

**ST SOPHIA'S  
GREEK ORTHODOX CHURCH  
SYRACUSE, NEW YORK**



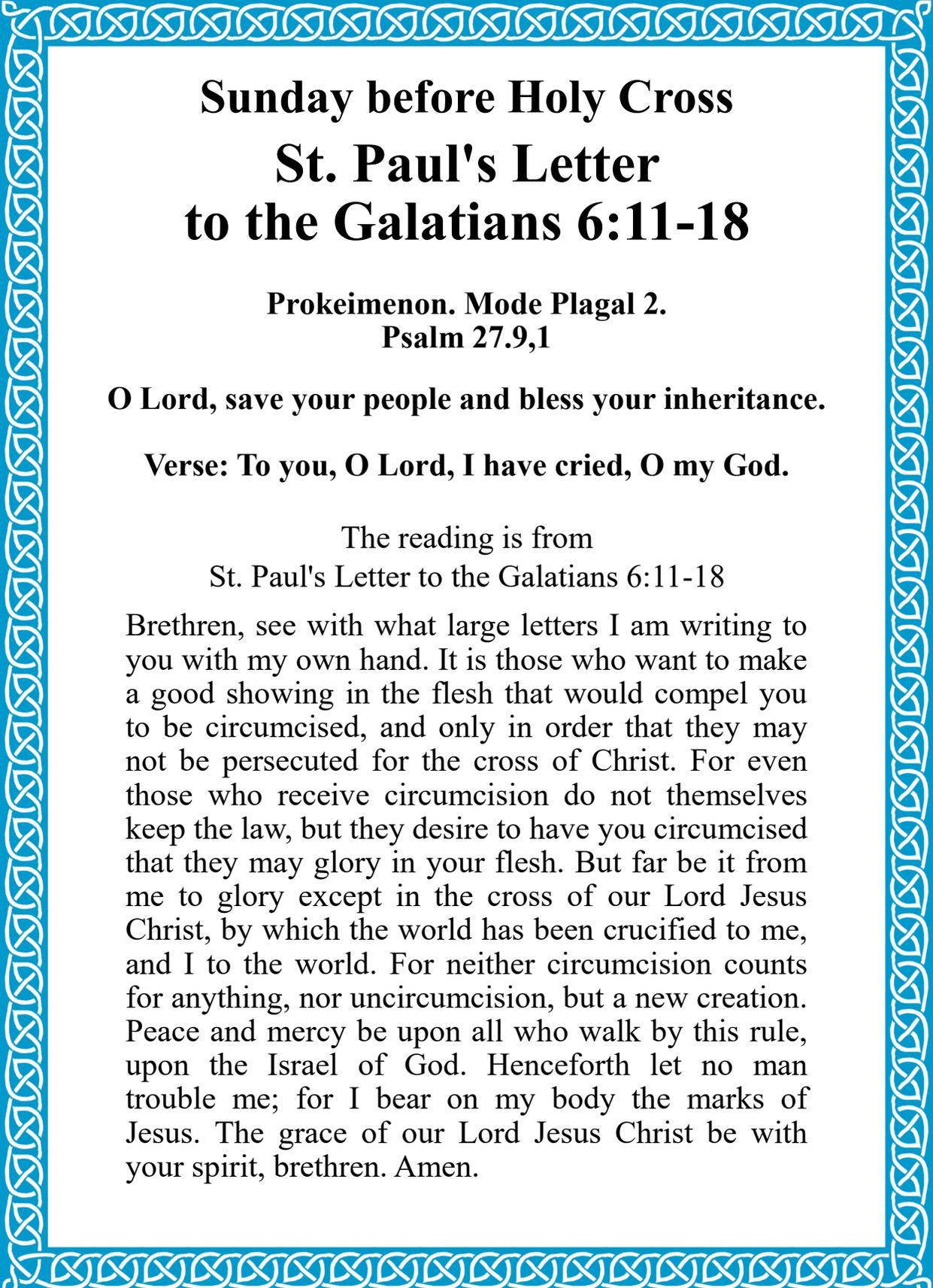
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**WEEKLY BULLETIN  
SUNDAY, SEPTEMBER 11, 2022  
SUNDAY BEFORE HOLY CROSS**

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METROPOLIS  
OF DETROIT



**Sunday before Holy Cross**  
**St. Paul's Letter**  
**to the Galatians 6:11-18**

**Prokeimenon. Mode Plagal 2.**  
**Psalm 27.9,1**

**O Lord, save your people and bless your inheritance.**

**Verse: To you, O Lord, I have cried, O my God.**

The reading is from  
St. Paul's Letter to the Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

## Πρὸς Γαλάτας 6:11-18

Προκείμενον. Ἦχος πλ. β'.  
ΨΑΛΜΟΙ 27.9,1

**Σῶσον, Κύριε τὸν λαὸν σου καὶ εὐλόγησον  
τὴν κληρονομίαν σου.**

**Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.**

Πρὸς Γαλάτας 6:11-18 τὸ ἀνάγνωσμα

Ἀδελφοί, ἴδετε πηλίκους ὑμῖν γράμμασιν ἔγραψα τῇ ἐμῇ χειρὶ. Ὅσοι θέλουσιν εὐπροσωπῆσαι ἐν σαρκί, οὗτοι ἀναγκάζουσιν ὑμᾶς περιτέμνεσθαι, μόνον ἵνα μὴ τῷ σταυρῷ τοῦ Χριστοῦ διώκωνται. Οὐδὲ γὰρ οἱ περιτετημημένοι αὐτοὶ νόμον φυλάσσουσιν, ἀλλὰ θέλουσιν ὑμᾶς περιτέμνεσθαι, ἵνα ἐν τῇ ὑμετέρα σαρκὶ καυχῆσωνται. Ἐμοὶ δὲ μὴ γένοιτο καυχᾶσθαι εἰ μὴ ἐν τῷ σταυρῷ τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ· δι' οὗ ἐμοὶ κόσμος ἐσταύρωται, καὶ γὰρ ἐγὼ τῷ κόσμῳ. Ἐν γὰρ Χριστῷ Ἰησοῦ οὔτε περιτομὴ τι ἰσχύει, οὔτε ἀκροβυστία, ἀλλὰ καινὴ κτίσις. Καὶ ὅσοι τῷ κανόνι τούτῳ στοιχήσουσιν, εἰρήνη ἐπ' αὐτούς, καὶ ἔλεος, καὶ ἐπὶ τὸν Ἰσραὴλ τοῦ θεοῦ. Τοῦ λοιποῦ, κόπους μοι μηδεὶς παρεχέτω· ἐγὼ γὰρ τὰ στίγματα τοῦ κυρίου Ἰησοῦ ἐν τῷ σώματί μου βαστάζω. Ἡ χάρις τοῦ κυρίου ἡμῶν Ἰησοῦ Χριστοῦ μετὰ τοῦ πνεύματος ὑμῶν, ἀδελφοί. Ἀμήν.

**Sunday before Holy Cross**  
**The Gospel**  
**According to John 3:13-17**

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man who is in heaven. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."

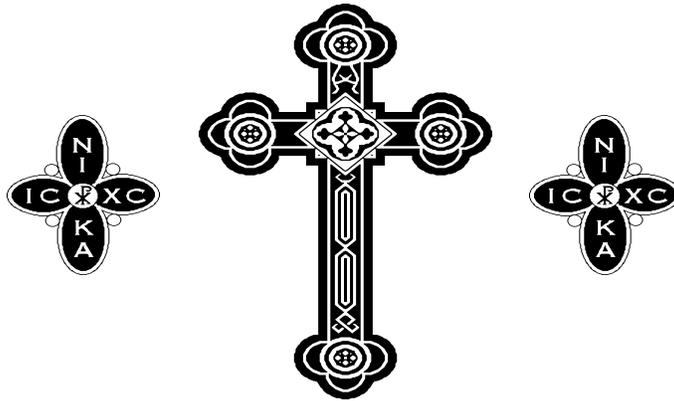


## Ἐκ τοῦ Κατὰ Ἰωάννην 3:13-17 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· καὶ οὐδεὶς ἀναβέβηκεν εἰς τὸν οὐρανὸν εἰ μὴ ὁ ἐκ τοῦ οὐρανοῦ καταβάς, ὁ υἱὸς τοῦ ἀνθρώπου ὁ ὢν ἐν τῷ οὐρανῷ. καὶ καθὼς Μωϋσῆς ὕψωσε τὸν ὄφιν ἐν τῇ ἐρήμῳ, οὕτως ὑψωθῆναι δεῖ τὸν υἱὸν τοῦ ἀνθρώπου, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχη ζωὴν αἰώνιον. Οὕτω γὰρ ἠγάπησεν ὁ Θεὸς τὸν κόσμον, ὥστε τὸν υἱὸν αὐτοῦ τὸν μονογενῆ ἔδωκεν, ἵνα πᾶς ὁ πιστεύων εἰς αὐτὸν μὴ ἀπόληται ἀλλ' ἔχη ζωὴν αἰώνιον. οὐ γὰρ ἀπέστειλεν ὁ Θεὸς τὸν υἱὸν αὐτοῦ εἰς τὸν κόσμον ἵνα κρίνη τὸν κόσμον, ἀλλ' ἵνα σωθῆ ὁ κόσμος δι' αὐτοῦ.



*Sunday—September 11, 2022*



*Memorial  
Mary Vastakis (40 Days)*



***MAY HER MEMORY BE ETERNAL***





***Church Services & Events  
for Today & the Upcoming Week***

***Today ~ Sunday Before Holy Cross***

***9:00 am Orthros***

***10:00 am Divine Liturgy***

***Artoclasia Service for Philoptochos***

***Churching of Vasili Dack***

***Sunday School Meeting***

***Coffee Hour***

***Monday—September 12, 2022***

***5:30 pm Jesus Prayer Group***

***Tuesday—September 13, 2022***

***10:00 am Bible Study***

***Wednesday—September 14, 2022***

***9:00 am Orthros***

***10:00 am Divine Liturgy***

***Exaltation of The Holy Cross***

***Thursday—September 15, 2022***

***Father David is Out of Town***

***Friday—September 16, 2022***

***6:00 pm Vespers***

***St Sophia & Daughters—Faith, Hope, Love***

***Metropolitan Nicholas will be serving***

***Reception follows***

***Saturday—September 17, 2022***

***9:00 am Orthros***

***10:00 am Divine Liturgy***

***St Sophia & Daughters—Faith, Hope, Love***

***Metropolitan Nicholas will be serving***

***5:00 pm Great Vespers***

# PHILOPTOCHOS DRIVE



**DONATE**  
**EYEGASSES**  
**SUN GLASSES**  
**GLASS CASES**

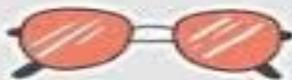
Philoptochos will be collecting these items through December 2022.

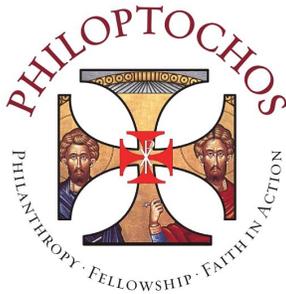
There will be a basket in the Narthex for your donated items.

Items collected will be sent to Haiti for distribution to people in need.



**THANK YOU  
FOR  
YOUR DONATION**





# *Philoptochos Syracuse Chapter Holy Cross*

**JOIN US TODAY FOR COFFEE HOUR!**



*Regular coffee hours begins today with Philoptochos kicking things off by sponsoring a celebration of our “Name Day” of Holy Cross (September 14th). Maria Allis has prepared five loaves for the Artoclasia Service that takes place after Liturgy and our Philoptochos members have prepared the goodies served today at the coffee hour. Special thanks to all for their efforts.*

*We look forward to greeting those who attend today. Stop by our membership table and learn about the work we do as a group. We will also have a listing of the various committees and what their goals and objectives are. If you have an idea for a committee we are all ears!*

*Consider joining Philoptochos! We look forward to having current members and potential new members, anyone 18 years or older, sign up!*



*A special thank you to the following ladies of our community who have volunteered to donate their time to serve coffee today:*

*Chrisoula Anastasiou & Helen Aravantinos*



meet+greet



## ANNUAL MEET & GREET Sunday, September 18th

Please join us in the gymnasium after Divine Liturgy on Sunday, September 18th for the Annual Meet & Greet. Each Church organization will have a table set up with information available. Please visit the many tables and join the many organizations that St. Sophia's has to offer for all age groups.

## SUNDAE SCHOOL NEWS

Welcome back to Sundae School Year 2022-2023! We will be starting Sundae School on Sunday, September 18th.

Please plan to sign up and bring your children on September 18th for our Sundae School kickoff. We will meet downstairs in the all purpose room following communion with a special sundae treat !

Also, to any past teachers and aspiring Sundae School teachers please plan on attending a **thirty minute informal meeting on Sunday, September 11th following church.** Please respond to Martha Lemondes directly if you plan to continue teaching this year or if you would like to teach. It is a very minimal commitment that has a huge impact on our children. No experience is necessary !

Reach out to any of us with questions.

In Christ,  
Martha, Jeannie, Athena

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mlemondes@gmail.com

Jeannie Dimkopoulos  
(315) 720-9900  
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Athena Tzetis  
(315) 447-0787  
a.tzetis@icloud.com

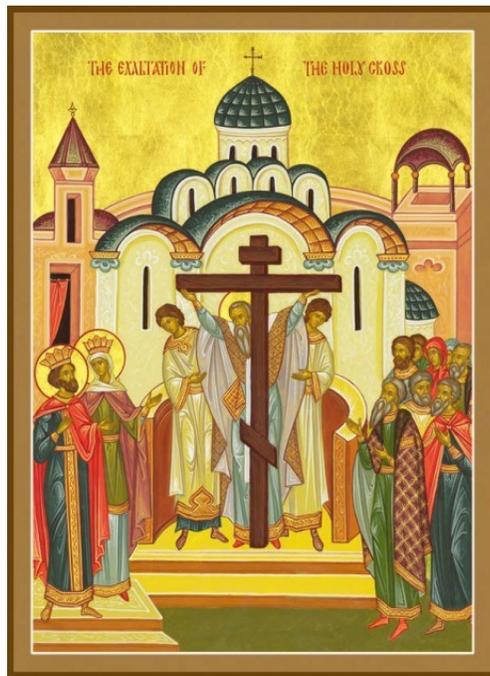


# *Exaltation of The Holy Cross*

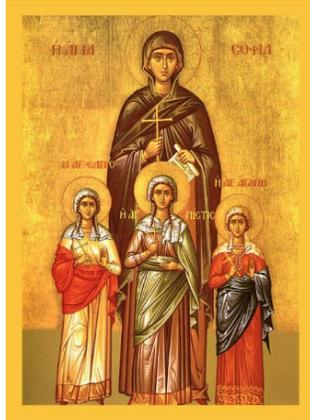
*Wednesday—September 14, 2022*

*9:00 am Orthros*

*10:00 am Divine Liturgy*



# *St. Sophia & Daughters Faith, Hope, Love*



*Our Hierarch Metropolitan Nicholas  
will visit our Parish on September 16 & 17*



**Friday—September 16, 2022**

*6:00 pm Vespers*

*Metropolitan Nicholas will be serving  
Reception follows*

**Saturday—September 17, 2022**

*9:00 am Orthros*

*10:00 am Divine Liturgy*

*Metropolitan Nicholas will be serving*

*5:00 pm Great Vespers*