

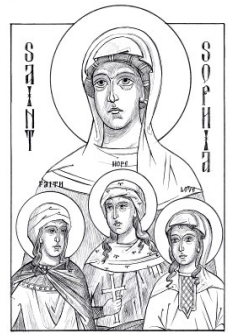


NEPSIS

Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church
325 Waring Road
Syracuse, New York 13224

Phone (315) 446-5222
Fax (315) 251-1654



"The Discipline of Silence"



This is from a monastery newsletter (Holy Transfiguration in Ellwood City, PA) published on Pascha 1987. These words have much to say to us today:

We live today in a busy and noisy world. Wherever we go, we are protected from the risk of finding ourselves alone in silence: in stores, doctors offices, and on the telephone "mood music" welcomes us. Even at home, so often we find ourselves flicking on the TV or radio to keep us company. We get nervous if dinner-table conversation lags.

Paul Evdokimov, a theologian who writes specifically for people trying to live the Christian life in modern society, says that our ascetic discipline today could consist of giving up all our stimulants, including frantic activity and noise. We could then take on the "discipline of regular periods of calm and silence, when we could regain our ability to stop for prayer and contemplation, even in the heart of all the noises of the world; and could then listen to the presence of others."

Strange as it may seem, if we want to have true, deep encounters with other people and with God, we absolutely must spend time by ourselves in quietness. Why is this? First of all, if we want to get to know another, whether a human being or God, in a true, deep and personal way, we must at the same time get to know ourselves. For, as Saint Seraphim of Sarov noted, if we do not understand ourselves, how can we understand anything else? The human person, created in the image of the three divine Persons, is not just a set of superficial characteristics, but a rich and complex being. It takes time and care to get to know a person, even when this person is oneself.

For this reason, we must from time to time lay aside all our activities and even our speech - for while these are expressions of our inner being, they still remain external to us - in order to be alone with ourselves. When we lay aside all the things that we *have* and all the things that we *do* then we can look at what's left and find out who we *are*. This is not always enjoyable - sometimes we may be afraid that there will not be much left. But if we take the risk of continuing, over a long period, to explore our inner terrain, we will discover not only that we are not all we thought we were, but also that we are and can be more than we ever dreamed possible.

Continued on Page 2

OCTOBER 2025

2025 Parish Council

Peter Manolacos
President

Thomas Anthis Jr.
Vice President

Robert Allen
Secretary

Michael Copanas
Treasurer

Joy Weatherup-Anthis
Dimitrios Giaprakis
Eleni Kosmas, MD
Martha Lemondes
George Nardone
Marianna Politis-Tacea
Christopher Shiomos, OD
Jeanette Capousis Vigliotti

~~~~~  
Honorary  
Board Member  
James Sakezles



VISIT THE  
PARISH  
WEBSITE  
[stsophias.org](http://stsophias.org)



## "The Discipline of Silence"

*Continued from Page 1*



There is one caution, however, that we must observe on this inner journey. The human person is not a complete person in isolation; just as God, in whose image we are made, is One in three Persons, so human persons are meant to live in relationship with one another and with God. This brings us to the second reason for needing times of silence and solitude. If we are never alone with God, we will never get to know Him; if we are never silent with God, we will never hear Him. Of course, in our prayer life, we must talk to God, even very simply, like children. But if we never stop chattering and spend time being silent before God, we will not develop a real relationship with him.

It is the same in our relationships with other humans – they develop best with an alternation of togetherness and solitude, of speech and silence, of expressing, listening and reflecting. In close relationships, some of the deepest communication takes place without any words at all, when to simply enjoy each other's presence, or realize that their connectedness continues through periods of absence.

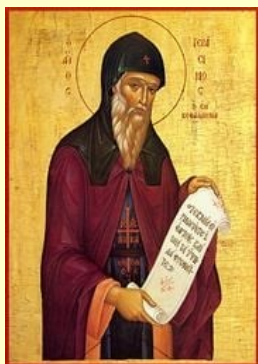
What is more, although the intimacy between a human soul and God is a mystery which should, to some extent, remain private, there come times when we long to share the fruit of our most precious relationship – that with God – with the people who are also precious to us. At those times, only words which flow out of an inner silence, and inner peace, will bear the weight of what we have to say. As Archimandrite Vasileios says in his book *Hymn of Entry*:

*"It is not a matter of finding what to say, but of how to be silent, how to hear the Spirit speaking in our silence or our speech: the question is, how can we become instruments of the Spirit?"*

If we are to be clear-sounding Instruments playing the pure music of the divine Spirit and of our human spirit, we must learn first how to be silent; we must learn first to listen to that music with which we desire to resound. For this is true silence: not simply an emptiness, an absence of noise, a lack of sound, but a fullness, an attentive listening to ourselves, others, and God, all readiness to receive the beauty which is offered us.

Your affectionate servant,  
Father David

### IMPORTANT DATES OCTOBER 2025 CHURCH CALENDAR



**GERASIMOS  
OF CEPHALONIA**  
**Monday, October 20**  
**9:00 am Orthros**  
**10:00 am**  
**Divine Liturgy**

**DEMETRIOS  
THE MYRRH-STREAMER**  
**Sunday, October 26**  
**8:45 am Orthros**  
**10:00 am**  
**Divine Liturgy**





## PRESIDENT'S MESSAGE

Dear Parish,

And a good time was had by all. Or so I have been told, both first and second hand. What was this event? Why it was St. Sophia's 5th Annual Panagiri. We had 130 reservations, we cooked for 150, and we had 30 people just show up for a total of about 180. Somehow our cooks, led by the Doctor of Hunger Kosta Kousmanides, managed to feed all but a very few. Many thanks to Kosta and his loyal crew, Evans and Sarie Panos, Steve Nicolaos, Stav Capousis and Mike Copanas. Many others pitched in setting up, serving, and cleaning up. At 8:00 pm a few of us started to pick up the chairs. Within minutes our parishioners were on their feet, racking the chairs and moving the tables back into the church. Nothing needed to be said. Everything was done by 8:45 pm. Thanks to Parish Counselor Martha Lemondes for taking the lead on an event that is becoming another St. Sophia's tradition.

Tradition- Tevye sings a song about it in "Fiddler On The Roof". By the end of the play, all the traditions were upended. The familiar and time tested rules of his "culture" were all violated. So like any smart head of a family who let love outweigh the "rules" of his tribe, he adapted and moved to America, the burying ground of so many old world traditions. These imported traditions inevitably succumb to new ideas, modernity and technology. But it is not only foreign traditions that are overwhelmed by our fast changing environment. Home grown traditions also bite the dust. Indeed, there are times when some feel like the very ground beneath us is no longer stable. We make accommodations, we try to keep up and yet often enough the pace of change overwhelms.

To feel this flux, this upheaval, we have to reference the past, to remember the way things were. The young have no such natural reference. The young live in, are immersed in, the present, the now. One should not be old fashioned, they say. We must embrace the future. Well to no small degree, that is true. To be mired in the past can set you up to be run over by the future. Let's not forget the US Buggy Whip Corporation. One might say, of course, that is the way of things, the way of the world.

That is not, however, the way of the Church. In Orthodoxy we base our faith and our practices on Holy Tradition—the Word of God as it was given to us in the Bible, the teachings of the Apostles, the words of the Holy Fathers of the early church, the Ecumenical Councils, the liturgy itself. If you go to the Archdiocesan website ([GOARCH.ORG](http://GOARCH.ORG)) you will find an extensive explanation of Holy Tradition. We count on Holy Tradition to maintain the beliefs and practices of Orthodoxy. It is Holy Tradition which has allowed us to practice our faith today just as the early Christians did. It is Holy Tradition which provides the stability and consistency of our religion over the centuries. This is crucial for us in our quest to get closer to God. God does not change. The notion that our beliefs and practices must bend and change because "our world has progressed" is a dangerous road to take. If we replace Holy Tradition with the slogan of the day, we will have lost our way. Jesus told us what to do, how to live. Holy Tradition shows us the way to salvation. Glory be to God.

Yours in Christ,  
**Peter Manolacos**  
Parish Council President



### Where, When and Why is it Celebrated?

Every year on October 28<sup>th</sup> there is a celebration which is celebrated in Greece called "Ohi Day". In Greek "Ohi Day" is called "I Mera tou Ohi (Η μέρα του 'Όχι)".

People celebrate it because on October 28th, 1940 the Greek President Metaxas said to the Italian President Mussolini (who was a dictator and was a friend to Hitler): "NO! I will not let you take over Greece! (OXI! Δεν θα σε αφήσω να πάρεις την Ελλάδα".

In response to Metaxas's refusal, Italian troops attacked Greece and it was the beginning of Greece's participation in Second World War.



**OXI  
DAY  
October 28**

### Stewardship Message

Mark your calendars. The Parish Council will host our annual stewardship breakfast on Sunday, November 16. We will, if necessary, also have Parish Council elections on that day. In addition, we have scheduled the fall General Assembly meeting for November 2. Just a reminder, to vote at the general assembly meeting and to vote in the election, you must be a member in good standing of St Sophia's. This means that you have submitted a 2024 pledge card, paid that pledge, and have submitted a 2025 card, which does not have to be paid until December 31, 2025. We will post the names of parishioners in good standing on the gym door. If you feel you are a member in good standing but your name does not appear, don't go ballistic. Just call the office and Katina will address your situation. It only takes a phone call.

*The Stewardship Committee*

### 2025 STEWARDSHIP COMMITMENT CARD

St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work  
at St. Sophia's Church, for 2025 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card  
do so Online via the Church website stsophias.org*

Please Print:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Email Address \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**

## St. Sophia's Website & Mailing List

Visit the St. Sophia's website at [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns.

Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.

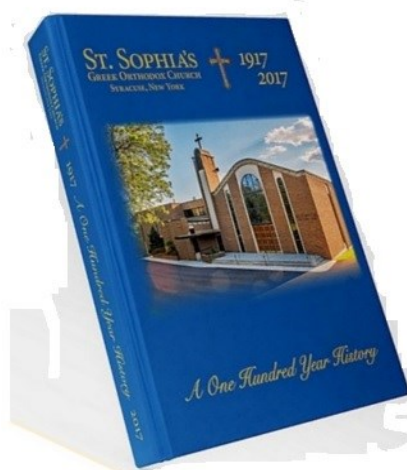


### CHOIR



*We welcome everyone to join our Choir*

*Check the Church Calendar for upcoming Choir Practices*



**Available in the Church Bookstore  
The One Hundred Year History of  
St. Sophia's Church**

**200 pages of history and pictures!**

**Includes 50 pages devoted to the  
2017 Centennial Celebration**

**Discounted price of \$30**

## August 2025 Sacramental Registry

### Baptisms



*Chase Jeffrey Cavanaugh*  
*Samantha Rose Ingersoll*

### Weddings



*Bride: Sierra Marie Vasiliou*  
*Groom: Christopher A. Yeschick*

### Funerals



*Anastasios Sinitsas*  
*James E. Calocerinos*



## October 2025 Memorials

*Eternal Be Their Memory*

October 5, 2025



Memorial Service  
*Georgios Ioannou (1 Year)*



October 12, 2025



Memorial Service  
*Marguerite Reynolds (1 Year)*

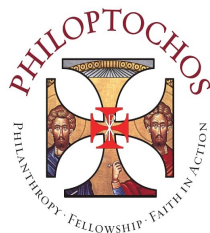


October 19, 2025

*None Scheduled*

October 26, 2025

*None Scheduled*



## October 2025 Coffee Hours



October 5, 2025  
*None Scheduled*

October 12, 2025  
*None Scheduled*

October 19, 2025  
*None Scheduled*

October 26, 2025  
*None Scheduled*



## October 2025 Ladies Volunteering To Serve Coffee Hour



*A special "Thank You"  
to the following ladies of our community  
who have volunteered to donate  
their time to serve coffee:*

October 5, 2025

*Vasiliki Elovaris  
Roda Giaprakis*

October 12, 2025

*Constantina Georgiadis  
Artemis Gilbert*

October 19, 2025

*Anastasia Ioannidis  
Zafiria Kozaniti*

October 26, 2025

*Lula Kiser  
Stavroula Kipouropoulos*

*Also, first two weeks of November 2025*

November 2, 2025

*Despina (Tina) Lemon  
Frieda Meskos*

November 9, 2025

*Patricia Meskos  
Vasiliki Mihou*

*If you are not currently on our  
list of volunteers for coffee hours,  
a sign up sheet is in the gymnasium.  
All are welcome.*



## **PHILOPTOCHOS** **COFFEE HOUR SERVICE**



*Philoptochos provides the coffee service during Coffee Hour on Sundays from September through May. During these months, please call the Church Office to schedule a sponsored coffee hour for a memorial.*

### ***Procedure to Schedule a Memorial Sponsored Coffee Hour Service:***

- 1. Call the church office 315-446-5222 and schedule the memorial and sponsored coffee hour with Katina Luvadis (Church Administrative Assistant).*
- 2. Choose one of the levels of Coffee Service below. Coffee Hour Service Fees to be paid ONLY by check made payable to Philoptochos (Memo line: include date of service & name of honored loved one.)*

***Mail check to: Attn: Philoptochos 325 Waring Road – Syracuse, NY 13224***

### ***Sponsored Coffee Service Options***

***=>Basic Coffee Service - \$50 includes the following:***

*Philoptochos provides and serves the coffee, milk, sugar, and juice.  
Parishioner provides the pastries.*

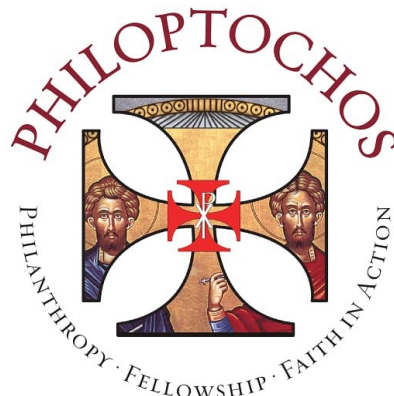
***=>Super Plus Coffee Service - \$150 includes the following:***

*Philoptochos provides and serves the Pastries, coffee, milk, sugar, and juice.*

*Reminder: Dates not available to sponsor Coffee Hour service include; Stewardship Sunday, Godparents Sunday, and Cheese Fare Sunday. Please refer to the Church calendar for these dates.*

### ***\*Summary Months of June, July and August:***

*To sponsor a coffee hour during these summer months only Basic Coffee Service (\$50) is available. Philoptochos provides coffee, cups, sweetener, creamer, stirrers and set up the serving table. Parishioner provides: Pastries, set up the serving station and tables, serve the coffee hour and clean up service immediately following coffee service. During these summer months, please call either Coffee Coordinators of Coffee Service - Vivian Alexander 315-673-2880 or 315-430-6162 or Maria Allis.*



## October 2025 News

Dear Fellow Parishioners,

The word this month is commitment. That is our commitment to our faith, traditions and parish.

As we step into a new month together, we should keep in mind of our love for one another. Throughout every season, joyful or difficult, our community, traditions and faith remain which let us prosper equally and united.

Let us never forget our faith is something that is not reserved for Sundays. Rather something practiced daily with compassion, humility and action. Every time we light a candle, help our neighbors or attend a service we are upholding our beliefs and traditions which is what binds us together.

I encourage you all to stay involved, attend services, participate in our many ministries and invite each other to do the same. Our church community flourishes when we remain connected in purpose and prayer. May we all walk this path of faith and fellowship with grace and love to strengthen our commitment to Christ. Remembering that through Christ, all things are possible.

With love in my heart and strength in my faith,

*Jeanette Capousis-Vigliotti*

President of Philoptochos



# ***Philoptochos YIAYIA'S JEWELRY SALES***

***A BIG THANK YOU TO ALL THOSE  
THAT DONATED JEWELRY TO PHILOPTOCHOS  
FOR THE ONGOING JEWELRY SALES***

***PROCEEDS FUND THE NUMEROUS  
PHILANTHROPIC PROJECTS OF PHILOPTOCHOS***

***PLEASE FEEL FREE TO CONTINUE  
TO DONATE YOUR JEWELRY—WE NEED IT !***

***DONATIONS ARE ACCEPTED YEAR ROUND***

***DROP OFF YOUR DONATED JEWELRY  
TO THE CHURCH OFFICE OR  
PLACE IN THE PHILOPTOCHOS MAILBOX***

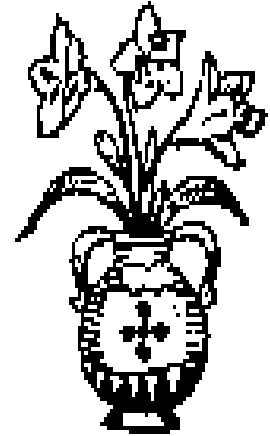
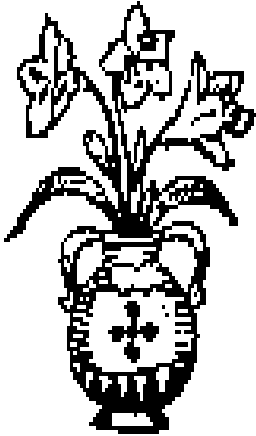


## **MARK YOUR CALENDARS**

**Sunday, Nov 2, 2025**  
***General Assembly Meeting***

**Sunday, Nov 16, 2025**  
***Parish Council Elections***

**Sunday, Nov 16, 2025**  
***Stewardship Sunday & Breakfast***



The Jamesville Dewitt Ecumenical Food Pantry  
has been relocated twice in the last few months.

Our building is being renovated and  
the work is behind schedule.

We will not begin to collect our food bags for  
the pantry until we are back into our permanent space.  
Hopefully, this will be in the beginning of November.

Please keep the pantry in your prayers  
to continue serving those in need in our community.



# October 2025

## Program Schedule For Cable Television *All Programs Air on Spectrum Cable Chanel 98*



### Sunday Programs at 7:00 pm

#### **On Spectrum Channel 98**

We continue the series

*Creation History in Genesis*

October 5

Genesis 3:1

October 12

Genesis 3:1-5

October 19

Genesis 3:6-7

October 26

Genesis 3:8-14

### Monday Programs at 7:00 pm

#### **Fr. David's "The Inner Way" series airs every Monday**

October 6

Unseen Warfare, chapter 12

October 13

Unseen Warfare, chapter 13

October 20

Unseen Warfare, chapter 25

October 27

Unseen Warfare, chapter 26

## Syracuse AHEPA Chapter 37

### ~ ~ October 2025 News ~ ~

AHEPA Chapter 37 will be having a picnic/food get together at the AHEPA Home on Onondaga Hill on November 8th. If you're interested in attending please let Jim Telonis know at (315) 247-6639. Non AHEPA members are also welcome.

AHEPA initiation event/ Christmas get together will take place in December, details to follow.

Winter Wonderland Two Dinner Dance, co-sponsored by AHEPA, Philoptochos and the Parish Council, will be held Saturday, January 10, 2026 at St. Sophia's. Entertainment will be by the Aegeans.

The first annual AHEPA family banquet will be held Saturday, May 16, 2026 featuring Hall of Fame SU men's basketball coach Jim Boeheim.

AHEPA Chapter 37 currently has 70 members and is always looking for new members to join us in serving our community. Through our AHEPA Housing branch we provide affordable housing for qualified seniors, our AHEPA Foundation donates to local charities and we support our Church and our youth through scholarships for continuing education. Please contact Jim Telonis if you're interested in joining our chapter.

Thank you,

James Telonis, President  
Syracuse AHEPA Chapter 37





# **A STEWARDSHIP OPPORTUNITY!**

## **Run for a position on St Sophia's Parish Council!**

The Election Committee is seeking candidates to fill four (4) church board positions, expiring at the end of 2025. An official notification will be sent out by the Election Committee dated October 6th. Please feel free to contact one of the Election Committee members if you are interested in or would like to recommend someone to serve a three year term on the Parish Council.

Eligible candidates should be a member in good standing in St. Sophia Parish and a member for a minimum of one year. A candidate in good standing is any person who:

- Was baptized according the rites of the Church, or was received into the Church through chrismation.
- Who lives according to the faith and canons of the Church
- Has met their Stewardship obligation (completed 2024 obligations and has paid  $\frac{3}{4}$  of their 2025 Stewardship by October 26, 2025).
- Abides by the by-laws of the Parish.

Candidate filing: Interested candidates will file a simple petition for candidacy, complete a short resume form, and provide a picture.

### **Filing deadline is:**

**Sunday, October 26, 2025**

**Election Day is November 16, 2025**

Our committee looks forward to speaking with all interested parties. Contact information for the Election Committee is as follows:

|                      |                                       |                           |
|----------------------|---------------------------------------|---------------------------|
| Sophia Meskos, Chair | 315-559-5555 (C)                      | sophiameskos@yahoo.com    |
| Andrew Miledonis     | 315-487-1126 (H)<br>315-882-7926 (C)  | andrewmiledonis@gmail.com |
| Diane Peters         | 315- 622-3318 (H)<br>315-748-9812 (C) | dcpeters312@gmail.com     |
| Ellen Tartakoff      | 315-447-4799 (C)                      | eltartakoff@gmail.com     |
| Sophia Wales         | 315-897-7998 (C)                      | sophiawales12@gmail.com   |



# CIDER & DONUTS OCTOBER 5, 2025

DURING COFFEE HOUR

---

THANK YOU FOR SUPPORTING  
THE DANCE PROGRAM





The Dance Program

THANKS  
YOU

WE APPRECIATE  
YOU SUPPORTING  
OUR MUM  
FUNDRAISER

# St. Sophia Greek Orthodox Church—October 2025

| Sun                                                                                   | Mon                                                                                        | Tue                                                                      | Wed                      | Thu                          | Fri | Sat                                                     |
|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------|------------------------------|-----|---------------------------------------------------------|
|                                                                                       |                                                                                            |                                                                          | 1<br>6:00 PM PARAKLESIS  | 2<br>6:00 PM CHOIR PRACTICE  | 3   | 4<br>10:00 AM ROMANIAN LITURGY<br>5:00 PM GREAT VESPERS |
| 5<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>2ND SUNDAY OF LUKE                 | 6<br>6:00 PM ORTHODOXY 101                                                                 | 7<br>10:00 AM BIBLE STUDY<br>7:00 PM OCF AT SU                           | 8                        | 9<br>6:00 PM CHOIR PRACTICE  | 10  | 11                                                      |
| ~~~~~ FATHER DAVID IS OUT OF TOWN ~~~~~                                               |                                                                                            |                                                                          |                          |                              |     |                                                         |
| 12                                                                                    | 13                                                                                         | 14                                                                       | 15                       | 16                           | 17  | 18                                                      |
| ~~~~~ FATHER DAVID IS OUT OF TOWN ~~~~~                                               |                                                                                            |                                                                          |                          |                              |     |                                                         |
| 8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF THE 7TH<br>ECUMENICAL COUNCIL |                                                                                            | 7:00 PM OCF AT SU                                                        |                          | 6:00 PM CHOIR PRACTICE       |     | 5:00 PM GREAT VESPERS                                   |
| 19<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>3RD SUNDAY OF LUKE                | 20<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. GERASIMOS<br>6:00 PM ORTHODOXY 101 | 21<br>10:00 AM BIBLE STUDY<br>6:00 PM AHEPA MEETING<br>7:00 PM OCF AT SU | 22                       | 23<br>6:00 PM CHOIR PRACTICE | 24  | 25<br>5:00 PM GREAT VESPERS                             |
| ~~~~~ FATHER DAVID IS OUT OF TOWN ~~~~~                                               |                                                                                            |                                                                          |                          |                              |     |                                                         |
| 26<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>6TH SUNDAY OF LUKE                | 27<br>6:00 PM ORTHODOXY 101                                                                | 28<br>10:00 AM BIBLE STUDY<br>7:00 PM OCF AT SU                          | 29<br>6:00 PM PARAKLESIS | 30<br>6:00 PM CHOIR PRACTICE | 31  |                                                         |

# St. Sophia Greek Orthodox Church—November 2025

| Sun                                                                                                                                  | Mon                                     | Tue                                                                              | Wed                          | Thu                                                                                                       | Fri                                                                                                     | Sat                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|----------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                      |                                         |                                                                                  |                              |                                                                                                           |                                                                                                         | 1<br><br>10:00 AM<br>ROMANIAN LITURGY<br><br>5:00 PM GREAT VESPERS                                               |
| 2<br><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>5TH SUNDAY OF LUKE<br><br>GENERAL ASSEMBLY<br><br>DAYLIGHT SAVINGS TIME       | 3<br><br>6:00 PM ORTHODOXY 101          | 4<br><br>10:00 AM BIBLE STUDY<br><br>7:00 PM OCF AT SU                           | 5<br><br>6:00 PM PARAKLESIS  | 6<br><br>6:00 PM CHOIR PRACTICE                                                                           | 7                                                                                                       | 8<br><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SYNAXIS OF<br>THE ARCHANGELS<br><br>5:00 PM GREAT VESPERS |
| 9<br><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>7TH SUNDAY OF LUKE                                                            | 10<br><br>6:00 PM ORTHODOXY 101         | 11<br><br>10:00 AM BIBLE STUDY<br><br>VETERANS DAY<br><br>7:00 PM OCF AT SU      | 12<br><br>6:00 PM PARAKLESIS | 13<br><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. JOHN CHRYSOSTOM<br><br>6:00 PM CHOIR PRACTICE | 14                                                                                                      | 15<br><br>NATIVITY FAST BEGINS<br><br>5:00 PM GREAT VESPERS                                                      |
| 16<br><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>MATTHEW THE APOSTLE<br>& EVANGELIST<br><br>STEWARDSHIP SUNDAY<br>& BREAKFAST | 17<br><br>6:00 PM ORTHODOXY 101         | 18<br><br>10:00 AM BIBLE STUDY<br><br>6:00 PM AHEPA MEETING<br>7:00 PM OCF AT SU | 19<br><br>6:00 PM PARAKLESIS | 20<br><br>6:00 PM CHOIR PRACTICE                                                                          | 21<br><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ENTRANCE OF<br>THE THEOTOKOS<br>INTO THE TEMPLE | 22<br><br>5:00 PM GREAT VESPERS                                                                                  |
| 23<br><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>9TH SUNDAY OF LUKE                                                           | 24                                      | 25                                                                               | 26                           | 27                                                                                                        | 28                                                                                                      | 29<br><br>5:00 PM GREAT VESPERS                                                                                  |
|                                                                                                                                      | ~~~~~ FATHER DAVID IS OUT OF TOWN ~~~~~ |                                                                                  |                              |                                                                                                           |                                                                                                         |                                                                                                                  |
|                                                                                                                                      |                                         | 7:00 PM OCF AT SU                                                                |                              | THANKSGIVING                                                                                              |                                                                                                         |                                                                                                                  |
| 30<br><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ANDREW<br>THE FIRST CALLED<br>APOSTLE                                        |                                         |                                                                                  |                              |                                                                                                           |                                                                                                         |                                                                                                                  |