St. Sophia’s
Greek Orthodox Church
Syracuse, New York

Weekly Bulletin
Sunday, April 21, 2024
Sunday of St. Mary of Egypt
St. Paul's Letter to the Hebrews 9:11-14

Prokeimenon. Mode Plagal 1
Psalm 11.7,1

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

The reading is from
St. Paul's Letter to the Hebrews 9:11-14

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.
Πρὸς Ἑβραίους 9:11-14

Προκείμενον. Ἡχος πλ. α'
ΨΑΛΜΟΙ 11.7,1

Σὺ Κύριε, φυλάξαις ἡμᾶς καὶ διατηρήσαις ἡμᾶς.

Στίχ. Σῶσον με, Κύριε, ὅτι ἐκλέλοιπεν ὅσιος.

Πρὸς Ἑβραίους 9:11-14 τὸ ἀνάγνωσμα

Ἄδελφοι, Χριστὸς δὲ παραγενόμενος ἀρχιερεὺς τῶν μελλόντων ἁγαθῶν, διὰ τῆς μείζονος καὶ τελειοτέρας σκηνῆς, οὐ χειροποιήτου, τοῦτ’ ἔστιν, οὐ ταύτης τῆς κτίσεως, οὐδὲ δι’ αἵματος τράγων καὶ μόσχων, διὰ δὲ τοῦ ἱδίου αἵματος εἰσῆλθεν ἐφάπαξ εἰς τὰ ἁγία, αἰωνίαν λύτρωσιν εὐράμενος. Εἰ γὰρ τὸ αἷμα ταύρων καὶ τράγων, καὶ σποδὸς δαμάλεως ῥαντίζουσα τοὺς κεκοινωμένους, ἁγιάζει πρὸς τὴν τῆς σαρκὸς καθαρότητα, πόσῳ μᾶλλον τὸ αἷμα τοῦ Χριστοῦ, ὃς δὶς πνεύματος αἰωνίου ἑαυτὸν ἐαυτὸν προσήγεικεν ἁμωμὸν τῷ θεῷ, καθαριεῖ τὴν συνείδησιν ὑμῶν ἀπὸ νεκρῶν ἔργων, εἰς τὸ λατρεύειν θεῷ ζῶντι;
The Gospel According to Mark
10:32-45

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."
Ἐκ τοῦ Κατὰ Μᾶρκον 10:32-45
Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, παραλαβάνει ὁ Ἰησοῦς τοὺς δώδεκα μαθητὰς αὐτοῦ καὶ ἢρξατο αὐτοῖς λέγειν τὰ μέλλοντα αὐτῷ συμβαίνειν, ὅτι ἱδοὺ ἀναβιάνομεν εἰς Ἰεροσόλυμα καὶ ὁ υἱὸς τοῦ ἀνθρώπου παραδοθήσεται τοῖς ἀρχιερεῖσι καὶ γραμματεῖσι, καὶ κατακρινοῦσιν αὐτὸν θανάτῳ καὶ παραδώσουσιν αὐτὸν τοῖς ἐθνεῖσιν καὶ ἐμπαίξουσιν αὐτῷ καὶ ἀποκτενοῦσιν αὐτὸν, καὶ τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται. Καὶ προσπορεύονται αὐτῷ ᾿Ιάκωβος καὶ ᾿Ιωάννης υἱοὶ Ζεβεδαίου λέγοντες οὕτω ζεβεδαίου λέγοντες· διδάσκαλε, θέλομεν ἵνα ὃ ἐὰν αἰτήσωμεν ποιήσῃ με ὑμῖν; οἱ δὲ εἶπον αὐτῷ· δος ἡμῖν ἵνα ἐκ δεξιῶν σου καὶ ἐξ εὐωνύμων σου καθίσωμεν ἐν τῇ δόξῃ σου. ὁ δὲ ᾿Ιησοῦς εἶπεν αὐτοῖς· οὐκ οἴδατε τί αἰτεῖσθε. δύνασθε πιεῖν τὸ ποτήριον ὃ ἐγὼ πίνω καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζω βαπτισθῆναι; ὁ δὲ εἶπον αὐτῷ· δυνάμεθα. ὁ δὲ ᾿Ιησοῦς εἶπεν αὐτοῖς· τὸ μὲν ποτήριον ὃ ἐγὼ πίνω πίεσθε καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζω βαπτισθῆσετε· τὸ δὲ καθίσαι ἐκ δεξιῶν μου καὶ ἐξ εὐωνύμων οὐκ ἐστιν ἐμὸν δοῦναι, ἀλλὰ οἶς ἠτοίμασται. Καὶ ἀκούσαντες οἱ δέκα ἤρξαντο ἀγανακτεῖν περὶ ᾿Ιακώβου καὶ ᾿Ιωάννου. ὁ δὲ ᾿Ιησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· οἴδατε ὅτι οἱ δοκοῦντες ἄρχειν τῶν ἐθνῶν κατακυριεύουσιν αὐτῶν καὶ οἱ μεγάλοι αὐτῶν κατεξουσιάζουσιν αὐτῶν· οὐχ οὕτω δὲ ἔσται ἐν ὑμῖν, ἀλλὰ δὲ ἢρξαντο ἀγανακτεῖν περὶ ᾿Ιακώβου καὶ ᾿Ιωάννου. οἱ δὲ ᾿Ιησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· ἀλλὰ οἶς ἠτοίμασται. ὁ δὲ ᾿Ιησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· ἀλλὰ οἶς ἠτοίμασται. ὁ δὲ ᾿Ιησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· ἀλλὰ οἶς ἠτοίμασται.
HYMNS OF THE DAY

Resurrectional Apolytikion in the Plagal First Mode

Eternal with Father and Spirit is the Word, Who of a virgin was begotten for our salvation. As the faithful we praise and worship Him, for in the flesh did He consent to ascend unto the cross, and death did He endure, and He raised unto life the dead through His all glorious resurrection!

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἡμὸς ἀνελθεῖν ἐν τῷ σταυρῷ, καὶ θάνατον ὑπομείναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

For St. Mary of Egypt, Mode pl. 4

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ’ εἰκόνα· λαβοῦσα γὰρ τὸν σταυρὸν, ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὅσια Μαριά τὸ πνεῦμα σου.

Apolytikion for the Church in the Plagal First Mode

Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.

Kontakion for the Theotokos in the Second Mode

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant! O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee! Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee!

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μῆ παρίδης, ἀμαρτωλῶν δεήσεως φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶν κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἡς, Θεοτόκε, τῶν τιμῶντος σε.
Sunday—April 21, 2024

Memorials
Ilias Fekos (40 Days)
Trifon Stiliadis (40 Days)

MAY THEIR MEMORY BE ETERNAL
Telling the Story consists of short fiction inspired by the Sunday Gospel readings. Using the settings of the gospel stories at will as contemporary and historical settings to bring a fresh and unexpected look at the biblical text.

https://www.ancientfaith.com/podcasts/tellingthestory
JOIN US TODAY FOR COFFEE HOUR

COFFEE HOUR TODAY
Sponsored by the Family
In Memory Of
Ilias Fekos

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A special thank you to the following members of our community who have volunteered to donate their time today to serve coffee:

Frieda Meskos & Patricia Meskos
Church Services & Events for Today & the Upcoming Week

**Today ~ Sunday of St. Mary of Egypt**

8:45 am Orthros  
10:00 am Divine Liturgy  
6:00 pm Lenten Vespers  
at St. George Macedonian Orthodox Church

**Tuesday ~ April 23, 2024**

9:00 am Orthros  
10:00 am Divine Liturgy  
St. George  
6:00 pm AHEPA Meeting

**Wednesday ~ April 24, 2024**

6:00 pm Presanctified Liturgy

**Thursday ~ April 25, 2024**

6:00 pm Choir Rehearsal

**Saturday ~ April 27, 2024**

9:00 am Orthros  
10:00 am Divine Liturgy  
Lazarus Saturday  
11:00 am—2:00 pm  
GOYA Bottle & Can Drive  
11:30 am Palm Folding  
5:00 pm Great Vespers
Please Join Us!

2024

PAN-ORTHODOX LENTEN VESPERS

Schedule of Services
6:00 pm on Sundays
followed by a Fasting Meal

April 21, 2024
Sunday of St. Mary of Egypt
St. George Macedonian Orthodox Church
5083 Onondaga Road ~ Syracuse, NY 13215
GOYA
BOTTLE & CAN DRIVE
Saturday-April 27th ~ 11:00 am to 2:00 pm
Proceeds for GOYA End of the Year Trip

PHILOPTOCHOS EVENTS

Easter Basket Raffle
Baskets will be displayed and tickets can be purchased on Sundays - April 14th, April 21st and April 28th. We will have the drawing on Palm Sunday—April 28th.

Tickets:
$10 for 20 tickets & a door prize ticket
$5 for 8 tickets & a door prize ticket

Funds raised will be utilized for our numerous philanthropic projects.

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Tsoureki Sale
Mark your calendars for Palm Sunday—April 28th when we will have our annual Tsoureki Sale (Greek Easter Bread)
Easter Egg Hunt

Sunday, May 5th
Following Noon Agape Vespers (Pascha Service)

JOY & HOPE

Easter Eggs will be placed inside on the main level, please bring an Easter basket or bag to collect them.

Once all eggs have been retrieved, we will have kids come to the table and open eggs so we have them for next year.
PALM FOLDING

After the Liturgy
Saturday—April 27th

You will be shown how to fold Palm Crosses if you have never done it before!