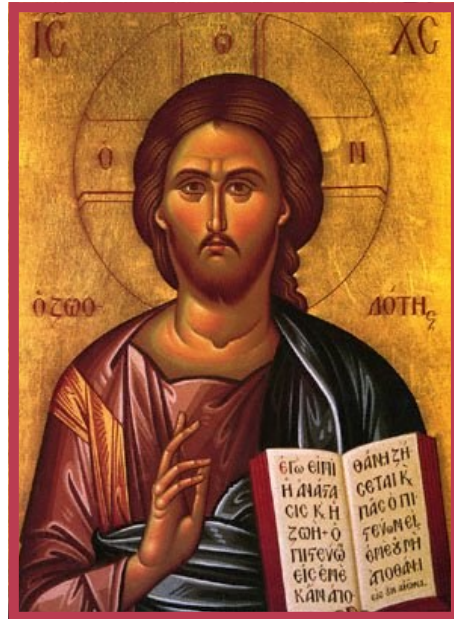
Sunday of St. Gregory Palamas

The Gospel According to Mark 2:1-12



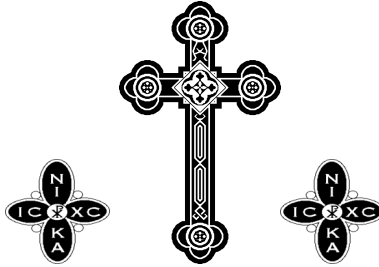
At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Ἐκ τοῦ Κατὰ Μάρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα



Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ κατήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

Sunday—March 28, 2021



No Memorials or Trisagions

~~~~~

*Church Services & Events  
for Today and the Upcoming Week*

*Today ~ Sunday of St. Gregory Palamas*

*9:00 am Orthros*

*10:00 am Divine Liturgy*

*Monday, March 29, 2021*

*6:00 pm Jesus Prayer Group*

*Tuesday, March 30, 2021*

*10:00 am Bible Study*

*Wednesday, March 31, 2021*

*6:00 pm Presanctified Liturgy*

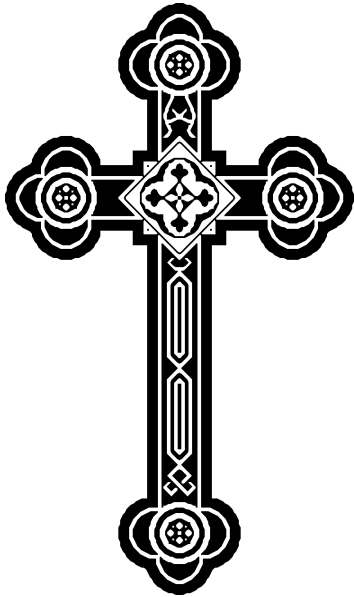
*Friday, April 2, 2021*

*6:00 pm Akathist Hymn III*

*Saturday—April 3, 2021*

*10:00 am to 1:00 pm Confession Day*

*5:00 pm Great Vespers*



## **CONFESSION DAY**

**Saturday, April 3  
10:00 am to 1:00 pm**

*A Greek Speaking Priest,  
Fr. Christos Christakis,  
will be available*

~ ~ ~ ~ ~

## **ΗΜΕΡΑ ΕΞΟΜΟΛΟΓΗΣΗΣ**

**Σάββατο, Απρίλης 3  
10:00 π.μ.-1:00 μ.μ**

**Ιερέας ο οποίος ομιλή Ελληνικά θα είναι διαθέσιμος**

### **Saint John Chrysostom Oratorical Festival (SJCOF) - Parish Level Event**

On Sunday, March 21<sup>st</sup> we held the Parish Level SJCOF event. All the participants did a marvelous job with their speeches. We had a total of five participants.

|                       | <u>Participant</u> | <u>Senior Division</u> |
|-----------------------|--------------------|------------------------|
| 1 <sup>st</sup> Place | Zoe Kiritsis       | \$100.00 Visa Card     |
| 2 <sup>nd</sup> Place | Cleo Shiomos       | \$ 75.00 Visa Card     |
| 3 <sup>rd</sup> Place | Joanna Meskos      | \$ 50.00 Visa Card     |

|                       | <u>Participant</u> | <u>Junior Division</u> |
|-----------------------|--------------------|------------------------|
| 1 <sup>st</sup> Place | Natalie Sousou     | \$ 75.00 Visa Card     |
| 2 <sup>nd</sup> Place | Demos Mantalios    | \$ 50.00 Visa Card     |

Also, would like to recognize Costa Georgiadis for providing technical support for our parish level event.

In late June we will hold the Youth recognition program to present the participants with a participation certificate and a small token for their participation. Based on their ranking the Visa card award will be presented at that event. The first and second place participants in each division will move up to the District Level event that is being hosted by St. Sophia on Saturday, April 17<sup>th</sup>. This is a virtual event with speakers across the district participating. The 1<sup>st</sup> and 2<sup>nd</sup> place participants from each division for the District event will move up to the Metropolis event scheduled for May 15<sup>th</sup>. The national event will take place in mid-June. There will be one representative from each division representing the Metropolis.

# **In Person Religious Services Now Open to 100 Attendees**

## **Registration Required to Attend Services**

With each passing week we are seeing an increase in parishioners that attend **without registering** and we are getting close to accommodating all our reserved spots. Please [register](#) early to guarantee your seat. It is requested to register online **prior to 8am on the day of the service** to have your name printed on the reservation list.

For those that attend without a reservation, seats will be available in the foyer for a televised live simulcast of the service to accommodate overflow when capacity is met. For those that are unable to register online you may call the office at 315-446-5222 on weekdays to place your name on the list. Thank you for your attention to continuing to make in-person services safe and available to our congregation.

~ ~ ~ ~ ~

## **Cancellation of Reservation**

If you decide that you will not be attending the service after making a reservation, please cancel your reservation by emailing [parishcouncil@stsophias.org](mailto:parishcouncil@stsophias.org) or by contacting Father David at 315-269-4940. This will allow someone else to have the opportunity to attend the service.~ ~ ~ ~ ~

## **Koliva**

Per church pandemic directives and policies, koliva may continue to be prepared and brought for services, but may **not** be distributed to the congregation for consumption. Thank you for your cooperation and understanding.