

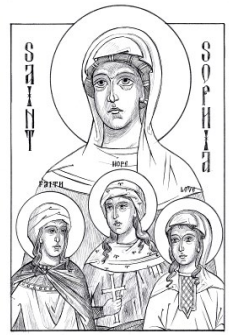


NEPSIS

Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church
325 Waring Road
Syracuse, New York 13224

Phone (315) 446-5222
Fax (315) 251-1654



Come to Church on Palm Sunday

I've been thinking about the future lately, in two ways.

When I go to the upstairs choir room on Monday evenings and Tuesday mornings, I enjoy looking at the photos of the people of St. Sophia's from years past. Many of those people have left us, and some still bless us with their presence. But either way, it's great to look at everyone lined up with the purpose of giving their descendants, physical and spiritual, a record of their place in this thrice-blessed parish.

Now I want us to do that. I want everyone in and near our parish to come to the liturgy on Palm Sunday - April 28, 2024 - so we can get a photo for the generations of St. Sophia's parishioners yet to come. Let's line up on the front porch and steps, with the photographer on the hill so everyone can be seen - if that works. Perhaps another place would be better. We could do this immediately after the liturgy, before the coffee hour. We can't let anyone get away! Wear something nice! I want people 50 years from now to look at that photo, give thanks to God, and smile because they recognize someone.

Another way I was thinking about the future: Presbytera Donna and I purchased plots at St. Mary's cemetery, in the new section reserved for our parish. We're right at the bottom of the hill, the first ones you'll see as you approach from Jamesville Road.

Last time I mentioned St. Mary's Cemetery, some of us went there to look at the area they set aside for us. You can see our section on the map (the lower right side of section 84), because all of the graves are tipped to face exactly east, as is the Greek Orthodox tradition. But when we went there, the land was wet. I asked Catholic Cemeteries to fix the drainage problem, and they did. It took over a year, but now the land is dry and a road has been built all around the section. We won't be lugging the caskets over long distances.

The graves have been marked and they're ready to start reserving places. Of course, we're not giving up on Oakwood or Woodlawn. On Memorial Day, we'll still have prayers at those places. But we'll add St. Mary's to the schedule, because we have people there now and more to come. Call Monica at St. Mary's at 315-446-2649 to inquire about a plot. They have payment plans!

I've been thinking about the future lately in two very different ways: a photo and graves. Either way, thanks to God! St. Sophia's future is bright and full of promise!

Your affectionate servant,
Fr. David

NOVEMBER
2023

2023 Parish Council

Peter Manolacos
President

Thomas Anthis Jr.
Vice President

Christopher Shiomos, OD
Secretary

Michael Copanas
Treasurer

Robert Allen
Joy Weatherup Anthis
Dimitrios Giaprakis
Eleni Kosmas, MD
Martha Lemondes
George Nardone
John Potamianos
Jeanette Capousis Vigliotti

~~~~~  
Honorary  
Board Member  
*James Sakezles*



VISIT THE  
PARISH  
WEBSITE  
[stsophias.org](http://stsophias.org)







**IMPORTANT DATES**  
**NOVEMBER 2023 CHURCH CALENDAR**



***SYNAXIS OF THE ARCHANGELS***

*Wednesday, November 8*

*9:00 am Orthros*

*10:00 am Divine Liturgy*

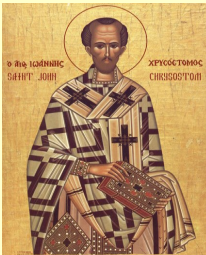


***ST. NEKTARIOS***

*Thursday, November 9*

*9:00 am Orthros*

*10:00 am Divine Liturgy*



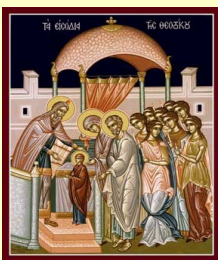
***ST. JOHN CHRYSOSTOM***

*Monday, November 13*

*9:00 am Orthros*

*10:00 am Divine Liturgy*

***NATIVITY FAST BEGINS ~ Wednesday, November 15***



***ENTRANCE OF THE THEOTOKOS***

*Tuesday, November 21*

*9:00 am Orthros*

*10:00 am Divine Liturgy*



***ST. ANDREW, First Called Apostle***

*Thursday, November 30*

*9:00 am Orthros*

*10:00 am Divine Liturgy*



Honoring Past & Present  
Parish Council Presidents

# 50th

ANNIVERSARY

## St. Sophia's Greek Orthodox Church Consecration Dance

James Sakezles  
Larry Tavlarides  
Dean Boucounis  
Spiro Tzetzis  
Dean Assimon  
Andy Boucounis  
Peter Lemoniades  
Peter Manolakos



**Greek Music  
from  
the Aegeans**

**Saturday, December 30th  
6pm-11pm  
325 Waring Road**

**Adult \$30 Children under 13 Free**  
\$40 after December 23rd

Serving heavy mezethes  
with a cash bar

Tickets online at [stsophias.org](http://stsophias.org) or  
Eleni Kosmas 315-882-6507



## PRESIDENT'S MESSAGE

Last month I told you that our insurance costs might rise significantly, but that there was a possibility that we might get another quote that would be less severe. Praise God, we did get that better quote so that the increase in our insurance premiums will be much more manageable. Our total cost will rise approximately \$23,000 instead of the \$70,000 that we were facing. This increase is manageable and may be reduced next year, given how insurance companies determine rates. We shall see.

When we got the first quote, after 41 companies turned us down, we were stunned. Our insurance agent persisted and he got the second quote from an A+ rated carrier. Our previous carrier set the total replacement value of our complex at \$11 million. The new carrier set it at \$19 million.

So we know what it would cost to replace every brick, every window, every appliance and all the rest. Insurance companies bring their green eyeshades to the valuation task. There is no emotion involved. For us parishioners there is a great deal of emotion and, hopefully, a deep spiritual need in our calculation. I think it is fair to ask how each of us values St. Sophia, what does enter into our own calculation.

Perhaps, for some, it may primarily be a place where they can convene to embrace Greek culture. For others it may be where they maintain social ties established in childhood. Still others see it as a place where they can establish new relationships with like minded people. And, hopefully, for all, it is the place they go to participate in the salvific rites and sacraments of the Orthodox Church.

Salvation, eternal life, of course is the gift of God. The church is the body of Christ. Salvation, eternal life are not automatic. Baptism does not insure this result. Participation in the sacraments, loving God with all thy might, however, are a good start on our individual road to Damascus.

When we were facing a \$70,000 insurance cost increase for a total annual insurance expense of \$88,000 the fragility of our financial situation took on a new urgency for me. Many look at the financial statement and conclude that all is well, that their contributions, be they stewardship or donations, are sufficient, everything looks good. But I am here to tell you that, all things being equal, looking out 5, 10 years, the picture will not be so bright.

We have a 51 year old facility. Old things, human or otherwise, break down. Fixing or replacing, costs just keep going up. Ongoing regular expenses just keep going up. Many of our long term festival volunteers either cannot work at all, or are more limited in what they can do. Costs go up, volunteering goes down. Stewardship and non-steward donations, however, remained in a tight range for at least the last ten years. If your contributions to St Sophia's has been the same for a long time, please consider increasing it, but only if any increase does not cause you and your family financial hardship,

If you resist increasing your donations because you say the church has a lot of money, let me assure you, it can go very quickly. An \$88,000 annual insurance bill, had that come to pass, would have surely weakened us financially. We dodged that blow, but no doubt there are others lurking in the shadows preparing to strike. We must hope for the best and prepare, if not for the worst, at least for the not so good. What might be a minor, even insignificant, increase for you will add to the long term security of our beloved church.

We on the parish council are doing everything we can to maintain our facility and prudently manage our finances. We do not see the sky falling, but we do see storm clouds ahead. Our goal is to avoid the difficulties that a storm might bring.

Yours in Christ,

*Peter Manolakos*

Parish Council President





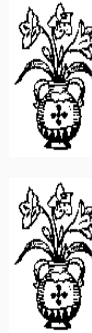
# Stewardship Sunday

## ~ ~ ~ Complementary Breakfast ~ ~ ~

### November 5th

Following the Liturgy  
St. Sophia's Church Lower Social Hall

*Please attend Liturgy and then remain for a complimentary breakfast and short presentation by the Parish Council. This event will take place in the Lower Social Hall. Submission of your pledge card is required to be a member in good standing. Learn about the Stewardship campaign, ask questions, and submit your 2024 Stewardship Pledge Card.*



### 2024 STEWARDSHIP COMMITMENT CARD

St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work at St. Sophia's Church, for 2024 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card do so Online via the Church website [stsophias.org](http://stsophias.org)*

Please Print:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**

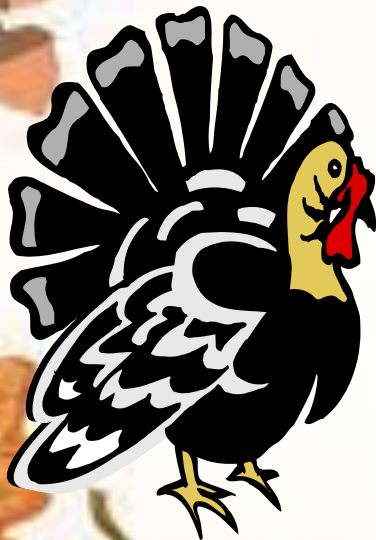


## BOARD OF ELECTIONS ANNOUNCEMENT

The deadline for applications to run for a term on the Parish Council has closed. As of October 23rd, there were four eligible candidates for the four Parish Council openings. Therefore, an election will not be held this year. The Parish Council will include:

**Michael Copanas  
Peter Manolakos  
Marianna Politis  
Christopher Shiomos, OD**

**The Board of Elections  
Jeanne Sarigiannis - Chair  
Diane Peters  
Elizabeth Steinberg  
Alexandra Tavlarides  
Sophia Wales**



**HAPPY  
THANKSGIVING  
DAY**

***Thursday, Nov 23***



## St. Sophia's Website & Mailing List

Visit St. Sophia's website [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns.

Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.

### 2023 STEWARDSHIP COMMITMENT CARD

*St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222*

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work at St. Sophia's Church, for 2023 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card do so Online via the Church website [stsophias.org](http://stsophias.org)*

**Please Print:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**





# CHOIR



*We welcome everyone to join our Choir*

*Check the Church Calendar for upcoming Choir Practices*





HONORABLE ROLLAND B. MARVIN  
Mayor of the City of Syracuse



## AHEPA CHAPTER 37 HISTORY

June 25, 1937

Mr. Nicholas Anagnos  
Hotel Syracuse  
Syracuse, New York

Dear Mr. Anagnos:

It is with pleasure that I welcome to Syracuse the National Convention of the American Hellenic Educational Progressive Association which will meet here August 15 through August 21.

I greet you not only as the Mayor of Syracuse, but as a member of Ahepa, and you may be assured that I will attend as many sessions of your Convention as possible.

To all fellow members of Ahepa, I extend a cordial greeting to enjoy themselves while in Syracuse, and to work for the promotion of our organization's ideals. I am sure you will find Syracuse a gracious host.

Sincerely,  
R. B. MARVIN

Mike Labatos, Chairman  
AHEPA Syracuse 37 Centennial Committee

# PHILOTOCHOS NEWS

Our meetings start with the Philoptochos Prayer as a reminder of our dedication to our mission.

O Lord Jesus Christ, we bow our heads before You, and with humble hearts we give thanks to You for the abundant blessings, which You have poured forth upon us. We praise You for gathering us together as members of the Ladies Philoptochos Society in the service to your Holy Church.

## **ΦΙΛΟΠΤΟΧΟΣ ΠΡΟΣΕΥΧΗ**

Κύριε Ιησού Χριστέ, κλείνουμε τα κεφάλια μας ενόπιον σου και ταπεινά και ευγνώμονα και καρδιακά, Σε ευχαριστούμε για τις πλούσιες ευλογίες που ρέεις πάνω μας. Σε επαινούμε για τη συγκέντρωσή μας ως μέλη της Φιλόπταχου Αδελφότητας για την υπηρεσία της Αγίας σου Εκκλησίας.

.Save these November dates on your calendar and join us in local support of charities and community fellowship at Saint Sophia Greek Orthodox Church.

### **=>Pasta Dinner – Sunday, November 12, 2023 – Immediately Following Church Services**

**This fundraiser supports The Food Bank of CNY. Reservations are required for TAKE OUT orders and encouraged for EAT-IN Option.** There are several ways to make a reservation for Eat-In / Take-Out Dinner.

Use the QR Code in the November NEPSIS, on the flyers posted in the first-floor entrance.  
 Stop by the Philoptochos table after church now until 11/5.  
 Contact Maria Allis at 315-450-9766.

### **=>>BAKLAVA PAN PRE-ORDERS – Deadline to pre-order is November 5, 2023**

For Thanksgiving and Christmas pre-order your Baklava Pan(s) every Sunday through November 5<sup>th</sup>, after church. Proceeds from the Baklava Pan Sale support local and national charities.

Use the QR Code in the November NEPSIS, on the flyers posted in the first-floor entrance.  
 Stop by the Philoptochos table after church now until 11/5.

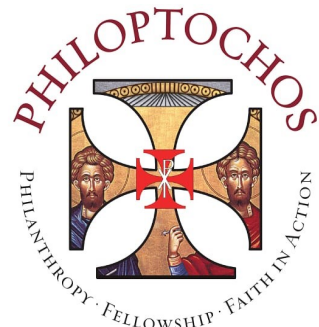
**=>>>Philoptochos Meeting – Sunday, November, 19, 2023 – Immediately following Sunday Church Services in the Upper-Level Conference Room. All are welcome. Current members, please bring a friend.**

**Membership information:** We welcome all new and existing members to participate in Philoptochos.

Reach out to any one of the Board Officers listed below. Join us to help serve the mission of Philoptochos and support our community.

|                                    |                     |
|------------------------------------|---------------------|
| President:                         | Theone Kalkinis     |
| Vice-President (1 <sup>st</sup> ): | Vickie Mihou        |
| Vice President (2 <sup>nd</sup> ): | Patty Donahue-Carey |
| Treasurer:                         | Tina Carkey         |
| Assistant Treasurer:               | Frieda Meskos       |
| Secretary (Corr):                  | Cara Potamianos     |
| Secretary (Rec):                   | Chryssanthi Intze   |

With the Spirit of Philanthropy,  
 Theone Kalkinis  
 Philoptochos President





# PHILOPTOCHOS COFFEE HOURS

*Philoptochos Coffee Hours began again on September 10, 2023. If you are interested in scheduling a Coffee Hour, please call the Church Office. Fees for sponsoring a Coffee Hour are as follows, payable to the Philoptochos:*

\$50.00 Fee

*Philoptochos provides and serves the coffee, milk, sugar and juice. Parishioner provides pastries.*

\$150.00 Fee

*Philoptochos provides and serves the pastries, coffee, milk, sugar, juice.*

*There will be no sponsored Coffee Hour on Stewardship Sunday, Godparents Sunday and Cheesefare Sunday.*

*Just a reminder..... Please note that there will be no sponsored Coffee Hours during the Summer months of June, July and August.*

*Parishioner wishes to have a coffee hour during the summer months of June, July and August the fee, payable to the Philoptochos, is \$50.00. Philoptochos would provide coffee, cups, sweetener, creamer, stirrers and set up a serving table. The parishioner would be responsible to provide pastries, setup the serving station and tables, serve at the coffee hour and clean up following the coffee hour. Please call Vivian Alexander, Coordinator Coffee Server at (315) 673-2880 or (315) 430-6162.*



# November 2023

## Volunteers

### To Serve Coffee Hour

*A special thank you to the following ladies of our community who have volunteered to donate their time to serve coffee:*

November 5, 2023

*Zafiria Kozanitis  
Peter Lemonides*

November 12, 2023

*Despina Lemon  
Debora Politis*

November 19, 2023

*Anthoula Malelis  
Zoe Malelis*

November 26, 2023

*Frieda Meskos  
Patricia Meskos*

*~ Also, first two weeks of December 2023 ~*

December 3, 2023

*Elizabeth Sakellariou  
Vasiliki Mihou*

December 10, 2023

*Christina Shiomos  
Garyfallia Papageorge*

~~~~~

If you are not currently on our list of volunteers for coffee hours, a sign up sheet is in the gymnasium.

All are welcome.

November 2023 Memorials
Eternal Be Their Memory



November 5, 2023

- None Scheduled

November 12, 2023

- Trisagion Prayer for George Roupas (18 Months)
- Trisagion Prayer for Ellen Bravos (6 Years)
- Trisagion Prayer for Susan Bravos (11 Years)
- Trisagion Prayer for Calliope Roupas Wojtas (16 Years)
- Trisagion Prayer for Clara Roupas (27 Years)
- Trisagion Prayer for John Roupas (45 Years)



November 19, 2023

- Memorial Service for Christopher Copanas (1 Year)
- Memorial Service for John Copanas (1 Year)
- Memorial Service for Theodore Dalakos (3 Years)
- Trisagion Prayer for Sophia Copanas (4 Years)
- Trisagion Prayer for Peter Copanas (8 Years)
- Trisagion Prayer for Christine Augustinos (15 Years)



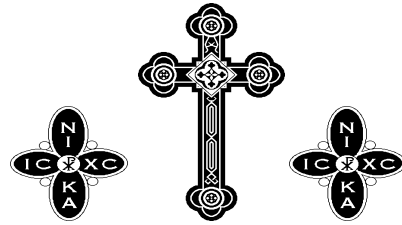
November 26, 2023

- None Scheduled

November 2023
Coffee Hours



November 19, 2023
In Memory of
Theodore Dalakos
Given by the Family



ON THE JESUS PRAYER

“Lord Jesus Christ have mercy on me!”

The Jesus Prayer is the foundation of perfection

This prayer has filled Paradise with holy men and women.

Blessed Elder Amphilochios of Patmos, + 1971

HAPPY BIRTHDAY WISHES
MARIA PANARITES
103 YEARS OLD

MARIA IS THE ELDEST OF 12 SIBLINGS
MOTHER TO 5 CHILDREN
6 GRANDCHILDREN & 8 GREAT GRANDCHILDREN
MARRIED TO THE LATE STAMATIOS PANARITES FOR 56 YEARS

BORN IN MOLAOI LAKONIA

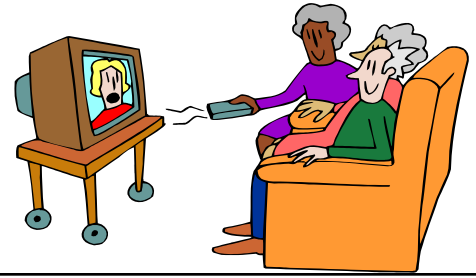
Χρόνια Πολλά !!!!!



November 2023

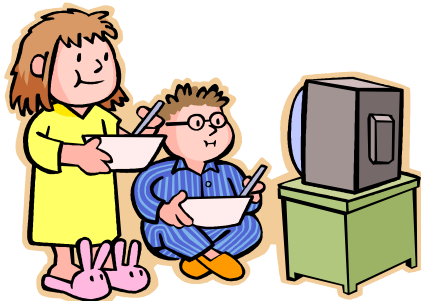
Program Schedule For Cable Television

All Programs Air on Spectrum (Time Warner) Cable Chanel 98
in Onondaga County



Sunday Programs at 7:00 pm “Tradition Today” On Fox 68 WSYT *The series has ended* **(On Spectrum channel 98)**

- November 5, 2023— God’s Will, part 1
- November 12, 2023— God’s Will, part 2
- November 19, 2023— God’s Will, part 3
- November 26, 2023— God’s Will, part 4



Monday Programs at 7:00 pm

*Fr. David’s “The Inner Way”
series airs every Monday*

- November 6, 2023— Unseen Warfare, part 1
- November 13, 2023— Unseen Warfare, part 2
- November 20, 2023— Unseen Warfare, part 3
- November 27, 2023— Unseen Warfare, part 4

~~~~~

### Family Classic TV

Sponsored by  
St. Sophia’s Greek Orthodox Church

Sundays at 5:00 pm  
The Cisco Kid with Duncan Renaldo & Leo Carrillo  
(2 episodes)  
**PLEASE NOTE NEW TIME**

Sundays at 6:00 pm  
Sir Lancelot with William Russell

Sundays at 6:30 pm  
The Adventures of Robin Hood with Richard Greene

Thursdays at 8:30 pm  
Sherlock Holmes with Ronald Howard

Fridays at 8:00 pm  
Jim Bowie with Scott Forbes  
(2 episodes)

### **PLEASE NOTE.....**

*Our programs also air on Verizon FIOS cable channel 29,  
Sunday at 6:30 pm and 7:00 pm  
Thursday at 8:30 pm and 9:00 pm  
Many programs also appear on the internet at [frdavidsmith.com](http://frdavidsmith.com)*





## September 2023 Sacramental Registry

### Baptisms

Mary Magdaline (Lena Mae Tzivanis)

George (George Carroll Stewart)

### Weddings

~None~

### Funerals

James Armatas

Alexandria Grigoriadis



## Church Services & Events

Calendars are provided in the Nepsis  
or check the website at

[stsophias.org](http://stsophias.org)

for church services & events



## Community Christmas Cookie Drive

We will be collecting cookies or monetary donations to purchase cookies for the annual Community Christmas Cookie Drive. The cookies will be given to those in need at the Soup Kitchen of the Samaritan Center and the Salvation Army Women's and Children's Center.

If you would like to bake or buy cookies, we will be collecting them on Sunday, December 3 to Sunday, December 17—delivering the cookies on Monday, December 18th. Please drop off your donations to the upper level Church kitchen and please clearly mark the donations "Donation to Cookie Drive". Your generosity is greatly appreciated.







At St. Sophia's,  
we sing after the Divine Liturgy:

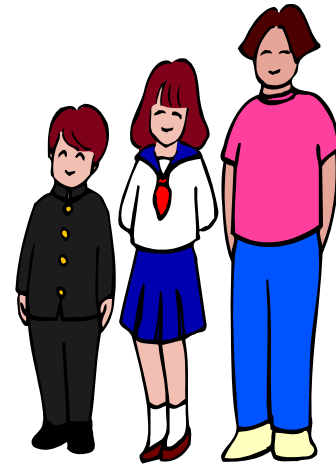


Σὲ ὕμνοῦ, σὲ ὕμνοῦμεν, σὲ εὐλογοῦ,  
εὐλογοῦμεν, σοὶ εὐχαριστοῦμεν, Κύριε,  
καὶ δεόμεθά σου, ὁ Θεὸς ἡμῶν!

(Se im-nu, se im-numen, se evlogu,  
evlogumen, see evharistoumen, Kyrie!  
Keh deometha sou, O Theos eemon!)

*(We hymn you, we bless you,  
we give thanks to you, Lord,  
and we pray to you, O our God!)*

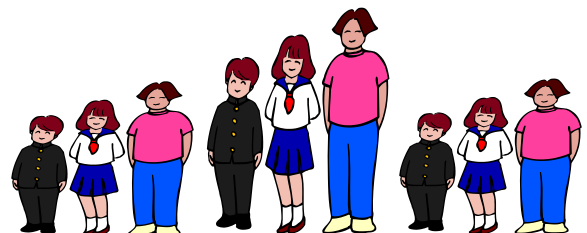
# SUNDAY SCHOOL



Sunday School  
for the Year 2023-2024  
has begun !!!

PARENTS  
MAY REGISTER  
CHILDREN [ONLINE](#)

November 2023  
Sunday School Classes  
Sunday—November 5  
Sunday—November 12  
Sunday—November 19



## *Philo-Sophia Bookstore*

*Now open  
on Sundays after Church*

*We offer for purchase  
an assortment of  
Icons, Books & Religious Items*

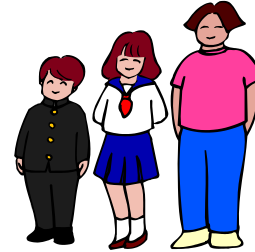


# 2023/2024 Youth Calendar for Sunday School

**\*\*Sunday School class take place in the classroom on non-listed Sundays.**

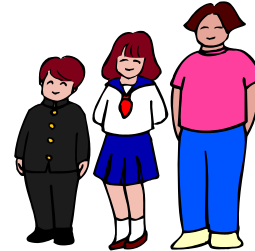
## Nov 2023

Nov 19—Children’s Sermon: All Classes in Church  
Nov 26—No Sunday School



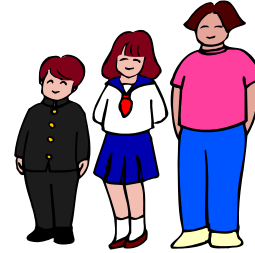
## Dec 2023

Dec 10—St. Basil and St. Nicholas Group Sunday School  
Dec 17—Christmas Play  
Dec 24—No Sunday School  
Dec 31—No Sunday School



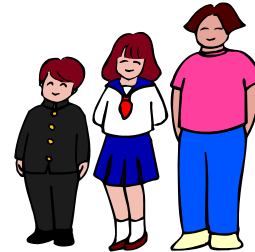
## Jan 2024

Jan 7—Stay in Church: Blessing of Waters  
Jan 28—Children’s Sermon: All Classes in Church



## Feb 2024

Feb 18—No Sunday School  
Feb 25—No Sunday School

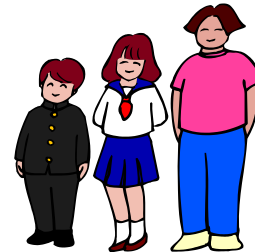


## March 2024

Mar 3—Carnivale Group Sunday School  
Mar 24—Sunday of Orthodoxy Procession  
Mar 31—No Sunday School

## April 2024

Apr 7—Cross Sunday: Children’s Sermon in Church  
Apr 21—No Sunday School  
Apr 28—Palm Sunday



## May 2024

May 5—Pascha  
May 12—Mother’s Day  
May 19—Sunday School Graduation  
May 26—No Sunday School



# 2023/2024 Youth Calendar for GOYA & JR GOYA

## Sept 2023

Sept 10 —GOYA & JR GOYA: Kickoff at Green Lakes  
Sept 16—First Meeting, Family Panayiri



## Oct 2023

Oct 1—Apple Fritter Fund Raiser  
Oct 15—Family Trip to watch SU Soccer Match

## Nov 2023

Nov 4—Craft Day 10:00 am to Noon, Meeting to follow for ages 5 and up  
Nov 4—Dessert Night 6:00 pm  
Nov 19—Visit “In My Father’s Kitchen” or Rescue Mission

## Dec 2023

Dec 9—Church Clean-Up and Christmas Tree 10:00 am to 1:00 pm,  
Basket Raffle (JR GOYA Invited)  
Dec 17—Christmas Play  
Dec 24—Christmas Caroling after Liturgy

## Jan 2024

Jan 12 to 13—Lock In, Meeting at 5:30 pm followed by 6:00 pm Family Night,  
Board Games, Slime, Pizza and a Movie

## Feb 2024

Feb 10—All Youth Dance in Gym 6:00 pm to 9:00 pm  
Feb 11—Souper Bowl Sunday

## March 2024

Mar 10—Meeting at 12:30 pm  
Mar 24—Greek Independence Day Performance

## April 2024

Apr 6—Koulourakia Cooking Class 10:00 am to Noon  
Apr 27—Palm Folding: Open to all young people

## May 2024

May 19—Reception & Last Meeting







# **Kids Annual** **Craft** **Day**

**When: Saturday, November 4**

**Where: Lower Hall**

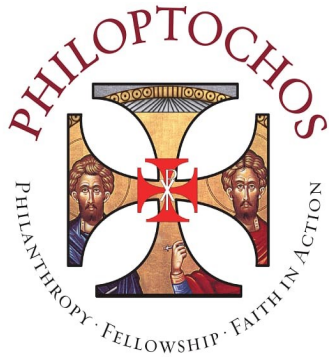
**Time: 10 am -12 pm**

Please join us for a fun filled morning. We will be making ornaments to display on the tree at church, holiday cards to distribute at nursing homes when GOYA goes caroling and crafts to take home as gifts.

All are welcome. The recommended age for the crafts is 5 and up. Light snacks will be provided.

**HOPE - JOY - Jr. GOYA**





**PHILOPTOCHOS**  
***St. Sophia's Farm to Table***  
**PASTA LUNCHEON**  
**SUNDAY, NOVEMBER 12th**  
***After Church Services***

***Proceeds to Benefit***  
***The Food Bank of Central New York***

***Dinner ~ \$15.00***  
***Children 5 & Under ~ Free***

***Menu:***  
***Ziti, Homemade Sauce, Meatballs,***  
***Bread, Dessert, Coffee, Tea***

***Gluten Free & Dairy Free Menu available only by pre-order reservation***

***Menu:***  
***Marinara Sauce***  
***Pesto made with Walnuts & Parmesan Cheese (Gluten Free)***  
***Gluten Free Pasta***

***RESERVATION REQUIRED FOR DINE IN OR TAKE OUT***

***Use this QR Code to reserve your order for the Pasta Dinner***



***Or....***

***Stop by the Philoptochos table on Sundays***

***Accepting Cash or***  
***Checks payable to Philoptochos***

***PHILOPTOCHOS  
HOLIDAY  
BAKLAVA  
PAN PRE-ORDER***

***\$35.00 PER PAN  
(13" BY 9" PAN)***



***PRE-ORDER FOR THANKSGIVING & CHRISTMAS***

***DEADLINE NOVEMBER 9, 2023***

***Pre-orders required for Thanksgiving & Christmas  
Use this QR Code***



***Questions? Call... Freida Meskos (315) 487-8850***

***BAKLAVA ORDERS WILL BE AVAILABLE FOR PICK UP:  
Saturday, November 18 from 11:00 am to 2:00 pm  
Sunday, November 19 from 11:30 am to 2:00 pm***





# St. Sophia's Annual Christmas Card

JOIN US AND BE PART OF SHARING HOLIDAY  
WISHES WITH ALL ST. SOPHIA PARISHIONERS!

**PLACE YOUR ORDER:**

- THROUGH THE ONLINE GIVING OPTION AT **STSOPHIAS.ORG**
- STOP BY THE SIGN-UP TABLE AFTER CHURCH ON SUNDAY'S, OR
- SEND YOUR DONATION TO ST SOPHIA'S CHURCH, 325 WARING ROAD, SYRACUSE, NY 13224. (BE SURE TO INCLUDE HOW YOU WOULD LIKE YOUR NAME LISTED.)

**Minimum Donation: \$25**

**Don't miss out!**

**All orders must be in by December 3**





# HOLIDAY BAZAAR

*Middle Eastern Foods & Desserts . Handmade Jewelry  
Signs . Wreaths . Home Decor . Candles . Blankets &  
So Much More*

**Dec. 2nd 10-6 and  
Dec. 3rd from 1-6**



**St. Elias Orthodox Church  
4988 Onondaga Rd.  
Syracuse 13215**



*Free  
Admission!*

# St. Sophia Greek Orthodox Church—November 2023

| Sun                                                                                                                                                                         | Mon                                                                                                      | Tue                                                                                            | Wed                                                                                                             | Thu                                                                                         | Fri | Sat                                                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                             |                                                                                                          |                                                                                                | 1                                                                                                               | 2                                                                                           | 3   | 4<br>10:00 AM JR GOYA<br>CRAFT DAY & MEETING<br>5:00 PM GREAT VESPERS                                                                                               |
| 5<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>5TH SUNDAY OF LUKE<br><b>STEWARDSHIP SUNDAY<br/>&amp; BREAKFAST</b><br>DAYLIGHT SAVINGS TIME                             | 6<br>5:30 PM<br>JESUS PRAYER GROUP                                                                       | 7<br>10:00 AM BIBLE STUDY<br><b>Election Day<br/>Go Vote!<br/>Today</b><br>7:00 PM COLGATE OCF | 8<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>HOLY ARCHANGELS<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY | 9<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. NEKTARIOS<br>6:00 PM CHOIR REHEARSAL | 10  | 11<br><br>5:00 PM GREAT VESPERS                                                  |
| 12<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>8TH SUNDAY OF LUKE<br><b>PHILOPTOCHOS<br/>FALL PASTA DINNER<br/>TO BENFIT<br/>THE FOOD BANK<br/>OF CENTRAL NEW YORK</b> | 13<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. JOHN CHRYSOSTOM<br>5:30 PM<br>JESUS PRAYER GROUP | 14<br>10:00 AM BIBLE STUDY                                                                     | 15<br><b>NATIVITY FAST BEGINS</b><br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                  | 16<br>6:00 PM CHOIR REHEARSAL                                                               | 17  | 18<br>10:00 AM<br>ROMANIAN LITURGY<br>5:00 PM GREAT VESPERS                                                                                                         |
| 19<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>9TH SUNDAY OF LUKE<br>PHILOPTOCHOS MEETING                                                                              | 20<br>5:30 PM<br>JESUS PRAYER GROUP                                                                      | 21<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ENTRANCE OF<br>THE THEOTOKOS               | 22<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                                                 | 23<br> | 24  | 25<br><b>ST KATHERINE<br/>8:45 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>AT ST. CATHERINE<br/>GREEK ORTHODOX<br/>CHURCH IN ITHACA, NY</b><br>5:00 PM GREAT VESPERS |
| 26<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>13TH SUNDAY OF LUKE                                                                                                     | 27<br>5:30 PM<br>JESUS PRAYER GROUP                                                                      | 28<br>10:00 AM BIBLE STUDY                                                                     | 29<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                                                 | 30<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. ANDREW<br>6:00 PM CHOIR REHEARSAL   |     |                                                                                                                                                                     |



# St. Sophia Greek Orthodox Church—December 2023

| Sun                                                                                                                                                                        | Mon                                                                                                 | Tue                                                              | Wed                                                                                                                              | Thu                           | Fri | Sat                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-----|--------------------------------------------------------------------------------|
|                                                                                                                                                                            |                                                                                                     |                                                                  |                                                                                                                                  |                               | 1   | 2<br>5:00 PM GREAT VESPERS                                                     |
| 3<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>14TH SUNDAY<br>OF MATTHEW                                                                                               | 4<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. BARBARA<br><br>5:30 PM<br>JESUS PRAYER GROUP | 5<br>10:00 AM BIBLE STUDY<br><br>7:00 PM COLGATE OCF             | 6<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>NICHOLAS<br>THE WONDERWORKER<br><br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY | 7<br>6:00 PM CHOIR REHEARSAL  | 8   | 9<br>10:00 AM<br>GOYA & JOY<br>CHRISTMAS DECORATING<br>5:00 PM GREAT VESPERS   |
| 10<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>10TH SUNDAY<br>OF MATTHEW                                                                                              | 11<br>5:30 PM<br>JESUS PRAYER GROUP                                                                 | 12<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. SPYRIDON | 13<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                                                                  | 14<br>6:00 PM CHOIR REHEARSAL | 15  | 16<br>10:00 AM<br>ROMANIAN LITURGY                                             |
| 17<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>11TH SUNDAY<br>OF MATTHEW                                                                                              | 18<br>5:30 PM<br>JESUS PRAYER GROUP                                                                 | 19<br>10:00 AM BIBLE STUDY                                       | 20<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                                                                  | 21<br>6:00 PM CHOIR REHEARSAL | 22  | 23<br>5:00 PM GREAT VESPERS                                                    |
| <b>CHRISTMAS</b> 24<br><b>EVE</b><br>8:45 AM ORTHROS<br>9:00 AM ROYAL HOURS<br>10:00 AM DIVINE LITURGY<br><b>6:00 PM</b><br><b>VESPERAL LITURGY</b><br><b>FOR NATIVITY</b> | <b>CHRISTMAS</b> 25<br><b>DAY</b>                                                                   | 26<br>10:00 AM BIBLE STUDY                                       | 27<br>6:00 PM PARAKLESIS<br>7:00 PM BIBLE STUDY                                                                                  | 28<br>6:00 PM CHOIR REHEARSAL | 29  | 30<br>5:00 PM GREAT VESPERS<br><br><b>6 PM to 11 PM</b><br><b>DINNER DANCE</b> |
| 31<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY BEFORE<br>EPIPHANY                                                                                              |                                                                                                     |                                                                  |                                                                                                                                  |                               |     |                                                                                |