Weekly Bulletin
Sunday, October 22, 2023
6th Sunday of Luke
St. Paul's Letter
to the Galatians 1:11-19

Prokeimenon. Mode 3
Psalm 46.6,1

Sing praises to our God, sing praises.

Verse: Clap your hands, all you nations.

The reading is from
St. Paul's Letter to the Galatians 1:11-19

Brethren, I would have you know that the gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people, so extremely zealous was I for the traditions of my fathers. But when he who had set me apart before I was born, and had called me through his grace, was pleased to reveal his Son to me, in order that I might preach him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother.
Πρὸς Γαλάτας 1:11-19

Προκείμενον. Ἡχὸς γ'
ΨΑΛΜΟI 46.6,1

Ψάλατε τῷ Θεῷ ἡμῶν, ψάλατε.

Στίχ. Πάντα τὰ ἔθνη κροτήσατε χεῖρας.

Πρὸς Γαλάτας 1:11-19 τὸ ἀνάγνωσμα

Ἀδελφοί, γνωρίζω δὲ ὑμῖν, ἀδελφοί, τὸ εὐαγγέλιον τὸ εὐαγγελισθὲν ὑπ' ἐμοῦ, ὃ ἐμὲ ἔγνωσέν κατὰ ἄνθρωπον. Οὐδὲ γὰρ ἐγὼ παρὰ ἄνθρωπον παρέλαβον αὐτὸ, οὔτε ἐδιδάχθη μοι, οὔτε ἀποκαλύψεως Ἰησοῦ Χριστοῦ. Ἑκούσατε γὰρ τὴν ἐμὴν ἀναστροφήν ποτὲ ἐν τῷ Ἰουδαϊσμῷ, ὅτι καθ' ἐμεν ἐδίωκον ἐκκλησίαν τοῦ Θεοῦ, καὶ ἐπόρθουν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ἤγετον τὸν πατρικὸν ἐμοῦ παραδόσεων. Ὅτε δὲ εὐθύγχοσαν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλεὶ μοι ἀναστρέψας ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπορθοῦν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλίκιωτας ἐν τῷ γένει μου, περισσοτέρως ἦγετον τὸν πατρικὸν ἐμοῦ παραδόσεων. Ὅτε δὲ εὐθύγχοσαν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλεὶ μοι ἀναστρέψας ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπορθοῦν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ἦγετον τὸν πατρικὸν ἐμοῦ παραδόσεων. Ὅτε δὲ εὐθύγχοσαν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλεὶ μοι ἀναστρέψας ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπορθοῦν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ἦγετον τὸν πατρικὸν ἐμοῦ παραδόσεων. Ὅτε δὲ εὐθύγχοσαν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλεὶ μοι ἀναστρέψας ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπορθοῦν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπὲρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ἦγετον τὸν πατρικὸν ἐμοῦ παραδόσεων. Ὅτε δὲ εὐθύγχοσαν ὁ θεὸς ὁ ἀφορίσας με ἐκ κοιλίας μητρὸς μου καὶ καλεὶ μοι ἀναστρέψας ἐκκλησίαν τοῦ θεοῦ, καὶ ἐπορθοῦν αὐτὴν· καὶ προέκοπτον ἐν τῷ Ἰουδαϊσμῷ ὑπέρ πολλοὺς συνηλικιώτας ἐν τῷ γένει μου, περισσοτέρως ἦγετον τὸν πατρικὸν ἐμοῦ παραδόσεων.

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.
Ἐκ τοῦ Κατὰ Λουκᾶν 8:26-39
Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἐλθόντι τῷ Ἰησοῦ εἰς τὴν χώραν τῶν Γαδαρηνῶν, ἤτις ἦτο ἀντίπερα τῆς Γαλιλαίας. ἐξελθόντι δὲ αὐτῷ ἐπὶ τὴν γῆν ὑπήνητε σε αὐτῷ ἀνήρ τῆς ἐκ τῆς πόλεως, ὃς εἴχε δαιμόνια ἐκ χρόνων ικανῶν, καὶ ἤματον οὐκ ἐνεδιδύσκετο καὶ ἐν ὁικίᾳ οὐκ ἔμενεν, ἀλλ᾿ ἐν τοῖς μνήμασιν. ἰδὼν δὲ τὸν Ἰησοῦν καὶ ἀνακράζως προσέπεσεν αὐτῷ καὶ φωνῇ μεγάλῃ εἶπεν· τί ἐμοὶ καὶ σοί, Ἰησοῦ, υἱὸς τοῦ Θεοῦ τοῦ ὑψίστου; δέομαί σου, μὴ με βασανίσῃς. παρήγγειλε γὰρ τῷ πνεύματι τῷ ἀκαθάρτῳ ἐξελθεῖν ἀπὸ τοῦ ἀνθρώπου. πολλοῖς γὰρ χρόνοις συνηρπάκει αὐτόν, καὶ ἔδεσμείτο ἁλύσει καὶ πέδαις φυλασσόμενος, καὶ διαρρήσωσαν τὰ δεσμά ἡλύσεις ὑπὸ τοῦ δαίμονος εἰς τὰς ἐρήμους. ἰδὼν δὲ τὸν Ἰησοῦν καὶ ἀνακράζως εἶπεν· τί σοί ἐστιν ὄνομα; ὁ δὲ εἶπεν· λεγεών· ὅτι δαιμόνια πολλὰ εἰσῆλθεν εἰς αὐτόν· καὶ παρεκάλεσε αὐτὸν ἵνα ἐπιτρέψῃ αὐτοῖς εἰς τὴν ἄβυσσον ἀπελθεῖν. ἦν δὲ ἐκεῖ ἀγέλη χοίρων ἱκανῶν βοσκομένων ἐν τῷ ὄρει· καὶ παρεκάλουν αὐτοῖς ἵνα ἐπιτρέψῃ αὐτοῖς εἰς καταβάσσην εἰς εἰκονίδος. ἐξελθόντα δὲ τὰ δαιμόνια ἀπὸ τοῦ ἀνθρώπου εἰσῆλθον εἰς τοὺς χοίρους, καὶ ἦλθεν ἐκεῖ ἀγέλη ἱκανὰ βοσκομένη ἐν τῷ ὄρει· καὶ παρεκάλουν αὐτοῖς ἵνα ἐπιτρέψῃ αὐτοῖς εἰς καταβάσσην εἰς εἰκονίδος. ἦν δὲ ἐκεῖ ἀγέλη χοίρων, καὶ ὅρμησεν ἡ ἀγέλη κατὰ τοῦ κρημνοῦ εἰς τὴν λίμνην καὶ ἀπεπνίγη. ἰδόντες δὲ τὸν Ἰησοῦν καὶ ἐφόβηθησαν. ἤρωταν δὲ αὐτοῖς αὐτοῦς ἄνθρωποι ἃ ἐποίησεν οὗτος, καὶ ἠρώτησαν αὐτοὺς ἅπαντα πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν ἀπελθεῖν ἐκ τῆς πόλεως, ὅτι φόβῳ μεγάλῳ συνείχοντο. ἤρωταν δὲ αὐτοὶ ἅπαντες τῶν Γαδαρηνῶν ἀπελθεῖν ἐκ τῆς πόλεως, ὅτι φόβῳ μεγάλῳ συνείχοντο. ἦλθον δὲ καὶ ἀπῆλθον ἐκ τῆς πόλεως, καὶ ἤρωταν αὐτοὶς ἅπαντα πλῆθος τῆς περιχώρου τῶν Γαδαρηνῶν ἀπελθεῖν ἐκ τῆς πόλεως, ὅτι φόβῳ μεγάλῳ συνείχοντο. ἦλθον δὲ καὶ ἀπῆλθον ἐκ τῆς πόλεως, καὶ ἦλθον δὲ καὶ ἀπῆλθον ἐκ τῆς πόλεως, καὶ ἦλθον δὲ καὶ ἀπῆλθον ἐκ τῆς πόλεως.
HYMNS OF THE DAY

Resurrection Apolytikion in the Third Tone
Let all things above in heaven rejoice, and let all things below on earth be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first-born of the dead has He become. From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy!

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐῤῥύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

For St. Abercius. Mode 4.
A rule of faith are you, and an icon of gentleness, and a teacher of self-control. And to your flock this was evident, by the truth of your life and deeds. You were humble and therefore you acquired exalted gifts, treasure in heaven for being poor. Father holy hierarch Abercius, intercede with Christ our God, and entreat Him to save our souls.

Κανόνα πίστεως καὶ εἰκόνα πραότητος, ἐγκρατείας διδάσκαλον, ἀνέδειξέ σε τῇ ποίμνῃ σου, ὅτι τῶν πραγμάτων ἀλήθεια· διὰ τούτου ἐκτίμησε τῇ ταπεινώσει τὰ ψυχά, πάτερ ἱεράρχα Αβέρκιε· πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

For the Holy Seven Youths. Mode 4.
Your Martyrs, O Lord, were worthily awarded by You * the crowns of incorruption, in that they contested for You our immortal God. * Since they possessed Your power, they defeated the tyrants, * dashing the demons' powerless displays of defiance. * O Christ God, at their fervent entreaties, save our souls.

Οἱ Μάρτυρες σου Κύριε, ἐν τῇ ἀθλήσει αὐτῶν, στεφάνους ἐκομίσαντο τῆς ἀφθαρσίας, ἐκ σοῦ τοῦ Θεοῦ ἡμῶν· σχόντες γὰρ τὴν ἰσχύν σου, τοὺς τυράννους καθεῖλον, ἔθραυσαν καὶ δαιμόνων, τὰ ἀνίσχυρα θράση. Αὐτῶν ταῖς ἱκεσίαις, Χριστὲ ὁ Θεός, σῶσον τὰς ψυχὰς ἡμῶν.

Apolytikion for the Church in the Plagal First Mode
Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.

Kontakion for the Theotokos in the Second Mode
O protection of Christians that cannot be put to shame, mediation unto the Creator most constant! O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee! Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee!

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμέτάθετε, μὴ παρίδῃς, ἀμαρτωλῶν δεήσεων φωνάς, ἄλλα πρὸσθομάν, ὡς ἁγιά, εἰς τὴν βοήθειαν ἡμῶν, τὸν πιστὸς κραυγαζόντος σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἡ, Θεοτόκε, τὸν τιμῶντον σε.
Sunday—October 22, 2023

Memorial
James Armatas (40 Days)

MAY HIS MEMORY BE ETERNAL
JOIN US TODAY FOR COFFEE HOUR!

COFFEE HOUR TODAY
Is Sponsored by the Family
In Memory Of
James Armatas

A special thank you to the following ladies of our community who have volunteered to donate their time today to serve coffee:
Despina Kiritsis & Stavroula Kipouropoulos
Church Services & Events for Today & the Upcoming Week

Today ~ 6th Sunday of Luke
8:45 am Orthros
10:00 am Divine Liturgy

GENERAL ASSEMBLY

Monday ~ October 23, 2023
5:30 pm Jesus Prayer Group

Tuesday ~ October 24, 2023
10:00 am Bible Study

Wednesday ~ October 25, 2023
6:00 pm Paraklesis
7:00 pm Bible Study

Thursday ~ October 26, 2023
9:00 am Orthros
10:00 am Divine Liturgy
Demetrios the Myrrh-Streamer
6:00 pm Choir Rehearsal

Saturday ~ October 28, 2023
OXI DAY
10:00 am Romanian Liturgy
A STEWARDSHIP OPPORTUNITY!
Run for a position on St Sophia's Parish Council!

The Election Committee is seeking candidates to fill four (4) church board positions, expiring at the end of 2023. An official notification will be sent out by the Election Committee dated September 12th. Please feel free to contact one of the Election Committee members if you are interested in or would like to recommend someone to serve a three year term on the Parish Council.

Eligible candidates should be a member in good standing in St. Sophia Parish and a member for a minimum of one year. A candidate in good standing is any person who:

- Was baptized according the rites of the Church, or was received into the Church through chrismation.
- Who lives according to the faith and cannons of the Church
- Has met their Stewardship obligation (completed 2022 obligations and has paid ¾ of their 2023 Stewardship by October 28th, 2023),
- Abides by the by-laws of the Parish.

Candidate filing: Interested candidates will file a simple petition for candidacy, complete a short resume form, and provide a picture.

Filing deadline is:  
**Sunday, October 22, 2022**  
**Election Day is November 12th, 2023.**

Our committee looks forward to speaking with all interested parties. Contact information for the Election Committee is as follows:

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diane Peters</td>
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</tr>
</tbody>
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GOYA
Apple Fritter Fundraiser

$2.00 Each

$7.00 for Basket of Five

After Church
Sunday, October 29
Welcome everyone to our YOUTH MINISTRY GROUPS.
Our focus this year will be to incorporate faith, service and fun.
We will be using the app Remind to communicate special announcements and messages.

**HOPE**
Geared for Pre-k & Kindergarten
Co-advisors Chrissy & Dimitrios Giaprakis
(look for information in the bulletin)

**JOY**
1st-4th Grades
Co-advisors Elanie Imbesi & Crystal Swanson
Remind: Enter Number 81010
Text this message 3kch9d

**Jr. GOYA**
5th-8th Grades
Co-advisors Dina Ioannidis & Marianna Politis-Tacea
Remind: Enter Number 81010
Text this message @jrgoyay

**GOYA**
9th-12th Grades
Advisor- MariaSophia Vigliotti
Remind: Enter Number 81010
Text this message @goyagro

Our first group event is scheduled for Saturday, November 4th from 10am-12pm to take place in the lower hall.
Each group will have more information to come.
Please take a moment to sign up your child in the appropriate group.