

**ST SOPHIA'S  
GREEK ORTHODOX CHURCH  
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN  
SUNDAY, SEPTEMBER 17, 2023  
SUNDAY AFTER HOLY CROSS  
ST. SOPHIA & DAUGHTERS**

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METROPOLIS  
OF DETROIT

**Lectioary**  
**St. Paul's Letter**  
**to the Galatians 2:16-20**

**Prokeimenon. Mode Plagal 2**  
**Psalm 27.9,1**

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from  
St. Paul's Letter to the Galatians 2:16-20

Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Ωρολόγιο

## Πρὸς Γαλάτας 2:16-20

Προκείμενον. Ἦχος πλ. β'  
ΨΑΛΜΟΙ 27.9,1

**Σῶσον, Κύριε τὸν λαὸν σου  
καὶ εὐλόγησον τὴν κληρονομίαν σου.**

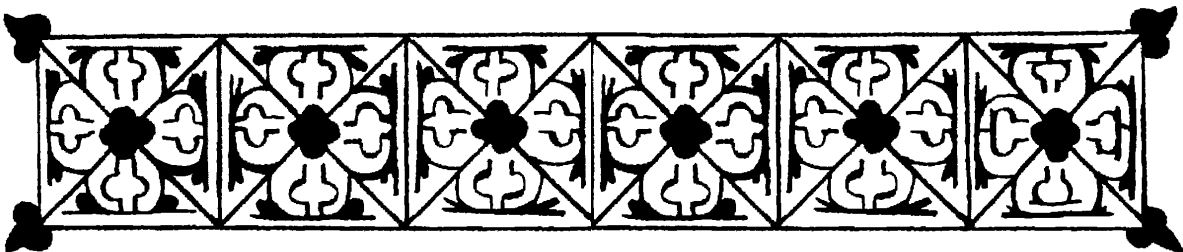
**Στίχ. Πρὸς σέ, Κύριε, κεκράζομαι ὁ Θεός μου.**

Πρὸς Γαλάτας 2:16-20 τὸ ἀνάγνωσμα

Ἀδελφοί, εἰδότες ὅτι οὐ δικαιоῦται ἄνθρωπος ἐξ ἔργων νόμου, ἐὰν μὴ διὰ πίστεως Ἰησοῦ Χριστοῦ, καὶ ἡμεῖς εἰς Χριστὸν Ἰησοῦν ἐπιστεύσαμεν, ἵνα δικαιωθῶμεν ἐκ πίστεως Χριστοῦ, καὶ οὐκ ἐξ ἔργων νόμου· διότι οὐ δικαιωθήσεται ἐξ ἔργων νόμου πᾶσα σὰρξ. Εἰ δέ, ζητοῦντες δικαιωθῆναι ἐν Χριστῷ, εὗρέθημεν καὶ αὐτοὶ ἁμαρτωλοί, ἄρα Χριστὸς ἁμαρτίας διάκονος; Μὴ γένοιτο. Εἰ γὰρ ἂ κατέλυσα, ταῦτα πάλιν οἰκοδομῶ, παραβάτην ἐμαυτὸν συνίστημι. Ἐγὼ γὰρ διὰ νόμου νόμῳ ἀπέθανον, ἵνα θεῷ ζήσω. Χριστῷ συνεσταύρωμαι· ζῶ δέ, οὐκέτι ἐγώ, ζῇ δὲ ἐν ἐμοὶ Χριστός· ὃ δὲ νῦν ζῶ ἐν σαρκί, ἐν πίστει ζῶ τῇ τοῦ υἱοῦ τοῦ θεοῦ, τοῦ ἀγαπήσαντός με καὶ παραδόντος ἑαυτὸν ὑπὲρ ἐμοῦ.

**Lectionary**  
**The Gospel**  
**According to Mark 8:34-38; 9:1**

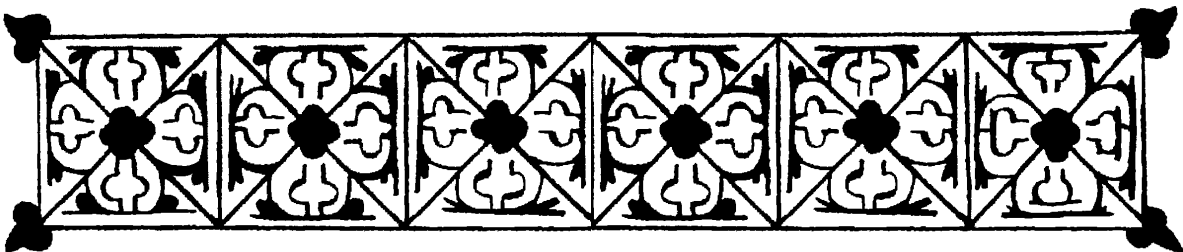
The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



## Ωρολόγιο

### Ἐκ τοῦ Κατὰ Μάρκον 8:34-38, 9:1 Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Εἴ τις θέλει ὀπίσω μου ἐλθεῖν, ἀπαρνησάσθω ἑαυτὸν καὶ ἀράτω τὸν σταυρὸν αὐτοῦ, καὶ ἀκολουθείτω μοι. ὃς γὰρ ἂν θέλῃ τὴν ψυχὴν αὐτοῦ σῶσαι, ἀπολέσει αὐτήν· ὃς δ' ἂν ἀπολέσῃ τὴν ἑαυτοῦ ψυχὴν ἕνεκεν ἐμοῦ καὶ τοῦ εὐαγγελίου, οὗτος σώσει αὐτήν. τί γὰρ ὠφελήσει ἄνθρωπον ἂν κερδήσῃ τὸν κόσμον ὅλον, καὶ ζημιωθῇ τὴν ψυχὴν αὐτοῦ; ἢ τί δώσει ἄνθρωπος ἀντάλλαγμα τῆς ψυχῆς αὐτοῦ; ὃς γὰρ ἂν ἐπαισχυνηθῇ με καὶ τοὺς ἐμοὺς λόγους ἐν τῇ γενεᾷ ταύτῃ τῇ μοιχαλίδι καὶ ἁμαρτωλῷ, καὶ ὁ υἱὸς τοῦ ἀνθρώπου ἐπαισχυνηθήσεται αὐτὸν ὅταν ἔλθῃ ἐν τῇ δόξῃ τοῦ πατρὸς αὐτοῦ μετὰ τῶν ἀγγέλων τῶν ἁγίων. Καὶ ἔλεγεν αὐτοῖς· ἀμὴν λέγω ὑμῖν ὅτι εἰσὶ τινες τῶν ὧδε ἐστηκότων, οἵτινες οὐ μὴ γεύσονται θανάτου ἕως ἂν ἴδωσι τὴν βασιλείαν τοῦ Θεοῦ ἐληλυθυῖαν ἐν δυνάμει.





# HYMNS OF THE DAY

## Resurrectional Apolytikion. Plagal Second Mode

When the angelic powers appeared at Your tomb, and those who guarded You became as though dead. And standing by Your sepulcher was Mary, seeking Your pure sacred body. For You did vanquish Hades, and uncorrupted by its touch, You came unto the virgin women, bestowing the gift of life. O You Who rose from the dead, we give glory to You!

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνῆμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἵστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

## Apolytikion For the Cross

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα. Τοῦ Ναοῦ.

## Apolytikion for the Church in the Plagal First Mode

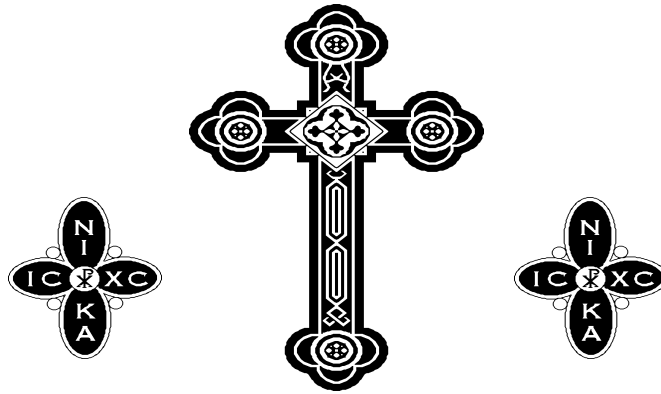
Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.

## Kontakion for the Cross

You who were lifted on the cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανόν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

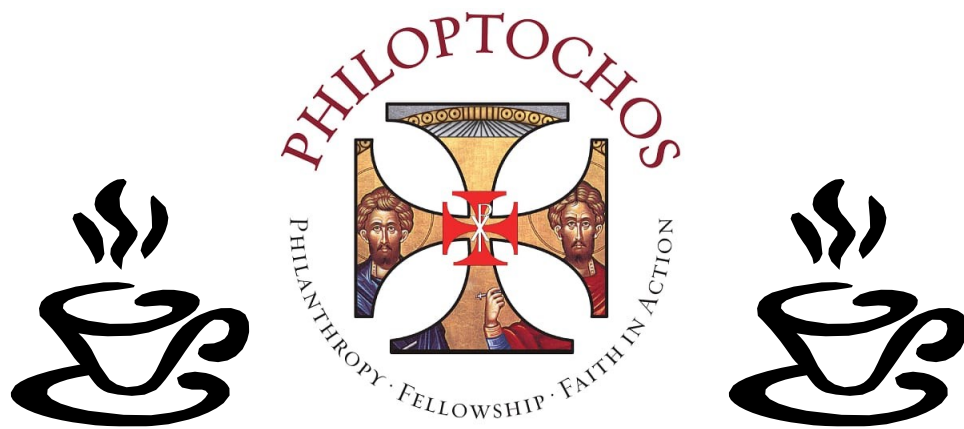
*Sunday—September 17, 2023*



*Trisagion  
Maria Savas (17 Years)*

*MAY HER MEMORY BE ETERNAL*





# ***JOIN US TODAY FOR COFFEE HOUR !***

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*A special thank you to the following ladies  
of our community who have volunteered  
to donate their time today to serve coffee:*

*Helen Aravantinos & Katina Baikos*





# ***Church Services & Events for Today & the Upcoming Week***

**Today ~ Sunday after Holy Cross**

**8:45 am Orthros**

**10:00 am Divine Liturgy**

***Feast Day of St. Sophia & Daughters***



***Sunday School Begins  
MEET & GREET***

**Monday ~ September 18, 2023**

**5:30 pm Jesus Prayer Group**

**Tuesday ~ September 19, 2023**

***Father David Out of Town***

**Wednesday ~ September 20, 2023**

***Father David Out of Town***

**Thursday ~ September 21, 2023**

***Father David Out of Town***

**Friday ~ September 22, 2023**

***Father David Out of Town***

**Saturday ~ September 23, 2023**

***Father David Out of Town***

**IMPORTANT DATE**  
***September 2023 Church Calendar***

**Feast Day of St. Sophia & Daughters**  
***TODAY—Sunday, September 17, 2023***  
***8:45 am Orthros***  
***10:00 am Divine Liturgy***



# **ANNUAL MEET & GREET** **TODAY**

Please join us today in the gymnasium after Divine Liturgy for the Annual Meet & Greet. Each Church organization will have a table set up with information available. Please visit the many tables and join the many organizations that St. Sophia's has to offer for all age groups.

meet+greet



meet+greet



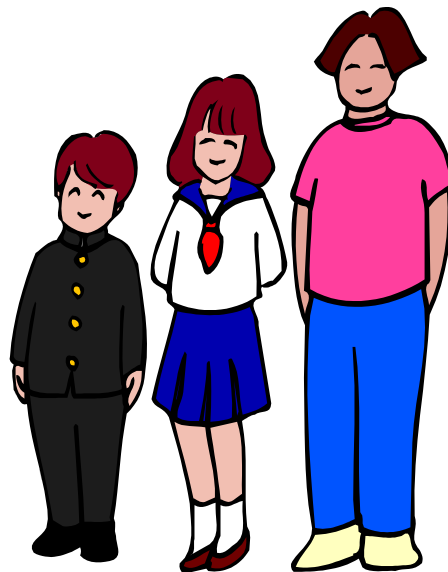
meet+greet



## **SUNDAY SCHOOL**

**TODAY we begin  
Sunday School  
for the Year 2023-2024**

**Parents may register  
children online or  
at today's Meet & Greet**



# **A STEWARDSHIP OPPORTUNITY!**

## **Run for a position on St Sophia's Parish Council!**

The Election Committee is seeking candidates to fill four (4) church board positions, expiring at the end of 2023. An official notification will be sent out by the Election Committee dated September 12<sup>th</sup>. Please feel free to contact one of the Election Committee members if you are interested in or would like to recommend someone to serve a three year term on the Parish Council.

Eligible candidates should be a member in good standing in St. Sophia Parish and a member for a minimum of one year. A candidate in good standing is any person who:

- Was baptized according the rites of the Church, or was received into the Church through chrismation.
- Who lives according to the faith and canons of the Church
- Has met their Stewardship obligation (completed 2022 obligations and has paid  $\frac{3}{4}$  of their 2023 Stewardship by October 28<sup>th</sup>, 2023),
- Abides by the by-laws of the Parish.

Candidate filing: Interested candidates will file a simple petition for candidacy, complete a short resume form, and provide a picture.

**Filing deadline is:**

**Sunday, October 22, 2022      Election Day is November 12<sup>th</sup>, 2023.**

Our committee looks forward to speaking with all interested parties. Contact information for the Election Committee is as follows:

Diane Peters	315-622-3318 (H)	dcpeters312@gmail.com
<b>Jeanne Sarigiannis (chair)</b>	<b>315-699-4896 (H)</b>	<b>Jsarigia61@verizon.net</b>
Elizabeth Steinberg	315-447-4445 (H)	LSteinberg@signalgt.com
Alexandra Tavlarides	315-345-2301 (C)	<a href="mailto:atavlar1@twcny.rr.com">atavlar1@twcny.rr.com</a>
Sophia Wales	315-897-7998 (C)	sophiawales12@gmail.com