

**ST. SOPHIA'S
GREEK ORTHODOX CHURCH**

SYRACUSE, NEW YORK



WEEKLY BULLETIN

SUNDAY, MAY 31, 2026

SUNDAY OF PENTECOST
Κυριακή τῆς Πεντηκοστῆς



**METROPOLIS
OF DETROIT**

HYMNS OF THE DAY

After the Small Entrance:

Apolytikion of Holy Pentecost in the Plagal Fourth Mode

Blessed are you, Christ our God, who revealed the fishermen to be most wise by sending down to them the Holy Spirit, and so through them catching the whole world in a net: Lover of mankind, Glory to you!

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας, καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας, Φιλάνθρωπε, δόξα σοι.

**The Apolytikion of the Church's Patron Saint is not sung on Great Feasts*

Kontakion of Holy Pentecost in the Plagal Fourth Mode

When the Most High God came down and confused the tongues, * He divided the nations. * When He distributed the tongues of fire, * He called all to unity. * And with one voice we glorify the all-holy Spirit.

Ὅτε καταβὰς τὰς γλώσσας συνέχεε, διεμέριζεν ἔθνη ὁ Ὑψιστος· ὅτε τοῦ πυρὸς τὰς γλώσσας διένειμεν, εἰς ἐνότητα πάντας ἐκάλεσε· καὶ συμφώνως δοξάζομεν τὸ Πανάγιον Πνεῦμα.

Instead of the Trisagion Hymn:

As many of you as were baptized into Christ have put on Christ. Alleluia.

Ὅσοι εἰς Χριστὸν ἐβαπτίσθητε, Χριστὸν ἐνεδύσασθε. Ἀλληλούϊα.

Hymn to the Theotokos:

Without sustaining corruption, you have conceived a child, and thus lent flesh to the Logos, Who has devised all things. Mother who knew not man, O Virgin Theotokos, receptacle and space of your uncontained and infinite Creator, you do we magnify.

Communion Hymn:

Your good Spirit shall guide me in the land of uprightness, Alleluia.

Τὸ πνεῦμά σου τὸ ἀγαθὸν ὁδηγήσει με ἐν γῆ εὐθείᾳ. Ἀλληλούϊα.

Πράξεων τῶν Ἀποστόλων (2:1-11)

Προκείμενον. . Ἦχος πλ. δ΄. Ψαλμὸς 18.

Εἰς πᾶσαν τὴν γῆν ἐξῆλθεν ὁ φθόγγος αὐτῶν, καὶ εἰς τὰ πέρατα τῆς οἰκουμένης τὰ ῥήματα αὐτῶν.

Στίχ. Οἱ οὐρανοὶ διηγοῦνται δόξαν Θεοῦ, ποίησιν δὲ χειρῶν αὐτοῦ ἀναγγέλλει τὸ στερέωμα.

Ἐν τῷ συμπληροῦσθαι τὴν ἡμέραν τῆς πεντηκοστῆς ἦσαν ἅπαντες ὁμοθυμαδὸν ἐπὶ τὸ αὐτό. καὶ ἐγένετο ἄφνω ἐκ τοῦ οὐρανοῦ ἦχος ὥσπερ φερομένης πνοῆς βιαίας, καὶ ἐπλήρωσεν ὅλον τὸν οἶκον οὗ ἦσαν καθήμενοι· καὶ ὥφθησαν αὐτοῖς διαμεριζόμεναι γλῶσσαι ὡσεὶ πυρός, ἐκάθισέ τε ἐφ' ἓνα ἕκαστον αὐτῶν, καὶ ἐπλήσθησαν ἅπαντες Πνεύματος Ἁγίου, καὶ ἤρξαντο λαλεῖν ἑτέραις γλώσσαις καθὼς τὸ Πνεῦμα ἐδίδου αὐτοῖς ἀποφθέγγεσθαι. Ἦσαν δὲ ἐν Ἱερουσαλὴμ κατοικοῦντες Ἰουδαῖοι, ἄνδρες εὐλαβεῖς ἀπὸ παντὸς ἔθνους τῶν ὑπὸ τὸν οὐρανόν· γενομένης δὲ τῆς φωνῆς ταύτης συνῆλθε τὸ πλῆθος καὶ συνεχύθη, ὅτι ἤκουον εἰς ἕκαστος τῆ ἰδίᾳ διαλέκτῳ λαλούντων αὐτῶν. ἐξίσταντο δὲ πάντες καὶ ἐθαύμαζον λέγοντες πρὸς ἀλλήλους· οὐκ ἰδοὺ πάντες οὗτοί εἰσιν οἱ λαλοῦντες Γαλιλαῖοι; καὶ πῶς ἡμεῖς ἀκούομεν ἕκαστος τῆ ἰδίᾳ διαλέκτῳ ἡμῶν ἐν ἧ ἔγεννήθημεν, Πάρθοι καὶ Μηδοὶ καὶ Ἑλαμίται, καὶ οἱ κατοικοῦντες τὴν Μεσοποταμίαν, Ἰουδαίαν τε καὶ Καππαδοκίαν, Πόντον καὶ τὴν Ἀσίαν, Φρυγίαν τε καὶ Παμφυλίαν, Αἴγυπτον καὶ τὰ μέρη τῆς Λιβύης τῆς κατὰ Κυρήνην, καὶ οἱ ἐπιδημοῦντες Ῥωμαῖοι, Ἰουδαῖοί τε καὶ προσήλυτοι, Κρήτες καὶ Ἄραβες, ἀκούομεν λαλούντων αὐτῶν ταῖς ἡμετέραις γλώσσαις τὰ μεγαλεῖα τοῦ Θεοῦ;

Acts of the Apostles (2:1-11)

Prokeimenon. Plagal Fourth Mode. Psalm 18.

Their proclamation went forth into all the earth, and their words to the ends of the world.

Verse: The heavens declare the glory of God; the firmament shows the creation of His hands.

When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

Ἐκ τοῦ κατὰ Ἰωάννην Εὐαγγελίου (7:37 – 52; 8:12)

Τῇ ἐσχάτῃ ἡμέρᾳ τῇ μεγάλῃ τῆς ἐορτῆς εἰστήκει ὁ Ἰησοῦς καὶ ἔκραζε λέγων· ἐάν τις διψᾷ, ἐρχέσθω πρὸς με καὶ πινέτω. ὁ πιστεύων εἰς ἐμέ, καθὼς εἶπεν ἡ γραφή, ποταμοὶ ἐκ τῆς κοιλίας αὐτοῦ ρεύσουσιν ὕδατος ζῶντος. τοῦτο δὲ εἶπε περὶ τοῦ Πνεύματος οὗ ἔμελλον λαμβάνειν οἱ πιστεύοντες εἰς αὐτόν· οὐπω γὰρ ἦν Πνεῦμα Ἅγιον, ὅτι Ἰησοῦς οὐδέπω ἐδοξάσθη.

Πολλοὶ οὖν ἐκ τοῦ ὄχλου ἀκούσαντες τὸν λόγον ἔλεγον· οὗτός ἐστιν ἀληθῶς ὁ προφήτης· ἄλλοι ἔλεγον· οὗτός ἐστιν ὁ Χριστός· ἄλλοι ἔλεγον· μὴ γὰρ ἐκ τῆς Γαλιλαίας ὁ Χριστὸς ἔρχεται; οὐχὶ ἡ γραφή εἶπεν ὅτι ἐκ τοῦ σπέρματος Δαυὶδ καὶ ἀπὸ Βηθλεέμ τῆς κώμης, ὅπου ἦν Δαυὶδ, ὁ Χριστὸς ἔρχεται; σχίσμα οὖν ἐν τῷ ὄχλῳ ἐγένετο δι' αὐτόν. τινὲς δὲ ἤθελον ἐξ αὐτῶν πιάσαι αὐτόν, ἀλλ' οὐδεὶς ἐπέβαλεν ἐπ' αὐτόν τὰς χεῖρας.

Ἦλθον οὖν οἱ ὑπηρέται πρὸς τοὺς ἀρχιερεῖς καὶ Φαρισαίους, καὶ εἶπον αὐτοῖς ἐκεῖνοι· διατί οὐκ ἠγάγετε αὐτόν; ἀπεκρίθησαν οἱ ὑπηρέται· οὐδέποτε οὕτως ἐλάλησεν ἄνθρωπος, ὡς οὗτος ὁ ἄνθρωπος. ἀπεκρίθησαν οὖν αὐτοῖς οἱ Φαρισαῖοι· μὴ καὶ ὑμεῖς πεπλάνησθε; μὴ τις ἐκ τῶν ἀρχόντων ἐπίστευσεν εἰς αὐτόν ἢ ἐκ τῶν Φαρισαίων; ἀλλ' ὁ ὄχλος οὗτος ὁ μὴ γινώσκων τὸν νόμον ἐπικατάρατοί εἰσι! λέγει Νικόδημος πρὸς αὐτούς, ὁ ἐλθὼν νυκτὸς πρὸς αὐτόν, εἷς ὢν ἐξ αὐτῶν· μὴ ὁ νόμος ἡμῶν κρίνει τὸν ἄνθρωπον, ἐὰν μὴ ἀκούσῃ παρ' αὐτοῦ πρότερον καὶ γνῶ τί ποιεῖ; ἀπεκρίθησαν καὶ εἶπον αὐτῷ· μὴ καὶ σὺ ἐκ τῆς Γαλιλαίας εἶ; ἐρεύνησον καὶ ἴδε ὅτι προφήτης ἐκ τῆς Γαλιλαίας οὐκ ἐγγύγεται. Πάλιν οὖν αὐτοῖς ὁ Ἰησοῦς ἐλάλησε λέγων· ἐγὼ εἰμι τὸ φῶς τοῦ κόσμου· ὁ ἀκολουθῶν ἐμοὶ οὐ μὴ περιπατήσει ἐν τῇ σκοτίᾳ, ἀλλ' ἔξει τὸ φῶς τῆς ζωῆς.



The Gospel According to John (7:37 – 52; 8:12)

On the last day of the feast, the great day, Jesus stood up and proclaimed, “If any one thirst, let him come to me and drink. He who believes in me as the scripture has said, out of his heart shall flow rivers of living water.” Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Holy Spirit had not been given, because Jesus was not yet glorified.

When they heard these words, some of the people said, “This is really the prophet.” Others said, “This is the Christ.” But some said, “Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?” So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him.

The officers then went back to the chief priest and Pharisees, who said to them, “Why did you not bring him?” The officers answered, “No man ever spoke like this man!” The Pharisees answered them, “Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed.” Nikodemus, who had gone to him before, and who was one of them, said to them, “Does our law judge a man without first giving him a hearing and learning what he does?” They replied, “Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee.” Again Jesus spoke to them, saying, “I am the light of the world; he who follows me will not walk in darkness, but will have the light of life.”



TODAY'S FEASTS AND SAINTS



May 31

Sunday of Holy Pentecost

We also Commemorate:

- + **Hermias the Martyr at Comana**
- + **Eusebius and Haralambos**
- + **Monday of the Holy Spirit (June 1)**
- + **Justin Martyr (June 1) ***

**St. Sophia's is blessed to house a relic of
St. Justin Martyr in the Holy Altar*

After the Saviour's Ascension into the Heavens, the eleven Apostles and the rest of His disciples, the God-loving women who followed after Him from the beginning, His Mother, the most holy Virgin Mary, and His brethren—all together about 120 souls returned from the Mount of Olives to Jerusalem. Entering into the house where they gathered, they went into the upper room, and there they persevered in prayer and supplication, awaiting the coming of the Holy Spirit, as their Divine Teacher had promised them. In the meanwhile, they chose Matthias, who was elected to take the place of Judas among the Apostles.

Thus, on this day, the seventh Sunday of Pascha, the tenth day after the Ascension and the fiftieth day after Pascha, at the third hour of the day from the rising of the sun, there suddenly came a sound from Heaven, as when a mighty wind blows, and it filled the whole house where the Apostles and the rest with them were gathered. Immediately after the sound, there appeared tongues of fire that divided and rested upon the head of each one. Filled with the Spirit, all those present began speaking not in their native tongue, but in other tongues and dialects, as the Holy Spirit instructed them.

Such, therefore, are the reasons for today's feast: the coming of the All-holy Spirit into the world, the completion of the Lord Jesus Christ's promise, and the fulfilment of the hope of the sacred disciples, which we celebrate today. This is the final feast of the great mystery and dispensation of God's incarnation. On this last, and great, and saving day of Pentecost, the Apostles of the Saviour, who were unlearned fishermen, made wise now of a sudden by the Holy Spirit, clearly and with divine authority spoke the heavenly doctrines. They became heralds of the truth and teachers of the whole world. On this day they were ordained and began their apostleship, of which the salvation of those three thousand souls in one day was the comely and marvelous first fruit.

Every good deed done for Christ's sake gives us the grace of the Holy Spirit, but prayer gives it to us most of all, for it is always at hand, so to speak, as an instrument for acquiring the grace of the Spirit...Prayer is always possible for everyone, rich and poor, noble and humble, strong and weak, healthy and sick, righteous and sinful.

St, Seraphim of Sarov, 19th Century

At the End of the Divine Liturgy

Kneeling Vespers

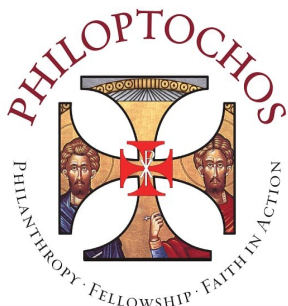
(Vespers of Monday of the Holy Spirit)

Heavenly King, Comforter, Spirit of Truth, present in all places and filling all things, treasury of good things and giver of life: come; take Your abode in us; cleanse us of every stain, and save our souls, O Good one.

Βασιλεῦ οὐράνιε, Παράκλητε, τὸ Πνεῦμα τῆς ἀληθείας, ὁ πανταχοῦ παρών, καὶ τὰ πάντα πληρῶν, ὁ θησαυρὸς τῶν ἀγαθῶν, καὶ ζωῆς χορηγός, ἐλθέ, καὶ σκήνωσον ἐν ἡμῖν, καὶ καθάρισον ἡμᾶς ἀπὸ πάσης κηλίδος, καὶ σῶσον Ἀγαθὲ τὰς ψυχὰς ἡμῶν.

PLEASE JOIN US FOR COFFEE HOUR

A special thank you to the following members of our community who have volunteered to donate their time today to serve coffee:



Chrisoula Anastasiou
Helen Aravantinos



Weekly Calendar

Today 8:45 am Orthros
Holy Pentecost 10:00 am Divine Liturgy
11:15 am Kneeling Vespers

Wednesday ~ June 3 6:00-8:00pm Greek Dance Practice

Saturday ~ June 6 5:00 pm Great Vespers (All Saints)

*Please flip ahead for a list of Festival Volunteer Opportunities.
We are less than two weeks away!*

Attention GOYAns!!

We're getting ready for our 2026-2027 GOYA officer elections. Voting will take place on Sunday, June 7th, following dance practice.

If you'll be in 10th-12th grade next year and want to take on a leadership role along with its responsibilities, come prepared.

Tell us why you want to be an officer and share a few ideas for events or activities you'd love to help lead.

Officers include president, vice-president, secretary and treasurer.

Fr Niko is very excited to get started and get to know all of you!

Dear St. Sophia's Community,

Our baking crews have been busy. We want to thank all of the tireless volunteers for all their hard work so far. The koulourakia, kourabiedes, finikia, pita dough, and pasta flora are complete and tucked away. Let's keep up the good work. Please check the baking schedule and volunteer when you can.

Thanks again for all your hard work. We appreciate all of your time, treasure, and talents.

Peter Lemoniades



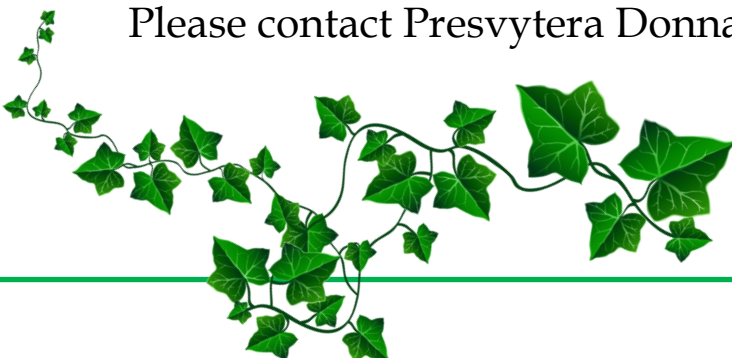
The Food Pantry collection will be postponed for June due to our Festival preparations. We will resume our monthly collections in July.

God bless those who remember the poor.

Volunteers Needed!

Any help is appreciated to weed and clean up the Parish House grounds in preparation for Fr. Niko and Presvytera Ivey's arrival.

Please contact Presvytera Donna or the parish office for details



2026 ST. TIMOTHY SUMMER CAMP



REGISTRATION IS OPEN!



sttimothycamp.org

THE DETAILS

When: August 9th - 15th, 2026

Where: Camp Oswegatchie -
Croghan, NY

Who: 8 years old - High Schoolers

Scholarships Available

QUESTIONS?

youth@detroit.goarch.org

The Greek Festival Needs
YOU

<https://signup.com/client/invitation2/secure/46862634090/false#/invitation>

Wed. June 3: 9am-12pm
Finikia syrup and dip

Thurs.-Fri. June 4-5 : 9am-9pm
Pastry cupping and boxing

Saturday, June 6: 9am
Tzatziki Making

Monday, June 8th: 11am-4pm
Electric & Gas Setup

Tuesday, June 9

9am-3pm **Pitas**

11am-4pm **Electric & Gas Set-up**

3pm-9pm **Rice Pudding**

5pm **Outside Tent Setup**

Wednesday, June 10:

9am-3pm: **Pitas**

3pm-9pm: **Rice Pudding**

Sunday, June 14: 4pm-6pm

Breakdown

In dance news...

June 7th mandatory dress rehearsal
following Divine Liturgy

Group photos will take place and a full performance under the tent.

More details to come on Remind



**JUNE
11-14**

53rd Annual
**ST. SOPHIA'S
GREEK FESTIVAL**

THURS. JUNE 11th 5 PM to 9 PM

FRI. JUNE 12th 5 PM to 10 PM

SAT. JUNE 13th Noon to 10 PM

SUN. JUNE 14th Noon to 4 PM

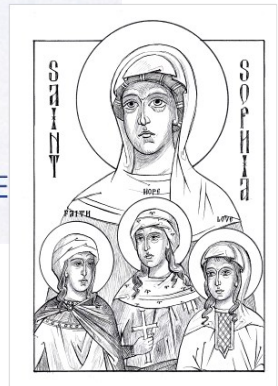
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Office Hours — Monday-Friday, 9:00 AM — 4:30PM

St. Sophia's Greek Orthodox Church

325 Waring Rd, Syracuse, NY 13224

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