

# St. Paul's Letter to the Ephesians 4:7-13

Prokeimenon. Mode 1 Psalm 32.22,1

Let your mercy, O Lord, be upon us.

Verse: Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Letter to the Ephesians 4:7-13

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.



# Πρός Ἐφεσίους 4:7-13

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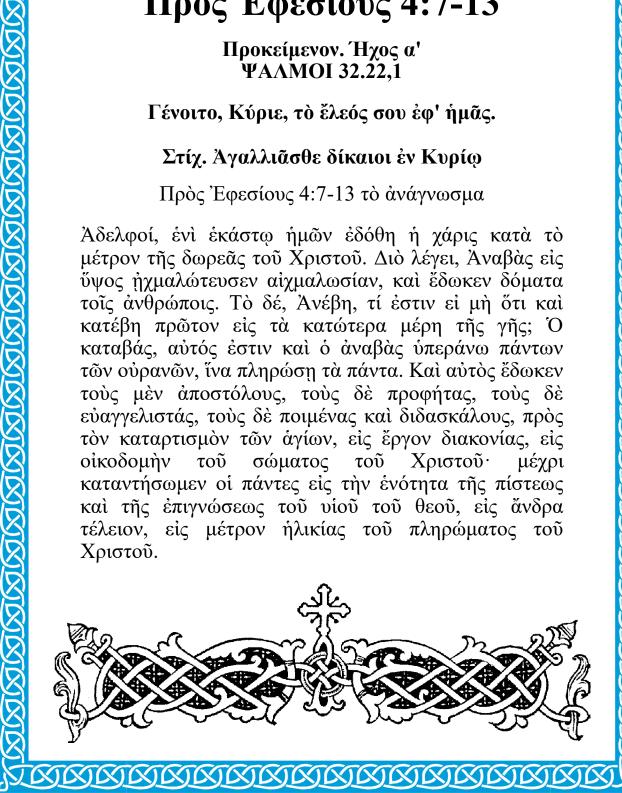
Προκείμενον. Ήχος α' ΨΑΛΜΟΙ 32.22,1

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.

#### Στίχ. Άγαλλιᾶσθε δίκαιοι ἐν Κυρίω

Πρός Ἐφεσίους 4:7-13 τὸ ἀνάγνωσμα

Αδελφοί, ένὶ ἑκάστω ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἀναβὰς εἰς ύψος ήχμαλώτευσεν αίχμαλωσίαν, και έδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστιν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβὰς ὑπεράνω πάντων τῶν οὐρανῶν, ἵνα πληρώση τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τούς μέν αποστόλους, τούς δὲ προφήτας, τούς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οίκοδομήν τοῦ σώματος Χριστοῦ· τοῦ μέχρι καταντήσωμεν οἱ πάντες εἰς τὴν ἑνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, είς μέτρον ήλικίας τοῦ πληρώματος τοῦ Χριστοῦ.



# The Gospel According to Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and Nazareth he went and in leaving dwelt Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

# Ἐκ τοῦ Κατὰ Ματθαῖον 4:12-17 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι 'Ιωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπών τὴν Ναζαρὲτ κατώκησεν είς Καπερναούμ έλθών τήν παραθαλασσίαν έν δρίοις Ζαβουλών καὶ Νεφθαλείμ, ίνα πληρωθη τὸ ἡηθὲν διὰ Ήσαΐου τοῦ προφήτου λέγοντος. γĩ καὶ γῆ Νεφθαλείμ, ὁδὸν Ζαβουλών θαλάσσης, πέραν τοῦ ἰορδάνου, Γαλιλαία έθνῶν, ὁ λαὸς ὁ καθήμενος τῶν έv σκότειεἶδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρα καὶ σκιᾶ θανάτουφῶς ἀνέτειλεν αὐτοῖς. ᾿Απὸ τότε ἤρξατο ὁ Ἰησοῦς κηρύσσειν καὶ λέγειν μετανοεῖτε ἤγγικε γὰρ ή βασιλεία τῶν οὐρανῶν.



## HYMNS OF THE DAY

Resurrectional Apolytikion in the Grave Mode

O Lord, by Your sacred cross You abolished death, and granted unto the thief blessed paradise. The myrrhbearers ceased lamenting and turned to joy, the apostles did preach the good news at Your command that You had risen from the dead, O Christ our God, bestowing Your mercy upon the world evermore!

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέῳξας τῷ λῃστῃ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῷ τὸ μέγα ἔλεος.

## Apolytikion of Epiphany, Mode 1

By Thy baptism O Lord in the river Jordan, worship to the Trinity has shown its appearance! For the voice of the Father came forth to Thee with the testimony, naming Thee beloved Son. And the Spirit, in the likeness of a dove, confirming the truth of the Word. Wherefore, Thou who didst come and lighten the world, O Lord, glory to Thee!

Έν Ἰορδάνῃ βαπτιζομένου σου Κύριε, ἡ τῆς Τριάδος ἐφανερώθῃ προσκύνησις· τοῦ γὰρ Γεννήτορος ἡ φωνὴ προσεμαρτύρει σοι, ἀγαπητόν σε Υίὸν ὀνομάζουσα· καὶ τὸ Πνεῦμα ἐν εἴδει περιστερᾶς, ἐβεβαίου τοῦ λόγου τὸ ἀσφαλές. Ὁ ἐπιφανεὶς Χριστὲ ὁ Θεός, καὶ τὸν κόσμον φωτίσας δόξα σοι.

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## HYMNS OF THE DAY

#### ←*Continued from*

### For the Forerunner, Mode 2

The memory of the just is observed with hymns of praise; for you suffices the testimony of the Lord, O Forerunner. You have proved to be truly more ven'rable than the Prophets, since you were granted to baptize in the river the One whom they proclaimed. Therefore, when for the truth you had contested, rejoicing, to those in Hades you preached the Gospel, that God was manifested in the flesh, and takes away the sin of the world, and grants to us the great mercy.

Μνήμη Δικαίου μέτ' ἐγκωμίων, σοὶ δὲ ἀρκέσει ἡ μαρτυρία τοῦ Κυρίου Πρόδρομε· ἀνεδείχθης γὰρ ὄντως καὶ Προφητῶν σεβασμιώτερος, ὅτι καὶ ἐν ῥείθροις βαπτίσαι κατηξιώθης τὸν κηρυττόμενον. Ὅθεν τῆς ἀληθείας ὑπεραθλήσας, χαίρων εὐηγγελίσω καὶ τοῖς ἐν Ἅδῃ, Θεὸν φανερωθέντα ἐν σαρκί, τὸν αἴροντα τὴν ἁμαρτίαν τοῦ κόσμου, καὶ παρέχοντα ἡμῖν τὸ μέγα ἔλεος. 

### Apolytikion for the Church in the Plagal First Mode

Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.

### Kontakion, Mode 4

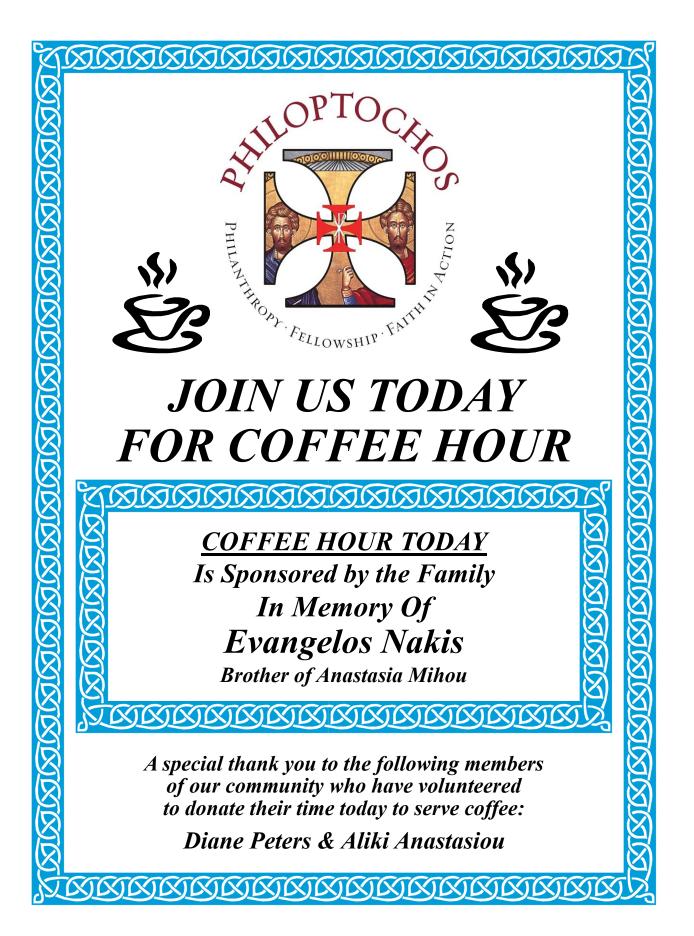
You appeared today to us on earth, O Master, and Your light was signed on us who cry aloud to You and say with understanding, O Christ our God: You came and shone forth, O Light unapproachable.

Ἐπεφάνης σήμερον τῷ οἰκουμένῃ, καὶ τὸ φῶς σου Κύριε, ἐσημειώθη ἐφ' ἡμᾶς, ἐν ἐπιγνώσει ὑμνοῦντάς σε. ἘΗλθες ἐφάνης τὸ Φῶς τὸ ἀπρόσιτον.

# Sunday—January 14, 2024 ŴХС **Memorials** Michel Mantzakos (40 Days) Paschalina Tomkos (40 Days) Evangelos Nakis (1 Year) Brother of Anastasia Mihou Alexander Mantzakos (13 Years) **Trisagions** Vangel Sterio (6 Years) George Potamianos (26 Years) MAY THEIR MEMORY BE ETERNAL Forty Day Baby Blessing 0f Benjamin Rafael Smith

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Church Services & Events for Today & the Upcoming Week

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<u>Today ~ Leavetaking of the Theophany</u> 8:45 am Orthros 10:00 am Divine Liturgy

Forty Day Baby Blessing of Benjamin Rafael Smith

<u>Monday ~ January 15, 2024</u> 5:30 pm Jesus Prayer Group

6:30 pm Orthodoxy 101

<u>Tuesday ~ January 16, 2024</u> 10:00 am Bible Study

<u>Wednesday ~ January 17, 2024</u> 9:00 am Orthros 10:00 am Divine Liturgy St. Anthony 6:00 pm Paraklesis 7:00 pm Bible Study 8:00 pm Syracuse University OCF

<u>Thursday ~ January 18, 2024</u> 6:00 pm Choir Rehearsal

<u>Saturday ~ January 20, 2024</u> 5:00 pm Great Vespers

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# **Calling all parents** of youth dancers

# GOYA. Jr. GOYA. JOY. HOPE.

There will be a second parent meeting on Sunday, January 28th at Noon to discuss the upcoming festival and what the expectations will be, to be part of the dance groups. Please plan to join us in the lower level hall.

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# Saturday—January 27th 1:00 pm to 3:00 pm

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PLEASE JOIN US FOR THIS ALL YOUTH EVENT AT GREEN LAKE LANES 7930 East Genesee Street Fayetteville, New York 13066

Please let our Youth Advisors know if you will be attending:

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JOY—Crystal Swanson & Elaine Imbesi

JR. GOYA—Dina Ioannidis & Marianna Politis-Tacea

GOYA—Maria Sophia Vigliotti