



# NEPSIS

*Spiritual watchfulness and alertness. "Watch, therefore, for you do not know what hour your Lord is coming" (Matthew 24:42)*

Saint Sophia's Greek Orthodox Church  
325 Waring Road  
Syracuse, New York 13224

Phone (315) 446-5222  
Fax (315) 251-1654



## We're Getting a Deacon

JANUARY 2026

Many years ago, I congratulated the priest at St. Elias Antiochian Orthodox Church for the ordination of one of his parishioners to the Holy Diaconate. Through the years I have become friends with Deacon Nicholas, always expecting to hear that he would be ordained a priest. But time has passed with no news of his ordination, and recently he asked me if he could transfer to the Greek Orthodox Archdiocese. Our Metropolitan Nicholas, our chancellor Fr. Teodor, and myself welcome him to serve in the Metropolis of Detroit.

There are some details about Deacon Nicholas coming to our parish that I want to clarify:

First, this has nothing to do with my retirement. Deacon Nicholas is not going to replace me - he's coming here to assist me because, well, I need help.

Second, we don't know when or if he will be ordained a priest in the Greek Archdiocese. I think this is a good move for him, and I trust Metropolitan Nicholas to make the right decision in good time. As it stands now, he is an Antiochian deacon on loan to our Metropolis.

Third, you will see: Deacons do much of the praying in the Divine Liturgy. The priest does the Anaphora (consecrating the gifts) and the blessings - the deacon does the rest. He will give communion alongside me (a fact for which my back is very happy), can do hospital visits, preach, and administer (not sanctify, only a priest can do that) other sacraments.

A note on number three: Holy Communion is the body and blood of Jesus Christ. If I give it to you, or if the deacon does, there is no difference. Get in line, receive the divine food, and thank God for His gift to us of Himself!

Fourth, Deacon Nicholas is a professional chef. For years he was the Director of Food Services at Syracuse University - nine dining halls and hundreds of hungry students. Before that he owned two restaurants in downtown Syracuse. He will be serving at St. Sophia's without pay, as he establishes his presence in our thrice-blessed Metropolis of Detroit.

Fifth, I need this. By the end of the liturgy every Sunday, I'm almost too tired to drive home. I've always been a high energy person - now it's catching up to me. Having a deacon, especially during Lent and Holy Week, will enable me to finish still standing. Remember our beloved and talented Protopsalti George? Two years in a row he "hit the wall" at the Protianasti Liturgy (Saturday morning). Both times I said to him, "I know exactly how you feel. My time is coming."

Please join me in welcoming Deacon Nicholas Mahshie to St. Sophia's!

Your affectionate servant,  
Father David



## 2025 Parish Council

*Peter Manolakas*  
President

*Thomas Anthis Jr.*  
Vice President

*Robert Allen*  
Secretary

*Michael Copanas*  
Treasurer

*Joy Weatherup-Anthis*  
*Dimitrios Giaprakis*  
*Eleni Kosmas, MD*  
*Martha Lemondes*  
*George Nardone*  
*Marianna Politis-Taceas*  
*Christopher Shiomos, OD*

~~~~~  
Honorary  
Board Member  
*James Sakezles*

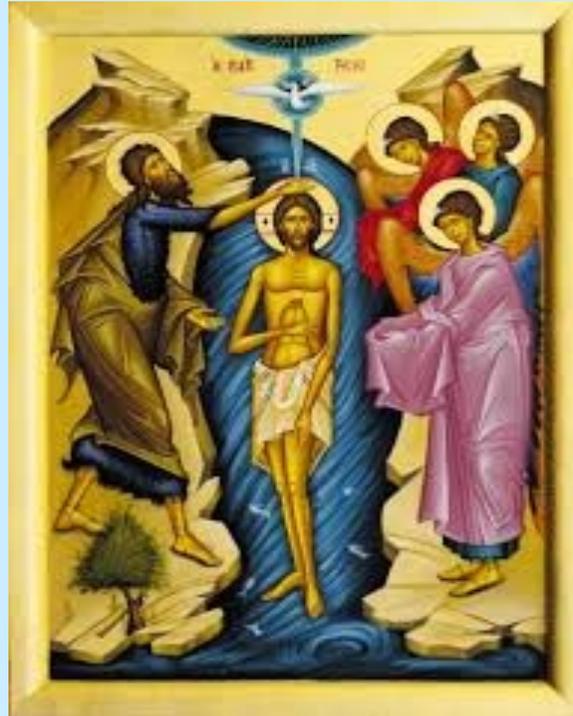


**VISIT THE  
PARISH  
WEBSITE**  
[stsophias.org](http://stsophias.org)





# ***EPIPHANY*** ***SCHEDULE OF SERVICES***



## ***Monday, January 5th***

### ***Holy Epiphany Eve***

***9:00 am Royal Hours***

***5:00 pm Divine Liturgy (in English)***

***Blessing of the Water***

## ***Tuesday, January 6th***

### ***Holy Epiphany***

***9:00 am Orthros***

***10:00 am Divine Liturgy (in Greek)***

***Blessing of the Water***



## PRESIDENT'S MESSAGE

Dear Parish,

Over the last decade or so the United States Army had as its recruitment enticement "Be all that you can be". The slogan, the message was directed at young people whom the Army wanted to motivate, entice, persuade to become what it considered a better version of themselves.. The sales pitch was aspirational. For it to resonate with the potential recruit they had to have a vision of themselves at the end of training, a vision that was prized, a vision that filled the young soldier with pride of accomplishment, a vision that transformed the person. Throw off the old man (woman) and put on the new.

To get to this new person one had to endure. There was heat and cold, hunger and thirst, exhaustion and exhilaration. One had to pay attention. For many the cost of inattention, the cost of a lack of application could be death or dismemberment. I remember almost six decades ago when my instructors would begin each class with the same admonition "Gentlemen, if you don't pay attention to this class, you will die in Vietnam." More recently I am sure they substituted Kuwait, Iraq, Afghanistan. The message was and is the same. For all the flags and bands, the bottom line is pay attention, be alert, take what we say seriously because your life may depend on it. If you are cavalier in your training, if you think it is really not important, well, then good luck, because you are going to need it.

Now the Orthodox Church tells us that Salvation, eternal life, is not a matter of luck. To achieve it one must transform oneself. The goal, impossible to attain without God's Grace, His Help, requires paying attention and being watchful, Nepsis. It requires discipline and endurance. We must take sin seriously, train to overcome it as best we can. We must make going to church, paying attention, engaging with God during the Holy Liturgy a high priority. Engaging with the Holy Trinity is a constant, frustrating, and humbling struggle. It is inner unseen warfare. We must be alert to our own weakness, our faulty prioritizing, our cavalier attitude. We must try to be disciplined in our behavior, humble in our very being, grateful for the hope of God's grace.

As we embark upon the new year, the first year of the second quarter of the 21st century, let's all think about where we are all going, and how we are going to get there. The road up is hard, the road down not so much. God loves a penitent heart. So step one in this aspirational journey is metanoia, the penitence of one who understands the stakes. who has learned to Love God and his neighbor., who stands in awe and fear of the Lord. To not pay attention, to be cavalier about what the Lord tells us to do, is foolhardy at best. Or as the echoes of my past might say "Ladies and Gentlemen, if you don't pay attention to the Word of the Lord, you put your salvation at great risk". Praise be to God.

2026 will be a year of great change at St Sophia's. After 27 years of dedicated and faithful service, Katina Luvadis is retiring. We hope to have her successor in place before the end of January. As I have said before, Katina will be missed. And while we still have no indication from the Metropolis regarding Father David's successor, we do believe he will be appointed sometime this year. We will, of course, inform the parish as soon as Father's successor is finally selected. Until then, it is a good idea to refrain from speculating about the new priest. Until we know for sure, every speculation feeds the unhelpful rumor mill. When we know, you will know.

On behalf of the Parish Council, I wish you all a Happy New Year 2026 and Καλή Χρονιά !

Yours in Christ,

*Peter Manolakos*

Parish Council President





# Church Etiquette—Liturgical Guide & Protocols

## Entering the Nave & Lighting Candles

*Please respect the sanctity of the service. You should not enter the Nave (main body) or move to the front to light a candle during these solemn moments:*

- The Small Entrance (Procession with the Gospel)
- The Epistle and Gospel Readings
- The Great Entrance (Procession of Holy Gifts)
- The Consecration of the Holy Gifts
- Recitation of the Nicene Creed ("I believe...")
- Recitation of the Lord's Prayer ("Our Father...")
- When the priest is censuring or blessing the congregation
- During the Sermon

## General Conduct & Attire

### **Respectful Presence**

- Attire: Wear appropriate clothing. Avoid excessive skin exposure or tight-fitting garments.
- Silence: Please silence all mobile devices.
- Body Language: Sit with legs uncrossed.  
Refrain from casual conversation in the Nave and Narthex.
- Quiet: Maintain quiet in the Sanctuary and refrain from occupying hallways during Liturgy.

### **Sacred Space**

- Food & Drink: No beverages, gum, mints, or candy are allowed in the Nave or Narthex.
- Veneration: Please remove lipstick before receiving Holy Communion or kissing icons to protect their finish.
- Greetings: Refrain from applauding or greeting others until the Fellowship Hour.
- Movements: Follow the Priest's direction for standing and sitting. Move with utmost respect.

## Specific Liturgical Traditions

### **Kneeling**

Sundays: Do not kneel during the consecration (Sundays are Resurrectional).

Weekdays: Do kneel during weekday services (Exceptions apply from Easter until Pentecost).

### **Holy Communion**

Safety: After receiving, step away from the Chalice

before making the sign of the Cross to avoid accidentally hitting the Chalice.

Preparation: One should not receive if not baptized Orthodox.

Orthodox Christians should not receive communion if not properly prepared.

Because the Antidoron is blessed, we must be mindful when handling it: Take care not to allow crumbs to drop to the floor. If this happens, gather the crumbs together. You can either burn them or scatter them outdoors for the elements.

### **Fasting**

Standard: Wednesdays and Fridays year-round (see the calendar for reference).

Seasons: Lent, Apostles' Fast, Theotokos Fast, Advent.

Non-Fasting: the 10 weeks before Pascha, week after Pascha, week after Pentecost.



## St. Sophia's Website & Mailing List

Visit the St. Sophia's website at [www.stsophias.org](http://www.stsophias.org). There is a wealth of information on the website with the most up to date calendar on services and events, color photographs from recent functions, electronic sacrament forms to easily fill out and submit, and an online chapel highlighting the days readings and hymns. Please subscribe to our mailing list to receive the latest information instantly. By subscribing to the mailing list you will be able to receive the electronic form of the Nepsis, the weekly bulletin, parish obituary announcements, and any other pertinent information. You may sign up by going to the website and clicking the tab titled "Subscribe to our Mailing List" or via this link: <https://www.stsophias.org/join-our-mail-list> It's that easy!

If you no longer require the paper copy of Nepsis through the mail, please notify Katina in the office so that you may be removed from the mailing list.

## STEWARDSHIP MESSAGE

Dear Parish,

Thanks to all of our Stewards who have completed their 2025 pledge and filled out both a 2025 and 2026 pledge card. For those who are in arrears, or if you are not sure, call the office to find out if you need to complete your pledge. We thank you all for your support.

Yours In Christ,  
The Parish Council



## 2026 STEWARDSHIP COMMITMENT CARD

*St. Sophia's Greek Orthodox Church ~ 325 Waring Road Syracuse, NY 13224 ~ (315) 446-5222*

*In gratitude for God's blessing I/we pledge to contribute, for Christ's work at St. Sophia's Church, for 2026 a total amount of \$ \_\_\_\_\_*

*If you are interested in paying by Credit/Debit Card do so Online via the Church website [stsophias.org](http://stsophias.org)*

**Please Print:**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Email Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE COMPLETION OF THIS CARD IS A REQUIREMENT TO BE A MEMBER IN GOOD STANDING**



## 2026 Parish Calendars

The 2026 Parish Calendars are now available at the Candle Stand in the Narthex

Have a Happy and Prosperous 2026!

## Year 2026 Offering Envelopes

The Year 2026 Offering Envelopes are now available at the Candle Stand in the Narthex.

## House Blessings

It is the tradition of our Church to have our homes blessed each January. If you would like to have your home blessed, after Epiphany services in January, please call the Church office and leave your name and telephone number. Father David will call you back to set up an appointment

## Shut-In & Hospital Visitations

If you know of anyone that is unable to attend Church due to sickness or infirmity please call the Church office to schedule home visitations for these parishioners. Father David is regularly making visitations and these parishioners will be visited and will be able to receive Communion.

Again, please tell Father David everyone that you know of who is a shut-in or who is in the hospital. The Church is the first place that you should call!

## Church Services & Events



*Calendars are provided in the Nepsis or check the website at*

*[stsophias.org](http://stsophias.org)*

*for church services & events*

## Thank You

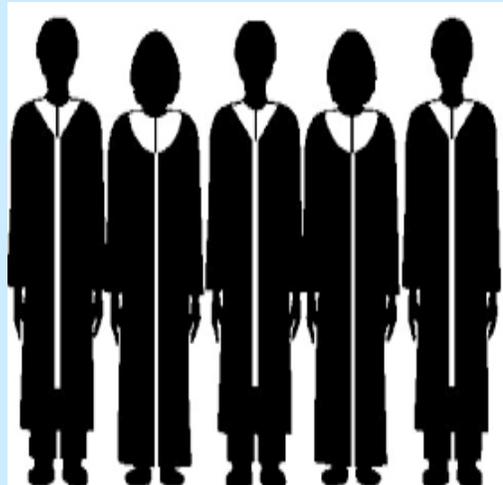
A sincere thank you to all those that donated cookies to the Annual Community Christmas Cookie Drive. The cookies were given to those in need at the Soup Kitchen of the Samaritan Center and the Salvation Army Women's and Children's Center and were greatly appreciated. Thank you for your generosity!



## CHOIR

*We welcome everyone to join our Choir*

*Check the Church Calendar for upcoming Choir Practices*





***November 2025  
Sacramental Registry***

***Baptisms***



*Daphne Nicole Astras  
Leonidas Tsoulos  
Robert Edward Gregg  
Olive Ayana Gregg  
Clifford Edward Gregg  
Teagan Irene Alexander*

***Funeral***



*Michael Vasiliou*



***December 2025  
Sacramental Registry***

***Funeral***



*Maria P. Christou*



***January 2026  
Memorials***

***Eternal Be Their Memory***

***January 4, 2026***  
*None Scheduled*



***January 11, 2026***



***Memorial Service***  
*Maria P. Christou (40 Days)*

***Trisagion Prayer***  
*George Potamianos (28 Years)*



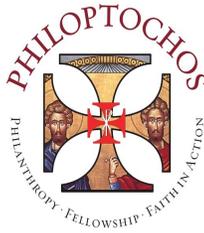
***January 18, 2026***



***Trisagion Prayers***  
*Vangel Sterio (8 Years)*  
*Hristina Telonis (8 Years)*  
*George Telonis (10 Years)*  
*Koula Masouras (14 Years)*  
*Ekaterini Telonis (48 Years)*



***January 25, 2026***  
*None Scheduled*



## January 2026 Coffee Hours

January 4, 2026  
None Scheduled

January 11, 2026  
**To Welcome**  
**Deacon Nicholas Mahshie**

January 18, 2026  
In Memory Of  
Ekaterini Telonis  
George Telonis  
Hristina Telonis  
Koula Masouras  
Given by the Family

January 25, 2026  
None Scheduled



## January 2026 Ladies Volunteering To Serve Coffee Hour



A special "Thank You"  
to the following ladies of our community  
who have volunteered to donate  
their time to serve coffee:

January 4, 2026  
Artemis Voudouris  
Jeanette Vigliotti

January 11, 2026  
Sophia Wales  
Sofia Vasiliou

January 18, 2026  
Chrisoula Anastasiou  
Helen Aravantinos

January 25, 2026  
Katina Baikos  
Katherine Bristol

Also, first two weeks of February 2026

February 1, 2026  
No Coffee Hour  
Godparents Sunday

February 8, 2026  
Vasiliki Elovaris  
Roda Giaprakis

If you are not currently on our  
list of volunteers for coffee hours,  
a sign up sheet is in the gymnasium.  
All are welcome.



## **PHILOPTOCHOS** **COFFEE HOUR SERVICE**



*Philoptochos provides the coffee service during Coffee Hour on Sundays from September through May. During these months, please call the Church Office to schedule a sponsored coffee hour for a memorial.*

***Procedure to Schedule a Memorial Sponsored Coffee Hour Service:***

- 1. Call the church office 315-446-5222 and schedule the memorial and sponsored coffee hour with Katina Luvadis (Church Administrative Assistant).*
- 2. Choose one of the levels of Coffee Service below. Coffee Hour Service Fees to be paid ONLY by check made payable to Philoptochos (Memo line: include date of service & name of honored loved one.)*

***Mail check to: Attn: Philoptochos 325 Waring Road – Syracuse, NY 13224***

***Sponsored Coffee Service Options***

***=>Basic Coffee Service - \$50 includes the following:***

*Philoptochos provides and serves the coffee, milk, sugar, and juice.  
Parishioner provides the pastries.*

***=>Super Plus Coffee Service - \$150 includes the following:***

*Philoptochos provides and serves the Pastries, coffee, milk, sugar, and juice.*

*Reminder: Dates not available to sponsor Coffee Hour service include; Stewardship Sunday, Godparents Sunday, and Cheese Fare Sunday. Please refer to the Church calendar for these dates.*

***\*Summary Months of June, July and August:***

*To sponsor a coffee hour during these summer months only Basic Coffee Service (\$50) is available. Philoptochos provides coffee, cups, sweetener, creamer, stirrers and set up the serving table. Parishioner provides: Pastries, set up the serving station and tables, serve the coffee hour and clean up service immediately following coffee service. During these summer months, please call either Coffee Coordinators of Coffee Service - Vivian Alexander 315-673-2880 or 315-430-6162 or Maria Allis.*

## *Philoptochos News—January 2026*

Happy New Year 2026 to All ! Καλή χρονιά ! Χρόνια πολλά ! May you have a blessed, healthy, happy and fruitful new year.

The Ladies of Philoptochos have some wonderful events planned for the year ahead, a trip to a monastery that will be extended to all to join us as well as more community events. What a way to start the year off with the Winter Wonderland Gala graciously hosted by AHEPA and The Ladies of Philoptochos.

Our ladies of Philoptochos will be reaching out to our Parish, youth ministries groups and youth dance groups to help, support and in being fundamental in fulfilling the meaning of the word Philoptochos, working together to blend the old generations with the new generations.

I have learned firsthand at times from my children and the younger generation a different way of thinking and doing things to make for a better way moving forward productively and in a positive way to which makes for a better person and Christian. I have witnessed what unconditional giving of true love and faith and forgiveness is through both old and new generations that were made by example and faith from my family and the family and friends of St. Sophia Greek Orthodox Church which gives a good reminder of leading by example and giving unconditionally with all that one should do in good faith as a person and a Christian.

May this year bring a new sense of belonging ,togetherness and strength in our faith and our parish

In Christ,

*Jeanette Capousis-Vigliotti*

Ladies of Philoptochos President



### **PHILOPTOCHOS “Yiayia’s Jewelry Sales”**

A big THANK YOU to all those that donated to the ongoing Philoptochos jewelry sales. The proceeds fund the numerous projects of Philoptochos. Donations are accepted year round at the church office or place donations in the Philoptochos mail slot. Please continue to donate your jewelry—we need it !

# January 2026

## Program Schedule For Cable Television *All Programs Air on Spectrum Cable Chanel 98*



### Sunday Programs at 7:00 pm **On Spectrum Channel 98**

January 4, 2026  
The Bible in Orthodox Worship

January 11, 2026  
Bias in Bible Translation, part 1

January 18, 2026  
Bias in Bible Translation, part 2

January 25, 2026  
The Lenten Triodon

### Monday Programs at 7:00 pm **Fr. David's "The Inner Way"** **series airs every Monday**

January 5, 2026  
Unseen Warfare, Ch. 43

January 12, 2026  
The Divine Liturgy, part 1

January 19, 2026  
The Divine Liturgy, part 2

January 26, 2026  
The Divine Liturgy, part 3



### **BASIL ANAGNOST IS ON THE MOVE....**

Best wishes to Basil Anagnost, long time parishioner and beloved "Sunday Coffee Man", who has moved to live closer to his family. We wish him happiness and good health in his new environment. Basil will be greatly missed at St. Sophia's. Special thanks goes to him for the countless hours he gave making and serving coffee to our parishioners.

You can reach out to Basil at his new address:

**Mr. Basil Anagnost**  
**1601 Rushmore Avenue**  
**Little Rock, Arkansas 72223**



## **Syracuse AHEPA Chapter 37**

### **~ ~ January 2026 News ~ ~**

AHEPA Chapter 37 had a very successful event on December 13th. We initiated 10 new members. The new members are Brothers George Stratakos, Nolan Kokkoris, Joe Carni, Dimitrios Giaprakis, Andrew Rivera, Andrew Blair, Akis Nestopoulos, Nektarios Mantalios, Michael Capous and Alex Anastasiou. Special thank you to Connie Labatos and Brother John Hatzopoulos for helping with food set up and clean up. Also thank you to Brothers Mike Labatos, Andrew Miledonis, Andrew Blair for helping with setting up and Brothers Archie Potamianos, Evan Dentes, John Elovaris, Nick Zambetopoulos, George Nardone, Pete Peters, Chris Shiomos and Father David Smith for participating in the ceremony. Mr. and Mrs .Steve and Annie Kokkoris were also present. After the initiation, all enjoyed meat free pizza from Mario and Salvo's. Thank you all for coming.

James Telonis, President  
Syracuse AHEPA Chapter 37

**Saint Sophia Greek Orthodox Church,  
AHEPA, and Philoptochos**  
**ARE PROUD SPONSORS OF**

# Winter Wonderland 2026

**HELLENIC DANCE**  
Featuring live music by The Aegeans and  
catering by the Garden View Diner  
*Business casual attire*

JANUARY  
SATURDAY |10| 5PM TO 11PM

All tickets include hors d'oeuvres, full Greek-style buffet,  
open bar (beer, wine, soda), dessert, coffee, and tea

|                        |                 |
|------------------------|-----------------|
| Ages 21 and over.....  | \$65/per person |
| Ages 13-20.....        | \$25/per person |
| Ages 12 and under..... | Free            |

Scan the QR code to purchase  
tickets before December 31, 2025

Purchase Tickets

# St. Sophia Greek Orthodox Church—January 2026

| Sun                                                                                                              | Mon                                                                                                                     | Tue                                                                                                            | Wed                      | Thu                                                                                                                                                                           | Fri                        | Sat                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                  |                                                                                                                         |                                                                                                                |                          | 1<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. BASIL<br><br>6:00 PM CHOIR PRACTICE | 2<br>5:00 PM GREAT VESPERS | 3                                                                                                                                    |
| 4<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY BEFORE<br>EPIPHANY                                     | 5<br><u>HOLY EPIPHANY EVE</u><br>9:00 AM ROYAL HOURS<br>5:00 PM DIVINE LITURGY<br>(IN ENGLISH)<br>BLESSING OF THE WATER | 6<br><u>HOLY EPIPHANY</u><br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>(IN GREEK)<br>BLESSING OF THE WATER | 7<br>6:00 PM PARAKLESIS  | 8<br>6:00 PM CHOIR PRACTICE                                                                                                                                                   | 9                          | 10<br>5:00 PM TO 11:00 PM<br>WINTER WONDERLAND<br>DINNER DANCE                                                                       |
| 11<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>SUNDAY AFTER<br>EPIPHANY<br><br>DEACON NICHOLAS<br>FIRST DAY | 12                                                                                                                      | 13<br>10:00 AM BIBLE STUDY                                                                                     | 14<br>6:00 PM PARAKLESIS | 15<br>6:00 PM CHOIR PRACTICE                                                                                                                                                  | 16                         | 17<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>ST. ANTHONY<br>5:00 PM GREAT VESPERS                                             |
| 18<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>12TH SUNDAY OF LUKE                                          | 19                                                                                                                      | 20<br>10:00 AM BIBLE STUDY<br><br>6:00 PM AHEPA                                                                | 21<br>6:00 PM PARAKLESIS | 22<br>6:00 PM CHOIR PRACTICE                                                                                                                                                  | 23                         | 24<br>5:00 PM GREAT VESPERS                                                                                                          |
| 25<br>8:45 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>15TH SUNDAY OF LUKE<br><br>CHILDREN'S SERMON                 | 26                                                                                                                      | 27<br>10:00 AM BIBLE STUDY                                                                                     | 28                       | 29<br>6:00 PM CHOIR PRACTICE                                                                                                                                                  | 30                         | 31<br>9:00 AM ORTHROS<br>10:00 AM DIVINE LITURGY<br>WITH THE ROMANIANS<br>SYNAXIS OF<br>THE THREE HIERARCHS<br>5:00 PM GREAT VESPERS |

# St. Sophia Greek Orthodox Church—February 2026

| Sun                                                                                                                                                                               | Mon                                                                                          | Tue                                                                                                          | Wed                                               | Thu                                     | Fri                                    | Sat                                                                                                             |          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------|
| <p>1</p> <p>8:30 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>SUNDAY OF<br/>THE PUBLICAN &amp; PHARISEE</p> <p>GODPARENTS SUNDAY<br/>&amp; BREAKFAST</p>                            | <p>2</p> <p>9:00 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>PRESENTATION OF<br/>OUR LORD</p> | <p>← ← ← ← ← ← ← ← <b>FATHER DAVID IS OUT OF TOWN</b> → → → → → → → →</p>                                    |                                                   |                                         |                                        | <p>3</p> <p>6:00 PM CHOIR PRACTICE</p>                                                                          | <p>4</p> |
| <p>8</p> <p>8:30 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>SUNDAY OF<br/>THE PRODIGAL SON</p> <p>SUNDAY SCHOOL<br/>CARNIVALE</p>                                                 | <p>9</p>                                                                                     | <p>10</p> <p>10:00 AM BIBLE STUDY</p>                                                                        | <p>11</p> <p>6:00 PM PARAKLESIS</p>               | <p>12</p> <p>6:00 PM CHOIR PRACTICE</p> | <p>13</p>                              | <p>14</p> <p>9:00 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>SATURDAY OF SOULS</p> <p>5:00 PM GREAT VESPERS</p> |          |
| <p>15</p> <p>8:30 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>JUDGMENT SUNDAY<br/>(MEATFARE)</p> <p>NO SUNDAY SCHOOL</p>                                                           | <p>16</p>                                                                                    | <p>17</p> <p>10:00 AM BIBLE STUDY</p> <p>6:00 PM AHEPA</p>                                                   | <p>18</p> <p>6:00 PM PARAKLESIS</p>               | <p>19</p> <p>6:00 PM CHOIR PRACTICE</p> | <p>20</p>                              | <p>21</p> <p>9:00 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>SATURDAY OF SOULS</p> <p>5:00 PM GREAT VESPERS</p> |          |
| <p>22</p> <p>8:30 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>FORGIVENESS SUNDAY<br/>(CHEESEFARE)</p> <p>CHEESEFARE SUNDAY<br/>LUNCHEON</p> <p>6:00 PM<br/>FORGIVENESS VESPERS</p> | <p>23</p> <p>LENT BEGINS</p> <p>5:00 PM GREAT COMPLINE</p>                                   | <p>24</p> <p>9:00 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>FINDING OF THE HEAD<br/>OF JOHN THE BAPTIST</p> | <p>25</p> <p>9:00 AM<br/>PRESACTIFIED LITURGY</p> | <p>26</p> <p>6:00 PM CHOIR PRACTICE</p> | <p>27</p> <p>6:00 PM AKATHIST HYMN</p> | <p>28</p> <p>9:00 AM ORTHROS<br/>10:00 AM DIVINE LITURGY<br/>SATURDAY OF SOULS</p> <p>5:00 PM GREAT VESPERS</p> |          |