

**ST SOPHIA'S  
GREEK ORTHODOX CHURCH  
SYRACUSE, NEW YORK**



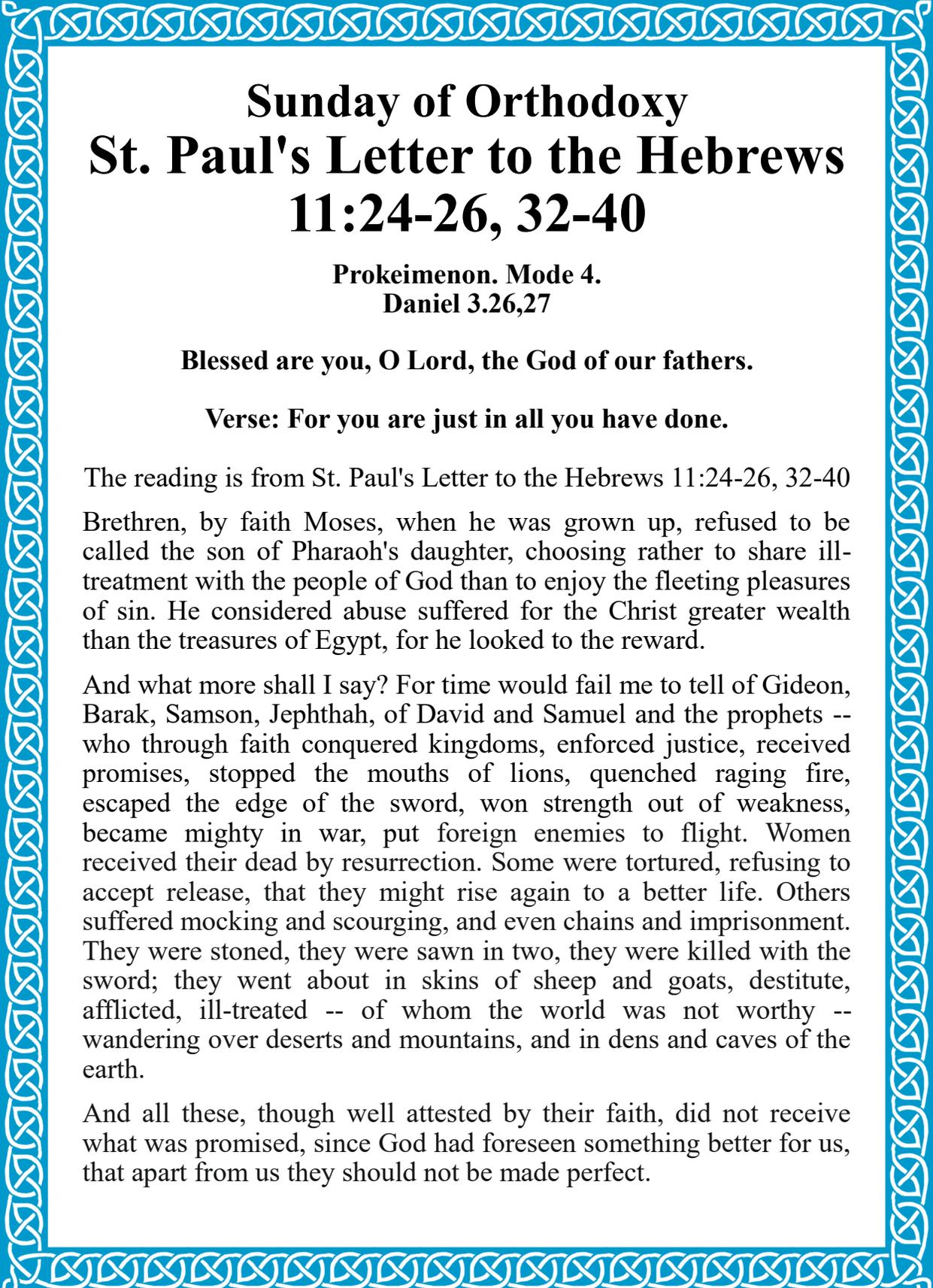
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**WEEKLY BULLETIN  
SUNDAY, MARCH 5, 2023  
SUNDAY OF ORTHODOXY**

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METROPOLIS  
OF DETROIT



# **Sunday of Orthodoxy**

## **St. Paul's Letter to the Hebrews**

### **11:24-26, 32-40**

**Prokeimenon. Mode 4.  
Daniel 3.26,27**

**Blessed are you, O Lord, the God of our fathers.**

**Verse: For you are just in all you have done.**

The reading is from St. Paul's Letter to the Hebrews 11:24-26, 32-40  
Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

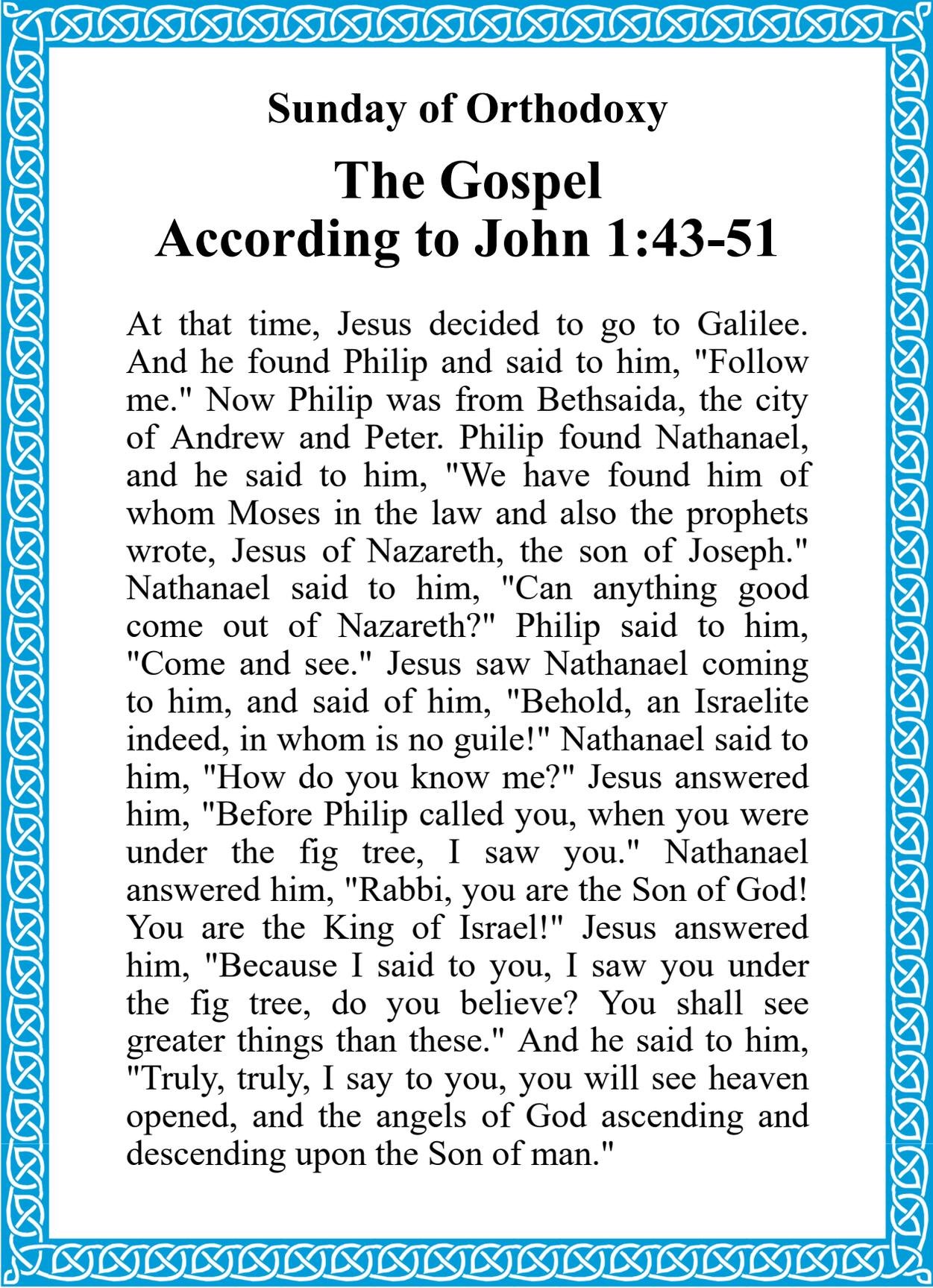
## Πρὸς Ἑβραίους 11:24-26, 32-40

Προκείμενον. Ἦχος δ'.  
Δανιήλ 3.26-27

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν.  
Στίχ. Ὅτι δίκαιος εἶ ἐπὶ πᾶσιν, οἷς ἐποίησας ἡμῖν.

Πρὸς Ἑβραίους 11:24-26, 32-40 τὸ ἀνάγνωσμα

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἠρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραῶ, μᾶλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν· μείζονα πλοῦτον ἠγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὀνειδισμόν τοῦ Χριστοῦ· ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; Ἐπιλείψει γὰρ με διηγούμενον ὁ χρόνος περὶ Γεδεών, Βαράκ τε καὶ Σαμψών καὶ Ἰεφθάε, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν· οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβεσαν δύναμιν πυρός, ἔφυγον στόματα μαχαίρας, ἐνεδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἔκλιναν ἀλλοτρίων. Ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς αὐτῶν· ἄλλοι δὲ ἐτυμpanίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρεῖττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πείραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐπειράσθησαν, ἐν φόνῳ μαχαίρας ἀπέθανον· περιῆλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι - ὧν οὐκ ἦν ἄξιος ὁ κόσμος - ἐν ἐρημίαις πλανώμενοι καὶ ὄρεσιν καὶ σπηλαίοις καὶ ταῖς ὀπαῖς τῆς γῆς. Καὶ οὗτοι πάντες, μαρτυρηθέντες διὰ τῆς πίστεως, οὐκ ἐκομίσαντο τὴν ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρεῖττόν τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσιν.



**Sunday of Orthodoxy**  
**The Gospel**  
**According to John 1:43-51**

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

## Ἐκ τοῦ Κατὰ Ἰωάννην 1:43-51 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν· καὶ εὕρισκει Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδά, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὕρισκει Φίλιππος τὸν Ναθαναήλ καὶ λέγει αὐτῷ· ὃν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφήται, εὕρηκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. καὶ εἶπεν αὐτῷ Ναθαναήλ· ἐκ Ναζαρέτ δύναται τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναήλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἴδε ἀληθῶς Ἰσραηλίτης, ἐν ᾧ δόλος οὐκ ἔστι. λέγει αὐτῷ Ναθαναήλ· πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἶδόν σε. ἀπεκρίθη Ναθαναήλ καὶ λέγει αὐτῷ· ῥαββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραήλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἶδόν σε ὑποκάτω τῆς συκῆς, πιστεύεις; μείζω τούτων ὄψει. καὶ λέγει αὐτῷ· ἀμὴν ἀμὴν λέγω ὑμῖν, ἀπ' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεωγότα, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

***Church Services & Events  
for Today & the Upcoming Week***

***Today ~ Sunday of Orthodoxy***

***8:45 am Orthros***

***10:00 am Divine Liturgy***

***6:00 pm Lenten Vespers***

***Coffee Hour Follows***

***Monday—March 6, 2023***

***5:30 pm Jesus Prayer Group***

***Tuesday—March 7, 2023***

***10:00 am Bible Study***

***7:00 pm Transformative Christianity Webinar***

***Wednesday—March 8, 2023***

***6:00 pm Presanctified Liturgy***

***Friday—March 10, 2023***

***9:00 am Presanctified Liturgy***

***6:00 pm Akathist Hymn***

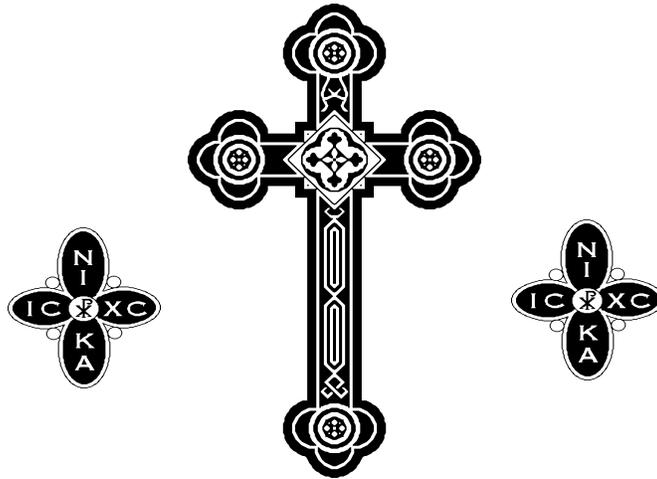
***Saturday—March 11, 2023***

***9:00 am Pita Dough***

***2:00 pm AHEPA Meeting***

***5:00 pm Great Vespers***

*Sunday—March 5, 2023*



**Memorials**

*Theofilos Stathopoulos (40 Days)*

*Harry Aristides (Leonidas) Tzivani (5 Years)*



***MAY THEIR MEMORY BE ETERNAL***



***Philoptochos  
Syracuse Chapter  
Holy Cross***



***COFFEE HOUR TODAY***

***IN MEMORY OF***

***THEOFILOS STATHOPOULOS***

***SPONSORED BY THE FAMILY***



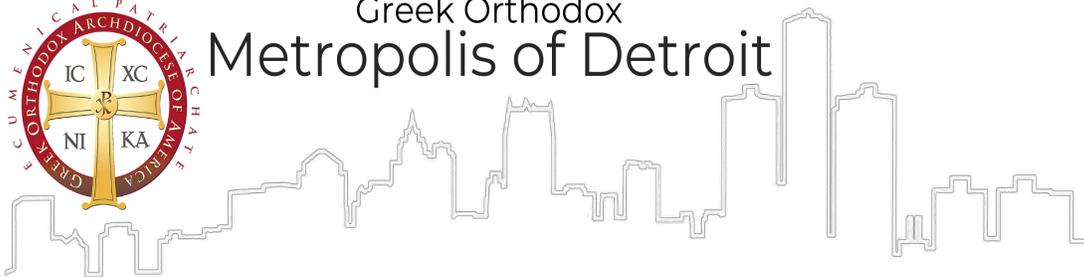
***Members Volunteering To Serve Coffee Hour***

***A special thank you to the following members  
of our community who have volunteered  
to donate their time to serve coffee today:***

***Vasiliki Elovaris & Constantina Georgiadis***



Greek Orthodox  
Metropolis of Detroit



*presents*

## ***Transformative Christianity Webinar Series***

***Join us in 2023 to continue learning what  
Orthodox Christianity  
really has to offer to us and to the world !***

***Tuesday, March 7, 2023  
7:00 pm***

***Session 12 ~  
My Practical Guide To Lent***

***With  
Father Soterios Rousakis***



*Please Join Us!*  
**2023 PAN-ORTHODOX LENTEN VESPERS**



*Schedule of Services*  
*6:00 pm on Sundays*  
*followed by a Fasting Meal*



*TODAY—March 5, 2023*  
*Sunday of Orthodoxy*  
*St. Sophia Greek Orthodox Church*  
*325 Waring Road ~ Syracuse, NY 13224*

*March 12, 2023*  
*Sunday of St. Gregory Palamas*  
*St. Elias Antiochian Orthodox Church*  
*4988 Onondaga Road ~ Syracuse, NY 13215*

*March 19, 2023*  
*Sunday of the Holy Cross*  
*Sts. Peter & Paul Orthodox Church*  
*401 Hamilton Street ~ Syracuse, NY 13204*

*March 26, 2023*  
*Sunday of St. John Climacus*  
*St. Luke's Ukrainian Orthodox Church*  
*3290 Warners Road ~ Warners, NY 13164*

*April 2, 2023*  
*Sunday of St. Mary of Egypt*  
*St. George Macedonian Orthodox Church*  
*5083 Onondaga Road ~ Syracuse, NY 13215*

## **2023 GREEK FESTIVAL**

**CALLING ALL PITA DOUGH MAKERS !!!!!**

**WE NEED YOUR HELP!!!!!**



**PITA DOUGH WILL BE MADE ON :**

**SATURDAY—MARCH 11 AT 9:00 AM**

**SATURDAY—MARCH 18 AT 9:00 AM**

**ALL ARE WELCOME! SEE YOU THEN!**

**BRING YOUR APRON,  
PITA STICK & HAT TO WEAR!**

## **DANCE PRACTICE**



Dance Practice began on Sunday, February 5th after church.  
Please reach out to the appropriate dance instructor with questions:

Elementary Group - grades 2-5

Clemente Vigliotti 315-558-7965 ~ Stavros Vigliotti 315-558-8258

Middle School Group - grades 6-8

Penny Meskos 315-559-9632 ~ Dafni Kiritsis 315-395-0331

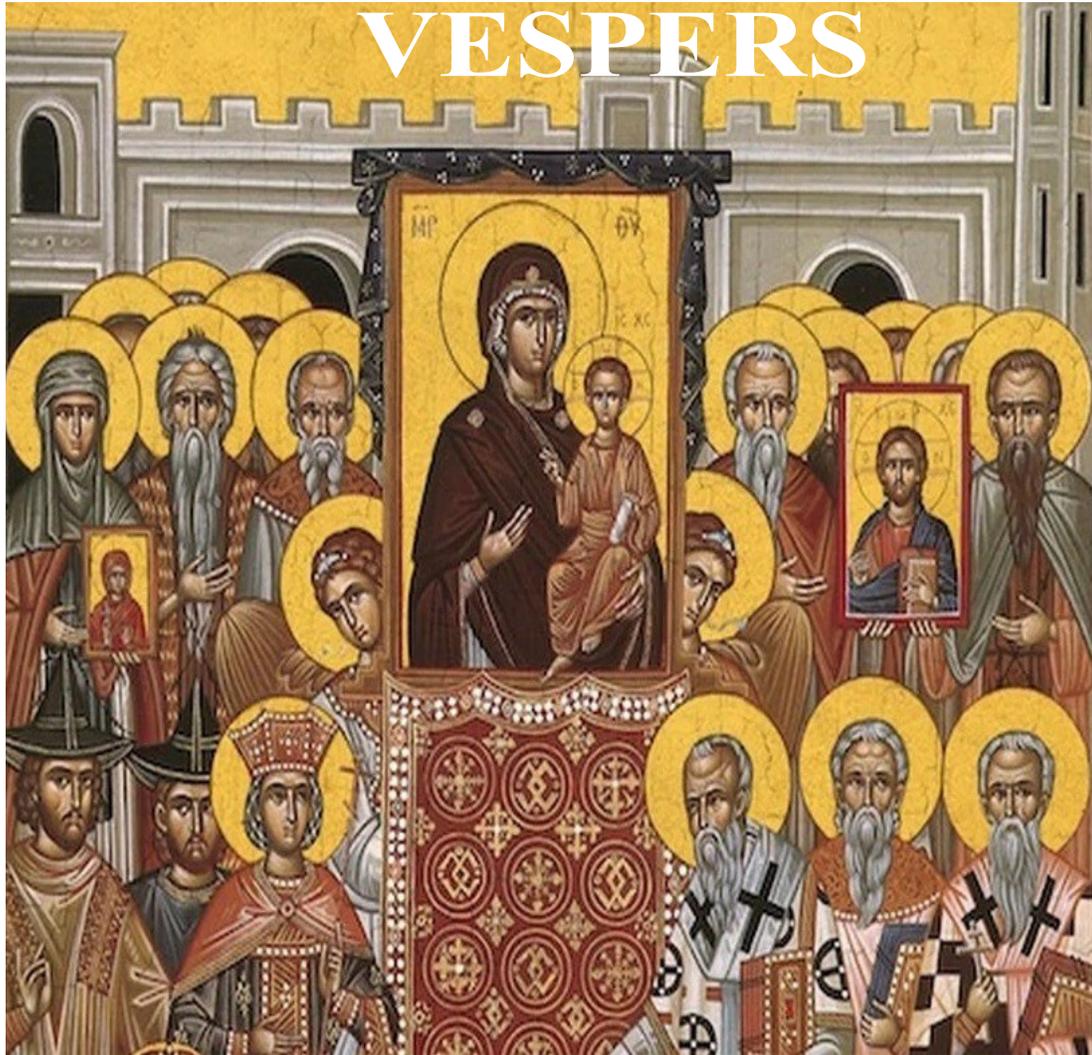
Tina Intze 315-569-2405

High School Group - grades 9-12

Athena Tzetzis 315-447-0787 ~ Paulie Gasparis 219-588-2439

**St. Sophia's Greek Orthodox Church  
invites you to**

# **SUNDAY OF ORTHODOXY VESPERS**



**March 5, 2023**

**6pm**

**St. Sophia's Greek Orthodox Church  
325 Waring Rd, Dewitt**

**Guest Speaker: Steve Christophorou  
Director of Operations & Community  
Engagement for FOCUS North America**



## *The Prayer of St. Ephraim the Syrian*

*O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.*

*But grant rather the spirit of chastity, humility, patience, and love to your servant.*

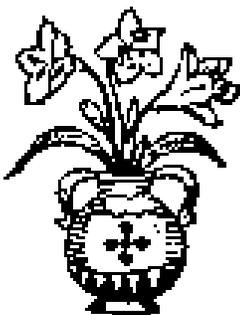
*Yea, O Lord and King, grant me to see my own transgressions and not to judge my brother, for blessed are You unto ages of ages, Amen.*

*Κύριε καὶ Δέσποτα τῆς ζωῆς μου, πνεῦμα ἀργίας, περιεργίας, φιλαρχίας, καὶ ἀργολογίας μὴ μοι δῶς.*

*Πνεῦμα δὲ σωφροσύνης, ταπεινοφροσύνης, ὑπομονῆς, καὶ ἀγάπης χάρισαί μοι τῷ σῶ δούλῳ.*

*Ναί, Κύριε Βασιλεῦ, δώρησαι μοι τοῦ ὁρᾶν τὰ ἐμὰ πταίσματα, καὶ μὴ κατακρίνειν τὸν ἀδελφόν μου, ὅτι εὐλογητὸς εἶ, εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.*

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**LENTEN  
DAILY REFLECTIONS**

*are available at*

[frdavidsmith.com](http://frdavidsmith.com)