



WEEKLY BULLETIN
SUNDAY, OCTOBER 15, 2023
SUNDAY OF 7TH ECUMENICAL COUNCIL



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### St. Paul's Letter to Titus 3:8-15

Prokeimenon. Mode 4 Daniel 3.26,27

Blessed are you, O Lord, the God of our fathers. Verse: For you are just in all you have done.

The reading is from St. Paul's Letter to Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

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### Πρός Τίτον 3:8-15

Προκείμενον. Ήχος δ' Δανιήλ 3.26-27

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν.

Στίχ. Ότι δίκαιος εἶ ἐπὶ πᾶσιν, οἷς ἐποίησας ἡμῖν.

Πρὸς Τίτον 3:8-15 τὸ ἀνάγνωσμα

Τέκνον Τίτε, πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαί σε διαβεβαιοῦσθαι, ἵνα φροντίζωσιν καλῶν έργων προΐστασθαι οἱ πεπιστευκότες θεῷ. ταῦτά έστιν καλά καὶ ἀφέλιμα τοῖς ἀνθρώποις · μωράς δὲ ζητήσεις καὶ γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιΐστασο, είσὶν γὰρ ἀνωφελεῖς καὶ μάταιοι. ἄνθρωπον μετὰ αιρετικον μίαν καὶ δευτέραν είδως ὅτι ἐξέστραπται ὁ νουθεσίαν παραιτοῦ, τοιοῦτος καὶ ἁμαρτάνει, ὢν αὐτοκατάκριτος. Όταν πέμψω Άρτεμᾶν πρὸς σὲ ἢ Τυχικόν, σπούδασον έλθεῖν πρός με εἰς Νικόπολιν, ἐκεῖ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψον, ίνα μηδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προΐστασθαι είς τὰς ἀναγκαίας χρείας, ἵνα μὴ ὧσιν άκαρποι. Ασπάζονταί σε οί μετ 'έμοῦ πάντες. Άσπασαι τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν.

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# The Gospel According to Luke 8:5-15

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

### SINDER SI

# Έκ τοῦ Κατὰ Λουκᾶν 8:5-15 Εὐαγγελίου τὸ Ἀνάγνωσμα

Είπεν ὁ Κύριος τήν παραβολήν ταύτην· Ἐξῆλθεν ὁ σπείρων τοῦ σπείραι τὸν σπόρον αὐτοῦ. καὶ ἐν τῷ σπείρειν αὐτὸν ὃ μὲν ἔπεσε παρὰ τὴν ὁδόν, καὶ κατεπατήθη, καὶ τὰ πετεινὰ τοῦ οὐρανοῦ κατέφαγεν αὐτό καὶ ἕτερον ἔπεσεν έπὶ τὴν πέτραν, καὶ φυὲν έξηράνθη διὰ τὸ μὴ ἔχειν ἰκμάδα· καὶ ἕτερον ἔπεσεν ἐν μέσφ τῶν ἀκανθῶν, καὶ συμφυεῖσαι αἱ ἄκανθαι ἀπέπνιξαν αὐτό. καὶ ἕτερον ἔπεσεν εἰς τὴν γῆν τὴν ἀγαθήν, καὶ φυὲν ἐποίησε καρπὸν κατονταπλασίονα. ταῦτα λέγων ἐφώνει· ὁ ἔχων ὧτα ἀκούειν ἀκουέτω. Έπηρώτων δὲ αὐτὸν οἱ μαθηταὶ αὐτοῦ λέγοντες· τίς εἴη ἡ παραβολή αύτη; ὁ δὲ εἶπεν· ὑμῖν δέδοται γνῶναι τὰ μυστήρια τῆς βασιλείας τοῦ Θεοῦ, τοῖς δὲ λοιποῖς ἐν παραβολαῖς, ἵνα βλέποντες μὴ βλέπωσι καὶ ἀκούοντες μὴ συνιῶσιν. ἔστι δὲ αὕτη ἡ παραβολή· ὁ σπόρος ἐστὶν ὁ λόγος τοῦ Θεοῦ· οἱ δὲ παρὰ τὴν ὁδόν εἰσιν οἱ ἀκούσαντες, είτα ἔρχεται ὁ διάβολος καὶ αἴρει τὸν λόγον ἀπὸ τῆς καρδίας αὐτῶν, ἵνα μὴ πιστεύσαντες σωθῶσιν. οἱ δὲ ἐπὶ τῆς πέτρας οὶ ὅταν ἀκούσωσι, μετὰ χαρᾶς δέχονται τὸν λόγον, καὶ οὖτοι ῥίζαν οὐκ ἔχουσιν, οἳ πρὸς καιρὸν πιστεύουσι καὶ ἐν καιρῷ πειρασμοῦ ἀφίστανται. τὸ δὲ εἰς τὰς ἀκάνθας πεσόν, οὖτοί εἰσιν οἱ ἀκούσαντες, καὶ ὑπὸ μεριμνών καὶ πλούτου καὶ ἡδονών τοῦ βίου πορευόμενοι συμπνίγονται καὶ οὐ τελεσφοροῦσι. τὸ δὲ ἐν τῆ καλῆ γῆ, οδτοί είσιν οίτινες εν καρδία καλή καὶ ἀγαθή ἀκούσαντες τὸν λόγον κατέχουσι καὶ καρποφοροῦσιν ἐν ὑπομονῆ. ταῦτα λέγων ἐφώνει· ὁ ἔχων ὧτα ἀκούειν ἀκουέτω.

### HYMNS OF THE DAY

### **Resurrection Apolytikion in the Second Tone**

When You descended to the realm of death, You as life immortal rendered to Hades a mortal blow by Your all-radiant divinity. And when You from internal depths and the darkness below did raise the dead, all the hosts of heaven's powers did proclaim and cry out: O life-giving Christ and our God, we give glory!

Ότε κατήλθες πρός τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας, τῇ ἀστραπῷ τῆς θεότητος· ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

### For the Fathers. Mode pl. 4.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Υπερδεδοξασμένος εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας πολυεύσπλαγχνε, δόξα σοι.

### Apolytikion for the Church in the Plagal First Mode

Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.

### **Kontakion for the Theotokos in the Second Mode**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant! O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee! Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee!

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.



### JOIN US TODAY FOR COFFEE HOUR!



A special thank you to the following ladies of our community who have volunteered to donate their time today to serve coffee:

Heppi Vastakis & Anastasia Ioannidis



### MANNANNANNANNANNAN

## Church Services & Events for Today & the Upcoming Week

Today ~ Sunday of the 7th Ecumenical Council 8:45 am Orthros 10:00 am Divine Liturgy Jr. GOYA Meeting

> Monday ~ October 16, 2023 5:30 pm Jesus Prayer Group

Tuesday ~ October 17, 2023 10:00 am Bible Study 7:00 pm Colgate OCF

Wednesday ~ October 18, 2023 6:00 pm Paraklesis 7:00 pm Bible Study

Thursday ~ October 19, 2023 6:00 pm Choir Rehearsal

Friday ~ October 20, 2023 9:00 am Orthros 10:00 am Divine Liturgy Gerasimos of Cephalonia

Saturday ~ October 21, 2023 11:00 am Colgate OCF Day of Service 5:00 pm Great Vespers

### A STEWARDSHIP OPPORTUNITY!

### Run for a position on St Sophia's Parish Council!

The Election Committee is seeking candidates to fill four (4) church board positions, expiring at the end of 2023. An official notification will be sent out by the Election Committee dated September 12<sup>th</sup>. Please feel free to contact one of the Election Committee members if you are interested in or would like to recommend someone to serve a three year term on the Parish Council.

Eligible candidates should be a member in good standing in St. Sophia Parish and a member for a minimum of one year. A candidate in good standing is any person who:

- Was baptized according the rites of the Church, or was received into the Church through chrismation.
- Who lives according to the faith and cannons of the Church
- Has met their Stewardship obligation (completed 2022 obligations and has paid <sup>3</sup>/<sub>4</sub> of their 2023 Stewardship by October 28<sup>th</sup>, 2023),
- Abides by the by-laws of the Parish.

<u>Candidate filing</u>: Interested candidates will file a simple petition for candidacy, complete a short resume form, and provide a picture.

### Filing deadline is:

Sunday, October 22, 2022 Election Day is November 12<sup>th</sup>, 2023.

Our committee looks forward to speaking with all interested parties. Contact information for the Election Committee is as follows:

Diane Peters	315-622-3318 (H)	dcpeters312@gmail.com
Jeanne Sarigiannis (chair)	315-699-4896 (H)	Jsarigia61@verizon.net
Elizabeth Steinberg	315-447-4445 (H)	LSteinberg@signaltg.com
Alexandra Tavlarides	315-345-2301 (C)	atavlar1@twcny.rr.com
Sophia Wales	315-897-7998 (C)	sophiawales12@gmail.com



# Calling all St. Sophia's Youth Musicians!

We are looking for band & orchestra students, grades 4-12, with at least 1 full year of playing experience in school to put on a mini Holiday Performance on December 3<sup>rd</sup>, 2023 during Coffee Hour.

If interested, please register using the QR code below and we will contact you with music and a rehearsal date!

\*Registration closes on 10/20/23



### Welcome everyone to our

### YOUTH MINISTRY GROUPS.

Our focus this year will be to incorporate faith, service and fun.

We will be using the app Remind
to communicate special announcements and messages.

### **HOPE**

Geared for Pre-k & Kindergarten Co- advisors Chrissy & Dimitrios Giaprakis (look for information in the bulletin)

### **JOY**

1st-4th Grades Co-advisors Elanie Imbesi & Crystal Swanson Remind: Enter Number 81010 Text this message 3kch9d

### Jr. GOYA

5th- 8th Grades Co-advisors Dina Ioannidis & Marianna Politis-Tacea Remind: Enter Number 81010 Text this message @jrgoyay

### **GOYA**

9th-12th Grades Advisor- MariaSophia Vigliotti Remind: Enter Number 81010 Text this message @goyagro

Our first group event is scheduled for Saturday, November 4th from 10am-12pm to take place in the lower hall.

Each group will have more information to come.

Please take a moment to sign up your child in the appropriate group.