

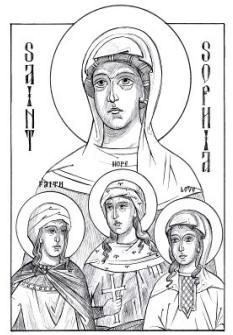


NEPSIS

Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)

Saint Sophia's Greek Orthodox Church
325 Waring Road
Syracuse, New York 13224

Phone (315) 446-5222
Fax (315) 251-1654



"Lord Have Mercy"

Christ is Risen! Χριστός ἀνέστη!

For my Lenten reading this year, I read the fifth volume of The Philokalia, which has just been published. This marks the long-awaited publication of the entire Philokalia in English. At the end of the book, I found a short, anonymous work describing the meaning of "Lord, have mercy." We say this so often! Sometimes three times, sometimes twelve, and sometimes we say "Lord have mercy" forty times. The author of the piece in The Philokalia (they don't know who wrote it) rightly noted that we can easily lose track of the meaning of what we're saying when we repeat the phrase so often, and so offers this "definition:"

The mercy of God is nothing else than the grace of the All-Holy Spirit – the grace that we sinners must seek from God, crying out unceasingly "Lord have mercy," that is, "My Lord, have compassion on me, a sinner, in my pitiful state, and receive me again into Thy grace. Grant me the spirit of strength, to fortify me so that I may resist the temptations of the devil and the evil habit of sin. Grant me the spirit of self restraint, so that I may restrain myself, become aware of myself and reform myself. Grant me the spirit of fear, so that I may fear Thee and keep Thy Commandments. Grant me the spirit of love, so that I may love Thee and no longer estrange myself from Thee. Grant me the spirit of peace, so that I may preserve my soul in a state of peace and may collect my thoughts and be calm and tranquil. Grant me the spirit of purity, to keep me pure from every defilement. Grant me the spirit of gentleness, so that I may be gentle to my Christian brethren and restrain from anger. Grant me the spirit of humility, so that I may not inflate my mind with fantasies and grow proud."

That's a lot to keep in mind while saying "Lord have mercy," in any of the divine services. But I think that we give ourselves great spiritual benefit by occasionally meditating on the meaning of this oft-used phrase. It is the core of the Jesus Prayer, and the one prayer that we repeat multiple times during the day. I pray that his anonymous passage would help you to gain Paschal joy and peace from the prayer: "Lord have mercy."

Truly He is risen! Ἀληθώς ἀνέστη!

Your affectionate servant,
Father David

MAY 2025

2025 Parish Council

Peter Manolakos
President

Thomas Anthis Jr.
Vice President

Robert Allen
Secretary

Michael Copanas
Treasurer

Joy Weatherup-Anthis
Dimitrios Giaprakis
Eleni Kosmas, MD
Martha Lemondes
George Nardone
Marianna Politis-Tacea
Christopher Shiomos, OD
Jeanette Capousis Vigliotti

~~~~~  
Honorary  
Board Member  
*James Sakezles*



**VISIT THE  
PARISH  
WEBSITE**  
[stsophias.org](http://stsophias.org)



**MEMORIAL DAY SERVICES**  
**Monday—May 26, 2025**

**Woodlawn Cemetery**  
**8:30 am Service in the Chapel**

**Oakwood Cemetery**  
**10:00 am Service under the Tent**

**St. Mary's Cemetery**  
**12:00 pm Service**

# MEMORIAL DAY SERVICES

**Μνημόνευσις Ονομάτων**  
**Name Commemoration**  
**Τεθνεώτες ~ Deceased**

## Names for Woodlawn Cemetery

[illegible]

## Names for Oakwood Cemetery

[illegible]

## Names for St. Mary's Cemetery

[illegible]

## PRESIDENT'S MESSAGE

Dear Parish,

Christ Is Risen, Truly He Is Risen-the greeting and response of the orthodox the world over. This greeting is appropriate from the moment we announce it at Pascha and for forty days until the day of Christ's Ascension. Saying it is a reminder of God's forbearance and love for us. Saying it with enthusiasm, with humility, we embrace the profound miracle of the Resurrection. We sing the Christ Is Risen hymn over and over at the Pascha service, a song of celebration, of thanks to God, a joyous proclamation of our Orthodox faith. We are the inheritors of a glorious tradition that we need to live every day. Blessed be the name of the Lord.

As you can see by the contents of this month's Nepsis, we have entered the twilight zone of high festival activity. From unloading supplies, cooking and baking, setting up the village and the outdoor venue, we have a lot to do. It all happens so seamlessly that people who are not heavily involved may think there is an element of magic going on.

Well, to that I must say no magic here. Just an enormous amount of work which culminates in the four days of the festival. And all that work means a lot of people step up, put their shoulders to the wheel and get it done.

But we need more help. Therefore I entreat those of you who are not involved to look at their schedules and volunteer to help out. Volunteer for multiple pre-festival days, the days that that make the festival itself possible. We need you, the church needs the festival. Be a part of this crucial event that allows us to have such a beautiful place to worship.

Thanks to all who have worked over the years to make our festival a financial success. Thanks also to those who will join in for the first time. You will be glad you did.

Χριστός Ανέστη

Yours in Christ,

*Peter Manolakos*

Parish Council President



## HOLY ASCENSION

**THURSDAY—MAY 29, 2025**

**9:00 AM ORTHROS**

**10:00 AM DIVINE LITURGY**

*The Feast of the Ascension of our Lord God and Savior Jesus Christ is celebrated each year on the fortieth day after the Great and Holy Feast of Pascha (Easter). Since the date of Pascha changes each year, the date of the Feast of the Ascension changes. The Feast is always celebrated on a Thursday. The Feast itself commemorates when, on the fortieth day after His Resurrection, Jesus led His disciples to the Mount of Olives, and after blessing them and asking them to wait for the fulfillment of the promise of the Holy Spirit, He ascended into heaven.*



# *Apostles' Fast* *begins* *Monday—June 16*



*The Apostles' Fast in the Greek Orthodox Church is a period of fasting observed from the Monday after All Saints' Sunday (the Sunday after Pentecost) until the Feast of Saints Peter and Paul on June 29. The fast is a time for remembering the lives and teachings of the apostles and for spiritual renewal.*



*Save The Date*  
*Friday—May 2*  
**CAMP INFORMATION**  
**ZOOM MEETING**

# SAVE THE DATE



**American  
Red Cross**



**American  
Red Cross**

Community of Giving

**St. Sophia's Greek Orthodox Church  
Blood Drive**

Sponsored by  
Assemblyman John Lemondes

**Tuesday, September 23, 2025  
11:30 a.m. – 4:30 p.m.**

For an appointment, please visit  
[redcrossblood.org](http://redcrossblood.org) and enter "stsophias" into  
the search box or call 1-800-RED CROSS



# A Retreat with His Grace Bishop John Abdallah

## BUILDING AN ORTHODOX MARRIAGE

MAY 9 - 11  
ST. ELIAS CHURCH,  
SYRACUSE, NY

SEPARATE SESSIONS  
FOR TEENS TO TALK  
ABOUT ISSUES  
RELATED TO THEM

FRI

6 PM - PARAKLESIS SERVICE  
7 PM - FIRST SESSION - ADULTS  
FOLLOWED BY POTLUCK.

SAT

9 AM - BREAKFAST  
10 AM - SECOND SESSION - ADULTS  
*SESSION WITH FR. AMBROSE - TEENS*

SUN

12 PM - LUNCH  
1 PM - THIRD SESSION - ADULTS  
*SESSION WITH FR. AMBROSE - TEENS*  
FOLLOWED BY VESPERS

9:30 AM - ORTHROS  
10:30 AM - HIERARCHIAL DIVINE  
LITURGY

TICKETS: \$25/PERSON. TEENS ARE FREE. CLICK TO REGISTER:

<https://orthodoxmarriageretreat.eventbrite.com>

## THANK YOU

*A special "Thank You" to Cindy Tzetzis and to her crew (Marianna Politis-Tacea, Kelly Telonis, Sophia Wales, Lina Pateras, Mihali Tzetzis, Johnna Tzetzis, Alexandria Molinaro, Maria-Sophia Vigliotti, Stavros Vigliotti, Clemente Vigliotti and the youth group) for arranging the beautiful flowers during Lent, Holy Week and Pascha and for decorating the Kouvouklion.*



## CHOIR

*We welcome everyone to join our Choir  
Check the Church Calendar for upcoming Choir Practices*



### 2025 STEWARDSHIP COMMITMENT CARD

*St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222*

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work  
at St. Sophia's Church, for 2025 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card  
do so Online via the Church website [stsophias.org](http://stsophias.org)*

Please Print:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**

## March 2025 Sacramental Registry



**Funeral**  
**Mary Sakezles**



**Baptism**  
**Eleni Mattia van der Woude**

## May 2025 Memorials Eternal Be Their Memory



May 4, 2025

Memorial Service  
Elaine Dimkos (40 Days)

Trisagion Prayer  
Panagiota (Patricia) Stamatakos (38 Years)

May 11, 2025  
None Scheduled

May 18, 2025  
None Scheduled

May 25, 2025  
None Scheduled



## May 2025 **Ladies Volunteering To Serve Coffee Hour**

*A special thank you to the following ladies  
of our community who have volunteered to  
donate their time to serve coffee:*

May 4, 2025  
Artemis Gilbert  
Sophia Wales

May 11, 2025  
Chrisoula Anastasiou  
Helen Aravantinos

May 18, 2025  
Katina Baikos  
Katherine Bristol

May 25, 2025  
Sofia Vasiliou  
Jeanne Sarigiannis

~~~~~

*If you are not currently on our
list of volunteers for coffee hours,
a sign up sheet is in the gymnasium.*

All are welcome.

May 2025 Coffee Hours



May 4, 2025
In Memory of
Elaine Dimkos
Given by the Family

May 11, 2025
In Memory of
Mary Sakezles
Given by the Family





PHILOPTOCHOS **COFFEE HOUR SERVICE**



Philoptochos provides the coffee service during Coffee Hour on Sundays from September through May. During these months, please call the Church Office to schedule a sponsored coffee hour for a memorial.

Procedure to Schedule a Memorial Sponsored Coffee Hour Service:

1. Call the church office 315-446-5222 and schedule the memorial and sponsored coffee hour with Katina Luvadis (Church Administrative Assistant).
2. Choose one of the levels of Coffee Service below. Coffee Hour Service Fees to be paid **ONLY** by check made payable to Philoptochos (Memo line: include date of service & name of honored loved one.)

Mail check to: Attn: Philoptochos 325 Waring Road – Syracuse, NY 13224

Sponsored Coffee Service Options

=>Basic Coffee Service - \$50 includes the following:

Philoptochos provides and serves the coffee, milk, sugar, and juice.

Parishioner provides the pastries.

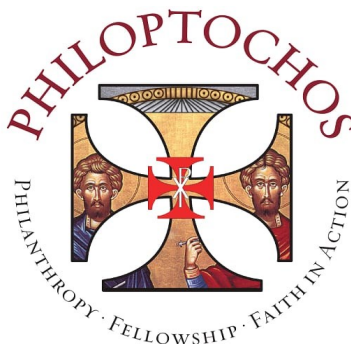
=>Super Plus Coffee Service - \$150 includes the following:

Philoptochos provides and serves the Pastries, coffee, milk, sugar, and juice.

Reminder: Dates not available to sponsor Coffee Hour service include; Stewardship Sunday, Godparents Sunday, and Cheese Fare Sunday. Please refer to the Church calendar for these dates.

***Summary Months of June, July and August:**

To sponsor a coffee hour during these summer months only Basic Coffee Service (\$50) is available. Philoptochos provides coffee, cups, sweetener, creamer, stirrers and set up the serving table. Parishioner provides: Pastries, set up the serving station and tables, serve the coffee hour and clean up service immediately following coffee service. During these summer months, please call either Coffee Coordinators of Coffee Service - Vivian Alexander 315-673-2880 or 315-430-6162 or Maria Allis.



Philoptochos News May 2025....

The Ladies Philoptochos Society of Saint Sophia Greek Orthodox Church Chapter 7039 was formed with the leadership of the late Father Michael C. Harmand, laying the foundation, which has remained solid for over 50 years.

We are one of the largest philanthropic organizations in the United State in terms of money donated to charitable causes. We contribute monthly to our mission commitment obligations to both National Philoptochos and Metropolitan Philoptochos, while also supporting our local community.

Recent support over the last 2 years for our Syracuse Community and beyond includes:

- McMahon Ryan Child Advocacy Center
- Rescue Mission
- Diaper Bank of Central New York
- In My Father's Kitchen
- Fallen Officers Fund: Syracuse Police Officer Michael Jensen and Sheriff's Lt. Michael Hoosock
- Jamesville-DeWitt Ecumenical Food Pantry
- Saints Peter and Paul Orthodox Church Food Ministries
- High School Scholarship Awards for Youth of Saint Sophia Greek Orthodox Church
- Youth Scholarships for Hellenic Summer Camp
- Saint Sophia Hellenic Dance Program
- World Central Kitchen of California Fire Support
- Engage Humanity Los Angeles – Support for Southern California Fires
- Rome/Oneida/Canastota Tornado Victims
- Saint Sophia Greek Orthodox Church- general and candle funds

Consider a leadership role to serve as an officer on the local chapter of Philoptochos of Saint Sophia Greek Orthodox Church.

On Saturday, May 3rd, Philoptochos will conduct Officer Board Elections and General Meeting, hosted at Cara Potamianos' home from 11:00 to 1:00 pm. **This is the final meeting of the season and elections will be held for the new slate of Philoptochos Board Officers. There are seven (7) Board Officer position open (2 year term).**

A very big thank you for the Annual Palm Sunday Bake Sale and Easter Basket Raffle led by event chairs Jeannette Vigliotti and Vicky Speno. Thank you to everyone that shared in the efforts for fundraising success, including our local community and church members.

Χριστος Ανεστι!

Theone Kalkinis, President
Philoptochos



Continued on Page 10

Philoptochos News May 2025....

Continued from Page 9

Χριστος Ανεστι!

New members are welcome throughout the year. (Women must be 18 years of age to join.) Renew your membership to Philoptochos each year by contacting a Philoptochos Board Member. Join the women of Philoptochos who steward the charitable work of our Holy Greek Orthodox Church. You can make a difference.

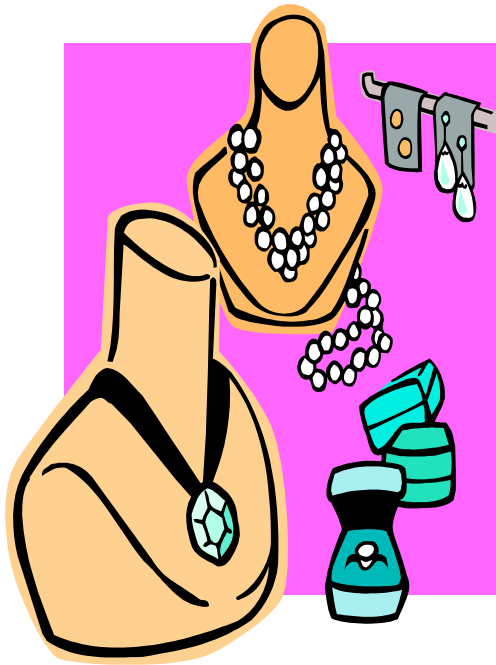


Philoptochos Board Officers Two-Year Term 2023- 2025:

President:	Theone Kalkinis
Vice-President (1 st):	Vasiliki Mihou
Vice President (2 nd):	Patty Donohue-Carey
Treasurer:	Tina Carkey
Assistant Treasurer:	Frieda Meskos
Secretary (Corr):	Cara Potamianos
Secretary (Rec):	Chryssanthi Intze



**Please come support
the Elementary and Middle School Greek Dance Groups
at Baldwinsville High School**



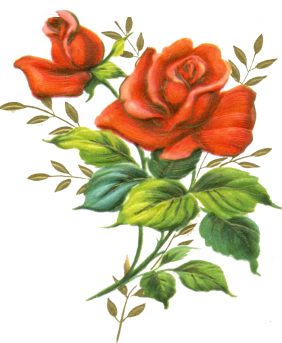
PHILOPTOCHOS COSTUME JEWELRY DRIVE

Attention ladies!...We are still at it...
Collecting costume jewelry for our ever popular
upcoming costume jewelry sales!

St. Sophia's annual festival is fast approaching! Last year we did great business at the Philoptochos table selling the donated jewelry. We did so well that we have very little left for this year. So we want everyone to rummage through their jewelry boxes and gather all the items you no longer want or wear. Bring them into the church office and we will prepare them for sale this year. So do your best and donate all you can. Philoptochos funds great causes with this money! Costume jewelry donations are accepted year round to the Church office, attention Philoptochos.

HAPPY MOTHERS DAY

May 11th



*Remember that not a single word is lost during prayer,
if you say it from your heart;
God hears each word, and weighs it in a balance.*

*Sometimes it seems to us that our words only strike the air in vain,
and sound as the voice of one crying in the wilderness.
No, no; it is not so! . . .*

*The Lord responds to every desire of the heart,
expressed in words or unexpressed.*

Saint John of Kronstadt, My Life in Christ

~~~~~

*A Christian should love all people.*

*The Christian who loves all people has a great reward,  
especially if he forgives those who do him evil.*

*For if we do not love our neighbor,  
all the good works we do will be worthless.  
They amount to nothing, we will be worthless.  
Love, my brethren, God requires love from us.*

*Blessed Elder George, +1959*





## Syracuse AHEPA Chapter 37

### ~ ~ May 2025 News ~ ~

AHEPA DAY celebration will be held at the gymnasium on Sunday, May 18th following liturgy. Lunch will be served by Gardenview Diner and all are invited. There are three elements to AHEPA in Syracuse, one is our Chapter 37 which provides scholarships for children and grandchildren of AHEPA members, the second AHEPA Housing which provides affordable housing for senior citizens and the third is AHEPA Foundation that gives money to deserving charities in our area.

One of the most important things AHEPA affiliation provides is access to a national and international network of people of all professions.

In honor of their service we will be placing flags on the headstones of our St Sophia's community veterans at Oakwood and Woodlawn cemeteries on Saturday, May 24th at 10:00 am. Freedom is not free and this is an opportunity for us to honor the memory of these heroes who served in the military. We will meet at Oakwood near the area Fr. David sets up the tent on Memorial Day. The Honorable judge and Brother Ted Limpert who's our chapter's director of Veterans Affairs will be coordinating the event. We could always use more volunteers please contact Jim Telonis at (315) 247-6639 if you wish to help.

Thank you,

James Telonis, President  
Syracuse AHEPA Chapter #37



# May 2025

## Program Schedule For Cable Television



### Sunday Programs at 7:00 pm **On Spectrum Channel 98**

May 4

History of the Jesus Prayer

May 11

The Parts of the Jesus Prayer

May 18

Writers of the Jesus Prayer

May 25

The Context of the Jesus Prayer

### Monday Programs at 7:00 pm **Fr. David's "The Inner Way"** **series airs every Monday**

May 5

Unseen Warfare, chapter 32

May 12

Unseen Warfare, chapter 33

May 19

Unseen Warfare, chapter 34

May 26

Unseen Warfare, chapter 35

***All Programs Air on Spectrum Cable Chanel 98***

## St. Sophia's Website & Mailing List

Visit the St. Sophia's website at [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns.

Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.

# St. Sophia's Youth Ministry SCHEDULE OF EVENTS

## NEW! FULL CALENDAR OF EVENTS

SCAN QR CODE TO DOWNLOAD SIGN-UP GENIUS APP

Event specifics announced on Remind



## REMIND APP

Stay informed with updates/messages from our team

**MUST ENTER CLASS CODE (SEE BELOW)**



**GOYA** (9th-12th Grade): Enter # 81010 & text @goyagro  
**Jr. GOYA** (5th-8th Grade): Enter # 81010 & text @jrgoyay  
**JOY** (2nd-4th Grade): Enter # 81010 & text @ 3kch9d  
**HOPE** (PreK-1st Grade): Enter # 81010 & text @ 8ce7dc4

### ***The purpose and mission of the youth ministry:***

The mission of the Greek Orthodox Archdiocese of America's Youth Department Ministries is to help young Orthodox Christians strengthen their relationship with Jesus Christ and become active participants in the Church. The ministries are not clubs or organizations, but rather a gathering of the faithful with shared interests and ages.



# MARK YOUR CALENDARS



## 2025 GREEK FESTIVAL

**THURSDAY, JUNE 5TH**

**FRIDAY, JUNE 6TH**

**SATURDAY, JUNE 7TH**

**SUNDAY, JUNE 8TH**



**52ND ANNUAL**

# **ST SOPHIA'S GREEK**

## **Festival**

**OPA!**



**THURS. JUNE 5TH 5-9 PM**

**FRI. JUNE 6TH 5-10 PM**

**SAT. JUNE 7TH NOON-10 PM**

**SUN. JUNE 8TH NOON-4 PM**



**[syracusegreekfest.com](http://syracusegreekfest.com)**

**325 WARING ROAD SYRACUSE, NY**

**FREE ADMISSION | RAIN OR SHINE | FREE PARKING | FREE SHUTTLE**



## 2025 Festival Volunteer Online Sign-up

**WE  
WANT YOU  
FOR GREEK  
FEST**



Our Greek Festival is a combined effort and we need your help to make it a successful event again this year. Please give your time and talents by volunteering.

Last year we utilized an online volunteer sign-up software system with great success. With this online signup we were able to balance our staff volunteers to provide better coverage that ultimately made it more efficient to manage the large number of attendees.

We are seeking individuals to help in all areas. Please sign-up for multiple slots and we thank you for generously sharing your time to make this a successful Festival once again.

To volunteer for positions,  
please go to our volunteer sign-up website  
at:

**<https://signup.com/go/qgEOjvu>**

# **2025 GREEK FESTIVAL**

**CALLING ALL  
PITA DOUGH MAKERS !!!!!**

**WE NEED YOUR HELP!!!!**

**PITA DOUGH WILL BE MADE ON :  
SATURDAY—MAY 10 AT 9:00 AM**

**ALL ARE WELCOME!**

**BRING YOUR APRON,  
PITA STICK &  
HAT TO WEAR!**



**FOLLOWING THE DOUGH MAKING SESSION,  
INSTRUCTION WILL BE OFFERED  
FOR MAKING A COMPLETE PITA...  
THIS IS A PERFECT OPPORTUNITY  
TO LEARN TO MAKE PITA DOUGH  
& TO LEARN TO MAKE PITA**

**VOLUNTEERS OF ALL SKILL LEVELS ARE WELCOME**

**SEE YOU THEN!!!**



# **2025 GREEK FESTIVAL**



**CALLING ALL  
VOLUNTEER  
BAKERS !!!!!**

**WE NEED YOUR HELP!!!!!!**

**KOULOURAKIA WILL BE MADE:  
MONDAY—MAY 12TH—9AM TO 4PM  
TUESDAY—MAY 13TH—9AM TO 4 PM**

**KOURABIEDES WILL BE MADE:  
WEDNESDAY—MAY 14TH—9AM TO 4PM  
THURSDAY—MAY 15TH—9AM TO 4PM**

**FINIKIA WILL BE MADE:  
FRIDAY—MAY 16TH—9AM TO 4PM**

**PASTA FLORA WILL BE MADE :  
SATURDAY—MAY 17TH—9AM START**

**BAKLAVA WILL BE MADE:  
MONDAY—MAY 19TH TO FRIDAY—MAY 23TH—9AM TO 4PM**

**PAXIMATHIA WILL BE MADE :  
SATURDAY—MAY 24TH—9AM START**

**CUPPING & BOXING WILL BE :  
THURSDAY—MAY 29TH ~ 11:30AM TO 9PM  
FRIDAY—MAY 30TH ~ 9AM TO 9PM**

**RISOGALO WILL BE MADE :  
TUESDAY—JUNE 3RD ~ 3PM START  
WEDNESDAY—JUNE 4TH — 3PM START**

**ALL ARE WELCOME!**

**VOLUNTEERS OF ALL SKILL LEVELS ARE WELCOME**

**BRING YOUR HAT & APRON**

## ST. SOPHIA'S GREEK FESTIVAL SPONSORSHIP OPPORTUNITY



52nd Annual St. Sophia's Greek Cultural Festival



June 5–8, 2025



325 Waring Road, Syracuse, NY

### Be Part of a Beloved Tradition!

Support our community and promote your business at one of Central New York's most celebrated cultural events. With over 250,000 total impressions on our website and Facebook page, you're sure to boost exposure of your business.



### Digital Ad Book Opportunities

- Full Page – \$300
- Half Page – \$200
- Sponsor/Patron Name Only – \$100



### Web Advertising

- Placement on [syracusegreekfest.com](http://syracusegreekfest.com) – \$500
- Logo will be displayed on"
  - Festival Website
  - Facebook Page
  - On-Site Digital Monitors

Submit ads and logos to: [parishcouncil@stsophias.org](mailto:parishcouncil@stsophias.org)

Submit your ad early to maximize exposure! (Will post within 3 days of receiving ad)

Preferred formats: PDF, JPG, PNG, TIFF

Include your website URL and/or business phone number for linking



Combo Deal: \$700 Digital Ad Book Full Page + Web Advertising package (\$100 discount)



Sponsors at \$300+ will receive 2 complimentary meal tickets

Convenient Payment: [Online Link](#)

<https://secure.myvanco.com/L-ZDFW/campaign/C-15H3G>



Questions?

Email: Chris Shiomos at [parishcouncil@stsophias.org](mailto:parishcouncil@stsophias.org)

Website: <http://syracusegreekfest.com>

Thank you for supporting Greek culture, community, and celebration!



## **2025 GREEK FESTIVAL**



**HEY ..... YES,  
I MEAN YOU!  
WE NEED  
YOUR HELP!**

We are looking for able bodied individuals to help transform the Church to “FESTIVAL MODE” & we will train you if necessary!

For more details call Peter Lemoniades at (315) 706-8301 or just show up!

Help is needed on any or all of the following dates and times:

### **Village Set-Up**

**5:00 PM on Monday, May 12**

### **Set Up Outside Tents**

**5:00 PM to 9:00 PM on Tuesday, June 3**

### **Post Festival Meeting**

**After Church on Sunday, June 29**



# St. Sophia Greek Orthodox Church—May 2025

| Sun                                                                                                                                                  | Mon                                                                                                                                                    | Tue                                                                               | Wed                                                                          | Thu                                                                                              | Fri                                           | Sat                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                      |                                                                                                                                                        |                                                                                   |                                                                              | 1<br>6:00 PM CHOIR PRACTICE                                                                      | 2<br><b>CAMP INFORMATION<br/>ZOOM MEETING</b> | 3<br>11:00 AM<br>PHILOPTOCHOS MEETING<br>& POTLUCK<br><br>5:00 PM GREAT VESPERS                                      |
| 4<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF THE<br>MYRRHBEARING WOMEN                                                               | 5                                                                                                                                                      | 6<br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101<br>6:00 PM YOUTH COMMITTEE | 7                                                                            | 8<br>6:00 PM CHOIR PRACTICE                                                                      | 9                                             | 10<br>5:00 PM GREAT VESPERS                                                                                          |
| 11<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF<br>THE PARALYTIC<br><br><b>MOTHER'S DAY</b>                                            | 12<br><b>5:00 PM<br/>Village Set-Up<br/>for Festival</b>                                                                                               | 13<br>10:00 AM BIBLE STUDY                                                        | 14<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>MID-PENTECOST            | 15<br>6:00 PM CHOIR PRACTICE                                                                     | 16                                            | 17<br>5:00 PM GREAT VESPERS                                                                                          |
| 18<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF<br>THE SAMARITAN WOMAN<br><br>SUNDAY SCHOOL<br>GRADUATION<br><br>AHEPA DAY CELEBRATION | 19                                                                                                                                                     | 20<br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101<br>6:00 PM AHEPA MEETING  | 21<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>STS. CONSTANTINE & HELEN | 22<br>6:00 PM CHOIR PRACTICE                                                                     | 23                                            | 24<br>10:00 AM AHEPA<br>FLAG PLACING<br>AT OAKWOOD CEMETERY<br>10:00 AM<br>ROMANIAN LITURGY<br>5:00 PM GREAT VESPERS |
| 25<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY OF<br>THE BLIND MAN                                                                       | 26<br><b>MEMORIAL DAY<br/>CEMETERY SERVICES<br/>8:30 AM WOODLAWN<br/>IN THE CHAPEL<br/>10:00 AM OAKWOOD<br/>UNDER THE TENT<br/>12:00 PM ST. MARY'S</b> | 27<br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101                           | 28                                                                           | 29<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>HOLY ASCENSION<br><br>6:00 PM CHOIR PRACTICE | 30                                            | 31<br>5:00 PM GREAT VESPERS                                                                                          |



# St. Sophia Greek Orthodox Church—June 2025

| Sun                                                                                                        | Mon                                  | Tue                                                                                                                     | Wed       | Thu                                  | Fri                        | Sat                                                                                               |
|------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------|----------------------------|---------------------------------------------------------------------------------------------------|
| <b>1</b><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>FATHERS OF<br>THE 1ST COUNCIL                    | <b>2</b>                             | <b>3</b><br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101                                                           | <b>4</b>  | <b>5</b><br>GREEK FESTIVAL           | <b>6</b><br>GREEK FESTIVAL | <b>7</b><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SATURDAY OF SOULS<br><br>GREEK FESTIVAL |
| <b>8</b><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>HOLY PENTECOST<br><br>GREEK FESTIVAL             | <b>9</b>                             | <b>10</b><br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101                                                          | <b>11</b> | <b>12</b><br>6:00 PM CHOIR REHEARSAL | <b>13</b>                  | <b>14</b><br>5:00 PM GREAT VESPERS                                                                |
| <b>15</b><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>THE SUNDAY<br>OF ALL SAINTS<br><br>FATHER'S DAY | <b>16</b><br>APOSTLES FAST<br>BEGINS | <b>17</b><br>10:00 AM BIBLE STUDY<br><br>5:00 PM ORTHODOXY 101<br>6:00 PM AHEPA MEETING                                 | <b>18</b> | <b>19</b><br>6:00 PM CHOIR REHEARSAL | <b>20</b>                  | <b>21</b><br>5:00 PM GREAT VESPERS                                                                |
| <b>22</b><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>2ND SUNDAY OF MATTHEW                           | <b>23</b>                            | <b>24</b><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>NATIVITY OF<br>JOHN THE BAPTIST<br><br>5:00 PM ORTHODOXY 101 | <b>25</b> | <b>26</b><br>6:00 PM CHOIR REHEARSAL | <b>27</b>                  | <b>28</b><br>10:00 AM<br>ROMANIAN LITURGY<br>5:00 PM GREAT VESPERS                                |
| <b>29</b><br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>PETER AND PAUL<br>THE HOLY APOSTLES             | <b>30</b>                            |                                                                                                                         |           |                                      |                            |                                                                                                   |