

**ST. SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN
SUNDAY, MARCH 30, 2025
SUNDAY OF ST. JOHN CLIMACUS**

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METROPOLIS
OF DETROIT

St. Paul's Letter to the Hebrews 6:13-20

**Prokeimenon. Grave Mode
Psalm 28.11,1**

The Lord will give strength to his people.

**Verse: Bring to the Lord, O sons of God,
bring to the Lord honor and glory.**

The reading is from
St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

Πρὸς Ἑβραίους 6:13-20

Προκείμενον. Ἦχος βαρύς
ΨΑΛΜΟΙ 28.11,1

Κύριος ἰσχὺν τῷ λαῷ αὐτοῦ δώσει.

Στίχ. Ἐνέγκατε τῷ Κυρίῳ υἱοὶ Θεοῦ,
ἐνέγκατε τῷ Κυρίῳ δόξαν καὶ τιμὴν.

Πρὸς Ἑβραίους 6:13-20 τὸ ἀνάγνωσμα

Ἀδελφοί, τῷ Ἀβραάμ ἐπαγγειλάμενος ὁ θεός, ἐπεὶ κατ' οὐδενὸς εἶχεν μείζονος ὁμόσαι, ὥμοσεν καθ' ἑαυτοῦ, λέγων, Ἴη μὴν εὐλογῶν εὐλογήσω σε, καὶ πληθύνων πληθυνῶ σε. Καὶ οὕτως μακροθυμήσας ἐπέτυχεν τῆς ἐπαγγελίας. Ἄνθρωποι μὲν γὰρ κατὰ τοῦ μείζονος ὁμνύουσιν, καὶ πάσης αὐτοῖς ἀντιλογίας πέρας εἰς βεβαίωσιν ὁ ὄρκος. Ἐν ᾧ περισσότερο βουλόμενος ὁ θεὸς ἐπιδείξει τοῖς κληρονόμοις τῆς ἐπαγγελίας τὸ ἀμετάθετον τῆς βουλῆς αὐτοῦ, ἐμεσίτευσεν ὄρκῳ, ἵνα διὰ δύο πραγμάτων ἀμεταθέτων, ἐν οἷς ἀδύνατον ψεύσασθαι θεόν, ἰσχυρὰν παράκλησιν ἔχωμεν οἱ καταφυγόντες κρατῆσαι τῆς προκειμένης ἐλπίδος· ἦν ὡς ἄγκυραν ἔχομεν τῆς ψυχῆς ἀσφαλῆ τε καὶ βεβαίαν, καὶ εἰσερχομένην εἰς τὸ ἐσώτερον τοῦ καταπετάσματος· ὅπου πρόδρομος ὑπὲρ ἡμῶν εἰσῆλθεν Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδέκ ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.

The Gospel According to Mark

9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

Ἐκ τοῦ Κατὰ Μάρκον 9:17-31 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἄνθρωπός τις προσῆλθε τῷ Ἰησοῦ λέγων, διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρὸς σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβῃ, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται· καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ οὐκ ἴσχυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει· ὦ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρὸς με. καὶ ἤνεγκαν αὐτὸν πρὸς αὐτόν. καὶ ἰδὼν αὐτὸν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν ἐπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ· πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδίόθεν. καὶ πολλάκις αὐτόν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέσῃ αὐτόν· ἀλλ' εἴ τι δύνασαι, βοήθησον ἡμῖν σπλαγχνισθεὶς ἐφ' ἡμᾶς. ὁ δὲ Ἰησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεύοντι. καὶ εὐθέως κράξας ὁ πατήρ τοῦ παιδίου μετὰ δακρύων ἔλεγε· πιστεύω, κύριε· βοήθει μου τῇ ἀπιστία. ἰδὼν δὲ ὁ Ἰησοῦς ὅτι ἐπισυντρέχει ὄχλος, ἐπετίμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ· τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγὼ σοὶ ἐπιτάσσω, ἔξελθε ἐξ αὐτοῦ καὶ μηκέτι εἰσέλθῃς εἰς αὐτόν. καὶ κράξαν καὶ πολλὰ σπαράξαν αὐτόν ἐξῆλθε, καὶ ἐγένετο ὡσεὶ νεκρός, ὥστε πολλοὺς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτόν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ εἰσελθόντα αὐτόν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ ἐπηρώτων αὐτόν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ἠδυνήθημεν ἐκβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς· τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἐξελεθεῖν εἰ μὴ ἐν προσευχῇ καὶ νηστεία. Καὶ ἐκεῖθεν ἐξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἠθέλεν ἵνα τις γινῶ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποκτανθεὶς τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται.

HYMNS OF THE DAY

Resurrectional Apolytikion in the Grave Mode

O Lord, by Your sacred cross You abolished death, and granted unto the thief blessed paradise. The myrrhbearers ceased lamenting and turned to joy, the apostles did preach the good news at Your command that You had risen from the dead, O Christ our God, bestowing Your mercy upon the world evermore!

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον· ἠνέφξας τῷ ληστῇ τὸν Παράδεισον· τῶν Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

For St. John Climacus

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρῦων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Apolytikion for the Church in the Plagal First Tone

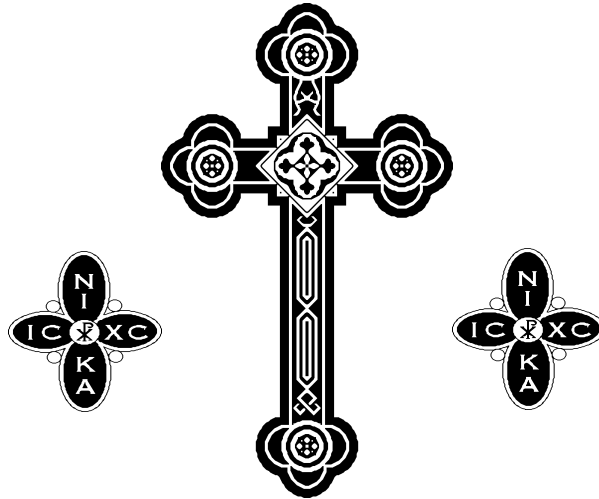
Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb through divine martyrdom, Agape, along with Hope and Faith, the God-minded with whom do you pray to God for all of us.

Kontakion for the Theotokos during Lent

O Champion General, I your city now inscribe to you triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

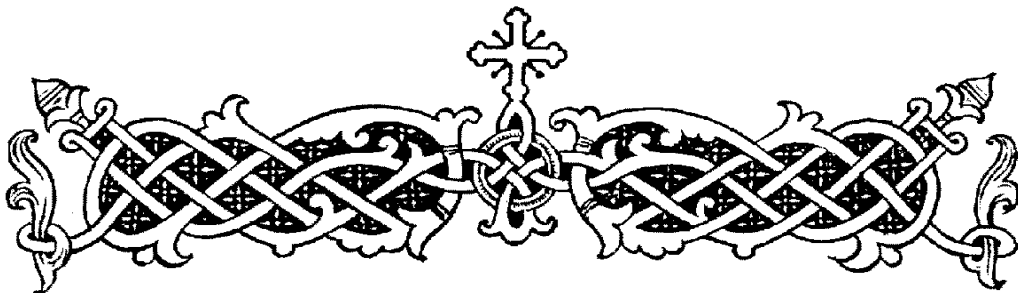
Sunday—March 30, 2025

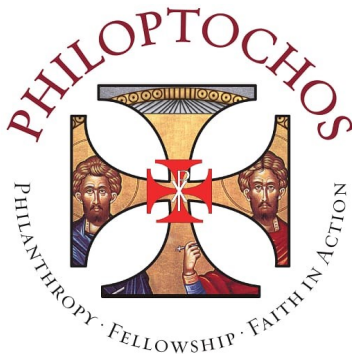


*Memorial
George Aravantinos (40 Days)*

*Trisagion
Giorgios Ioannou (6 Months)*

MAY THEIR MEMORY BE ETERNAL





***JOIN US TODAY
FOR COFFEE HOUR***



COFFEE HOUR TODAY

Sponsored by the Family

***In Memory of
Giorgios Ioannou***

***A special thank you to the following members
of our community who have volunteered
to donate their time today to serve coffee:***

Elizabeth Sakellariou & Thalia Tonas



***Church Services & Events
for Today & the Upcoming Week***

Today ~ Sunday of St. John Climacus

8:45 am Orthros

10:00 am Divine Liturgy

6:00 pm Lenten Vespers at St. Luke's

Tuesday ~ April 1, 2025

10:00 am Bible Study

5:00 pm Orthodoxy 101

Wednesday ~ April 2, 2025

9:00 am Presanctified Liturgy

Thursday ~ April 3, 2025

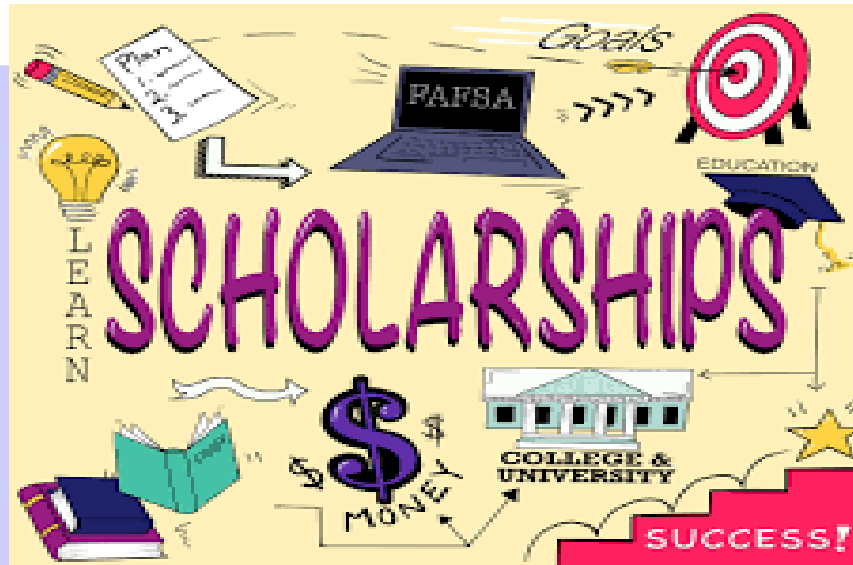
6:00 pm Choir Practice

Friday ~ April 4, 2025

6:00 pm Fifth Akathist Hymn

Saturday ~ April 5, 2025

5:00 pm Great Vespers



***ATTENTION
HIGH SCHOOL SENIORS***

NOW AVAILABLE

***Applications for
Saint Sophia Greek Orthodox Church,
Philoptochos & AHEPA
2025 Scholarships***

***Scholarship applicants
to complete **ONLY ONE** application form
for 2025 scholarships awarded to
Graduating High School students***

***Find your application on the church website
or pick up a copy from the Church Office/Copier Room***

***Acceptable submission of applications
and all requirements must be received
by noon on April 30, 2025***



AHEPA SYRACUSE CHAPTER NO. 37

SCHOLARSHIP APPLICATION

Year 2025

ELIGIBILITY The applicant is the son or daughter [or grandson or grand-daughter] of a Chapter member of AHEPA Chapter No. 37 in good standing at least two years prior to the application date of May 1, 2025

AND The applicant **MUST ATTEND** full time, an accredited college or university during the calendar year 2025 - 2026. (minimum 12 college credits) **AND** The applicant must reside within the domain of Syracuse Chapter No. 37.

AND All recipients must provide proof by September 2025 that they are a full time college student (Bursar's receipt) or a College transcript with a school seal.

FILING Please use our application. If additional applications forms are needed, please feel free to make copies. The applicant is responsible for the submission of all documents and completion of all sections of the application and package by no later than May 1, 2025.

Applications are available in the church copy machine room, church lobby and at the candle stand.

The Greek Dance Season is upon us!

PRACTICES HAVE BEGUN !!!

Your 2025 Dance Crew:

Dancers in Training: Pre-K-1st Grade

Instructor: Andriana Cannon

Parent Volunteer: Crystal Swanson

Sundays: 11:45-12:15 (lower level)

Elementary Group: 2nd-4th Grade

Instructor: Stavros Vigliotti

Parent Volunteer: Anastasia Stark

Sundays: 11:45-12:30 (lower level)

Wednesdays: 6:00-7:00

Middle School Group: 5th-8th Grade

Instructor: Tina Carkey

Parent Volunteer: Marianna Politis

Sundays: 12:00-12:30 (third floor)

Wednesdays: 6:30-7:15

High School Group: 9th-12th Grade

Clemente Vigliotti, Stavros Vigliotti & Chryssa Tzetzis

Sundays: 12:00-12:30 (lower level)

Wednesdays: 7-8:30

We look forward to the 2025 dance season!

We will be utilizing the Remind App

and please mark your calendars

the Greek Cultural Festival is June 5-8th.

Elementary and Middle School Groups

will also be participating

at the Baldwinsville Cultural Fair

on Wednesday, May 7th @ 6pm.

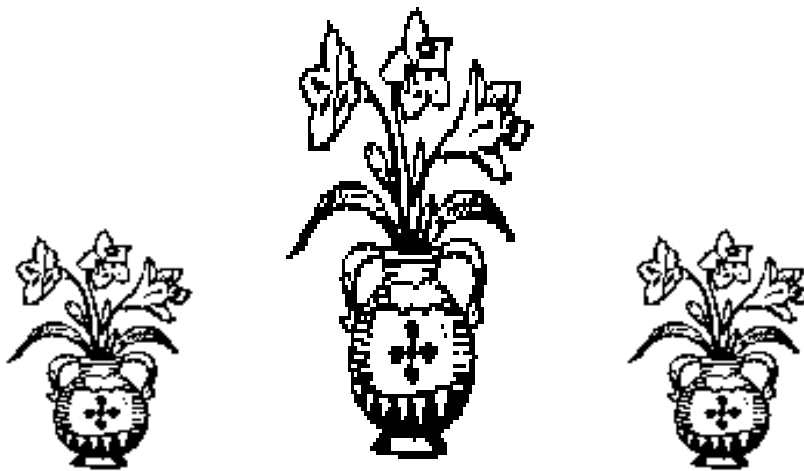
Please Join Us!

2025 PAN-ORTHODOX
LENTEN VESPERS

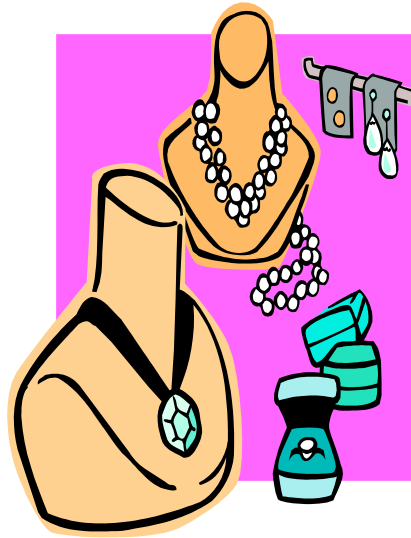
Schedule of Services
6:00 pm on Sundays
followed by a Fasting Meal

TODAY—March 30, 2025
Sunday of St. John Climacus
St. Luke's Ukrainian Orthodox Church
3290 Warners Road ~ Warners, NY 13164

April 6, 2025
Sunday of St. Mary of Egypt
St. George Macedonian Orthodox Church
5083 Onondaga Road ~ Syracuse, NY 13215



PHILOPTOCHOS **COSTUME JEWELRY DRIVE**



Attention ladies!...We are still at it!...
Collecting costume jewelry for our ever popular
upcoming costume jewelry sales!

St. Sophia's annual festival is fast approaching! Last year we did great business at the Philoptochos table selling the donated jewelry. We did so well that we have very little left for this year. So we want everyone to rummage through their jewelry boxes and gather all the items you no longer want or wear. Bring them into the church office and we will prepare them for sale this year. So do your best and donate all you can. Philoptochos funds great causes with this money! Costume jewelry donations are accepted year round to the Church office, attention Philoptochos.

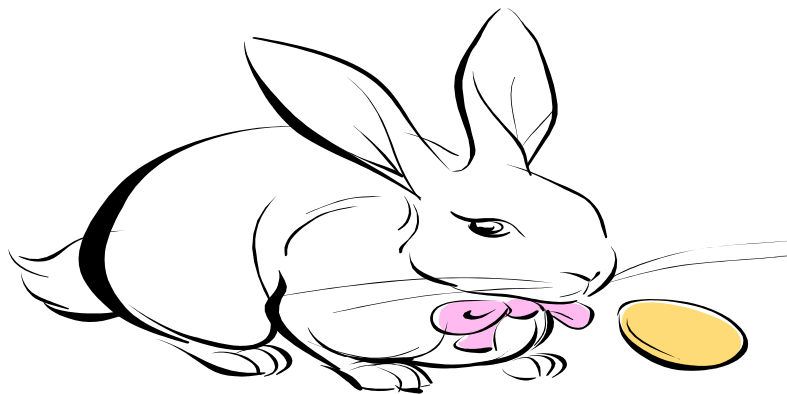
A decorative border of black and white patterned Easter eggs surrounds the text. The eggs are arranged in a rectangular frame, with some eggs also appearing in the top and bottom rows.

Philoptochos

Easter Bake Sale

Friday, April 11 ~ 2 pm to 6 pm
Saturday, April 12 ~ Noon to 4 pm
Sunday, April 13 ~ Noon to 1:30 pm

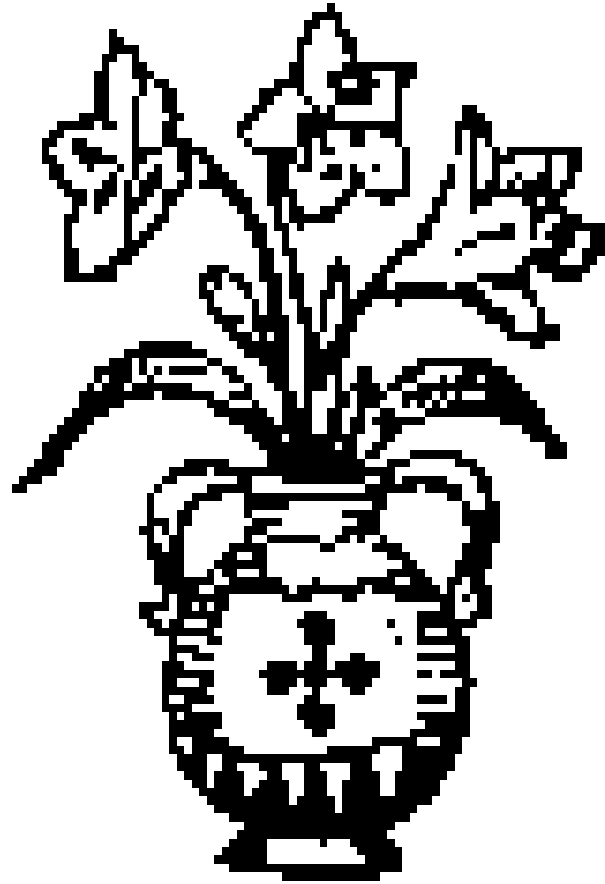
*FEATURING A LARGE ASSORTMENT
OF DELICIOUS GREEK & AMERICAN
PASTRIES & TSOUREKI (EASTER BREAD)*



*Parishioners please drop off your donated Pastries
Wednesday, April 9 or Thursday, April 10
from 10:00 AM to 2:00 PM*

*ATTENTION....
We need Bakers to make Pastries and to assist at the Bake Sale
If you are available to help
please contact Jeanette Vigliotti at (315) 481-7816*

Proceeds to benefit local charities



Mark Your Calendars
General Assembly Meeting
Sunday—April 6, 2025