

# St. Paul's Letter to the Ephesians 5:8-19

Prokeimenon. Mode 1 Psalm 32.22,1

Let your mercy, O Lord, be upon us.

Verse: Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Letter to the Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

# Πρός Έφεσίους 5:8-19

Προκείμενον. Ήχος α' ΨΑΛΜΟΙ 32.22,1

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.

Στίχ. Αγαλλιᾶσθε δίκαιοι έν Κυρίφ

Πρὸς Ἐφεσίους 5:8-19 τὸ ἀνάγνωσμα

Αδελφοί, ώς τέκνα φωτὸς περιπατεῖτε - ὁ γὰρ καρπός τοῦ πνεύματος ἐν πάση ἀγαθωσύνη καὶ δικαιοσύνη καὶ άληθεία - δοκιμάζοντες τί ἐστιν εὐάρεστον τῷ κυρίῳ· καὶ μὴ συγκοινωνεῖτε τοῖς ἔργοις τοῖς ἀκάρποις τοῦ σκότους, μᾶλλον δὲ καὶ έλέγχετε· τὰ γὰρ κρυφῆ γινόμενα ὑπ' αὐτῶν αἰσχρόν έστιν καὶ λέγειν. Τὰ δὲ πάντα ἐλεγχόμενα ὑπὸ τοῦ φωτὸς φανεροῦται· πᾶν γὰρ τὸ φανερούμενον φῶς έστίν. Διὸ λέγει, Έγειρε ὁ καθεύδων καὶ ἀνάστα ἐκ τῶν νεκρῶν, καὶ ἐπιφαύσει σοι ὁ Χριστός. Βλέπετε οὖν πῶς ἀκριβῶς περιπατεῖτε, μὴ ὡς ἄσοφοι, ἀλλ' ώς σοφοί, έξαγοραζόμενοι τὸν καιρόν, ὅτι αἱ ἡμέραι πονηραί είσιν. Διὰ τοῦτο μὴ γίνεσθε ἄφρονες, ἀλλὰ συνιέντες τί τὸ θέλημα τοῦ κυρίου. Καὶ μεθύσκεσθε οἴνω, ἐν ὧ ἐστὶν άσωτία, άλλὰ πληροῦσθε ἐν πνεύματι, λαλοῦντες ἑαυτοῖς ψαλμοῖς καὶ ύμνοις καὶ ὡδαῖς πνευματικαῖς, ἄδοντες καὶ ψάλλοντες ἐν τῆ καρδία ὑμῶν τῷ κυρίῳ.

# The Gospel According to Luke 13:10-17

At that time, Jesus was teaching in one of the synagogues on the sabbath. And there was a woman who had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the sabbath day." Then the Lord answered him, "You hypocrites! Does not each of you on the sabbath until his ox or his donkey from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the sabbath day?" As he said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.



# Έκ τοῦ Κατὰ Λουκᾶν 13:10-17 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, Ἡν δὲ διδάσκων ἐν μιᾳ τῶν συναγωγών εν τοῖς σάββασι. καὶ ἰδοὺ γυνὴ ἦν πνεῦμα ἔχουσα ἀσθενείας ἔτη δέκα καὶ ὀκτώ, καὶ ἦν συγκύπτουσα καὶ μὴ δυναμένη ἀνακῦψαι εἰς τὸ παντελές. ἰδὼν δὲ αὐτὴν ὁ Ἰησοῦς προσεφώνησε καὶ εἶπεν αὐτῆ γύναι, ἀπολέλυσαι τῆς ἀσθενείας σου καὶ ἐπέθηκεν αὐτῆ τὰς χεῖρας καὶ παραχρῆμα άνωρθώθη καὶ ἐδόξαζε τὸν Θεόν. ἀποκριθεὶς δὲ ὁ άρχισυνάγωγος, ἀγανακτῶν őτι τῶ σαββάτω έθεράπευσεν ὁ Ἰησοῦς, ἔλεγε τῷ ὄχλῳ εξ ἡμέραι είσὶν ἐν αἷς δεῖ ἐργάζεσθαι· ἐν ταύταις οὖν ἐρχόμενοι θεραπεύεσθε, καὶ ήμέρα u'n τñ σαββάτου. ἀπεκρίθη οὖν αὐτῷ ὁ Κύριος καὶ εἶπεν ύποκριτά, ἕκαστος ὑμῶν τῷ σαββάτῳ οὐ λύει τὸν βοῦν αὐτοῦ ἢ τὸν ὄνον ἀπὸ τῆς φάτνης καὶ ἀπαγαγὼν ποτίζει; ταύτην δέ, θυγατέρα 'Αβραὰμ οὖσαν, ἣν ἔδησεν ὁ σατανᾶς ίδοὺ δέκα καὶ ὀκτὰ ἔτη, οὐκ ἔδει λυθῆναι ἀπὸ τοῦ δεσμοῦ τούτου τῆ ἡμέρα τοῦ σαββάτου; καὶ ταῦτα λέγοντος κατησχύνοντο πάντες οἱ ἀντικείμενοι αὐτῷ, καὶ πᾶς όχλος ἔχαιρεν ἐπὶ πᾶσι τοῖς ἐνδόξοις γινομένοις ύπ' αὐτοῦ.



## **HYMNS OF THE DAY**

#### Resurrection Apolytikion in the First Mode

The stone that had been sealed before Your tomb by the Jews, and the soldiers guarding did watch o'er Your pure and sacred body, O Savior, the third day You arose and unto all the world did You give life! Whereby all the heavenly powers did proclaim that You are the giver of life. Glory unto our resurrected Christ, glory unto Your kingdom, glory to Your dispensation, O You Who alone loves all!

#### Apolytikion for the Church in the Plagal First Tone

Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb through divine martyrdom, Agape, along with Hope and Faith, the God-minded with whom do you pray to God for all of us.

#### Advent Kontakion in the Third Mode

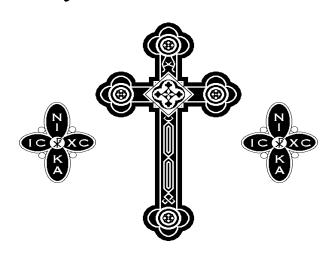
On this day the Virgin Maid goes to the grotto to give birth to the preeternal Word in an ineffable manner. Dance for joy, all the inhabited earth, on hearing. Glorify along with Angels and with the shepherds Him who willed that He appear as a newborn Child, the pre-eternal God.

Ή Παρθένος σήμερον, τὸν προαιώνιον Λόγον, ἐν Σπηλαίῳ ἔρχεται, ἀποτεκεῖν ἀπορρήτως. Χόρευε ἡ οἰκουμένη ἀκουτισθεῖσα, δόξασον μετὰ Άγγέλων καὶ τῶν Ποιμένων, βουληθέντα ἐποφθῆναι, Παιδίον νέον, τὸν πρὸ αἰώνων Θεόν.





Sunday—December 7, 2025



## **Trisagions**

Olympia Constas (7 Years) Betty Columbus Haramis (45 Years) Cannellio Constas (47 Years)

MAY THEIR MEMORY BE ETERNAL



# JOIN US TODAY FOR COFFEE HOUR



A special thank you to the following members of our community who have volunteered to donate their time today to serve coffee:

Kathy Shiomos & Christina Shiomos



### MANNANNANNANNANNAN

# Church Services & Events for Today & the Upcoming Week

Today ~ 10th Sunday of Luke 8:45 am Orthros 10:00 am Divine Liturgy 5:30 pm - 7:00 pm FAMILY FUN NIGHT

Tuesday ~ December 9, 2025 10:00 am Bible Study

Wednesday ~ December 10, 2025 6:00 pm Paraklesis

Thursday ~ December 11, 2025 6:00 pm Choir Practice

Saturday ~ December 13, 2025 2:00 pm AHEPA Initiation 5:00 pm Great Vespers

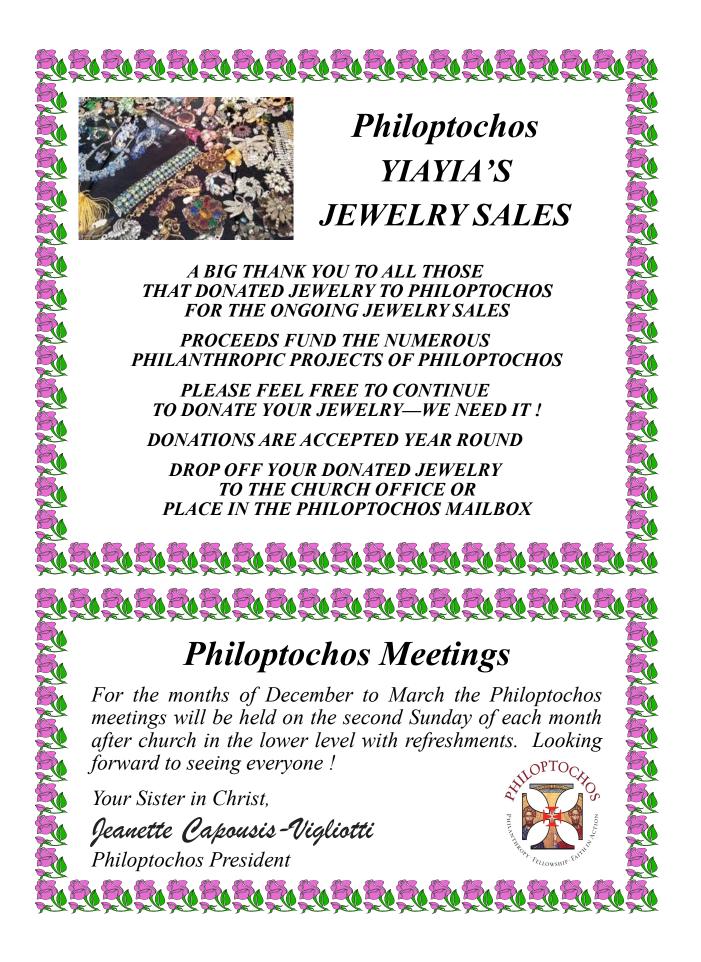


# EMPLOYMENT OPPORTUNITY

St Sophia's Greek Orthodox Church is seeking a full-time office administrator to support our active and growing church and congregation. The office administrator is responsible for overseeing the day-to-day operations of the church's office with guidance from the Parish Council President.

They will oversee the administrative tasks to support church activities, the priest, volunteers, manage the church calendar, and coordinate church events. The Office Administrator will also be responsible for maintaining church records and preparing reports. The ideal candidate will be a highly organized individual with excellent communication and interpersonal skills. For a full job description or to apply go to Indeed.com

Please spread the word and contact Martha Lemondes (<u>mlemondes@gmail.com</u>) or Peter Manolakos (<u>petermanolakos1@gmail.com</u>) with any questions.











### Jamesville Dewitt Ecumenical Food Pantry

We are beginning to pack up our food bags in December. Along with the food, we will be including gift cards for the children. The bags will be easy to pick up on your way out of church. Please return the bags on the following Sunday.

The last months have been challenging for the pantry since we have moved three times. Our pantry's exterior is being renovated and is not completed yet. We hope to move back by December. Our coordinator and volunteers are amazing as they continue to give out food to those in need and that number is increasing.

Your help is greatly appreciated. As we help those in need, we are giving to our Lord as well.







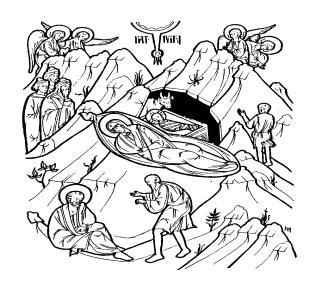
# CHRISTMAS SERVICES



CHRISTMAS EVE ~ WEDNESDAY, DECEMBER 24TH
9:00 AM ROYAL HOURS FOR NATIVITY

6:00 PM VESPERAL LITURGY FOR NATIVITY FOLLOWED BY CHRISTMAS CAROLS

CHRISTMAS DAY ~ THURSDAY, DECEMBER 25TH
9:00 AM ORTHROS
10:00 AM DIVINE LITURGY
NATIVITY OF JESUS CHRIST



Christ
is Born!
Glorify
Him!



Sunday School Christmas Play Sunday, December 14

Following Divine Liturgy





#### **HELLENIC DANCE**

Featuring live music by The Aegeans and catering by the Garden View Diner

Business casual attire

JANUARY

SATURDAY 10 5PM TO 11PM

All tickets include hors d'oeurves, full Greek-style buffet, open bar (beer, wine, soda), dessert, and coffee.

Ages 12 and under..... Free

https://bit.ly/winterwonderlanddance2026



