St Sophia’s
Greek Orthodox Church
Syracuse, New York

Weekly Bulletin
Sunday, March 19, 2023
Sunday of The Holy Cross
O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from
St. Paul's Letter to the Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."
Πρὸς Εβραίους 4:14-16, 5:1-6

Προκείμενον. Ἡχος πλ. β'.
ΨΑΛΜΟΙ 27.9,1

Σώσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.

Στίχ. Πρὸς σὲ, Κύριε, κεκράξομαι ὁ Θεός μου.

Πρὸς Εβραίους 4:14-16, 5:1-6 τὸ ἀνάγνωσμα

Ἀδελφοί, ἔχοντες οὖν ἀρχιερέα μέγαν, διεληλυθότα τοὺς οὐρανούς, Ἰησοῦν τὸν υἱὸν τοῦ θεοῦ, κρατῶμεν τῆς ὁμολογίας. Οὐ γὰρ ἔχομεν ἀρχιερέα μὴ δυνάμενον συμπαθῆσαι ταῖς ἀσθενείαις ἡμῶν, πεπειραμένον δὲ κατὰ πάντα καθ’ ὁμοιότητα, χωρὶς ἀμαρτίας. Προσερχόμεθα οὖν μετὰ παρρησίας τῷ θρόνῳ τῆς χάριτος, ἵνα λάβωμεν ἔλεον, καὶ χάριν εὑρώμεθα εἰς εὐκαιρον βοήθειαν. Πᾶς γὰρ ἀρχιερεὺς, ἐξ ἀνθρώπων λαμβανόμενος, ὑπὲρ ἀνθρώπων καθίσταται τὰ πρὸς τὸν θεόν, ἵνα προσφέρῃ δῶρα τε καὶ θυσίας ὑπὲρ ἁμαρτιῶν· μετριοπαθεῖν δυνάμενος τοὺς ἀγνοούσιν καὶ πλανωμένους, ἐπεὶ καὶ αὐτὸς περίκειται ἀσθένειαν· καὶ διὰ ταύτην ὑπὲρ ἁμαρτιῶν. Καὶ οὐχ ἑαυτῷ τις λαμβάνει τὴν τιμήν, ἀλλὰ καλούμενος ὑπὸ τοῦ θεοῦ, καθάπερ καὶ Ααρών. Οὕτως καὶ ὁ Χριστὸς οὐχ ἑαυτὸν ἐδόξασεν γενῆσθαι ἀρχιερέα, ἀλλ’ ὁ λαλήσας πρὸς αὐτὸν, Υἱός μου εἰς σύ, ἐγὼ σήμερον γεγέννηκα σε. Καθὼς καὶ ἐν ἑτέρῳ λέγει, Σὺ ιερεὺς εἰς τὸν αἰώνα κατὰ τὴν τάξιν Μελχισεδέκ.
The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."
Ἐκ τοῦ Κατὰ Μᾶρκον 8:34-38, 9:1
Εὐαγγελίου τὸ Ἀνάγνωσμα

Ἔιπεν ὁ Κύριος· Ἐἴ τις θέλει ὀπίσω μου ἔλθεῖν, ἀπαρνησάσθω ἐαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθεῖτω μοι. ὦ γὰρ ὁ θέλη τὴν ψυχὴν αὐτοῦ σώσαι, ἀπολέσει αὐτήν· ὦ δ’ ὁ ἀπολέση τὴν ἑαυτοῦ ψυχὴν ἔνεκεν ἑμοῦ καὶ τὸν εὐαγγελίου, οὕτος σώσει αὐτήν. τί γὰρ ἠφελθησεί ἀνθρωπόν ἐὰν κερδήσῃ τὸν κόσμον ὅλον, καὶ ἐξελθῆ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἀνθρωπὸς ἀνταλλαγμα τῆς ψυχῆς αὐτοῦ; ὢ γὰρ ἐὰν ἐπαισχυνθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ νῦς τοῦ ἀνθρώπου ἐπαισχυνθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἄγγελων τῶν ἄγιων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ύμῖν ὅτι εἰσὶ τινες τῶν ὡδε ἐστηκότων, οἳ τινες οὐ μὴ γεύσωνται θανάτου ἐξω ἄν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.
Church Services & Events for Today & the Upcoming Week

Today ~ Sunday of The Holy Cross
8:45 am Orthros
10:00 am Divine Liturgy
6:00 pm Lenten Vespers
Sts. Peter & Paul Orthodox Church

Wednesday—March 22, 2023
6:00 pm Presanctified Liturgy

Friday—March 24, 2023
9:00 am Presanctified Liturgy
Noon Flag Raising at City Hall
6:00 pm Akathist Hymn

Saturday—March 25, 2023
9:00 am Orthros
10:00 am Divine Liturgy
Annunciation of The Theotokos
5:00 pm Great Vespers

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Father David Out of Town
Tuesday, March 14 through Monday, March 20
Sunday—March 19, 2023

Memorial
Evangelia Zongos (1 Year)

MAY HER MEMORY BE ETERNAL
JOIN US TODAY
FOR COFFEE HOUR

Members Volunteering To Serve Coffee Hour

A special thank you to the following members of our community who have volunteered to donate their time to serve coffee today:

Anastasia Ioannidis & Stavroula Kipouropoulos
Please Join Us!

2023 PAN-ORTHODOX LENTEN VESPERS

Schedule of Services
6:00 pm on Sundays
followed by a Fasting Meal

TODAY—March 19, 2023
Sunday of the Holy Cross
Sts. Peter & Paul Orthodox Church
401 Hamilton Street ~ Syracuse, NY 13204

March 26, 2023
Sunday of St. John Climacus
St. Luke’s Ukrainian Orthodox Church
3290 Warners Road ~ Warners, NY 13164

April 2, 2023
Sunday of St. Mary of Egypt
St. George Macedonian Orthodox Church
5083 Onondaga Road ~ Syracuse, NY 13215
DANCE PRACTICE

Dance Practice began on Sunday, February 5th after church. Please reach out to the appropriate dance instructor with questions:

Elementary Group - grades 2-5
Clemente Vigliotti 315-558-7965
Stavros Vigliotti 315-558-8258

Middle School Group - grades 6-8
Penny Meskos 315-559-9632
Dafni Kiritsis 315-395-0331
Tina Intze 315-569-2405

High School Group - grades 9-12
Athena Tzetzis 315-447-0787
Paulie Gasparis 219-588-2439
Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ’ ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἰνα κράζω σοι· Χαίρε νύμφη ἀνύμφευτε.

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LENTEN
DAILY REFLECTIONS
are available at
frdavidsmith.com
Our community will be observing the celebration of Greek Independence Day (March 25, 1821) by hosting a Flag Raising Ceremony at Syracuse City Hall at noon on Friday, March 24, 2023 and all are encouraged to attend this wonderful event. Join us!

The faith and orthopraxy of the Greek heroes of 1821 played such a vital role in subsequent freedom from the Ottoman Empire when they took the oath of “Give me freedom or give me death.”
EASTER BASKET RAFFLE
Raffle Tickets Available for Purchase
Sunday, March 26—Sunday, April 2—Sunday, April 9
$1—One Ticket, $5—Six Tickets, $10—Fifteen Tickets
Drawing will be held on April 9, 2023

TSOUREKI SALE
Sunday, April 9th
after Church
$8 Per Loaf

KOULOUREAKIA SALE
Sunday, April 9th
after Church
$8 Per Dozen
ATTENTION MALE PARISHIONERS

OOPS!
SOMEONE TOOK THE WRONG COAT HOME ON SUNDAY, MARCH 12th

CHECK YOUR CLOSET FOR
A NAVY BLUE WOOL MEN’S COAT
WITH TAN GLOVES IN THE POCKETS

IF YOU HAVE IT,
CALL THE CHURCH OFFICE
(315) 446-5222