St. Sophia’s Greek Orthodox Church        Syracuse, New York
St. Sophia’s
Greek Orthodox Church
Syracuse, New York
March 8, 2020
The Sunday of Orthodoxy

Resurrecional Apolytikion in the Plagal First Mode

Eternal with the Father and Spirit is the Word, Who of a virgin was begotten for our salvation. As the faithful, we praise and worship Him, for in the flesh did He consent to ascend unto the cross and death did He endure, and He raised unto life the dead through His all-glorious resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσαμεν πιστοὶ καὶ προσκυνήσαμεν, ὅτι ηὐδόκησε σαρκὶ, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδοξῷ Ἀναστάσει αὐτοῦ.

Apolytikion for Sun. of Orthodoxy in the Second Mode

Your sacred icon Christ our God we venerate and we entreat O Good One: forgive our sins, O Christ our God. Of Your free will were You lifted up in the flesh on the cross, freeing those You created from the enemy’s works. Therefore thanking You we cry out to You: You filled all with joy, O Savior, by Your coming to save our souls.

Τὴν ἄχραντον Εἰκόνα σου προσκυνοῦμεν Ἁγάθε, αἰτούμενοι συγχώρησιν τῶν πταισμάτων ἡμῶν, Χριστὲ ὁ Θεός· βουλήσει γὰρ ηὐδόκησας σαρκὶ ἀνελθεῖν ἐν τῷ Σταυρῷ, ἵνα ρύσῃ οὐς ἐπλάσας ἐκ τῆς δουλείας τοῦ ἕχθροῦ· ὅθεν εὐχαρίστως βοῶμεν σοι· Χαρᾶς ἐπλήρωσας τὰ πάντα, ὁ Σωτὴρ ἡμῶν, παραγενόμενος εἰς τὸ σώσαι τὸν Κόσμον.

Apolytikion for the Church in the Plagal First Mode

Like a most fruitful olive tree you did blossom forth in the folds of the Lord, Sophia, martyr most pious! And to Christ you did bring sweetest fruit: the tender sprouts of your womb, through divine martyrdom, Agape, along with Hope and Faith. The God-minded with whom do you pray to God for all of us.
Seasonal Kontakion in the Plagal Fourth Mode

To you, defender and commander in a time of war, I, your City, offer gratitude for victory, for you rescued me from sufferings, O Theotokos. Since the power you possess is unassailable, from all dangers I entreat you to deliver me, that I may cry to you: Rejoice, O unwedded Bride.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ώς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε, ἂλλ' ώς ἕχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων μὲ κινδύνων ἔλευθέρωσον, ἵνα κράζῃ σοί, Χαῖρε νύμφη ἀνύμφευτε.

Epistle Reading

Blessed are you, O Lord, the God of our fathers.
For you are just in all you have done.

The reading is from St. Paul's Letter to the Hebrews 11:24-26, 32-40.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.
And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.
And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.
Εὐλογητὸς εἶ, Κύριε, ὁ Θεός τῶν Πατέρων ἡμῶν.
Στίχ. Ὡς δίκαιος εἶ ἐπὶ πάσιν, οἷς ἐποίησας ἡμῖν.

τὸ Ἀνάγνωσμα Πρός Ἑβραίους 11:24-26, 32-40.

Αδελφοί, πίστευε Μωϋσῆς μέγας γενόμενος ἡρνησάτο λέγεσθαι υἱὸς θυγατρὸς Φαραώ,
μᾶλλον ἐλέμνος συγκακουχεῖται τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν· μείζονα πλοῦτον ἡγομόνος τῶν Ἐγυπτίων θησαυρῶν τὸν ὀνειδισμὸν τοῦ Χριστοῦ· ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; Ἐπιλείψεις γὰρ με
dιηγούμενον ὁ χρόνος περὶ Γεθεῶν, Βαράκ τε καὶ Σαμωάν καὶ Ἡσεθᾶ, Δαυίδ τε καὶ
Σαμουήλ καὶ τῶν προφητῶν· οἱ δὲ πίστεως κατηγονίσαντο βασιλείας, εἰργάσαντο
dικαιοσύνην, ἐπέτυχον ἐπαγγελίαν, ἔφραζαν στόματα λεόντων, ἔβασαν δύναμιν πυρὸς,
ἔφυγαν στόματα μαχαίρας, ἐνευδαμωθήσαν ἀπὸ ἁσθενείας, ἐγενήθησαν ἱσχυροὶ ἐν
πολέμῳ, παρεμβολής ἔκλιναν ἀλλοτρίων. Ἐλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς
αὐτῶν· ἄλλου δὲ ἑτμανονθήσαν, οὐ προδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος
ἀναστάσεως τύχωσιν· ἔτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πείραν ἔλαβον, ἔτι δὲ δεσμῶν
καὶ φυλακῆς· ἐλθάσαις, ἐπίρασθησαν, ἐπειράσθησαν, ἐν φόνω μαχαίρας ἀπέθανον·
περιήλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ψυχορρυμνοῖς, θλιβόμενοι, κακουχούμενοι -
ὦν οὐκ ἦν ἂξιος ὁ κόσμος - ἐν ἔρημωσις πλανώμενοι καὶ ὀρεσίν καὶ σπηλαίας καὶ ταῖς ὁπαῖς
tῆς γῆς. Καὶ οὕτωι πάντες, μαρτυρηθέντες διὰ τῆς πίστεως, οὐκ ἔκομισαν τὴν
ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρείττον τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν
tελειωθῶσιν.

Gospel Reading

Sunday of Orthodoxy
The Reading is from John 1:43-51
At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow
me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found
Nathanael, and he said to him, "We have found him of whom Moses in the law and also
the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can
anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw
Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no
guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before
Philip called you, when you were under the fig tree, I saw you." Nathanael answered him,
"Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him,
"Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

**Sunday of Orthodoxy**

*Kατὰ Ἰωάννην 1:44-52*

Τῷ καιρῷ ἔκεινῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελθεῖν εἰς τὴν Γαλιλαίαν· καὶ εὑρίσκει Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἢν δὲ ὁ Φίλιππος ἀπὸ Βηθσαϊδᾶ, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὑρίσκει Φίλιππον τὸν Ναζαναήλ καὶ λέγει αὐτῷ· ὄν ἔγραψε Μωύσης ἐν τῷ νόμῳ καὶ οἱ προφῆται, ἐυρήκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρῆτ. καὶ εἶπεν αὐτῷ Ναζαναήλ· ἐκ Ναζαρῆτ ὄντα ταῖς ἁγαθόν ἔηναι· λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ηδ. εἶδον ὁ Ἰησοῦς τὸν Ναζαναήλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἢ δὲ ἀληθῶς Ἰσραήλίτης, ἐν ὧν δόλος οὐκ ἔηστι. λέγει αὐτῷ Ναζαναήλ· πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ἢντα ὑπὸ τὴν συχῆν εἶδον σε. ἀπεκρίθη Ναζαναήλ καὶ λέγει αὐτῷ· ραββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραήλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἶδον σε ὑποκάτω τῆς συκῆς, πιστεύεις; μείζω τούτων ὄψει. καὶ λέγει αὐτῷ· ὅμηρ ὁμήρ λέγω ύμῖν, ἢν' ἄρτι ὀμεσθε τὸν υἱονον ἄνεστο, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.
Sunday—March 8, 2020
Sunday of Orthodoxy

Announcements

Memorial
Chris J. Meskos (3 Years)

Coffee Hour
In Memory of Chris J. Meskos
Given by the Family

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Forty Day Baby Blessing
Girl—Ayla Rochelle
Parents—Lee & Tara Noel
Church Services & Events for Today and the Upcoming Week

**Today**
Sunday of Orthodoxy
6:00 pm Vespers for Sunday of Orthodoxy
Lenten Coffee Hour Follows

**Monday—March 9, 2020**
5:30 pm Jesus Prayer Group

**Tuesday—March 10, 2020**
10:00 am Bible Study

**Wednesday—March 11, 2020**
5:45 pm Greek School
6:00 pm Pre-Sanctified Liturgy (In English)
8:30 pm Colgate OCF

**Thursday—March 12, 2020**
6:00 pm Choir Rehearsal

**Friday—March 13, 2020**
9:00 am Pre-Sanctified Liturgy (In Greek)
6:00 pm Akathist Hymn

**Saturday—March 14, 2020**
10:00 am Romanian Liturgy
11:00 am Play Date
2:00 pm AHEPA Meeting
5:00 pm Great Vespers
New *Give+ Church* Mobile App!

We are excited to share with you a new way to give to the church. *Give+ Church* is a mobile giving app that enables you to make one-time or recurring gifts from your smartphone. Visit the App Store or Google Play and search for “*GivePlus Church*” to download the app for free and start donating today!

You can easily make donations directly from your smartphone using your debit/credit card or checking/savings account. Donate as a guest or set up an account that allows you to securely and conveniently schedule recurring donations and manage and review your giving history.

We hope you enjoy this new way to make a stewardship contribution or donation. We thank you for your support.
From YouTube to you!

**BEE TREAT!**

St. Sophia Greek Orthodox Church • 325 Waring Rd, Syracuse, NY 13224

SYRACUSE, NY

March 28, 2020

**BEE TREAT: 9:30AM - 5PM**
PreK - 4th Grade
5th - 12th Grade
Parents & Youth Workers

**YOUNG ADULT ORTHODOX FORUM:** 7PM
Anyone 18 years and older

TO REGISTER:
y2am.org/BeeTreats

Led by:

STEVE CHRISTOFOROU - host of “Be the Bee”
AND THE BEE TREAT TEAM!

“Be the Bee” is a weekly YouTube series exploring how we can focus on what is good and beautiful in our lives.
Visit youtube.com/y2am to learn more!
STEWARDSHIP

It is March and many stewards have not submitted their 2020 Pledges. Please do this as soon as you can. And, if you have not fully completed your 2019 Pledge, please do that as well. If you want to participate and vote at the April 5 General Assembly meeting, you must do both. St Sophia’s needs your financial support and we thank you.

The Stewardship Committee

General Assembly Meeting
Sunday—April 5, 2020

Many Important Issues to be Reviewed & Decided

Please Attend
PALM SUNDAY
FISH PLAKI
DINNER

April 12, 2020
Sponsored by the Pan-Macedonian Association
To be held in Lower Level Social Hall
Tickets:
$15.00 FISH DINNER
$10.00 MACARONI & CHEESE DINNER
To Go Meals available upon request
Reservations:
Telephone Frieda Meskos (315) 487-8850
or see Frieda after Church on Sundays
Proceeds to Benefit Church Beautification
CALLING ALL
FESTIVAL PITA DOUGH MAKERS
LADIES, WE NEED YOUR HELP!!!!!!

Pita Dough will be made:
9:00 AM on Saturdays—
March 14, March 21 & March 28

Bring your apron,
pita stick & hat to wear!
All are Welcome!

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FESTIVAL PASTA FLORA

Artie Voudouris wants to thank
her Pasta Flora Crew for
“getting it done”

Thank you ladies & Mike
for all your help!
Please Join Us!

PAN-ORTHODOX
2020 LENTEN VESPERS

Schedule of Services
6:00 PM on Sundays followed by a Fasting Meal

TODAY—March 8, 2020
Sunday of Orthodoxy
St. Sophia Greek Orthodox Church
Fr. Demetrios Harper preaching

March 15, 2020
Sunday of St. Gregory Palamas
St. Elias Antiochian Orthodox Church
Fr. George Goodge preaching

March 22, 2020
Sunday of the Holy Cross
Sts. Peter & Paul Orthodox Church
Fr. Gregory Murphy preaching

March 29, 2020
Sunday of St. John Climacus
St. Luke’s Ukrainian Orthodox Church
Fr. Peter Bunitsky preaching

April 5, 2020
Sunday of St. Mary of Egypt
Holy Transfiguration Orthodox Church
Metropolitan Joseph preaching

SUNDAY OF ORTHODOXY ~ Evening Coffee Hour
St. Sophia Greek Orthodox Church

Philoptochos will host an Evening Coffee Hour TODAY—Sunday of Orthodoxy, March 8th, after 6:00 PM Vespers. Clergy and parishioners from local Churches will attend to celebrate together this feast, which commemorates the 8th century defeat of the iconoclasts, those intent on abolishing the veneration of icons. Stay for the fellowship hour, with coffee and tasty Lenten baked goods, after the service.
Sunday—March 22, 2020
Celebration for Annunciation & Greek Independence Day

Join us on Sunday—March 22 in the gymnasium following the Divine Liturgy for a celebration of Annunciation and Greek Independence Day. Lenten food will be provided.

Τη Κυριακή 22 Μαρτίου θα εχομε την εορταστική εκδήλωση της Ελληνικής Ημέρας Ανεξαρτησίας/Ευαγγελισμού στο γυμναστήριο μετά τη Λειτουργία. Θα παρέχονται τρόφιμα νηστείας.

Raising the Greek Flag at City Hall

The Parish Council and AHEPA Chapter 37 are planning for the raising of the Greek/Hellenic Flag at Syracuse City Hall on Wednesday—March 25, 2020.

We will charter a bus to take us from our church to Syracuse City Hall and back, paid by AHEPA Chapter 37. Please make your reservations on first come basis, as we need a minimum of forty parishioners in order to charter the bus. For reservations sign up at the lobby of our church or contact Dr. James Telonis, Peter Manolakos or Mike Labatos.

DANCE PRACTICE

Dance Practice will begin on Tuesday, March 24

Elementary School group (grades 2-5) will practice at 6 pm

Middle School group (grades 6-8) will practice at 6:30 pm

High School group (grades 9-12) will practice at 7:00 pm