

**ST SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN
SUNDAY, MARCH 19, 2023
SUNDAY OF THE HOLY CROSS**

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METROPOLIS
OF DETROIT

Sunday of the Holy Cross
St. Paul's Letter to the Hebrews
4:14-16; 5:1-6

Prokeimenon. Mode Plagal 2.
Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from
St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Πρὸς Ἑβραίους 4:14-16, 5:1-6

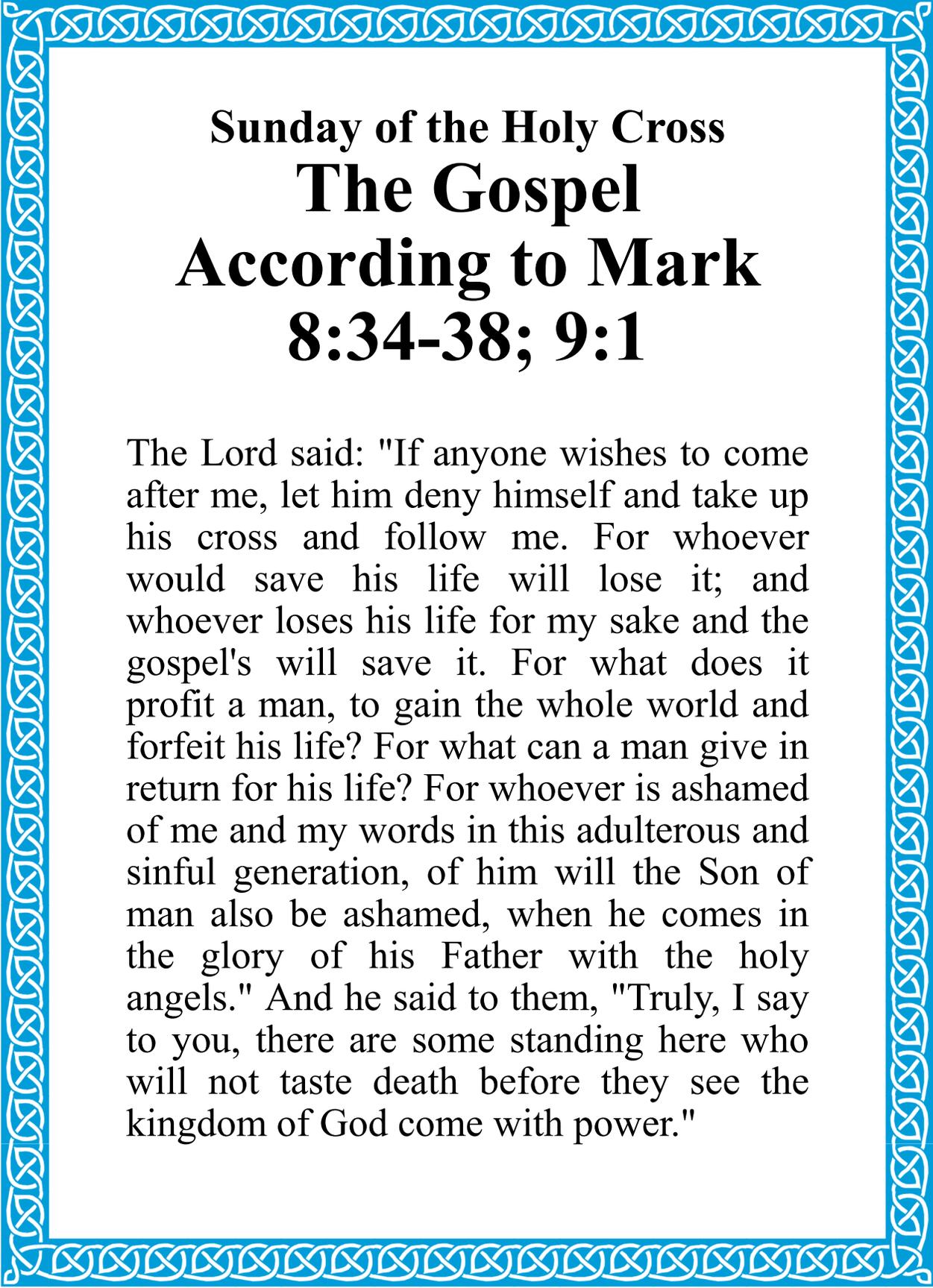
Προκείμενον. Ἦχος πλ. β'.
ΨΑΛΜΟΙ 27.9,1

**Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον
τὴν κληρονομίαν σου.**

Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 4:14-16, 5:1-6 τὸ ἀνάγνωσμα

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανοὺς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθεῖσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ' ὁμοιότητα, χωρὶς ἁμαρτίας. Προσερχώμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὕρωμεν εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρά τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοῖς ἀγνοοῦσιν καὶ πλανωμένοις, ἐπεὶ καὶ αὐτὸς περίκειται ἀσθένειαν· καὶ διὰ ταύτην ὀφείλει, καθὼς περὶ τοῦ λαοῦ, οὕτως καὶ περὶ ἑαυτοῦ, προσφέρειν ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμὴν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ἀαρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γεννηθῆναι ἀρχιερέα, ἀλλ' ὁ λαλήσας πρὸς αὐτόν, Υἱός μου εἶ σύ, ἐγὼ σήμερον γεγέννηκά σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ἱερεὺς εἰς τὸν αἰῶνα κατὰ τὴν τάξιν Μελχισεδέκ.



Sunday of the Holy Cross
The Gospel
According to Mark
8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Ἐκ τοῦ Κατὰ Μάρκον 8:34-38, 9:1 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλη τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.

***Church Services & Events
for Today & the Upcoming Week***

Today ~ Sunday of The Holy Cross

8:45 am Orthros

10:00 am Divine Liturgy

6:00 pm Lenten Vespers

Sts. Peter & Paul Orthodox Church

Wednesday—March 22, 2023

6:00 pm Presanctified Liturgy

Friday—March 24, 2023

9:00 am Presanctified Liturgy

Noon Flag Raising at City Hall

6:00 pm Akathist Hymn

Saturday—March 25, 2023

9:00 am Orthros

10:00 am Divine Liturgy

Annunciation of The Theotokos

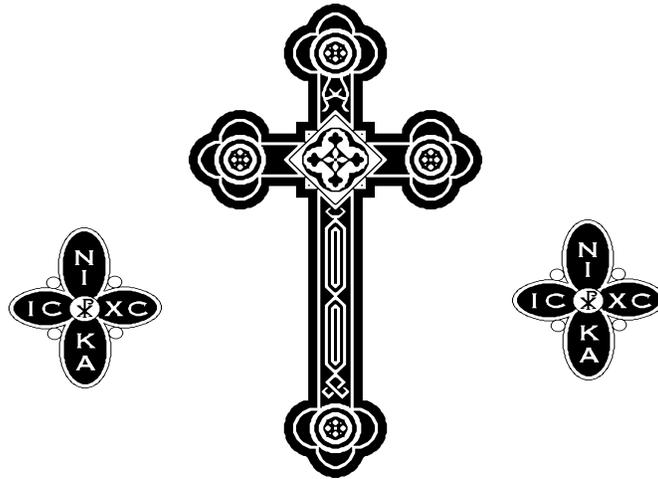
5:00 pm Great Vespers

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Father David Out of Town

Tuesday, March 14 through Monday, March 20

Sunday—March 19, 2023



Memorial
Evangelia Zongos (1 Year)



MAY HER MEMORY BE ETERNAL



***Philoptochos
Syracuse Chapter
Holy Cross***



***JOIN US TODAY
FOR COFFEE HOUR***



Members Volunteering To Serve Coffee Hour

***A special thank you to the following members
of our community who have volunteered
to donate their time to serve coffee today:***

Anastasia Ioannidis & Stavroula Kipouropoulos

Please Join Us!
2023 PAN-ORTHODOX LENTEN VESPERS



Schedule of Services
6:00 pm on Sundays
followed by a Fasting Meal



TODAY—March 19, 2023
Sunday of the Holy Cross
Sts. Peter & Paul Orthodox Church
401 Hamilton Street ~ Syracuse, NY 13204

March 26, 2023
Sunday of St. John Climacus
St. Luke's Ukrainian Orthodox Church
3290 Warners Road ~ Warners, NY 13164

April 2, 2023
Sunday of St. Mary of Egypt
St. George Macedonian Orthodox Church
5083 Onondaga Road ~ Syracuse, NY 13215



DANCE PRACTICE

Dance Practice began on Sunday, February 5th after church.
Please reach out to the appropriate
dance instructor with questions:

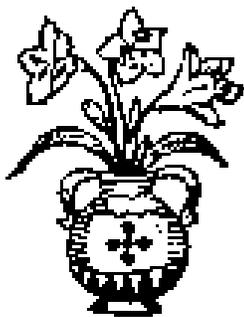
Elementary Group - grades 2-5
Clemente Vigliotti 315-558-7965
Stavros Vigliotti 315-558-8258

Middle School Group - grades 6-8
Penny Meskos 315-559-9632
Dafni Kiritsis 315-395-0331
Tina Intze 315-569-2405

High School Group - grades 9-12
Athena Tzetzis 315-447-0787
Paulie Gasparis 219-588-2439



Τῆ ὑπερμάχῳ στρατηγῶ τὰ νικητήρια,
Ὡς λυτρωθεῖσα τῶν δεινῶν
εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις
σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ
κράτος ἀπροσμάχητον, Ἐκ παντοίων
με κινδύνων ἐλευθέρωσον, Ἵνα κράζω
σοι· Χαῖρε νύμφη ἀνύμφευτε.



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*LENTEN  
DAILY REFLECTIONS*

*are available at*

*[frdavidsmith.com](http://frdavidsmith.com)*

## **FRIDAY, MARCH 24 FLAG RAISING AT CITY HALL**



Our community will be observing the celebration of Greek Independence Day (March 25, 1821) by hosting a Flag Raising Ceremony at Syracuse City Hall at noon on Friday, March 24, 2023 and all are encouraged to attend this wonderful event. Join us!

The faith and orthopraxy of the Greek heroes of 1821 played such a vital role in subsequent freedom from the Ottoman Empire when they took the oath of "Give me freedom or give me death."



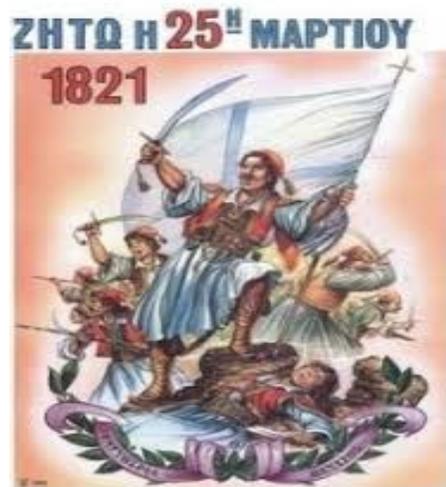
## **GREEK NATIONAL ANTHEM**

ΥΜΝΟΣ ΕΙΣ ΤΗΝ ΕΛΕΥΘΕΡΙΑΝ

Σε γνωρίζω από την κοψη  
του σπαθιου την τρομερη,  
σε γνωρίζω από την οψη  
που με βια μετραει την γη.  
Απ' τα κοκκαλα βγαλμενη  
των Ελλήνων τα ιερα,  
και σαν πρωτα ανδρειωμενη,  
χαιρε, ω χαιρε, Ελευθερια

Se gnorizo apo tin kopsin  
too spathiou tin tromeri  
Se gnorizo apo tin opsin  
poo me via metra tin yin  
Ap ta kokkala vgalmeni  
ton Ellinon ta iera  
Ke san prota andriomeni  
Hier o Hier eleftheria!

I shall always recognize you  
by the dreadful sword you hold  
as the Earth with searching vision  
you survey with spirit bold.  
From the Greeks of old whose dying  
brought to life and spirit free  
now with ancient valor rising  
let us hail you, oh Liberty!



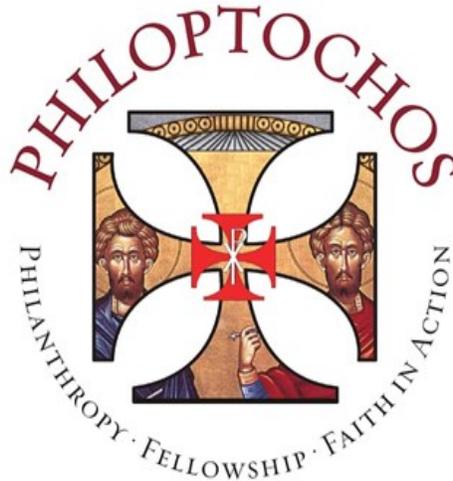
# ***EASTER BASKET RAFFLE***

*Raffle Tickets Available for Purchase*

*Sunday, March 26—Sunday, April 2—Sunday, April 9*

*\$1—One Ticket, \$5—Six Tickets, \$10—Fifteen Tickets*

*Drawing will be held on April 9, 2023*



## ***TSOUREKI SALE***



***Sunday, April 9th  
after Church  
\$8 Per Loaf***

## ***KOULOURLAKIA SALE***

***Sunday,  
April 9th  
after  
Church  
\$8 Per Dozen***



***ATTENTION MALE PARISHIONERS***

***OOPS!***

***SOMEONE TOOK THE WRONG COAT  
HOME ON SUNDAY, MARCH 12th***

***CHECK YOUR CLOSET FOR  
A NAVY BLUE WOOL MEN'S COAT  
WITH TAN GLOVES IN THE POCKETS***

***IF YOU HAVE IT,  
CALL THE CHURCH OFFICE  
(315) 446-5222***

