

**ST SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN
SUNDAY, MARCH 20, 2022
SUNDAY OF
ST. GREGORY OF PALAMAS**

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METROPOLIS
OF DETROIT

Sunday of St. Gregory Palamas

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode Plagal 2.
Psalm 27.9,1

O Lord, save your people and bless your inheritance.
Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Πρὸς Ἑβραίους 1:10-14, 2:1-3

Προκείμενον. Ἦχος πλ. β'.
ΨΑΛΜΟΙ 27.9,1

Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον τὴν κληρονομίαν σου.
Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.

Πρὸς Ἑβραίους 1:10-14, 2:1-3 τὸ ἀνάγνωσμα

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῇσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἴρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρυῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.



Sunday of St. Gregory Palamas

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Ἐκ τοῦ Κατὰ Μάρκον 2:1-12 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δέ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

***Church Services & Events
for Today and the Upcoming Week***

Today

9:00 am Orthros

10:00 am Divine Liturgy

SUNDAY OF ST. GREGORY OF PALAMAS

Sunday School

12:00pm Jr. GOYA Meeting

Monday, March 21, 2022

5:30 pm Canon of St. Andrew

7:00pm "Man of God" Movie

Tuesday, March 22, 2022

10:00 am Bible Study

6:00 pm Orthodoxy 101

Wednesday, March 23, 2022

4:30 pm Choir Rehearsal

6:00 pm Presanctified Liturgy

Friday, March 25, 2022

9:00 am Orthros

10:00 am Divine Liturgy

Annunciation

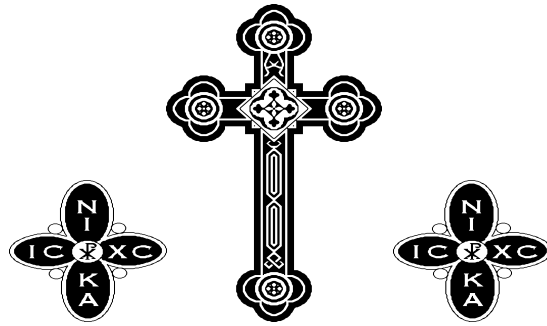
Greek Independence Day

Noon Greek Flag Raising at Syracuse City Hall

6:00 pm Akathist Hymn III

Saturday, March 26, 2022

5:00pm Great Vespers



Sunday—March 20, 2022

Trisagions

Andreas Armatas (4 Years)

Helen Armatas (5 Years)

Theodora Pandelly (31 Years)

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Join Us Today for Coffee Hour

*A special thank you to our parishioners
for volunteering their time to serve coffee today*

Jeanette Capousis Vigliotti

Vasiliki Elovaris





Spring Cleaning 2022

Parish Data System Update

Your Response is Needed

In order to maintain an accurate database, we would appreciate your assistance in updating your family's information for our Parish Data System. During the pandemic, we learned that having accurate contact information for all members of our parish is crucial.

Please be on the lookout for an email that was sent to you today Sunday, March 20th. This email will allow you to review and update your family's data in our software system.

Should you have any questions or concerns please contact Katina Luvadis, Parish Administrator (katina@stsophias.org) or Parish Council Secretary Chris Shiomos (parishcouncil@stsophias.org).

For those submissions that are received before March 31st, you will be entered into a drawing for a \$50 gift certificate for the Philo-Sophia Bookstore. So, don't delay!

Thank you for your participation.

UKRAINE RELIEF

Last Sunday, we took a special offering for the tragedy in Ukraine and collected just over \$2,000 dollars. This collection will be given to St. Luke's Ukrainian Orthodox Church for their HUMANITARIAN AID for UKRAINE drive. All donations will be sent through the Ukrainian Orthodox Church of the USA to those being displaced and in need. Thank you to all who generously donated!

If you still wish to make a contribution, you may do so. Together the Greek Orthodox Archdiocese of America and the International Orthodox Christian Charities (IOCC) aim to raise \$1 million for both the immediate and long term support of the Ukrainian people. Make your donation by visiting:

goarch.org/ukraine





Junior GOYA **Meeting**

Today
Sunday, March 20th
At Noon

The Junior Greek Orthodox Youth of America, or Junior GOYA, is the youth ministry for young people in grades 5 through 8.

MISSION AND GOAL OF Junior GOYA MINISTRY

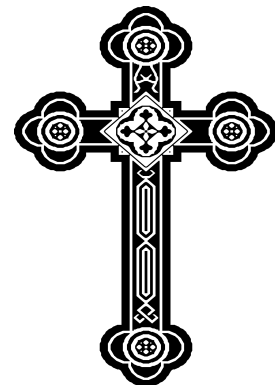
The mission and goal of Junior GOYA ministry is to lead our young people into experiencing the Holy Orthodox Faith.

By developing a relationship with our Lord and Savior, Jesus Christ and becoming active sacramental members of the living Church.

CONFESSION DAY

Saturday, April 9th
11:00am to 1:00pm

*A Greek Speaking Priest,
Fr. Angelo Maggo
from Annunciation Greek Orthodox
Church in Rochester
will be available*





FRIDAY, MARCH 25 FLAG RAISING AT SYRACUSE CITY HALL

Our community will be observing the celebration of Greek Independence Day (March 25, 1821) by hosting a **Flag Raising Ceremony at Syracuse City Hall on Friday, March 25 at 12 noon** and all are encouraged to attend this wonderful event. Join us!

The faith and orthopraxy of the Greek heroes of 1821 played such a vital role in subsequent freedom from the Ottoman Empire when they took the oath of “Give me freedom or give me death.”





**ARIS
SERVETALIS**

**ALEXANDER
PETROV**

**MICKEY
ROURKE**

**MAN
OF
GOD**

MON. MARCH 21 ONLY

IN SELECT MOVIE THEATERS

#MANOFGODTHEMOVIE

**Showing
at
Regal Destiny USA IMAX Theater
& Movie Tavern Camillus
7pm**

FATHOM   GCN 