

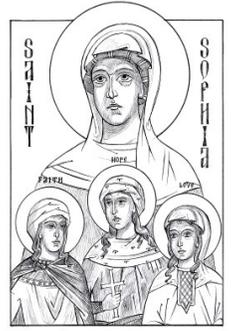


NEPSIS

Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church
325 Waring Road
Syracuse, New York 13224

Phone (315) 446-5222
Fax (315) 251-1654



"Secret Weapon"

If you're a fan of the Lord of the Rings trilogy, you may remember the prequel that came out after the success of the original movies called "The Hobbit: An Unexpected Journey," in which Bilbo Baggins accompanies a group of dwarves who want to defeat the dragon Smaug. I want us to recall just one part of the film.

Gandalf, Bilbo, and the dwarves had just narrowly escaped a group of goblins by running out of the mountain into the sunlight. But as soon as they did, they encountered a band of orcs, lead by the pale orc himself, that began to chase them. They were forced to climb trees, and in one of the trees, Gandalf whispered something to a butterfly, which then fluttered away. Pressed into only one tree, the band of dwarves looked like they were going to become food for the wargs (like very large wolves – the orcs ride them) - and worse yet, the tree started to fall over the edge of a cliff. As they hung on for dear life, a flock of giant eagles arrived and began to pick up the dwarves to fly them to safety.

Gandalf had used a secret weapon of escape – the butterfly delivered a message to the eagles.

A secret weapon – it certainly helps to have one sometimes, doesn't it? When the battle seems like it's going against you, but you know that you have something coming, or something in your back pocket, that will turn the tide back in your direction – that's a good feeling.

We do! We have a secret weapon. It's the Paraklesis, and we sing it Wednesday nights at 6 pm. When I was the priest of a small mission, we came to a time when we had no money. This was especially bad for me personally, because it would mean that I would not get paid. We went and visited people in order to raise what we needed, but it wasn't enough. Finally, someone said, "We need to pull out the secret weapon. We need to sing a Paraklesis." We did, that evening. The next day I went to the post office and there was a check from someone for more than we needed to stay alive. Way more. Perhaps you're skeptical when I say the Paraklesis is a secret weapon, or you don't believe me, or you think that the check would have come anyway. That's OK. I know better. I know that when the days were darkest and I didn't know what to do, the Paraklesis was my secret weapon, and saved me.

It seems like such a small thing, like Gandalf whispering to a butterfly. And it is a small thing. A song, sung mostly to Mary, the mother of Jesus? How could that possibly have any effect on my life, or on anything? I'll tell you how: The Theotokos and her Son love you and want the best for you. They will not abandon you to chance or to the world's whims.

God bless you and your family in this new year, 2023. And we can, all of us at our thrice-blessed St. Sophia's, look ahead knowing that we have a powerful secret weapon guiding and protecting us. καλή χρονιά αδέρφια και αδερφές!

Your affectionate servant,
Father David

JANUARY 2023

2023 Parish Council

*Peter Manolakos
Thomas Anthis Jr.
Christopher Shiomos, OD
Michael Copanas*

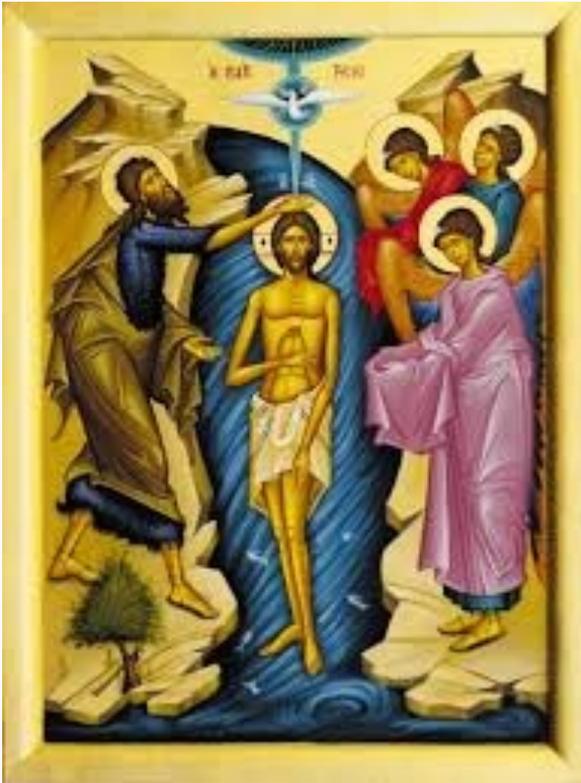
*Robert Allen
Joy Weatherup Anthis
Dimitrios Giaprakis
Eleni Kosmas, MD
George Nardone
John Potamianos
Jeanette Capousis Vigliotti*

~~~~~  
Honorary  
Board Member  
*James Sakezles*



**VISIT THE  
PARISH  
WEBSITE**  
[stsophias.org](http://stsophias.org)





## **EPIPHANY** **SCHEDULE OF SERVICES**

**Thursday, January 5th**

***Holy Epiphany Eve***

***9:00 am Royal Hours***

***6:00 pm Vespers Divine Liturgy***

***(In English)***

***Blessing of Waters***

**Friday, January 6th**

***Holy Epiphany***

***9:00 am Orthros***

***10:00 am Divine Liturgy***

***(In Greek)***

***Blessing of Waters***

*The Feast of the Holy Theophany (Epiphany) of our Lord God and Savior Jesus Christ is celebrated each year on January 6. The Feast commemorates the Baptism of Christ and the divine revelation of the Holy Trinity. At the Baptism of Christ, all three Persons of the Holy Trinity—Father, Son, and Holy Spirit—were made manifest. Thus, the name of the Feast is Epiphany, meaning manifestation, or Theophany, meaning manifestation of God.*

### **The Orthodox Celebration of the Feast of Epiphany**

*The celebration of this Feast of our Lord begins on January 5, a day known as the Forefeast of Theophany. Depending on the day of the week, this could be an evening service with Vespers followed by the Liturgy of Saint Basil or a morning service with Matins and the Liturgy of Saint John Chrysostom. Following the service on January 5, the service of the Blessing of the Waters is conducted. Prior to the evening or morning service the Royal Hours with the Typika are said.*

*On January 6, the day of the Feast, the Divine Liturgy of Saint John Chrysostom is conducted preceded by Matins and followed by the second Blessing of the Waters.*

*The Blessing of the Waters is conducted in the church; however in many places throughout the world services are conducted near open bodies of water. As a sign of blessing as Christ blessed the Jordan, holy water is poured into the body of water. An associated tradition has been the tossing of a cross into the water to be retrieved by divers.*

*The holy water from the church is given to the faithful to consume and to use in blessing their homes. In the weeks following the Feast, clergy visit the homes of parishioners and conduct a service of blessing using the holy water that was blessed on the Feast of Theophany.*



## PRESIDENT'S MESSAGE

Dear Parish,

On December 31 we close the books on 2022 and we start all over again for 2023. Goodbye to the old and hello to the new. We do this every year. We look back and assess the successes and failures we experienced and we try to anticipate what might come in the new year.

For those of you who attended the November General Assembly meeting, you know that we are financially sound. While Stewardship contributions have been flat for over ten years, this occurs in a time of declining church membership. Fortunately, not including the 2020 and 2021 drive thru festivals, we have maintained our financial integrity with strong festival results. As you all know, the 2022 festival was our best ever and we hope to match that performance in 2023.

The work for the festival has already begun. Some of us have been meeting to establish order levels for the 2023 festival. Do we expect to need more, less, or the same amounts of supplies for this year? We just never know for sure, but we rely on our experience and that of the department heads to guide us in making our decisions.

With all the uncertainty that surrounds the festival, we can say with absolute certainty that in 2022 we did not have enough help. As I said once before, 2022 was a never so few moment. To borrow from Winston Churchill when he described the performance of the Royal Air Force during the battle of Britain, "Never was so much owed by so many to so few".

As I have already mentioned, our church membership has declined in the last ten years. Also many committed volunteers are now unable to work and others have reduced their time commitment due to health limitations. Many others, for no apparent reason, just do not volunteer at all.

St Sophia's Greek Cultural Festival celebrates 50 years in June 2023. What started in 1973 as small has grown into a four day, 23 hour event. Like most Greek churches, without our festival we would no longer be financially sound. So, if you do not volunteer, ask yourself why you don't. My appeal and the appeal of the festival committee is straightforward. If you don't have a valid reason to not show up, please volunteer. Since I am reminding you of the festival dates in January, I hope you can make adjustments to your schedule so you can do your part. Not only will you be contributing to St Sophia's financial soundness, but I am quite certain you will have a good time.

|                  |                   |           |
|------------------|-------------------|-----------|
| Festival Dates : | Thursday, June 8  | 5pm-9pm   |
|                  | Friday, June 9    | 5pm-10pm  |
|                  | Saturday, June 10 | 12pm-10pm |
|                  | Sunday, June 11   | 12pm-4pm  |

In 2022 we celebrated the 50th year since the groundbreaking for our church complex. In 2023 we will celebrate the 50th year since the consecration of our church. And we will celebrate 50 years of our festival, an event that is crucial to our long term future.

The parish council's mission is to secure that future. To do that we must rely on you the parishioners of St. Sophia's to donate time, talent, and treasure. . We thank you all for your support over so many years and we look forward to working together to ensure that St Sophia's will continue to thrive.

Yours in Christ,

*Peter Manolakos*

Parish Council President





# St. Sophia's Website & Mailing List

Visit St. Sophia's website [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns.

Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.

## **2023 STEWARDSHIP COMMITMENT CARD**

*St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222*

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work at St. Sophia's Church, for 2023 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card do so Online via the Church website [stsophias.org](http://stsophias.org)*

**Please Print:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Telephone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**

## Church Services & Events

Calendars are provided  
in the Nepsis or  
check the website at  
[stsophias.org](http://stsophias.org)  
for church services & events



## Thank You

Many thanks and blessings to all those who have sent me get well wishes and blessings during my recent illness.

Your thoughtful gestures have been so uplifting and comforting.

With Love,  
Toni Dalakos



## CHOIR



*We welcome everyone  
to join our Choir*

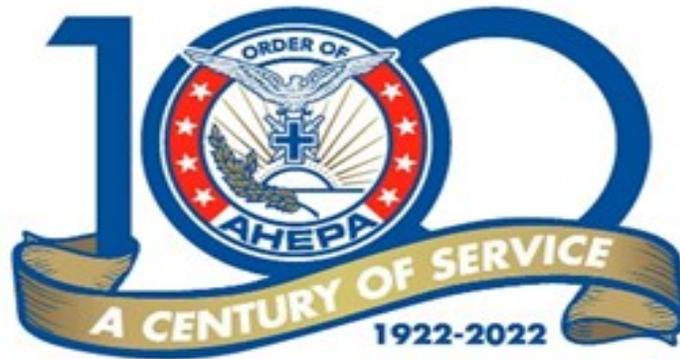
*Check the  
Church Calendar  
for upcoming  
Choir Practices*



## Thank You

A sincere thank you to all those that donated cookies to the Annual Community Christmas Cookie Drive. The cookies were given to those in need at the Soup Kitchen of the Samaritan Center and the Salvation Army Women's and Children's Center and were greatly appreciated. Thank you for your generosity!





## **AHEPA SYRACUSE CHAPTER 37 ESTABLISHED JANUARY 1924**

Our next chapter meeting will be at our church Saturday, January 14<sup>th</sup> at 2:00 pm where we will celebrate the cutting of the Vasilopita.

In January of 2024, the Syracuse chapter will celebrate it's 100th Birthday. In the next few months, we will announce when our chapter's 100 years will be celebrated and of course all parishioners, friends and family will be invited.

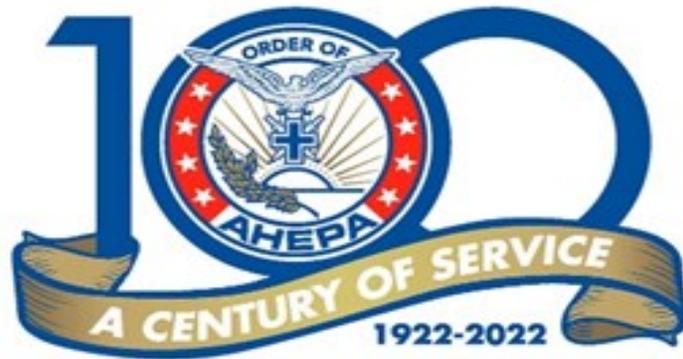
Winter in CNY brings cold temperatures and snow, our bodies may feel cold but here comes Thanksgiving followed by Christmas and New Years which bring us joy and warmth to our souls. New Year gives us the opportunity to refresh and reenergize ourselves.

Please note: the Greek Independence Celebration at the Syracuse City Hall is tentatively on Friday, March 24<sup>th</sup> at 12:00 noon. We need thirty reservations to be cost effective in order to hire a bus which will take us from the church to the city hall and back. Reservations due no later than Wednesday, February 1<sup>st</sup> with Mike Labatos by calling (315) 427-7628.

On behalf of our officers, wishing you a Happy, Healthy and Prosperous 2023.

Michael Labatos, President  
George Nardone, Vice President  
Peter Panels, Secretary  
Andrew Miledonis, Treasurer





## The Greek Immigrant

In the 1800's until 1912 the Greek Immigrants mostly were men. Their wife and children stayed in Greece. The father slaved here to support his family. To the Greek men who were brought up with strict moral values, it was difficult while his family was in Greece. It was not, however, until 1905 that any appreciable number of women began to immigrate. The men started bringing their families into the United States.

As the Greek families were becoming established, the Greek children needed to be educated and also practice their religion. They attended the American schools and they did very well but there was a need to keep the Greek language. Thus, after the development of the Greek churches, the development of the Greek schools followed.

Greeks were looked at as not good Americans due to their desire of having their children getting a double education by attending American and Greek schools.



## The Professional Class

Opportunities in America lured Greek professionals from Greece to immigrate to the U.S.A. Few of them come as attorneys but they had difficulty with the legal language. That was not true with doctors. The English language has many medical words from the Greek language. Most of the Greek lawyers and doctors got their degrees from the University of Athens and a few studied in France.

To be continued in the NEPSIS of February;  
**The call to arms and Greek Independence Day**

Michael Labatos, President  
AHEPA Syracuse Chapter 37





## MY VILLAGE LIFE

Altitudinous is my little village of Panagitsa which sits in the mountains in the northern vicinity of Arcadia. You won't find it on the usual maps of the Peloponnese yet it exists and lies on the main road toward Kalavrita. Many pass through and a few stop and stay to rest their tired feet, perhaps to have a coffee or a cold refreshment. It thrived once... the village we called "Giousi". The people of Grannitsa enthusiastically colonized it. They worked the rocky fields planting wheat and barley and other such crops, their brows full of sweat as they held the plow and steered their team cultivating the parched, unyielding earth.

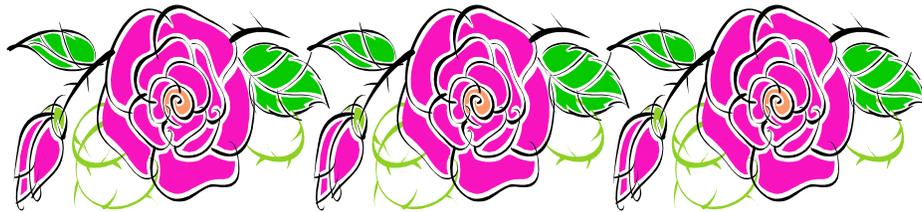
My father was one of those men heroically working all day and rarely taking a pause from his daily quest: occasionally stopping for a gulp of cold, invigorating water from his homemade jug. At noon he would stop for lunch under the shade of a mighty oak tree to rest his weary frame. He waited for my mother to bring him bowls of freshly cooked sustenance along with homemade bread and rejuvenating wine from the barrel. Now reenergized from a short refreshing nap he was ready to tackle the tormenting terrain that would later produce golden wheat.

At the end of the day as the sun scampered to the west and darkness overtook, his team of loyal steeds consumed by fatigue would make the tortuous journey home. He fed the mighty team and with great care placed them in their nightly nook for a well-deserved rest. After sunset everything was done with the help of a kerosene lamp, its light was dim yet cut through the overwhelming darkness and allowed him to take his next step without falling. The evening was serene except for the occasional bark of a dog in the distance. The stars dominated the cloudless sky and the moon in all its glory helped light the path from the barn to the house. As he approached home, he called out the dog's name knowing full well she was waiting calmly under the stairs that lead to the house and would attack anyone she did not recognize. Hiona recognized his familiar voice and continued to wait in her ever-present quest to protect the house.

He walked up the cement stairs and entered the Himoniatico (the winter room). This was a dimly lit room dominated by a large fireplace with homemade rugs surrounding it and here we sat and discussed the events of the day. A simple wooden, four-legged table was situated against the wall and a tall cabinet sat near the window. Papou sat at the very end of the table with Yiayia and my sister and I to his left as my mother brought in the hot pot of delicious food which she just finished cooking in the outside wood oven. The large loaf of homemade bread dominated the center of the table next to plates of feta and olives. We started our meal with a prayer thanking the Almighty for our many blessings and proceeded with satisfaction. Our thirst was quenched with fresh, cool water from the river and homemade red wine. After our meal, as the women cleared the table, we sat with Papou around the warm fireplace.

Papou was a tall, bald man in his seventies. He used a cane to get around since his vision was minimal after unsuccessful cataract surgery. He never had the opportunity to go to school but learned some basic writing, like writing his name, while in the Greek heavy artillery during World War One. He also had precise knowledge of the capitals of the European countries. He was blessed with an incredible memory and would elaborate on every battle he was involved in. His stories mesmerized us for hours including the story of the Bizani in Epirus and stories of the legendary King Constantine. He enjoyed sharing his tales with us and we loved listening to them. Our Yiayia joined in by telling fairy tales and singing songs. She was of short stature and always dressed in black, wearing her ever-present black scarf (Mandili). She was very talented, knew many songs, and had a beautiful voice. As the fire slowly receded from its mighty flame everyone got sleepier and proceeded to our beds for a well-deserved night's sleep.

Dr. James Telonis



## **PHILOPTOCHOS NEWS**

Happy New Year! Great joy and good health for 2023.

Philoptochos is kicking off the New Year with Vasilopita Sunday on January 8<sup>th</sup>. Anna Romanowski chairs this effort. Anna will have a table set up in the Narthex that day. As you exit church, please pick up your individually wrapped Vasilopita and please donate what you can. The proceeds will be sent to support St. Basil's Academy. Maria Allis will be making the Vasilopita for the Coffee hour where slices of Vasilopita will be distributed to leaders of our various church organizations. Who will get the coin this year?

Starting, Sunday, January 8<sup>th</sup> we will be conducting our annual Philoptochos membership drive. Lula Kiser will set up a table each Sunday through January. Membership is \$25.00. We encourage every woman over 18 to join. We look forward to the new year and the various activities and good works we look to accomplish this year. We support many good causes and look to do even more within our own community and Central New York. Net proceeds from the Lasagna Dinner, \$600.00 is going to My Father's Kitchen. Together there is much we can do to help those in need in our own backyard.

In the last quarter of 2022 we have been collecting eyeglasses. Maria Allis led this program. We collected over 250 glasses. Thanks to all who contributed. Originally, the glasses were designated to go to Haiti. Due to the troubles in Haiti they could not be sent there. Instead, we provided our collection to the Lions Club who will get these glasses to the organizations that will refurbish and make them available to those in need.

*Roberta Williams Hristodoulou*

Roberta Williams Hristodoulou  
Philoptochos President





# **PHILOPTOCHOS** **COFFEE HOURS**

*If you are interested in scheduling a Coffee Hour, please call the Church Office. Fees for sponsoring a Coffee Hour are as follows, payable to the Philoptochos:*

**\$50.00 Fee**

*Philoptochos will provide and serve the coffee, milk, sugar and juice. Parishioner must provide pastries.*

**\$150.00 Fee**

*Philoptochos will provide and serve the coffee, milk, sugar, juice and pastries.*

*Just a reminder..... Please note that there will be no sponsored Coffee Hours during the Summer months of June, July and August.*

*In addition, there will be no sponsored Coffee Hours on Stewardship Sunday, Godparents Sunday and Cheesefare Sunday.*

***In the event that a parishioner wishes to have a coffee hour during the summer months of June, July and August the fee, payable to the Philoptochos, is \$50.00. Philoptochos would provide coffee, cups, sweetener, creamer, stirrers and set up a serving table. The parishioner would be responsible to provide pastries, setup the serving station and tables, serve at the coffee hour and clean up following the coffee hour. For more details contact our coffee hour coordinator Vivian Alexander at (315) 673-2880 or (315) 430-6162.***

## **January 2023**

### ***Members Volunteering To Serve Coffee Hour***

*A special thank you to the following members of our community who have volunteered to donate their time to serve coffee:*

**January 1, 2023**

*No Coffee Hour  
NEW YEAR*

**January 8, 2023**

*Thalia Tonas  
Sofia Vasiliou*

**January 15, 2023**

*Jeanette Vigliotti  
Artemis Voudouris*

**January 22, 2023**

*Sophia Wales  
Effie Weismore*

**January 29, 2023**

*Anthoula Malelis  
Zoe Malelis*

*~ Also, first two weeks of February 2023~*

**February 5, 2023**

*Chrisoula Anastasiou  
Helen Aravantinos*

**February 12, 2023**

*Katina Baikos  
Katherine Bristol*

*If you are not currently on our list of volunteers for coffee hours, a sign up sheet is in the gymnasium.*

*All are welcome.*

# January 2023

## Program Schedule For Cable Television

All Programs Air on Spectrum (Time Warner) Cable Chanel 98  
in Onondaga County



### Sunday Programs at 7:00 pm

“Tradition Today”

On Fox 68 WSYT

*The series has ended*



*(On Spectrum channel 98)*

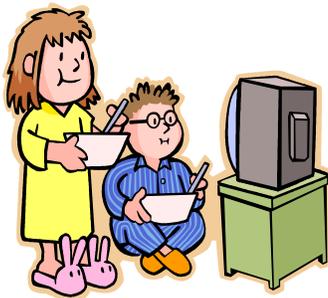
Jan 1, 2023— The Jesus Prayer, part 1

Jan 8, 2023— The Jesus Prayer, part 2

Jan 15, 2023—The Jesus Prayer, part 3

Jan 22, 2023—The Jesus Prayer, part 4

Jan 29, 2023—Zacchaeus Sunday



### Monday Programs at 7:00 pm

Jan 2, 2023— The Divine Liturgy, part 1

Jan 9, 2023— The Divine Liturgy, part 2

Jan 16, 2023—Hesychia, part 1

Jan 23, 2023—Hesychia, part 2

Jan 30, 2023—Hesychia, part 3

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Family Classic TV

Sponsored by

St. Sophia’s Greek Orthodox Church

Sundays at 6:00 pm

Sir Lancelot with William Russell

Sundays at 6:30 pm

The Adventures of Robin Hood with Richard Greene

Sundays at 8:00 pm

The Cisco Kid with Duncan Renaldo & Leo Carrillo
(2 episodes)

Thursdays at 8:30 pm

Sherlock Holmes with Ronald Howard

Fridays at 8:00 pm

Jim Bowie with Scott Forbes
(2 episodes)

PLEASE NOTE.....

Our programs also air on Verizon FIOS cable channel 29,

Sunday at 6:30 pm and 7:00 pm

Thursday at 8:30 pm and 9:00 pm

Many programs also appear on the internet at FrDavidSmith.com





January 2023 Memorials Eternal Be Their Memory

January 1, 2023

- Memorial Service for John Copanas (40 Days)
- Trisagion Prayer for James Copanas (24 Years)
- Trisagion Prayer for Haritini Augustinos (25 Years)



January 8, 2023

- Memorial Service for Iraklys (Ira) Servetas (40 Days)



January 15, 2023

- None Scheduled



January 22, 2023

- Trisagion Prayer for Vangel Sterio (5 Years)



January 29, 2023—

- None Scheduled



January 2023 Coffee Hours

January 22, 2023

In Memory of
Vangel Sterio
Sponsored by the Family



*Swearing In
2023 Parish Council
Sunday—January 8th*

Photo To Be Taken



*Mark Your Calendars
**GODPARENTS
SUNDAY**
February 19, 2022*

All Godparents and Godchildren should prepare to come to Church and receive Holy Communion together. Plan to attend the breakfast that follows. Tickets are \$10.00 for adults and \$5.00 for children, ages 12 and under. If your Godparent or Godchild lives out of town, send them a card or call them and encourage them to go to their Church and receive Holy Communion on Godparents Sunday. When you come to Church, light a special candle for your Godparent or Godchild.

Sacramental Registry

November 2022

Baptisms

Zoe—Daughter of
Tarek & Christian Sousou

Patrick—Son of
Franklin & Staci Pullano



SUNDAY SCHOOL NEWS

Hello everyone,

What a wonderful Advent season we had in Sunday School with a secret visit from St. Nicholas and a beautiful Christmas Pageant. A big thank you to all the parents that bring their children to church and Sunday School each week. We hope to see even more children in the new year.

In January, we will have regular Sunday School each Sunday starting on the 8th. High School and Middle School students will begin preparing for the Oratorical Festival in class.

Some highlights to look forward to in February and March are below:

- ◆Feb 5th: Regular Sunday School
- ◆Feb 12th: Carnivale: Group Sunday School in the All Purpose room downstairs
- ◆Feb 19th and 26th: Winter Break: No Sunday School
- ◆March 5th: Sunday of Orthodoxy: Bring your Icons to church for a procession and special sermon by Father David
- ◆March 12th, 19th, and 26th: Regular Sunday School

Please don't hesitate to reach out to us with any questions.

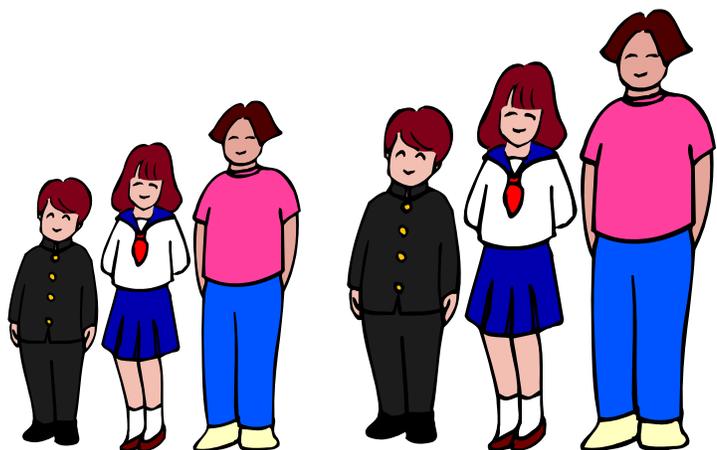
In Christ,
Martha, Jeannie and Athena



Martha Lemondes
(315) 400-7975
mlemondes@gmail.com

Jeannie Dimkopoulos
(315) 720-9900
jeannie.dimkopoulos@gmail.com

Athena Tzetzis
(315) 447-0787
a.tzetzis@icloud.com





ST. SOPHIA 2022-2023 YOUTH PROGRAM REGISTRATION FORM

Check:

- ◇Sunday School
- ◇Greek School
- ◇GOYA
- ◇Jr. GOYA
- ◇HOPE/JOY
- ◇Dance Group
- ◇Altar
- ◇Play Date
- ◇Basketball/Sports
- ◇Children Choir



Children Name(s)	DOB	Grade	Baptismal Name/ Patron Saint
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

School District: _____

Contact Information

Email Address(es): _____

Address:

Street: _____ Apt # _____

City: _____ Zip Code: _____

Home Phone number: _____

Emergency Contact & Phone # : _____

Mother's Name: _____ Cell Phone: _____

Father's Name: _____ Cell Phone: _____

Check and provide address below if either parent or assigned guardian has different address than student

Mother Father Guardian Name: _____

Street: _____ Apt # _____

City: _____ Zip Code: _____

Email: _____

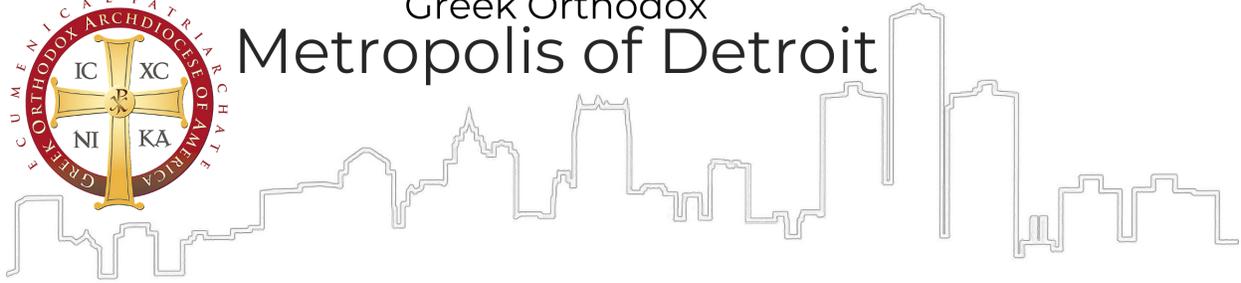
Food or other ALLERGIES: _____

I have read, understand, and agree to abide by the rules and covenants of our church.

Parent's Signature: _____ Date _____



Greek Orthodox
Metropolis of Detroit



presents

Transformative Christianity Webinar Series

***Join us in 2023 to continue learning what
Orthodox Christianity
really has to offer to us and to the world !***

***Wednesday, February 1, 2023
7:00 pm***

***Session 11 ~
The Healing Power of Confession***

***A talk about
the Mystery of Repentance
with Fathers Jon Boukis,
Gregory Hohnholt and Cosmin Sicoe***



St. Sophia Greek Orthodox Church—January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>8:45 AM ORTHROS 10:00 AM DIVINE LITURGY CIRCUMCISION OF CHRIST</p> <p>ST. BASIL</p> <p>NEW YEAR'S DAY</p>	<p>2</p> <p>5:30 PM JESUS PRAYER GROUP</p>	<p>3</p> <p>10:00 AM BIBLE STUDY</p>	<p>4</p> <p>6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY</p>	<p>5</p> <p><u>EVE OF EPIPHANY</u> <u>9:00 AM ROYAL HOURS</u></p> <p><u>6:00 PM</u> <u>THEOPHANY</u> <u>VESPERAL DIVINE LITURGY</u> <u>(IN ENGLISH)</u></p>	<p>6</p> <p><u>HOLY EPIPHANY</u> <u>9:00 AM ORTHROS</u> <u>10:00 AM DIVINE LITURGY</u> <u>(IN GREEK)</u></p>	<p>7</p> <p>9:00 AM ORTHROS 10:00 AM DIVINE LITURGY SYNAXIS OF JOHN THE BAPTIST</p> <p>5:00 PM GREAT VESPERS</p>
<p>8</p> <p>8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SUNDAY AFTER EPIPHANY</p> <p>VASILOPITA SUNDAY</p>	<p>9</p> <p>5:30 PM JESUS PRAYER GROUP</p>	<p>10</p> <p>10:00 AM BIBLE STUDY</p>	<p>11</p> <p>6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>2:00 PM AHEPA MEETING</p> <p>5:00 PM GREAT VESPERS</p>
<p>15</p> <p>8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 12TH SUNDAY OF LUKE</p>	<p>16</p> <p>5:30 PM JESUS PRAYER GROUP</p>	<p>17</p> <p>9:00 AM ORTHROS 10:00 AM DIVINE LITURGY ST. ANTHONY</p> <p>7:00 PM YOUTH COMMITTEE MTG</p>	<p>18</p> <p>6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>5:00 PM GREAT VESPERS</p>
<p>22</p> <p>8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 15TH SUNDAY OF LUKE</p>	<p>23</p> <p>5:30 PM JESUS PRAYER GROUP</p>	<p>24</p> <p>10:00 AM BIBLE STUDY</p>	<p>25</p> <p>9:00 AM ORTHROS 10:00 AM DIVINE LITURGY ST. GREGORY</p> <p>6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>5:00 PM GREAT VESPERS</p>
<p>29</p> <p>8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SUNDAY OF THE CANAANITE</p>	<p>30</p> <p>9:00 AM ORTHROS 10:00 AM DIVINE LITURGY SYNAXIS OF THE THREE HIERARCHS</p> <p>5:30 PM JESUS PRAYER GROUP</p>	<p>31</p> <p>10:00 AM BIBLE STUDY</p>				

St. Sophia Greek Orthodox Church—February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY	2 9:00 AM ORTHROS 10:00 AM DIVINE LITURGY PRESENTATION OF OUR LORD	3	4 5:00 PM GREAT VESPERS
5 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SUNDAY OF THE PUBLICAN & PHARISEE TRIODION BEGINS	6	7	8	9	10	11 5:00 PM GREAT VESPERS
						
12 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SUNDAY OF THE PRODIGAL SON SUNDAY SCHOOL CARNIVALE	13 5:30 PM JESUS PRAYER GROUP	14 10:00 AM BIBLE STUDY	15 6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY	16	17	18 9:00 AM ORTHROS 10:00 AM DIVINE LITURGY SATURDAY OF SOULS 5:00 PM GREAT VESPERS
19 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY JUDGEMENT SUNDAY (MEATFARE SUNDAY) GODPARENTS SUNDAY BREAKFAST	20 5:30 PM JESUS PRAYER GROUP	21 10:00 AM BIBLE STUDY	22 6:00 PM PARAKLESIS 7:00 PM BIBLE STUDY	23	24	25 9:00 AM ORTHROS 10:00 AM DIVINE LITURGY SATURDAY OF SOULS 5:00 PM GREAT VESPERS
26 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY FORGIVENESS SUNDAY (CHEESEFARE SUNDAY) CHEESEFARE LUNCHEON	27 LENT BEGINS 6:00 PM CANON OF ST. ANDREW OF CRETE	28 10:00 AM BIBLE STUDY 6:00 PM CANON OF ST. ANDREW OF CRETE				