

**ST. SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



WEEKLY BULLETIN

SUNDAY, APRIL 19, 2026

SUNDAY OF ST. THOMAS

Κυριακή τοῦ Θωμά



**METROPOLIS
OF DETROIT**

HYMNS OF THE DAY

Apolytikion of Pascha in the Plagal First Mode

(Sung Many Times Throughout the Liturgy)

Christ is risen from the dead, by death, trampling down upon death, and to those in the tombs He has granted life.

Χριστός ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καί τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος.

Apolytikion for Thomas Sunday, Grave Mode

The tomb being sealed, You rose from the sepulcher, O Christ God, the Life. And the doors being shut, You came to the disciples, O resurrection of all. Through them You renew a right spirit within us, according to Your great mercy.

Ἐσφραγισμένου τοῦ μνήματος, ἡ ζωὴ ἐκ τάφου ἀνέτειλας Χριστέ ὁ Θεός· καὶ τῶν θυρῶν κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης, ἡ πάντων ἀνάστασις· Πνεῦμα εὐθὲς δι' αὐτῶν ἐγκαινίζων ἡμῖν, κατὰ τὸ μέγα σου ἔλεος.

The Apolytikion of the Church is not sung on Great Feasts

Kontakion of Pascha in the Plagal Fourth Mode

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out “Rejoice” to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ᾄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

PASCHAL GREETING

Greek: Χριστός ἀνέστη — Ἀληθῶς ἀνέστη

English: Christ is risen! — Truly he is risen!

Church Slavonic: Khristósŭ voskrése! – Voístinu voskrése!

Arabic: El Masih qam! Haqqan qam!

Romanian: Hristos a înviat! Adevărat a înviat!

GLORY TO HIS THIRD DAY RESURRECTION!

WE WORSHIP HIS THIRD DAY RESURRECTION!

Acts of the Apostles (5:12-20)

Prokeimenon. Third Mode.

**Great is our Lord, and great is His strength.
Verse: Praise the Lord, for the Lord is good.**

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Πράξεων τῶν Ἀποστόλων (5:12-20)

Προκείμενον. ᾠχος γ´.

**Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἰσχὺς αὐτοῦ.
Στίχ. Αἰνεῖτε τὸν Κύριον, ὅτι ἀγαθὸς Κύριος.**

Ἐν ταῖς ἡμέραις ἐκεῖναις, διὰ τῶν χειρῶν τῶν ἀποστόλων ἐγίνετο σημεῖα καὶ τέρατα ἐν τῷ λαῷ πολλά· καὶ ἦσαν ὁμοθυμαδὸν ἅπαντες ἐν τῇ στοᾷ Σολομῶντος· τῶν δὲ λοιπῶν οὐδεὶς ἐτόλμα κολλᾶσθαι αὐτοῖς, ἀλλ' ἐμεγάλυνεν αὐτοὺς ὁ λαός· μᾶλλον δὲ προσετίθεντο πιστεύοντες τῷ Κυρίῳ πλήθη ἀνδρῶν τε καὶ γυναικῶν, ὥστε κατὰ τὰς πλατείας ἐκφέρειν τοὺς ἀσθενεῖς καὶ τιθέναι ἐπὶ κλινῶν καὶ κραβάττων, ἵνα ἐρχομένου Πέτρου κἂν ἡ σκιά ἐπισκιάσῃ τινὶ αὐτῶν. συνήρχετο δὲ καὶ τὸ πλῆθος τῶν περὶ πόλεων εἰς Ἱερουσαλήμ φέροντες ἀσθενεῖς καὶ ὄχλουμένους ὑπὸ πνευμάτων ἀκαθάρτων, οἵτινες ἐθεραπεύοντο ἅπαντες. Ἀναστάς δὲ ὁ ἀρχιερεὺς καὶ πάντες οἱ σὺν αὐτῷ, ἡ οὓσα αἵρεσις τῶν Σαδδουκαίων, ἐπλήσθησαν ζήλου καὶ ἐπέβαλον τὰς χεῖρας αὐτῶν ἐπὶ τοὺς ἀποστόλους, καὶ ἔθεντο αὐτοὺς ἐν τηρήσει δημοσίᾳ. ἄγγελος δὲ Κυρίου διὰ τῆς νυκτὸς ἤνοιξε τὰς θύρας τῆς φυλακῆς, ἐξαγαγὼν τε αὐτοὺς εἶπε· πορεύεσθε, καὶ σταθέντες λαλεῖτε ἐν τῷ ἱερῷ τῷ λαῷ πάντα τὰ ῥήματα τῆς ζωῆς ταύτης.

The Gospel According to John (20:19-31)

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.



Ἐκ τοῦ Κατὰ Ἰωάννην Εὐαγγελίου (20:19-31)

Οὔσης ὀψίας τῆ ἡμέρα ἐκείνη τῆ μιᾶ τῶν σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ἰουδαίων, ἦλθεν ὁ Ἰησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· εἰρήνη ὑμῖν. καὶ τοῦτο εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευρὰν αὐτοῦ. ἐχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τὸν Κύριον. εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν· εἰρήνη ὑμῖν. καθὼς ἀπέσταλκέ με ὁ πατήρ, καὶ γὰρ πέμπω ὑμᾶς. καὶ τοῦτο εἰπὼν ἐνεφύσησε καὶ λέγει αὐτοῖς· λάβετε Πνεῦμα Ἅγιον· ἂν τινῶν ἀφῆτε τὰς ἁμαρτίας, ἀφίενται αὐτοῖς, ἂν τινῶν κρατῆτε, κεκράτηνται. Θωμᾶς δὲ εἷς ἐκ τῶν δώδεκα, ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ' αὐτῶν ὅτε ἦλθεν ὁ Ἰησοῦς. ἔλεγον οὖν αὐτῷ οἱ ἄλλοι μαθηταί· ἐωράκαμεν τὸν Κύριον. ὁ δὲ εἶπεν αὐτοῖς· ἐὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἥλων, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἥλων, καὶ βάλω τὴν χεῖρά μου εἰς τὴν πλευρὰν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ' ἡμέρας ὀκτὼ πάλιν ἦσαν ἔσω οἱ μαθηταὶ αὐτοῦ καὶ Θωμᾶς μετ' αὐτῶν. ἔρχεται ὁ Ἰησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἔστη εἰς τὸ μέσον καὶ εἶπεν· εἰρήνη ὑμῖν. εἶτα λέγει τῷ Θωμᾶ· φέρε τὸν δάκτυλόν σου ὧδε καὶ ἴδε τὰς χεῖράς μου, καὶ φέρε τὴν χεῖρά σου καὶ βάλε εἰς τὴν πλευρὰν μου, καὶ μὴ γίνου ἄπιστος, ἀλλὰ πιστός. καὶ ἀπεκρίθη Θωμᾶς καὶ εἶπεν αὐτῷ· ὁ Κύριός μου καὶ ὁ Θεός μου. λέγει αὐτῷ ὁ Ἰησοῦς· ὅτι ἐώρακάς με, πεπίστευκας· μακάριοι οἱ μὴ ἰδόντες καὶ πιστεύσαντες. Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ἰησοῦς ἐνώπιον τῶν μαθητῶν αὐτοῦ, ἃ οὐκ ἔστι γεγραμμένα ἐν τῷ βιβλίῳ τούτῳ· ταῦτα δὲ γέγραπται ἵνα πιστεύσητε ὅτι Ἰησοῦς ἔστιν ὁ Χριστὸς ὁ υἱὸς τοῦ Θεοῦ, καὶ ἵνα πιστεύοντες ζωὴν ἔχητε ἐν τῷ ὀνόματι αὐτοῦ.



TODAY'S FEASTS AND SAINTS



April 19th

Sunday of Thomas

We also Commemorate:

- + **Martyrs Emmanuel, Theodore, George, Michael, and the other George of Samothrace**
- + **The Holy Hieromartyr Paphnutius**
- + **Saint George the Great Martyr (Thursday, April 23)**

Though the doors were shut at the dwelling where the disciples were gathered for fear of the Jews on the evening of the Sunday after the Passover, our Saviour wondrously entered and stood in their midst, and greeted them with His customary words, "Peace be unto you." Then He showed unto them His hands and feet and side; furthermore, in their presence, He took some fish and a honeycomb and ate before them, and thus assured them of His bodily Resurrection. But Thomas, who was not then present with the others, did not believe their testimony concerning Christ's Resurrection, but said in a decisive manner, "Except I shall see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe." Wherefore after eight days, that is, on this day, when the disciples were again gathered together and Thomas was with them, the Lord Jesus came while the doors were shut, as He did formerly. Standing in their midst, He said, "Peace be unto you"; then He said to Thomas, "Bring hither thy finger, and behold my hands; and bring hither thy hand, and thrust it into My side: and be not unbelieving, but believing."

And Thomas, beholding and examining carefully the hands and side of the Master, cried out with faith, "My Lord and my God." Thus he clearly proclaimed the two natures - human and divine - of the God-man (Luke 24:36-49; John 20:19-29).

This day is called Antipascha (meaning "in the stead of Pascha," not "in opposition to Pascha") because with this day, the first Sunday after Pascha, the Church consecrates every Sunday of the year to the commemoration of Pascha, that is, the Resurrection.

WISDOM OF THE FATHERS

"The Lord stoops to the level even of our feeble understanding. He works a miracle of His invisible power in order to satisfy the doubts of unbelieving minds."

St. Hilary of Poitiers, On the Trinity, 4th Century

*Church Services & Events
for Today & the Upcoming Week*

Today ~ Sunday of St. Thomas

8:45 am Orthros
10:00 am Divine Liturgy

Tuesday ~ April 21, 2026

10:00 am Bible Study
6:00 pm AHEPA

Wednesday ~ April 22, 2026

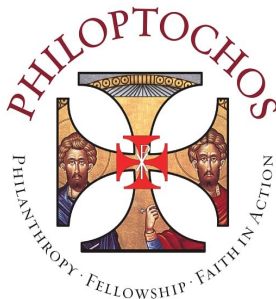
6:00-8:00pm Greek Dance Practice

Thursday ~ April 23, 2026

9:00 am Orthros
10:00 am Divine Liturgy for St. George
6:00 pm Choir Practice

Saturday ~ April 25, 2026

5:00 pm Great Vespers



PLEASE JOIN US FOR
COFFEE HOUR



*A special thank you to the following
members of our community who have volunteered to donate their
time today to serve coffee:*

Kathy Bristol

Elizabeth Sakellariou

2026 ST. TIMOTHY SUMMER CAMP



REGISTRATION IS OPEN!



sttimothycamp.org

THE DETAILS

When: August 9th - 15th, 2026

Where: Camp Oswegatchie -
Croghan, NY

Who: 8 years old - High Schoolers

Scholarships Available

QUESTIONS?

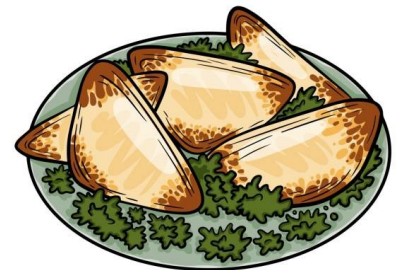
youth@detroit.goarch.org



Attention all bakers!

Pita making for the festival will take place on May 2 & May 9, 2026.

This is a great opportunity for fellowship, learning, and contributing to our festival preparations.



Monthly Grocery Bag Collections for the Jamesville-Dewitt Ecumenical Food Pantry are postponed for April due to Holy Week and Pascha and will resume in May. Thank you to our parishioners for their continued generosity and love for their neighbors.

In dance news...

We would like to thank everyone who contributed to our fundraising efforts for costumes. We've completed the first round of replacing the HS group girls' costumes.

A special shoutout to Demetra Christou for donating a steamer to the dance group. We would also like to thank Sofia Vasiliou for her time assisting with the handkerchiefs.

Important Information:

Please check to see if your membership is up to date; it is a requirement to be able to participate.

Important Dates:

- ◆ May 6th Baldwinsville Cultural Fair at 6:30. (Elem, MS, HS groups)
- ◆ June 7th mandatory dress rehearsal

Scholarship Opportunities

St. Sophia's will award two scholarships for \$1500 to deserving graduating seniors on May 16, 2026. They will need to fill out the applications (available in the Church lobby and office) and provide the proper documents.

Applications due May 1st!

Philoptochos Scholarship—This will be given to any qualifying high school senior who plans to attend an accredited 2 year or 4 year college or university, or trade school upon graduation. Applications are in the church office.

Electronic submissions are not accepted. DEADLINE is May 1st.

The Metropolis level Philoptochos Scholarship is due April 24. Complete the application on the Metropolis website : <https://www.metropolisofdetroit.org/philoptochos.org/philanthropy/florence-g.-stefanou-memorial-scholarship>

(Also open to any college Freshman, Sophomore or Junior) The \$1,000 scholarship will be awarded to 1 student .

AHEPA Chapter No. 37 Scholarship is available to any child or grandchild of an AHEPA member in good standing for 2 years prior to application. Student must prove full-time enrollment in college by September 2026. Applications available in the church lobby and narthex. *Applications due May 1.*



Syracuse AHEPA Chapter 37
are proud sponsors of

AHEPA FAMILY *Banquet*

_____ MAY _____
SATURDAY 16 6PM TO 10PM
_____ 2026 _____

Featuring keynote speaker
Hall of Fame Coach Jim Boeheim



*A silent auction will be held throughout
the banquet to benefit the AHEPA scholarship fund.*

St. Sophia's Greek Orthodox Church
Catering by The Garden View Diner

All tickets include hors d'oeuvres, dinner, dessert, coffee, and soda



Ages 21 and over: \$60 per person
Ages 13-20: \$25 per person
Ages 12 and under: Free

Scan the QR code or visit bit.ly/ahepabanquet
to purchase tickets before May 10, 2026.

All are welcome,
not just AHEPA members!

Contact James Telonis at (315) 247-6639
for more information.

SACRED IMAGE, SACRED MARRIAGE ~RETREAT~



Marriage Workshop Retreat with Presbytera Kerry and Fr. Harry Pappas

August 14-16, 2026

Notre Dame Retreat Center, Canandaigua, NY

The Metropolis of Detroit and the Department of Marriage and Family Ministry invites married couples to an enriching weekend retreat focused on growing a healthy and holy marriage. Using the icons of Christ the Bridegroom, Saints Joachim and Anna, and the Wedding at Cana as guides, the retreat will explore the three primary dimensions of marriage: the personal (the personhood of each spouse), the intimate relationship (spiritual, emotional, and physical), and the communal dimension (with family, church, and community). This three-day experience will feature teaching, workshops, liturgical services, and focused discussions—both large group, small group, and one-on-one between spouses—to help couples rekindle their connection and grow their relationship amid the demands of daily life.



METROPOLIS
OF DETROIT

Register via QR Code

Questions?

nkokkales@detroit.goarch.org



Thank You!

FOR YOUR SUPPORT

A special thank you to those that participated in the Easter Basket Raffle and made it a huge success!

-Vicky Speno

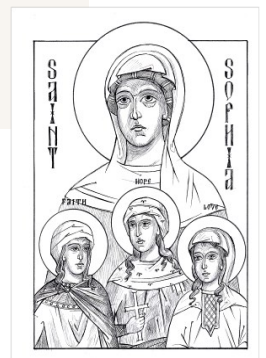
Thank you to those who volunteered and donated for the Philoptochos Bake Sale and Palm Sunday Tsoureki Sale!

-Jeanette Vigliotti

St. Sophia's extends thanks to all who helped decorate and clean the church for Holy Week, to Cindy and Chris Tzetzis for their beautiful work on the Kouvouklion and icons throughout Lent and Holy Week, to Debora Politis and her team for their work on the Easter Eggs, to the Parish Council for their dedication and hard work, to Fr. David and Dn. Nicholas, and to all the altar servers, choir, and chanters for helping the faithful give glory to our Lord's

Resurrection. Additional thanks to:

Kelly Telonis, Sophie Meskos, Sophia Wales, Chris T, Johnna, Mihali, Zoe, Clemente, Marianna, Isadora, Lula, Vetta, Hepi, Eva, Despo, Vaso, Alexandria, and many others!



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Office Hours — Monday-Friday, 9:00 AM — 4:30PM

St. Sophia's Greek Orthodox Church

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