

NEPSIS Spiritual watchfulness and alertness. "Watch, there-fore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church 325 Waring Road Syracuse, New York 13224

> Phone (315) 446-5222 Fax (315) 251-1654

MANNANNANNANNANNANNANNANNANNANNAN

"When The Day of Pentecost Had Come"

The sun rose over the apostles as they told their story. Unshakeable, ablaze. It filled the horizon as their words filled the sprouting crowd. The light warmed them, low then ascending, when the day of Pentecost had come.

Earlier that morning, they knew that something truly awesome had crossed the barrier between the seen and unseen. They could feel it. The long fifty days of waiting had tested their patience, from Pascha to Pentecost. Each had considered returning to his old profession, some did. None could imagine carrying the Teacher's mission forward: with all they didn't understand, and their so many attempts at making miracles that ended in confusion, frustration, embarrassment. Had that changed? Yes. Clarity arose in each of them, tableted on their hearts, while darkness still covered the morning, when the day of Pentecost had come.

Preachers didn't speak in early morning, when through the market only workers hurried - farmers, laborers, no time to linger and listen. Nor in the late morning, when the women and hired servants loudly bustled in and out. No, their's was the late afternoon: speakers spoke and the carefree dawdled and talked. The ones entertained by rhetoric, who say, interesting. The apostles did not care for this audience. Their's was a shocking, life-changing story: horrible, a stumbling block, an atrocity, a mystery, a glorious hope. Interesting, but more. When the rich and indolent arrived on that day with the miracle in full swing, the square teeming with people and sound astonished them.

Peter had gone first to the market, and began to hold forth. He could not contain himself. No one listened. The others followed and stood watching, as if an audience. Most prophets and philosophers brought their own audiences, and on the day of Pentecost anyone could see the disciples, now apostles, all looked the same. Same age, same faces searching with invitation. No one took the bait - except one group, Phoenicians by appearance, waiting for something. They seemed unfamiliar with what Peter was doing, and drew close, curious, murmuring in their language. Suddenly, Philip, who had never spoken a word of Phoenician in his life, started talking to them. He described how every afternoon preachers would preach and listeners pass judgement, while workers like themselves toiled in the groves. Then he said more, he told them about Jesus the Savior, crucified, risen from the dead, ascended to the Father. And they believed. They wept, they asked questions and he answered them in their tongue. Others approached, an Elamite family, visiting the holy city. Bartholomew spoke to them in their language, and their faces glowed. He would later exclaim to the others: I had never even seen an Elamite before, I didn't know they had a language!



Continued on Page 2

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"When The Day of Pentecost Had Come"

Continued from Page 1

Soon every apostle stood in front of a small crowd, people amazed at Galileans speaking their language and loving the story they heard. Peter continued to hold forth as more and more drew near to bear witness to the miracle. He first spoke quietly, among the others, one part of the sound, the story, the Spirit, notes flowing like music. More approached; the sound swelled, rushing wind, when the day of Pentecost had come.

Then the people took up the chant: what shall we do? What shall we do? Many remembered the miracles of Jesus and knew He was the Messiah. What shall we do? they asked with tears. Give money, or blood, or something else we own? Do we pilgrimage to some distant place, where this slain and resurrected Messiah now lives? Do we travel to pray at a temple like the temple here? Tell us!

Just one day before, the disciples would have had no answer. But today they did, when the day of Pentecost had come. Repent and be baptized, they said, with the pool of Siloam only steps away.

They preached all day in the market outside the temple. Thousands listened to them, the money changers had no business. The next day everyone gathered inside the temple, still in groups, listening to whichever disciple they had heard the day before.

The scores of sacrifices happening in that place overshadowed every other smell and sound. This shaped the apostles' first preaching and teaching - while the twelve talked, the animals bellowed and screamed. The fires and the incense did not cover the penetrating odor of blood. This raucous backdrop linked the cross, the Lord, the story to the altar. The gospel of the cross of Jesus the Lamb of God, bathed in the sanctifying rivers of blood that flowed through the temple.

Thus the nascent Church sprouted in the temple, where sacrifice filled the air more than the smoke, more than the sound, which occasionally ascended to a roar. The Church could not have started anywhere else: not in the upper room, or at Gethsemane, or the garden around the tomb. Those places all stood close by, where the apostles could have taught untroubled. But trouble bore the cross, the trial, the scourging, the nails and spear. This troublesome act of God would not blossom in the shade. Not at all. Not at all! The Lord had been sacrificed, and believers for the rest of eternity would come to an altar to partake of His salvation.

Persecution and martyrdom followed hard upon the heels of the day of Pentecost. As the bold proclamation drew the hundreds, the thousands, it also attracted the attention of those sated with hate. Jealous, bitter. These stood to the side, whispered their plans, met at night in their homes, and told no one. *The whole world has gone after Him* (they spat the words) *even after we hung Him on the cross!* The diabolical anger of these men gave rise to the second great miracle of that time and place. Yes, a miracle! These did more to spread the gospel than the apostles, by far. Their persecution and violence pushed the followers of Jesus Christ, and their message of salvation for the world, out of the temple, out of Jerusalem, into the whole world. Sacrifice had embedded itself into the message, thus the church started in the temple. When it had baked into the preaching, persecution pushed it forth like the sun rising over the whole earth.

Every language has a word for *cross*, and your does too, reader. But see? At the other side of the cross, every language also has a word for *resurrection*.

Your affectionate servant,

Father David



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HOLY PENTECOST SUNDAY-JUNE 4 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY

The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday.

The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.

The story of Pentecost is found in the book of The Acts of the Apostles. In Chapter two we are told that the Apostles of our Lord were gathered together in one place. Suddenly, a sound came from heaven like a rushing wind, filling the entire house where they were sitting. Then, tongues of fire appeared, and one sat upon each one of Apostles. They were all filled with the Holy Spirit and began to speak in other languages as directed by the Spirit (Acts 2:1-4).

This miraculous event occurred on the Jewish Feast of Pentecost, celebrated by the Jews on the fiftieth day after the Passover as the culmination of the Feast of Weeks (Exodus 34:22; Deuteronomy 16:10). The Feast of Weeks began on the third day after the Passover with the presentation of the first harvest sheaves to God, and it concluded on Pentecost with the offering of two loaves of unleavened bread, representing the first products of the harvest (Leviticus 23:17-20; Deuteronomy 16:9-10).

Since the Jewish Feast of Pentecost was a great pilgrimage feast, many people from throughout the Roman Empire were gathered in Jerusalem on this day. When the people in Jerusalem heard the sound, they came together and heard their own languages being spoken by the Apostles (Acts 2:5-6). The people were amazed, knowing that some of those speaking were Galileans, and not men who would normally speak many different languages. They wondered what this meant, and some even thought the Apostles were drunk (Acts 2:7-13).

Peter, hearing these remarks, stood up and addressed the crowd. He preached to the people regarding the Old Testament prophecies about the coming of the Holy Spirit. He spoke about Jesus Christ and His death and glorious Resurrection. Great conviction fell upon the people, and they asked the Apostles, "What shall we do?" Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit" (Acts 2:38-39). The Bible records that on that day about three thousand were baptized. Following, the book of Acts states that the newly baptized continued daily to hear the teaching of the Apostles, as the early Christians met together for fellowship, the breaking of bread, and for prayer. Many wonderful signs and miracles were done through the Apostles, and the Lord added to the Church daily those who were being saved (Acts 2:42-47).



SATURDAY OF SOULS

<u>June 3, 2023</u> 8:45 am Orthros 10:00 am Divine Liturgy



FR. DAVID HAS ALL THE NAMES FROM THE SOUL SATURDAY LITURGIES IN FEBRUARY AND WILL USE THAT LIST. ONLY CONTACT HIM IF YOU WANT TO CHANGE YOUR LIST, OR IF YOU DIDN'T SUBMIT A LIST YET. NO FORMS WILL BE ON THE CANDLE STAND, SIMPLY CONTACT FR. DAVID DIRECTLY VIA PHONE (315) 269-4940 OR EMAIL <u>frdavid@stsophias.org</u>.

ON THE SATURDAY OF SOULS, ORTHODOX CHRISTIANS COMMEMORATE THOSE WHO HAVE FALLEN ASLEEP, BEGINNING FROM ADAM AND EVE, ALL THE WAY TO THE MOST RECENTLY DEPARTED SOULS. WITH REVERENCE, WE ASK GOD TO FORGIVE ALL THEIR TRANSGRESSIONS AND TO GRANT THEM REST "IN A PLACE OF GREEN PASTURE." IN ADDITION TO EXPRESSLY COMMEMORATING THE NAMES OF OUR LOVED ONES, OUR PRAYERS INCLUDE MORE GENERALLY ALL THOSE WHO HAVE FALLEN ASLEEP IN THE HOPE OF THE RESURRECTION OF CHRIST. MAY THEIR MEMORIES BE ETERNAL!



PRESIDENT'S MESSAGE



Dear Parishioners,

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I recently read a line in a book on the lives of the saints: "When the heart began to sob, the mouth sang". A sobbing heart? Yes, a heart in pain. We understand the idea of the heart "throbbing". That might be the first sign of romantic infatuation. It throbs, it flutters. We might say "Be still my heart". But, you will say, the heart is just a pump, no doubt a miraculous pump, but still just a pump. A pump which, of course, can "break", causing so much real agony.

A sobbing heart often leads to singing. Witness the lyrics of popular songs, read the poets and some of the greatest novels in history. Go to most operas. Often, the sobbing heart leads to tragedy and despair. This is part and parcel of the human condition.

Yet, for us who believe that Christ is Risen, a sobbing heart can lead not to despair but to hope and joy. If the sobbing heart, a truly pained heart, is caused by the love of God, and the genuine recognition that to truly repent, to be forgiven, our hearts must be humbled and our regret, for "missing the mark", for our "amartia" deep. A sobbing, repentant, humble heart is the source of authentic, sincere prayer. To be sure, for many of us this is no easy thing to do. We say the words, but we art not humble and desperate to connect. Impossible to do, no. Difficult for us, yes. A sobbing heart begins with visible tears. They are, I think, the first hurdle. The struggle is constant, but I believe the prize is sublime. So let your heart first sob, so that it will then sing.

Well it is June, and much is happening. Pentecost is on the 4th, Flag Day on the 14th, Father's Day on the 18th. Graduation parties and vacations are scheduled. What am I missing? Of course, how could I forget my dentist appointment. But you are thinking, hey pal, there is something really big happening on June 8, 9, 10 and 11. And that would be our 50TH ANNIVERSARY FESTIVAL. THE FESTIVAL, THE FESTIVAL. I will say no more. Sign up on line, sign up in person, sign up by carrier pigeon. But PLEASE PLEASE SIGN UP. Thank you in advance for joining in for our annual major fund raiser. I can assure you, both you and I will be glad you did.

Yours in Christ, *Peter Manolakos* Parish Council President



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NEWS OF JUNE

Our church is the center of all very worthy activities. AHEPA is only one of the many such groups. The AHEPA Syracuse Chapter 37 officers and its members recognize the contributions of Fr. David, the Parish Council members, and all parishioners for the successful longevity of our local AHEPA Chapter, which will celebrate in 2024 it's 100 years of continued existence.

The month of June each year, our parish showcases our church's Greek Festival, which is a financial lifeline of our church. Let us all pitch-in so it can continue the success we have to keep our church flourishing while we celebrate our youth dancers and the Greek culture.

Our next AHEPA Chapter meeting will be 2:00 pm Saturday, June 24th at the upper level of our church. Want to learn what our chapter stands for and does for our community, just come to one of our meetings or talk to our members.

On behalf of the officers and all of our members: Thank you for your support and have a wonderful summer.

Mike Labatos, President AHEPA Syracuse Chapter 37



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THE LAST FREE MESSAGE

It was Sunday, April 27, 1941 when Athens Radio Station host Konstantinos Stavropoulos broadcast his "Last Free Message". His powerful voice did not exhibit fear or desperation and he spoke his words to a demoralized nation. "Attention! The Athens Radio station will no longer be Greek after a while. It will be German and will be broadcasting lies! Greeks! Do not listen to it. Our war continues and will continue until the final victory! LONG LIVE THE NATION OF THE GREEKS!" This was followed by the National Anthem. Then silence. His words told the Allies what was happening; Freedom was to be taken from the people who brought it to the world.

The Germans entered the city and drove straight to the Acropolis raising the Nazi swastika flag as a sign of victory. The Evzone guarding the Greek flag was Konstantinos Koukidis who was ordered to take it down. He removed the flag, refused to surrender it to the enemy, wrapped himself with it, and jumped to his death off the Acropolis. It took another month for the German invaders to overtake the rest of Greece and by May 30th they had accomplished their goal. The Italian and Nazi invasion was complete.

The German sentinels guarding the Acropolis were celebrating the fall of Crete at the Propylaia when two young students from the Greek business school in Athens decided to do the unthinkable. Around 9:30 pm, without consideration for their lives and armed with a lantern and a small knife, Manolis (Manos) Glezos and Apostolos (Lakis) Santas climbed towards the Acropolis via the Pandroseion Sanctuary Cave, up the archeological scaffolding on the north side of the Acropolis and stealthily reached the area where the German flag was flying. It was much larger than they had expected; about five to six meters in length, and was held up by three wires. Lakis had to climb up to undo the wires without being spotted by the German guards. They shook the flag and it came down, falling on them. After a brief celebration and realization that the flag was too big to be carried without getting caught, they cut small pieces out of the flag's fabric at the location of the Kaiser Cross and the Swastika. They hid the pieces in their shirts. They folded the rest of the flag and carried it back down to the area of their ascent, dropping it in an old well and covering it with stones to hide its location. They quickly proceeded out of the cave escaping into the night. It was well after midnight and curfew had passed. They were spotted by Greek authorities led by Mikrouleas wanting to know their whereabouts but were released after some brief questioning. Mikrouleas later diverted the Nazi interrogators away from the young heroes. The Nazis condemned the symbolic gesture of the two men and sentenced them to death in absentia. They were never caught but the men who had been guarding the German flag were executed by their own leaders.

The Allies celebrated this heroic gesture as a symbol of the unwillingness of the Greek people to surrender. Charles de Gaulle of France called the two young heroes, "The first partisans of Europe". The event was publicized by the Allies and the world stood grateful that these men had stood up to their German and Italian invaders. Manos Glezos died on March 30, 2020 at the age of 97 and Lakis Santas dies on April 30, 2011 at the age of 89.

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Dr. James Telonis, Director of Hellenism

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AHEPA Syracuse Chapter 37

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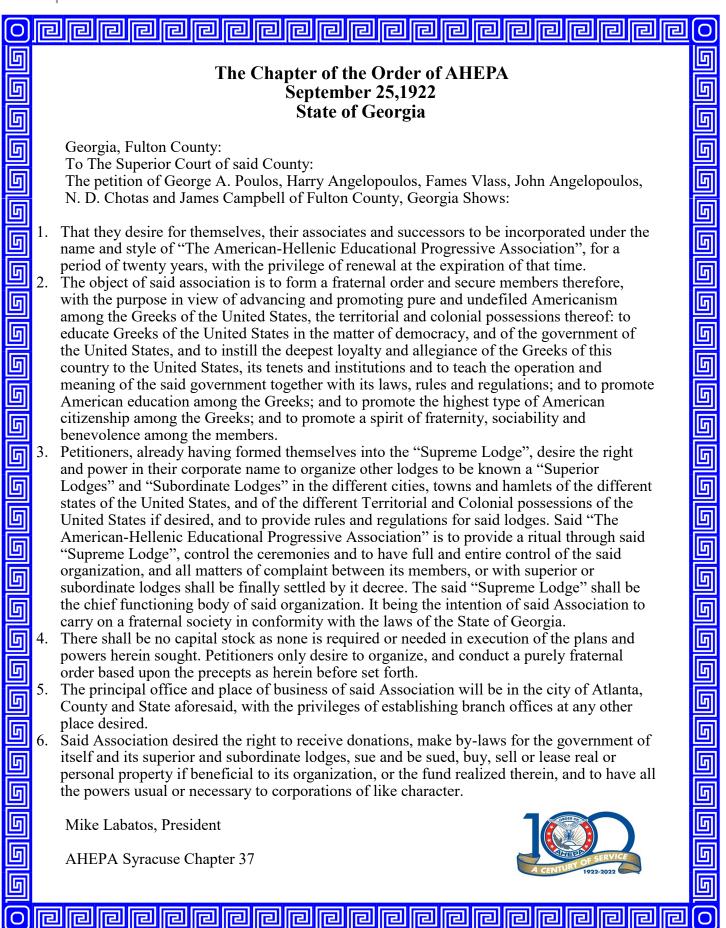
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PHILOPTOCHOS NEWS

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It's Festival time again and St Sophia's Greek Orthodox Church is once again in full swing to participate in this annual event. Our Philoptochos Chapter has been preparing and planning. It is a very busy time of year for everyone but the commitment to this cause is impressive!

Philoptochos members will be working all over the place during the festival and before, baking, organizing, pricing treasures for Yiayia's Treasure Corner and many other important jobs. More power to you all and to all of our members for a successful and fun festival.

Congratulations to our scholarship recipients. We were so pleased that seven students applied and all seven received awards as they were all so impressive: two from St Sophia's and five from Philoptochos. Good luck to you all in your college years ahead.

Our members, and anyone interested in membership, are invited to a special event Saturday, June 24th at 1:00 pm at the Basil Leaf (at Sweetheart Corners). It will be a "dressed-up" luncheon to enjoy fellowship and food in a lovely environment. The cost including everything is \$25. We are hoping to have 100 in attendance. It will be a great opportunity to introduce everyone to our newly elected Board and to all of our new and "not-so-new" members.

See you in June!

Roberta Williams Hristodoulou

Roberta Williams Hristodoulou Philoptochos President



FELLOWSHIP. FN

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PHILOPTOCHOS COFFEE HOURS

Words cannot express how grateful I am to ALL of our ladies and gentlemen in the community who once again gave their time to serve during our fellowship coffee hours after church services on Sundays. Your hard work, dedication and loyalty was greatly and totally appreciated.

With deepest gratitude for your commitment to serve, I thank you.

Once again, thank you to Maria Allis for all that you do...You are amazing.....

Finally, a special thank you to Basil and Wally for the incredible job that they do keeping the flow of coffee going... They do not miss a beat.....

σε ευχαριστώ πάρα πολύ

Είμαι ευγνώμων

Vivian Alexander



Please note that there will be no sponsored Coffee Hours during the Summer months of June, July and August.

In addition, there will be no sponsored Coffee Hours on Stewardship Sunday, Godparents Sunday and Cheesefare Sunday

Just a reminder.....

In the event that a parishioner wishes to have a coffee hour during the summer months of June, July and August the fee, payable to the Philoptochos, is \$50.00.

Philoptochos would provide coffee, cups, sweetener, creamer, stirrers and set up a serving table. The parishioner would be responsible to provide pastries, setup the serving station and tables, serve at the coffee hour and clean up following the coffee hour.

> For more details contact our coffee hour coordinator Vivian Alexander at (315) 673-2880 or (315) 430-6162.

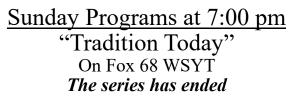


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June 2023

Program Schedule For Cable Television All Programs Air on Spectrum (Time Warner) Cable Chanel 98

in Onondaga County





(On Spectrum channel 98)

June 4, 2023—Faith and Science

June 11, 2023-Fly Fishing and the Spiritual Life

June 18, 2023—Raising the Holy Cross in Williamsport, PA

June 25, 2023—The Last Days of St. Tikhon, Metropolitan of Moscow



<u>Monday Programs at 7:00 pm</u> *Fr. David's "The Inner Way" series airs every Monday*

June 5, 2023— Unseen Warfare, part 6

June 12, 2023—Unseen Warfare, part 7

June 19, 2023—Unseen Warfare, part 8

June 26, 2023—Unseen Warfare, part 9

<u>Family Classic TV</u> Sponsored by St. Sophia's Greek Orthodox Church

<u>Sundays at 5:00 pm</u> The Cisco Kid with Duncan Renaldo & Leo Carrillo (2 episodes) **PLEASE NOTE NEW TIME**

> <u>Sundays at 6:00 pm</u> Sir Lancelot with William Russell

Sundays at 6:30 pm The Adventures of Robin Hood with Richard Greene

> <u>Thursdays at 8:30 pm</u> Sherlock Holmes with Ronald Howard

> > <u>Fridays at 8:00 pm</u> Jim Bowie with Scott Forbes (2 episodes)

PLEASE NOTE..... Our programs also air on Verizon FIOS cable channel 29, Sunday at 6:30 pm and 7:00 pm Thursday at 8:30 pm and 9:00 pm Many programs also appear on the internet at frdavidsmith.com





SUNDAY SCHOOL NEWS

Hello Everyone,

What a Wonderful graduation we had in May! Congratulations to all the graduates and scholarship winners! We wish all the seniors much success as you start the next chapters of your lives.

May 14th was the last day of Sunday School for the 2022/2023 year. Sunday School will start up again in September. Once the 2023/2024 calendar is finalized, it will be sent out late summer, early fall.

We wanted to thank all the parents and students for a great year! Our 2 year commitment as Co-Directors of Sunday School has come to an end. It was an absolute pleasure getting to know all the children so well. Thank you to all the parents for your support with the various events. THANK YOU to all the teachers, you made the year a great one. Please think about helping out next year as a Sunday School teacher (new and returning).

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Enjoy your summer and we look forward to seeing everyone soon,

Athena, Martha, and Jeannie

Athena Tzetzis (315) 447-0787 a.tzetzis@icloud.com

Martha Lemondes (315) 400-7975 mlemondes@gmail.com

Jeannie Dimkopoulos (315) 720-9900 jeannie.dimkopoulos@gmail.com

April 2023

Sacramental Registry

Funeral

Olga Zeppos

Church Services & Events

Calendars are provided in the Nepsis or check the website at

stsophias.org

for church services & events





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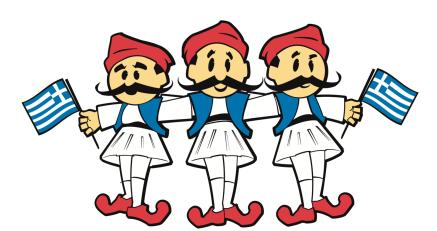
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<u>2023</u> <u>GREEK FESTIVAL</u>

Thursday, June 8th Friday, June 9th Saturday, June 10th Sunday, June 11th



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Our Greek Festival is a combined effort and we need your help to make it a successful event again this year. Please give your time and talents by volunteering.

Last year for certain volunteer dinner line positions, we utilized an online volunteer signup software system with great success. With this online signup we were able to balance our staff volunteers to provide better coverage that ultimately made it more efficient to manage the large number of attendees. This year, we are expanding this online volunteer sign-up to more positions. Below are just some of the positions that will utilize the online sign-up:

Outside Tent Dinner Line Volunteers Online Sign-up

Cashiers-take customers orders, input their selections into the computer system and take payment

Food Order Takers-take written food orders in line prior to the customers arrival to the cashier

Food Runners-prepare customers food orders by gathering all ordered items and handing it to the customer

Main Dinner Food Assemblers-assemble precooked foods into food combination containers

Gyro Cooks & Assemblers – cook gyro meat and assemble gyros with toppings

To volunteer for positions, please go to our volunteer sign-up website at:

https://signup.com/go/XFZeUgU



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REGISTRATION IS AVAILABLE ON THE CHURCH WEBSITE





ST. TIMOTHY CAMP

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June 26 to July 1 Oswegatchie Educational Center

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St. Sophia Greek Orthodox Church—June 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SATURDAY OF SOULS
						5:00 PM GREAT VESPERS
4 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY HOLY PENTECOST	5	10:00 AM BIBLE STUDY	7	8	9	10
	5:30 PM JESUS PRAYER GROUP	5:00 PM ORTHODOXY 101	6:00 PM PARAKLISIS 7:00 PM BIBLE STUDY	GREEK FESTIVAL 5PM—9PM	GREEK FESTIVAL 5PM—10PM	GREEK FESTIVAL NOON—10PM
11 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY THE SUNDAY OF ALL SAINTS GREEK FESTIVAL NOON-4PM	5:30 PM JESUS PRAYER GROUP	13 10:00 AM BIBLE STUDY 5:00 PM ORTHODOXY 101	6:00 PM PARAKLISIS 7:00 PM BIBLE STUDY	15	16	10:00 AM ROMANIAN LITURGY 5:00 PM GREAT VESPERS
18 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 2ND SUNDAY OF MATTHEW FATHER'S DAY	5:30 PM JESUS PRAYER GROUP	20 10:00 AM BIBLE STUDY 5:00 PM ORTHODOXY 101	6:00 PM PARAKLISIS 7:00 PM BIBLE STUDY	22	23	1:00 PM PHILOPTOCHOS MEMBERSHIP DRIVE LUNCHEON 2:00 PM AHEPA MEETING 5:00 PM GREAT VESPERS
25 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 3RD SUNDAY OF MATTHEW	26	27	28	29	30	
	ST. TIMOTHY'S CAMP	ST. TIMOTHY'S CAMP	ST. TIMOTHY'S CAMP	ST. TIMOTHY'S CAMP	ST. TIMOTHY'S CAMP	

St. Sophia Greek Orthodox Church—July 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 st. timothy's camp
2 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 4TH SUNDAY OF MATTHEW	5:30 PM JESUS PRAYER GROUP	happy Buly	5	6	7	8 2:00 PM AHEPA MEETING 5:00 PM GREAT VESPERS
9 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 5TH SUNDAY OF MATTHEW		 	12 -	$\begin{array}{c} 13\\ \textbf{Out Of Town} \rightarrow \rightarrow \rightarrow \end{array}$	14 → → → → → →	15 → → → → →
16 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY SUNDAY OF THE HOLY FATHERS	17	18	19 . <i>David Out Of Town</i>	20	21	22
23 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 7TH SUNDAY OF MATTHEW	5:30 PM	25 9:00 AM ORTHROS 10:00 AM DIVINE LITURGY ST. ANNA	9:00 AM ORTHROS 10:00 AM DIVINE LITURGY ST. PARASKEVI	9:00 AM ORTHROS 10:00 AM DIVINE LITURGY ST. PANTELEIMON	28	5:00 PM GREAT VESPERS
30 8:45 AM ORTHROS 10:00 AM DIVINE LITURGY 8TH SUNDAY OF MATTHEW	JESUS PRAYER GROUP 31 5:30 PM JESUS PRAYER GROUP					