

**ST. SOPHIA'S
GREEK ORTHODOX CHURCH
SYRACUSE, NEW YORK**



WEEKLY BULLETIN

SUNDAY, APRIL 5, 2026

PALM SUNDAY

Κυριακή των Βαΐων



**METROPOLIS
OF DETROIT**

HYMNS OF THE DAY

Apolytikion for Palm Sunday, First Mode

To confirm the general resurrection before Your Passion, You resurrected Lazarus from the dead, O Christ our God. Therefore imitating the children, carrying the symbols of victory, we cry out to You the Victor over death: “Hosanna in the highest! Blessed are You, the One, who comes in the name of the Lord.”

Τὴν κοινὴν Ἀνάστασιν πρὸ τοῦ σοῦ Πάθους πιστούμενος, ἐκ νεκρῶν ἡγειρας τὸν Λάζαρον, Χριστὲ ὁ Θεός· ὅθεν καὶ ἡμεῖς ὡς οἱ Παῖδες, τὰ τῆς νίκης σύμβολα φέροντες, σοὶ τῷ Νικητῇ τοῦ θανάτου βοῶμεν· Ὡσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

Another Apolytikion for Palm Sunday, Fourth Mode

We were buried with You through Baptism, O Christ our God, and thus by Your Resurrection we have been granted immortal life, and extolling You we cry aloud, “Hosanna in the highest! Blessed are You, the One who comes in the name of the Lord.”

Συνταφέντες σοι διὰ τοῦ Βαπτίσματος, Χριστὲ ὁ Θεὸς ἡμῶν, τῆς ἀθανάτου ζωῆς ἠξιώθημεν τῇ Ἀναστάσει σου, καὶ ἀνυμνοῦντες κράζομεν· Ὡσαννὰ ἐν τοῖς ὑψίστοις, εὐλογημένος ὁ ἐρχόμενος, ἐν ὀνόματι Κυρίου.

Kontakion in the Plagal Second Mode

In heaven upon the throne, on earth upon the colt, * You were carried, O Christ our God; * and the praise of the Angels, and the hymns of the children, You received as they cried to You, * “Blessed are You, the One, who is coming to call Adam back again.”

Τῷ θρόνῳ ἐν οὐρανῷ, τῷ πώλῳ ἐπὶ τῆς γῆς, ἐποχοῦμενος Χριστὲ ὁ Θεός, τῶν Ἀγγέλων τὴν αἴνεσιν, καὶ τῶν Παίδων ἀνύμνησιν προσεδέξω βοῶντων σοι· Εὐλογημένος εἶ ὁ ἐρχόμενος, τὸν Ἀδὰμ ἀνακαλέσασθαι.

St. Paul's Letter to the Philippians (4:4-9)

Prokeimenon. Fourth Mode. Psalm 117.

Blessed is he who comes in the name of the Lord.

Verse: Give thanks to the Lord, for He is good; for His mercy endures forever.

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let all men know your forbearance. The Lord is at hand. Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me, do; and the God of peace will be with you.

Πρὸς Φιλιππισίους Ἐπιστολῆς Παύλου (4:4-9)

Προκείμενον. Ἦχος δ΄. Ψαλμὸς 117 .

Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. Ἐξομολογεῖσθε τῷ Κυρίῳ, ὅτι ἀγαθός, ὅτι εἰς τὸν αἰῶνα τὸ ἔλεος αὐτοῦ.

Ἀδελφοί, χαίρετε ἐν Κυρίῳ πάντοτε· πάλιν ἐρῶ, χαίρετε. τὸ ἐπιεικὲς ὑμῶν γνωσθήτω πᾶσιν ἀνθρώποις. ὁ Κύριος ἐγγύς. μηδὲν μεριμνᾶτε, ἀλλ' ἐν παντὶ τῇ προσευχῇ καὶ τῇ δεήσει μετὰ εὐχαριστίας τὰ αἰτήματα ὑμῶν γνωρίζεσθω πρὸς τὸν Θεόν. καὶ ἡ εἰρήνη τοῦ Θεοῦ ἡ ὑπερέχουσα πάντα νοῦν φρουρήσει τὰς καρδίας ὑμῶν καὶ τὰ νοήματα ὑμῶν ἐν Χριστῷ Ἰησοῦ. Τὸ λοιπόν, ἀδελφοί, ὅσα ἐστὶν ἀληθῆ, ὅσα σεμνά, ὅσα δίκαια, ὅσα ἀγνά, ὅσα προσφιλή, ὅσα εὐφημα, εἴ τις ἀρετὴ καὶ εἴ τις ἔπαινος, ταῦτα λογίζεσθε· ἃ καὶ ἐμάθετε καὶ παρελάβετε καὶ ἠκούσατε καὶ εἶδετε ἐν ἐμοί, ταῦτα πράσσετε· καὶ ὁ Θεὸς τῆς εἰρήνης ἔσται μεθ' ὑμῶν.

The Gospel According to John (12:1-18)

Six days before the Passover, Jesus came to Bethany, where Lazarus was, whom Jesus had raised from the dead. There they made him a supper; Martha served, and Lazarus was one of those at table with him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped his feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, Simon's son, one of his disciples (he who was to betray him), said, "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor but because he was a thief, and as he had the money box he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of my burial. The poor you always have with you, but you do not always have me." When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is he who comes in the name of the Lord, even the King of Israel!" And Jesus found a young donkey and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on a donkey's colt!" His disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of him and had been done to him. The crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet him was that they heard he had done this sign.



Ἐκ τοῦ Κατὰ Ἰωάννην Εὐαγγελίου (12:1-18)

Πρὸ ἑξ ἡμερῶν τοῦ πάσχα ἦλθεν ὁ Ἰησοῦς εἰς Βηθανίαν, ὅπου ἦν Λάζαρος ὁ τεθνηκώς, ὃν ἤγειρεν ἐκ νεκρῶν. ἐποίησαν οὖν αὐτῷ δεῖπνον ἐκεῖ, καὶ ἡ Μάρθα διηκόνει· ὁ δὲ Λάζαρος εἷς ἦν τῶν ἀνακειμένων σὺν αὐτῷ. ἡ οὖν Μαρία, λαβοῦσα λίτραν μύρου νάρδου πιστικῆς πολυτίμου, ἤλειψε τοὺς πόδας τοῦ Ἰησοῦ καὶ ἐξέμαξε ταῖς θριξίν αὐτῆς τοὺς πόδας αὐτοῦ· ἡ δὲ οἰκία ἐπληρώθη ἐκ τῆς ὀσμῆς τοῦ μύρου. λέγει οὖν εἷς ἐκ τῶν μαθητῶν αὐτοῦ, Ἰούδας Σίμωνος Ἰσκαριώτης, ὁ μέλλων αὐτὸν παραδιδόναι· διατί τοῦτο τὸ μύρον οὐκ ἐπράθη τριακοσίων δηναρίων καὶ ἐδόθη πτωχοῖς; εἶπε δὲ τοῦτο οὐχ ὅτι περὶ τῶν πτωχῶν ἔμελεν αὐτῷ, ἀλλ' ὅτι κλέπτης ἦν, καὶ τὸ γλωσσόκομον εἶχε καὶ τὰ βαλλόμενα ἐβάσταζεν. εἶπεν οὖν ὁ Ἰησοῦς· ἄφες αὐτήν, εἰς τὴν ἡμέραν τοῦ ἐνταφιασμοῦ μου τετήρηκεν αὐτό. τοὺς πτωχοὺς γὰρ πάντοτε ἔχετε μεθ' ἑαυτῶν, ἐμὲ δὲ οὐ πάντοτε ἔχετε. Ἔγνω οὖν ὄχλος πολὺς ἐκ τῶν Ἰουδαίων ὅτι ἐκεῖ ἐστί, καὶ ἦλθον οὐ διὰ τὸν Ἰησοῦν μόνον, ἀλλ' ἵνα καὶ τὸν Λάζαρον ἴδωσιν ὃν ἤγειρεν ἐκ νεκρῶν. ἐβουλεύσαντο δὲ οἱ ἀρχιερεῖς ἵνα καὶ τὸν Λάζαρον ἀποκτείνωσιν, ὅτι πολλοὶ δι' αὐτὸν ὑπήγον τῶν Ἰουδαίων καὶ ἐπίστευον εἰς τὸν Ἰησοῦν. Τῇ ἐπαύριον ὄχλος πολὺς ὁ ἐλθὼν εἰς τὴν ἑορτήν, ἀκούσαντες ὅτι ἔρχεται Ἰησοῦς εἰς Ἱεροσόλυμα, ἔλαβον τὰ βαῖα τῶν φοινίκων καὶ ἐξῆλθον εἰς ὑπάντησιν αὐτῷ, καὶ ἔκραζον· ὡσαννά, εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου, ὁ βασιλεὺς τοῦ Ἰσραὴλ. εὐρῶν δὲ ὁ Ἰησοῦς ὀνάριον ἐκάθισεν ἐπ' αὐτό, καθὼς ἐστί γεγραμμένον· μὴ φοβοῦ, θύγατερ Σιών· ἰδοὺ ὁ βασιλεὺς σου ἔρχεται καθήμενος ἐπὶ πῶλον ὄνου. Ταῦτα δὲ οὐκ ἔγνωσαν οἱ μαθηταὶ αὐτοῦ τὸ πρῶτον, ἀλλ' ὅτε ἐδοξάσθη ὁ Ἰησοῦς, τότε ἐμνήσθησαν ὅτι ταῦτα ἦν ἐπ' αὐτῷ γεγραμμένα, καὶ ταῦτα ἐποίησαν αὐτῷ. Ἐμαρτύρει οὖν ὁ ὄχλος ὁ ὢν μετ' αὐτοῦ ὅτε τὸν Λάζαρον ἐφώνησεν ἐκ τοῦ μνημείου καὶ ἤγειρεν αὐτὸν ἐκ νεκρῶν. διὰ τοῦτο καὶ ὑπήντησεν αὐτῷ ὁ ὄχλος, ὅτι ἤκουσαν τοῦτο αὐτὸν πεποιηκέναι τὸ σημεῖον.



TODAY'S FEASTS AND SAINTS



April 5th

Palm Sunday

On this day, Palm Sunday, we celebrate the resplendent and glorious feast of the entry of our Lord, God and Savior Jesus Christ into Jerusalem.

*Mounting a brute, He who waters the mountains
Seeks to release humankind from bruteness.*

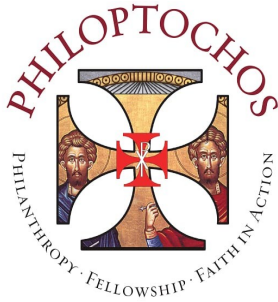
In Your ineffable compassion, O Christ our God, make us victors over the irrational passions, and make worthy to see Your manifest victory over death and Your joyous, life-giving Resurrection, and have mercy on us. Amen.

On Sunday, five days before the Passover of the Law, the Lord came from Bethany to Jerusalem. Sending two of His disciples to bring Him a foal of an ass, He sat thereon and entered into the city. When the multitude there heard that Jesus was coming, they straightway took up the branches of palm trees in their hands, and went forth to meet Him. Others spread their garments on the ground, and yet others cut branches from the trees and strewed them in the way that Jesus was to pass; and all of them together, especially the children, went before and after Him, crying out: "Hosanna: Blessed is He that cometh in the Name of the Lord, the King of Israel" (John 12:13). This is the radiant and glorious festival of our Lord's entry into Jerusalem that we celebrate today.

The branches of the palm trees symbolize Christ's victory over the devil and death. The word Hosanna means "Save, I pray," or "Save, now." The foal of an ass, and Jesus' sitting thereon, and the fact that this animal was untamed and considered unclean according to the Law, signified the former uncleanness and wildness of the nations, and their subjection thereafter to the holy Law of the Gospel.

“Let us all, young and old, rulers and subjects, be childlike in innocence, that God may empower us to make a public show of the trophies, and carry aloft the symbols of victory, not just of victory over the evil passions, but over visible and invisible enemies, and may we find the grace of the word to help in time of need.”

St. Gregory Palamas, *The Homilies*, p. 113. 14th Century



PLEASE JOIN US FOR
COFFEE HOUR



A special thank you to the following members of our community who have volunteered to donate their time today to serve coffee:

Debora Politis and Kathy Shiomos

Easter Basket Raffle

Come get your raffle tickets after the Divine Liturgy on
3/22 3/29 4/5

DRAWING ON PALM SUNDAY 4/5



The drawing for the Easter Basket Raffle will take place shortly after the Divine Liturgy today. Stay tuned!

In dance news...

We would like to thank everyone who contributed to our fundraising efforts for costumes. We've completed the first round of replacing the HS group girls' costumes.

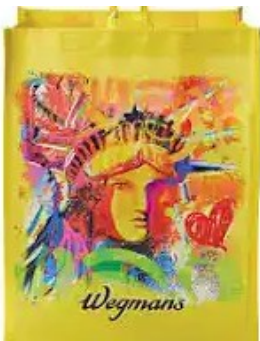
A special shoutout to Demetra Christou for donating a steamer to the dance group. We would also like to thank Sofia Vasiliou for her time assisting with the handkerchiefs.

Important Information:

Please check to see if your membership is up to date; it is a requirement to be able to participate.

Important Dates:

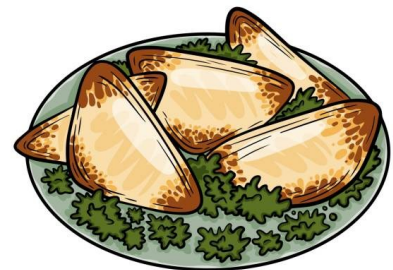
- ◆ April 18th Westhill's Multicultural Fair at 12:30 (HS group performs)
- ◆ May 6th Baldwinsville Cultural Fair at 6:30. (Elem, MS, HS groups)
- ◆ June 7th mandatory dress rehearsal



Monthly Grocery Bag Collections for the Jamesville-Dewitt Ecumenical Food Pantry are postponed for April due to Holy Week and Pascha and will resume in May. Thank you to our parishioners for their continued generosity and love for their neighbors.

Attention all bakers!

Pita making for the festival will take place on May 2 & May 9, 2026. This is a great opportunity for fellowship, learning, and contributing to our festival preparations.





Syracuse AHEPA Chapter 37
are proud sponsors of

AHEPA FAMILY *Banquet*

_____ MAY _____
SATURDAY 16 6PM TO 10PM
_____ 2026 _____

Featuring keynote speaker
Hall of Fame Coach Jim Boeheim



*A silent auction will be held throughout
the banquet to benefit the AHEPA scholarship fund.*

St. Sophia's Greek Orthodox Church
Catering by The Garden View Diner

All tickets include hors d'oeuvres, dinner, dessert, coffee, and soda



Ages 21 and over: \$60 per person
Ages 13-20: \$25 per person
Ages 12 and under: Free

Scan the QR code or visit bit.ly/ahepabanquet
to purchase tickets before May 10, 2026.

All are welcome,
not just AHEPA members!

Contact James Telonis at (315) 247-6639
for more information.

SACRED IMAGE, SACRED MARRIAGE ~RETREAT~



Marriage Workshop Retreat with Presbytera Kerry and Fr. Harry Pappas

August 14-16, 2026

Notre Dame Retreat Center, Canandaigua, NY

The Metropolis of Detroit and the Department of Marriage and Family Ministry invites married couples to an enriching weekend retreat focused on growing a healthy and holy marriage. Using the icons of Christ the Bridegroom, Saints Joachim and Anna, and the Wedding at Cana as guides, the retreat will explore the three primary dimensions of marriage: the personal (the personhood of each spouse), the intimate relationship (spiritual, emotional, and physical), and the communal dimension (with family, church, and community). This three-day experience will feature teaching, workshops, liturgical services, and focused discussions—both large group, small group, and one-on-one between spouses—to help couples rekindle their connection and grow their relationship amid the demands of daily life.



METROPOLIS
OF DETROIT

Register via QR Code

Questions?

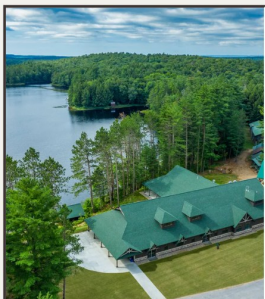
nkokkales@detroit.goarch.org



Westhill's First Annual Multicultural Day

APRIL 18, 2026
11:00AM - 3:00PM
WESTHILL HIGH SCHOOL
SIGN UP TO PARTICIPATE!
Sign up deadline
February 12, 2026

2026 ST. TIMOTHY SUMMER CAMP



REGISTRATION IS OPEN!



sttimothycamp.org



THE DETAILS

When: August 9th - 15th, 2026

Where: Camp Oswegatchie - Croghan, NY

Who: 8 years old - High Schoolers

Earlybird Discount: Available until Feb 28th

Need-based Scholarships Available



QUESTIONS?

youth@detroit.goarch.org

Scholarship Opportunities

St. Sophia's will award two scholarships for \$1500 to deserving graduating seniors on May 16, 2026. They will need to fill out the applications (available in the Church lobby and office) and provide the proper documents.

Applications due May 1st!

Philoptochos Scholarship—This will be given to any qualifying high school senior who plans to attend an accredited 2 year or 4 year college or university, or trade school upon graduation. Applications are in the church office.

Electronic submissions are not accepted. DEADLINE is May 1st.

The Metropolis level Philoptochos Scholarship is due April 24.

Complete the application on the Metropolis website :

<https://www.metropolisofdetroitphiloptochos.org/philanthropy/florence-g.-stefanou-memorial-scholarship>

(Also open to any college Freshman, Sophomore or Junior)
The \$1,000 scholarship will be awarded to 1 student .

AHEPA Chapter No. 37

Scholarship is available to any child or grandchild of an AHEPA member in good standing for 2 years prior to application.

Student must prove full-time enrollment in college by September 2026. Applications available in the church lobby and narthex. *Applications due May 1.*



HOLY WEEK 2026

SAINT SOPHIA'S GREEK ORTHODOX CHURCH - SYRACUSE, NY

Follow Christ waving Palm Branches in his triumphant entry into Jerusalem. Prepare with him as he readies himself and his disciples for the Passion. Weep with him at his betrayal. Eat and drink with him at that holiest of meals. Walk the road to the Cross. Stand vigil with his all holy Body. Greet the new day at the empty tomb, for he has trampled down death by death!

	Morning	Evening
Lazarus Saturday 4/4	Orthros 9:00 am Divine Liturgy 10:00 am	Great Vespers 5:00 pm
Palm Sunday 4/5	Orthros 8:45 am (Palms Blessing) Divine Liturgy 10:00 am	Bridegroom Orthros 6:00 pm
Holy Monday 4/6		Bridegroom Orthros 5:00 pm
Holy Tuesday 4/7		Bridegroom Orthros 6:00 pm
Holy Wednesday 4/8		Holy Unction 6:00 pm
Holy Thursday 4/9	First Eucharist Liturgy 10:00 am	Service of Twelve Passion Gospels 6:00pm
Holy Friday 4/10	Royal Hours of Holy Friday 9:00 am	Unnailing Vespers 3:00 pm Epitaphios Service 6:00 pm
Holy Saturday 4/11	Protoanastasi Liturgy 9:00 am	Paschal Divine Liturgy 11:30 pm
Holy Pascha 4/12	Agape Vespers 12:00 pm	