

**ST SOPHIA'S  
GREEK ORTHODOX CHURCH  
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN  
SUNDAY, MARCH 27, 2022  
SUNDAY OF THE HOLY CROSS**

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METROPOLIS  
OF DETROIT

**Sunday of the Holy Cross**  
**St. Paul's Letter**  
**to the Hebrews 4:14-16; 5:1-6**

Prokeimenon. Mode Plagal 2.  
Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from

St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

## Πρὸς Ἑβραίους 4:14-16, 5:1-6

Προκείμενον. Ἦχος πλ. β'.  
ΨΑΛΜΟΙ 27.9,1

**Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν  
κληρονομίαν σου.**

**Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.**

Πρὸς Ἑβραίους 4:14-16, 5:1-6 τὸ ἀνάγνωσμα

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεύς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περικείται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γενεθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.

## **Sunday of the Holy Cross**

### **The Gospel**

#### **According to Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

## Ἐκ τοῦ Κατὰ Μάρκον 8:34-38, 9:1 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον εἰάν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ εἰάν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

***Church Services & Events  
for Today and the Upcoming Week***

**Today**

***9:00 am Orthros***

***10:00 am Divine Liturgy***

***SUNDAY OF THE HOLY CROSS***

***Sunday School***

***AHEPA Greek Independence Day Celebration***

**Monday, March 28, 2022**

***6:00 pm Canon of St. Andrew***

**Tuesday, March 29, 2022**

***10:00 am Bible Study***

***6:00 pm Orthodoxy 101***

**Wednesday, March 30, 2022**

***4:30 pm Choir Rehearsal***

***6:00 pm Presanctified Liturgy***

**Friday, April 1, 2022**

***6:00 pm Akathist Hymn IV***

**Saturday, April 2, 2022**

***5:00 pm Great Vespers***

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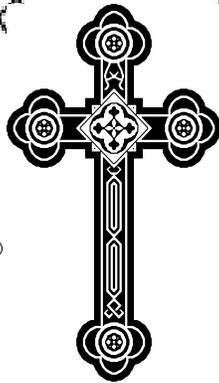
***CONFESSION DAY***

***Saturday, April 9, 2022***

***11:00 am to 1:00 pm***

***A Greek Speaking Priest, Fr. Angelo Maggo,  
from Annunciation Greek Orthodox Church  
of Rochester, New York will be available***





***Sunday—March 27, 2022***

***Memorial***

***Elizabeth Katerelos (40 Days)***

***Jiries Abu El Ezam (1 Year)***

***Trisagion***

***Eleni Kane (4 Years)***



***Coffee Hour Today***

***In Memory of Elizabeth Katerelos***

***Given by the Family***

***Join Us Today for Coffee Hour***

***A special thank you to the following ladies  
that have volunteered their time  
to serve coffee today***

***Diane Peters***

***Sophia Wales***



**MARK YOUR CALENDARS**

**Sunday, April 3, 2022**  
***General Assembly Meeting***



***Enjoy Fr. David's***  
***Daily Lenten Reflections***  
***at frdavidsmith.com***



**Spring Cleaning 2022**  
**Parish Data System Update**  
**Your Response is Needed**



In order to maintain an accurate database, we would appreciate your assistance in updating your family's information for our Parish Data System. During the pandemic, we learned that having accurate contact information for all members of our parish is crucial.

You received an email on Sunday, March 20th to review and update your family's data in our software system.

Should you have any questions or concerns please contact Katina Luvadis, Parish Administrator ([katina@stsophias.org](mailto:katina@stsophias.org)) or Parish Council Secretary Chris Shiomos ([parishcouncil@stsophias.org](mailto:parishcouncil@stsophias.org)).

For those submissions that are received before March 31st, you will be entered into a drawing for a \$50 gift certificate for the Philo-Sophia Bookstore. So, don't delay!

Thank you for your participation.