

**ST. SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



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**WEEKLY BULLETIN  
SUNDAY, FEBRUARY 15, 2026  
SUNDAY OF THE LAST JUDGMENT  
(MEATFARE SUNDAY)**



METROPOLIS  
OF DETROIT

# **St. Paul's First Letter to the Corinthians 8:8-13; 9:1-2**

**Prokeimenon. Mode 3, Psalms 146, 134.**

**Great is our Lord, and great is His strength.**

**Verse: Praise the Lord, for the Lord is good.**

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

# Πρὸς Κορινθίους Α΄ Ἐπιστολῆς Παύλου 8:8-13; 9:1-2

Προκείμενον. Ἡχος γ'. Ψαλμοὶ 146, 134

Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχὺς αὐτοῦ.

Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος.

Ἄδελφοί, βρῶμα ἡμᾶς οὐ παρίστησι τῷ Θεῷ· οὔτε γάρ ἐὰν φάγωμεν περισσεύωμεν, οὔτε ἐὰν μὴ φάγωμεν ύστερούμεθα. βλέπετε δὲ μήπως ἡ ἐξουσία ὑμῶν αὗτη πρόσκομμα γένηται τοῖς ἀσθενοῦσιν. ἐὰν γάρ τις ἴδῃ σε, τὸν ἔχοντα γνῶσιν, ἐν εἰδωλείῳ κατακείμενον, οὐχὶ ἡ συνείδησις αὐτοῦ ἀσθενοῦς ὅντος οἰκοδομηθήσεται εἰς τὸ τὰ εἰδωλόθυτα ἐσθίειν; καὶ ἀπολεῖται ὁ ἀσθενῶν ἀδελφὸς ἐπὶ τῇ σῇ γνώσει, δι’ ὃν Χριστὸς ἀπέθανεν. οὔτω δὲ ἀμαρτάνοντες εἰς τοὺς ἀδελφοὺς καὶ τύπτοντες αὐτῶν τὴν συνείδησιν ἀσθενοῦσαν εἰς Χριστὸν ἀμαρτάνετε. διόπερ εἰ βρῶμα σκανδαλίζει τὸν ἀδελφόν μου, οὐ μὴ φάγω κρέα εἰς τὸν αἰῶνα, ἵνα μὴ τὸν ἀδελφόν μου σκανδαλίσω. Οὐκ εἰμὶ ἀπόστολος; οὐκ εἰμὶ ἐλεύθερος; οὐχὶ Ἰησοῦν Χριστὸν τὸν Κύριον ἡμῶν ἐώρακα; οὐ τὸ ἔργον μου ὑμεῖς ἔστε ἐν Κυρίῳ; εἰ ἄλλοις οὐκ εἰμὶ ἀπόστολος, ἀλλά γε ὑμῖν εἰμι· ἡ γὰρ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἔστε ἐν Κυρίῳ.

## The Gospel According to Matthew 25: 31-46

The Lord said, “When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, ‘Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.’ Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.’ Then he will say to those at his left hand, ‘Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.’ Then they also will answer, ‘Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?’ Then he will answer them, ‘Truly, I say to you, as you did it not to one of the least of these, you did it not to me.’ And they will go away into eternal punishment, but the righteous into eternal life.”

## Ἐκ τοῦ Κατὰ Ματθαῖον 25:31-46

### Εὐαγγελίου τὸ Ἀνάγνωσμα

Εἶπεν ὁ Κύριος· Ὅταν δὲ ἔλθῃ ὁ υἱὸς τοῦ ἀνθρώπου ἐν τῇ δόξῃ αὐτοῦ καὶ πάντες οἱ ἄγιοι ἄγγελοι μετ' αὐτοῦ, τότε καθίσει ἐπὶ θρόνου δόξης αὐτοῦ, καὶ συναχθήσεται ἔμπροσθεν αὐτοῦ πάντα τὰ ἔθνη, καὶ ἀφοριεῖ αὐτοὺς ἀπ' ἀλλήλων ὥσπερ ὁ ποιμὴν ἀφορίζει τὰ πρόβατα ἀπὸ τῶν ἐρίφων, καὶ στήσει τὰ μὲν πρόβατα ἐκ δεξιῶν αὐτοῦ, τὰ δὲ ἐρίφια ἐξ εὐωνύμων. τότε ἐρεῖ ὁ βασιλεὺς τοῖς ἐκ δεξιῶν αὐτοῦ· δεῦτε οἱ εὐλογημένοι τοῦ πατρός μου, κληρονομήσατε τὴν ἡτοιμασμένην ὑμῖν βασιλείαν ἀπὸ καταβολῆς κόσμου. ἐπείνασα γάρ, καὶ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ ἐποτίσατέ με, ξένος ἡμην, καὶ συνηγάγετέ με, γυμνός, καὶ περιεβάλετέ με, ἡσθένησα, καὶ ἐπεσκέψασθέ με, ἐν φυλακῇ ἡμην, καὶ ἤλθετε πρός με. τότε ἀποκριθήσονται αὐτῷ οἱ δίκαιοι λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα καὶ ἐθρέψαμεν, ἢ διψῶντα καὶ ἐποτίσαμεν; πότε δέ σε εἶδομεν ξένον καὶ συνηγάγομεν, ἢ γυμνὸν καὶ περιεβάλομεν; πότε δέ σε εἶδομεν ἀσθενῆ ἢ ἐν φυλακῇ, καὶ ἤλθομεν πρός σε; καὶ ἀποκριθεὶς ὁ βασιλεὺς ἐρεῖ αὐτοῖς· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον ἐποιήσατε ἐνὶ τούτων τῶν ἀδελφῶν μου τῶν ἐλαχίστων, ἐμοὶ ἐποιήσατε. τότε ἐρεῖ καὶ τοῖς ἐξ εὐωνύμων· πορεύεσθε ἀπ' ἐμοῦ οἱ κατηραμένοι εἰς τὸ πῦρ τὸ αἰώνιον τὸ ἡτοιμασμένον τῷ διαβόλῳ καὶ τοῖς ἀγγέλοις αὐτοῦ. ἐπείνασα γάρ, καὶ οὐκ ἐδώκατέ μοι φαγεῖν, ἐδίψησα, καὶ οὐκ ἐποτίσατέ με, ξένος ἡμην, καὶ οὐ συνηγάγετέ με, γυμνός, καὶ οὐ περιεβάλετέ με, ἀσθενῆς καὶ ἐν φυλακῇ, καὶ οὐκ ἐπεσκέψασθέ με. τότε ἀποκριθήσονται αὐτῷ καὶ αὐτοὶ λέγοντες· κύριε, πότε σε εἶδομεν πεινῶντα ἢ διψῶντα ἢ ξένον ἢ γυμνὸν ἢ ἀσθενῆ ἢ ἐν φυλακῇ, καὶ οὐ διηκονήσαμέν σοι; τότε ἀποκριθήσεται αὐτοῖς λέγων· ἀμὴν λέγω ὑμῖν, ἐφ' ὅσον οὐκ ἐποιήσατε ἐνὶ τούτων τῶν ἐλαχίστων, οὐδὲ ἐμοὶ ἐποιήσατε. καὶ ἀπελεύσονται οὗτοι εἰς κόλασιν αἰώνιον, οἱ δὲ δίκαιοι εἰς ζωὴν αἰώνιον.

# HYMNS OF THE DAY

## Resurrection Apolytikion in Mode 3

Let all things above in heaven rejoice, and let all things below on earth be glad. With all the might and strength of His arm an eternal deed the Lord did perform. Beneath His feet He has trampled down death by death, and first-born of the dead has He become. From the womb of Hades has He delivered us, and to all the world has granted His great redeeming mercy!

Εὐφρατινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

## Apolytikion for the Church in the Mode Plagal 1

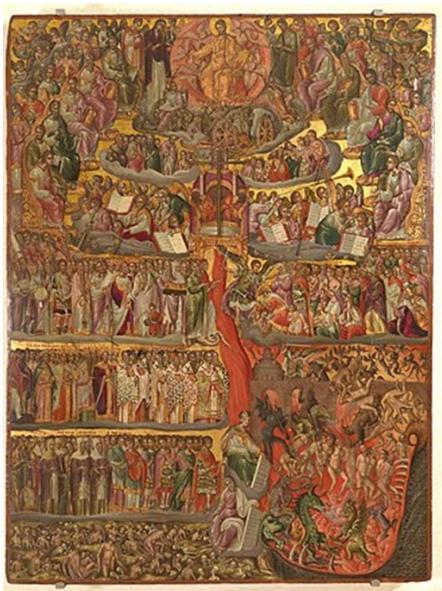
Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb through divine martyrdom, Agape, along with Hope and Faith, the God-minded with whom do you pray to God for all of us.

## Kontakion for Last Judgment Sunday, Mode 1

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge.

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγωνται, καὶ τὰ κρυπτὰ δημοσιεύωνται, τότε ῥῦσαι με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξιώσον, ἐκ δεξιῶν σου μὲ στῆναι, Κριτὰ δικαιότατε.

# TODAY'S FEASTS AND SAINTS



**February 15**

**Judgment Sunday  
(Meatfare Sunday)**

**We also commemorate:**

- + Onesimus the Apostle of the 70**
- + Our Righteous Father Anthimos the Elder of Chios**

The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds.

It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end.

All foods, except meat and meat products, are allowed during the week that follows this Sunday.

# WISDOM OF THE FATHERS

"Christian love is the 'possible impossibility' to see Christ in another man, whoever he is..."

## Alexander Schmemann

*Great Lent, 20th Century*

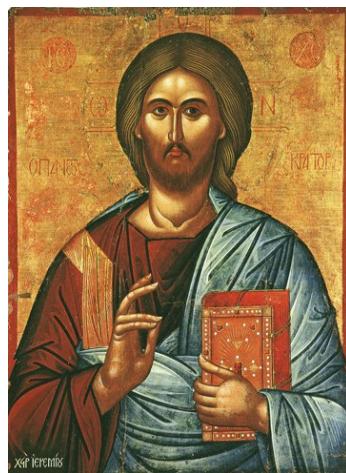
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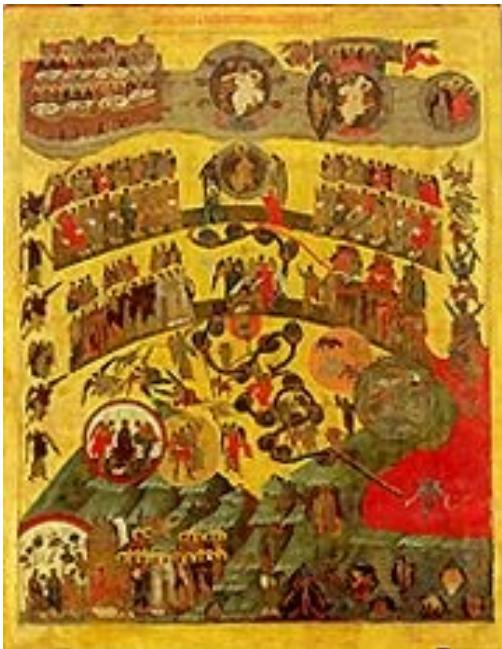
So great was the honour and providential care which God bestowed upon man that He brought the entire sensible world into being before him and for his sake. The kingdom of heaven was prepared for him from the foundation of the world (cf. Matt. 25:34); God first took counsel concerning him, and then he was fashioned by God's hand and according to the image of God (cf. Gen. 1:26-27). God did not form the whole man from matter and from the elements of this sensible world, as He did the other animals. He formed only man's body from these materials; but man's soul He took from things supercelestial or, rather, it came from God Himself when mysteriously He breathed life into man (cf. Gen. 2:7).

## St. Gregory Palamas

*Topics of Natural and Theological Science no. 24, The Philokalia Vol. 4 edited by Palmer, Sherrard and Ware; Faber and Faber pg. 356, 14th century*

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# **SATURDAYS OF SOULS**

**FEBRUARY 21, 2026**  
**9:00 AM ORTHROS**  
**10:00 AM DIVINE LITURGY**

**FEBRUARY 28, 2026**  
**9:00 AM ORTHROS**  
**10:00 AM DIVINE LITURGY**

**IF YOU WOULD LIKE FATHER DAVID TO REMEMBER YOUR BELOVED FAMILY MEMBERS DURING THIS SERVICE, PLEASE FILL OUT A LIST AND GIVE THAT LIST TO FATHER DAVID OR TO KATINA IN THE CHURCH OFFICE. FORMS WILL ALSO BE AVAILABLE AT THE CANDLE STAND.**

# SATURDAYS OF SOULS

February 21 & 28, 2026

Μνημόνευσις Ονομάτων ~  
Name Commemoration  
**Τεθνεωτες ~ Deceased**



**JUDGMENT SUNDAY**  
*(Meatfare)*  
**TODAY-February 15, 2026**

**FORGIVENESS SUNDAY**  
*(Cheesefare)*  
**February 22, 2026**

**LENT BEGINS**  
**February 23, 2026**



*Church Services & Events  
for Today & the Upcoming Week*

**Today ~ Sunday of The Last Judgment**  
8:45 am Orthros  
10:00 am Divine Liturgy

*Forty Day Baby Blessing  
Girl—Ioanna Fotini Jelovac*

**Tuesday ~ February 17, 2026**  
10:00 am Bible Study  
6:00 pm AHEPA

**Wednesday ~ February 18, 2026**  
5:00 pm Paraklesis

**Thursday ~ February 19, 2026**  
6:00 pm Choir Practice

**Saturday ~ February 21, 2026**  
9:00 am Orthros  
10:00 am Divine Liturgy  
Saturday of Souls



*5:00 pm Great Vespers*

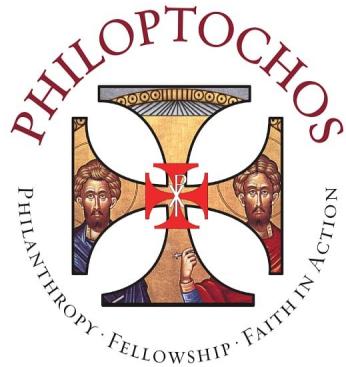


## CHOIR

*We welcome everyone  
to join our Choir*

*Check the Church Calendar  
for upcoming Choir Practices*





## ***JOIN US TODAY FOR COFFEE HOUR***

***COFFEE HOUR TODAY***

*IN MEMORY OF*

*Mary Sakezles*

*Sponsored by the Family*

*A special thank you to the following members  
of our community who have volunteered  
to donate their time today to serve coffee:*

*Constantina Georgiadis and Artemis Gilbert*



## CALLING ALL DANCERS



There will be a **mandatory** meeting on Sunday, February 22 at 12 in the upstairs choir room.

Please plan on attending so instructors can discuss the up-coming dance season.

If you **can not** attend we will offer an opportunity to meet before the first scheduled practices on 2/25 @ 6pm for Elementary, Middle and High School students.

Dancers in Training will begin on Sunday, March 1st at 12:00pm. If you're unable to attend the meeting on 2/22, plan to meet the instructor a few minutes before practice.

It is **mandatory** that a parent and dancer attend a meeting.

Thank you in advance-

Clemente Vigliotti (315) 558-7965- HS group 9th-12th

Tina Carkey (315) 569-2405- MS group 5th-8th

Stavros Vigliotti (315) 558-8258- Elem group 2nd-4th

Andriana Cannon (315) 459-3660- DIT Prek-1st



# Adult Dance Group Sign Up



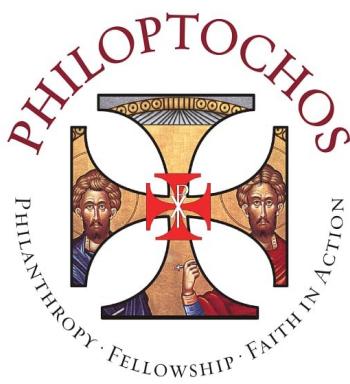
Members interested in dancing in the adult dance group for the 2026 Greek Festival must complete the form below **by no later than 3/30.**

Practices will begin in May.

Text @adult2026 to 81010 for updates

Tap or Scan to Sign Up





# *PHILOPTOCHOS CHEESEFARE SUNDAY LUNCHEON*

*Sunday—February 22, 2026  
11:30 AM to 1:30 PM*

**\$10.00 per PERSON**  
*Cash or check payable to: Philoptochos*

*Sponsored by Gardenview Diner*

*Reservations are required – to help us plan  
accordingly*

*Eat-in or Take-Out Available  
Walk-ins welcome based on availability*

*Menu items include:*

*Tiropita or Spanakopita (pick one at time of reservation),  
Macaroni and Cheese, Gigantes (Lima Beans Greek Style),  
Salad & Dessert*